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Erford's book presents a broad overview of basic issues in psychological and educational assessment. The book familiarizes students with the essentials of testing, covering such concepts as ethical, legal, and diversity issues; reliability, validity, and test construction; and the pertinent tests needed by professional counselors to conduct thorough and effective assessments. Erford's guidance on basic procedures such as test selection, as well as the book's examples and applications relevant to a range of practices and clientele, help students learn how and when to use the correct assessment tools with diverse clients. In addition, the author and other contributors focus on the importance of counselor identity and the essentials of this complex field.

NEW TO THIS EDITION

• NEW This edition has been fully revised and updated. New content includes expanded discussion of how tests are used for or against social justice; suicide assessment; assessment in schools; extended discussion of neuropsychological assessment; and environmental assessment.
• NEW To ease readability and comprehension, statistical and psychometric information has been placed in a tabular form that is consistent from chapter to chapter.
• NEW Coverage of diversity has been infused into every chapter. Erford addresses concerns and controversies with assessing people of different cultures, ethnicities, and nationalities.
• NEW Discussion of Responsibilities of Users of Standardized Tests Third Edition (RUST 3) has been incorporated into the Appendices.
• NEW Language has been simplified to a level appropriate for entering graduate students, especially in the chapters on reliability and validity.

FEATURES

• The text is aligned with the assessment curriculum standards required by the Council for Accreditation of Counseling and Related Educational Programs.
• Full chapters discuss the finer points that professional counselors need to understand when engaging in all forms of assessment.
• Current American Counseling Association ethical standards and positions statements from the ACA and other professional organizations appear throughout the text.

CONTENTS


© 2013, 512pp, Paperback, 9781133371595
Comprehensive and easy to read, Neukrug and Fawcett’s ESSENTIALS OF TESTING AND ASSESSMENT: A PRACTICAL GUIDE FOR COUNSELORS, SOCIAL WORKERS, AND PSYCHOLOGISTS, 3rd Edition, introduces learners to the concepts and applications of assessment and testing. Case vignettes, samples of real tests, and additional activities and exercises increase understanding and reduce student anxiety.

NEW TO THIS EDITION

• Chapter 3, “Diagnosis in the Assessment Process,” and Chapter 4, “The Assessment Report Process: Interviewing the Client and Writing the Report” (previously Chapters 11 and 12), appear earlier in the text to help highlight the importance of these topics.

• Chapters have been reorganized into three sections to better suit classroom teaching: Section I, “Understanding the Assessment Process: Ethical and Professional Issues, Diagnosis, and the Assessment Report”; Section II, “Test Worthiness and Test Statistics”; and Section III, “Commonly Used Assessment Techniques.” The book retains the basic content from the previous edition.

• Revised throughout to assure currency, this edition includes the most recent information from the DSM-V, updated research and citations, and more information on cross-cultural assessment.

• Section II presents new information from two national studies (conducted by Neukrug) on the types of instruments used by counselors and taught by faculty.

• Assessments and tests have been updated to include the most recent versions. In addition, new instruments have been added, including the Wechsler Individual Achievement Test (WIAT), the Woodcock-Johnson® III, the Wechsler Nonverbal Scale of Ability (WNV), the Conners 3, the Beck Anxiety Inventory, the CAT-ASVAB, O*NET’s Career Exploration Tools, and other special aptitude tests.

FEATURES

• Thought-provoking cases, vignettes, and real-life exercises engage students by providing opportunities for hands-on practice.

• The book guides students step-by-step through the increasingly complex process of gathering information about clients, and suggests specific ways of writing effective test reports.

• Text illustrations, figures, and examples of test reports and interview outlines help students apply the concepts presented in the chapters.

• Down-to-earth, easy-to-understand writing clearly explains the use of test statistics and how to apply them to the assessment process.

• Neukrug and Fawcett devote individual chapters to commonly used assessment techniques in educational ability, intelligence testing, career and occupational assessment, and clinical assessment, with each chapter highlighting the role of the helper in assessment procedures and stressing the importance of sensitivity when assessing any person.

CONTENTS

Section I: UNDERSTANDING THE ASSESSMENT PROCESS: HISTORY, ETHICAL AND PROFESSIONAL ISSUES, DIAGNOSIS, AND THE ASSESSMENT REPORT.


© 2015, 368pp, Paperback, 9781285454245

PRINCIPLES AND APPLICATIONS OF ASSESSMENT IN COUNSELING, INTERNATIONAL EDITION, 4E
Susan C. Whiston, Indiana University

This comprehensive introduction to appraisal and assessment, created specifically for counseling students, presents mathematical and statistical concepts in a simple and useful manner. The book stresses the importance of counselors being good consumers of assessment tools, to avoid misusing tools in manners harmful to clients.

NEW TO THIS EDITION
• NEW This edition features updated coverage of the latest changes to the ACA Codes of Ethics.
• NEW The discussion of revised assessment instruments has been updated.
• NEW Discussion of instruments now includes the WAIS-IV and the MMPI-2-RF.
• NEW Discussion of technology, particularly online testing, has been expanded.
• NEW The author has clarified the book’s discussion of communicating results to clients.
• NEW Chapter 15, “Issues Related to Assessment with Diverse Populations,” has been updated with the latest research.

• NEW The author has added further discussion of the changing nature of achievement testing.

FEATURES
• Video clips for instructors, available on the Instructor’s Companion Site, can be used to demonstrate an initial interview, a case in using a mental state exam, and an interview that addresses issues of multicultural assessments.
• Detailed discussions of specific assessment methods and strategies, including clinical measures and interviewing and observations in personality assessment, help readers to understand the relevance of each tool and strategy.
• The book focuses on the importance of using assessment results to evaluate the efficacy of counseling. Examples and applications are geared specifically to the counseling audience.

CONTENTS

© 2013, 460pp, Paperback, 9781133355205
Help your students go beyond learning only about theories, and show them how to apply concepts in a counseling setting with Sharf’s APPLYING CAREER DEVELOPMENT THEORY TO COUNSELING, International Edition. Useful for practicing counselors and counselors-in-training, Sharf’s text covers three major theoretical areas: Trait and Type theory, Life-span theory, and Special-focus theory. The final chapter discusses theoretical integration, using each theory to provide a unique perspective on career development. The text features numerous case examples, discusses practical and theoretical career assessment, and integrates career theory with contemporary and historical labor-market information. Information about websites for internships, counseling organizations, and jobs has been added to help readers (and their clients) in their careers. Also included are the 2009 CACREP standards for Career Development. Highly praised for its clear writing style, relevant case examples, and extensive diversity coverage, APPLYING CAREER DEVELOPMENT THEORY TO COUNSELING, International Edition strikes the ideal balance between theory and application.

NEW TO THIS EDITION

- A Theory Outline at the beginning of each chapter summarizes major points of the theory to be covered, introducing students to the upcoming material and providing a convenient tool for review. Chapters 1 and 16, which don’t present descriptions of a specific theory, include Chapter Highlights instead.
- Each chapter has been revised to reflect the results of new research and any subsequent changes in the theory under discussion. Research conducted outside of the United States—for instance, a marked increase from countries in Africa—continues to make a greater contribution to career development research discussed in the textbook.
- Chapter 3, “Occupations: Information and Theory,” presents updated occupational information for the United States labor market and a greater number of references about the global labor market.
- Chapter 7, “Career Development in Childhood,” offers new ideas and insights. Coverage features a revised discussion of Super’s early growth stage of children’s career development, which has been modified by the results of Howard and Walsh’s studies concerning the fantasy substage—including Level 1 (Pure Association) and Level 2 (Magical Thinking). Discussion of the modification of Super’s interest substage includes material on Level 3 (External Activities).
- Chapter 8, “Adolescent Career Development,” provides recent views on Super’s late growth stage of adolescent career development, which has been modified by Howard and Walsh’s work on adolescent vocational reasoning (e.g., Level 4 on Internal Processes and Capacities and Level 5 on Interaction). The author also presents new information on work by Vondracek and his colleagues on the concept of vocational identity.
- Chapter 9, “Late Adolescent and Adult Career Development,” discusses Jeffrey Arnett’s description of emerging adulthood (including the age of identity, the age of instability, a self-focused age, the age of feeling in-between, and the age of possibilities). Sharf focuses on how these stages relate to career development by providing new insights on how young people approach entry into the labor market.
- Chapter 10, “Adult Career Crises and Transitions,” now discusses the kaleidoscope career (a career defined not by a corporation but by an individual’s own values and life choices) in expanded coverage of the boundaryless and protean careers.
- Chapter 12, “Relational Approaches to Career Development,” includes an explanation of Blustein’s relational theory of working, which is related to Richardson’s discussion of the working perspective.
Chapter 13, “Krumboltz’s Social Learning Theory,” incorporates recent changes to Planned Happenstance Theory (now called Happenstance Learning Theory), and information about the implications of the changes for career counseling.

Chapter 15, “Career Decision-Making Approaches,” summarizes recent research on the concept of calling (of particular relevance in a spiritual perspective on career development), helping to clarify the differences between a spiritual perspective and other perspectives.

CONTENTS

© 2014, 544pp, Paperback, 9781285176062

Providing the most current, comprehensive coverage available, CAREER COUNSELING: A HOLISTIC APPROACH, International Edition equips students with a solid understanding of the theoretical models of career counseling and practical techniques on how to effectively counsel clients about career issues.

Keeping career counseling relevant to all counseling students, Vernon Zunker uses an innovative holistic or “whole person” approach, demonstrating how to consider values, temperament, talents, and passions when integrating career with personal counseling to determine a client’s best career fit. The thoroughly revised and updated Eighth Edition of this classic includes all-new chapters on integrating career and personal counseling, job loss and transitions, adult career development, and career-related programs in middle schools. In addition, diversity issues are integrated throughout, while relevant case studies bring chapter concepts to life. The text is also packed with tools to help students maximize their success in class and on the licensing exam.

NEW TO THIS EDITION

• NEW Chapter 4, “Integrating Career and Personal Counseling”, features two case studies illustrating how to effectively integrate career and personal counseling.
• Extremely relevant and practical, NEW Chapter 13, “Job Loss and Transitions”, provides insightful coverage on adult transitions and job loss.
• NEW Chapter 14, “Adult Career Development Concerns”, reflects the latest practices and information from the field.
• NEW Chapter 16, “Career-Related Programs for Career Development in Middle School”, provides solid insights into concerns of middle school students.
• Bringing chapter concepts to life, cutting-edge case studies seamlessly connect the theory and models presented in the text with students’ eventual practice with clients. In this edition, 22 timely case studies illustrate examples of concerns clients bring to counseling.

FEATURES

• As demonstrated by the text’s “A Holistic Approach” subtitle, the thoroughly revised Eighth Edition of this classic reflects the growing emphasis on looking at the “whole person”—values, temperament, talents, and passions—to determine his or her best career fit.
• Helping you create engaging lectures, lively PowerPoint slides are available on the text website.
• The text’s comprehensive coverage offers career guidance over the life span, including career guidance for school age children, college students, and adults...
in career transition.

• To make students’ study and preparation for the licensing examination easier, the text includes tables that summarize theories of career development and counseling models.

• Thorough diversity coverage includes “Diversity Issues” sections that highlight relevant research throughout, as well as five chapters dedicated to career counseling for special populations.

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© 2012, 528pp, Paperback, 9780840034366

USING ASSESSMENT RESULTS FOR CAREER DEVELOPMENT, 8E

Debra S. Osborn, University of South Florida; Vernon G. Zunker, Emeritus, Southwest Texas State University

An excellent resource in both career development and tests and measurement courses, USING ASSESSMENT RESULTS FOR CAREER DEVELOPMENT, 8e vividly illustrates how to use assessment instruments to increase clients' self-awareness and help them make rational career choices. Extremely practical, this hands-on worktext delivers detailed information on applying knowledge of tests and measurements in clinical settings and using assessment results in a wide variety of counseling situations. Through case studies, charts, bulleted/numbered lists, dialogues, agency addresses, and more, students learn to truly master the use of assessment results.

NEW TO THIS EDITION

• Reflecting the dynamics of today's marketplace, discussions of ethics and multicultural issues as they relate to testing and assessment are now integrated throughout the text where applicable.

• Going beyond the typical factual-centered focus of most text questions, the new Eighth Edition's discussion questions focus more upon analysis/synthesis/evaluation/application, giving students practice applying chapter concepts to real-world situations.

• The authors shifted emphasis away from Holland's theory to ensure that students do not assume that this is only or preferred theory.

FEATURES

• Delivering coverage that is both comprehensive and practical, USING ASSESSMENT RESULTS FOR CAREER DEVELOPMENT, 8e addresses assessment
in the K through 12 population, breaking it down by elementary, middle, and high school.

- Selective international assessments are woven throughout the text, giving students an increased global perspective.
- Expanded coverage is given to the critical topic of ethics and testing, equipping students with a solid foundation.
- A unique conceptual model helps counselors analyze assessment procedures and results appropriate for specific counseling needs. It also illustrates how to stimulate career exploration among groups of individuals.
- The worktext reflects the guidelines developed by the National Occupational and Information Coordinating Committee (NOICC) that stress career development concepts, providing readers with a foundation on which they can build strategies necessary to meet their clients’ needs.
- Case studies throughout illustrate the ways in which a variety of assessment instruments may be used for career development.
- Numerous charts, bulleted/numbered lists, dialogues, and agency addresses offer students immediate access to a wealth of key resources.

**CONTENTS**


© 2012, 416pp, Paperback, 9781111521271
treatment suggestions that are particularly effective for working with young people experiencing each of these categories of problems.

- Part Four contains a complete set of prevention and treatment intervention approaches, including descriptions of school-based family systems, and community-based prevention programs.
- The text presents educational, psychological, and counseling interventions for prevention and treatment of at-risk behaviors including those appropriate for adolescents, pre-adolescents, and younger children.
- Each chapter has a recommended reading list and makes use of case studies and stories of real clients to illustrate concepts and to highlight, apply, and personalize the book’s information.

**CONTENTS**

Part I: AT-RISK CHILDREN AND YOUTH: THE ECOLOGY OF PROBLEMS.
- 1. An Introduction to At-Risk Issues
- 2. Environmental/Societal Factors that Contribute to Risk
- 3. Legal and Ethical Issues

Part II: FAMILIES, SCHOOLS, SKILLS.
- 4. Family Problems of At-Risk Children and Youth
- 5. School Issues That Relate to At-Risk Children and Youth
- 6. Individual Characteristics of High-Risk and Low-Risk Children and Youth

Part III: AT-RISK CATEGORIES.
- 7. School Dropouts
- 8. Substance Use and Addiction
- 9. Teenage Pregnancy and Risky Sexual Behavior
- 10. Antisocial Behavior, Delinquency and Youth Gangs
- 11. Youth Suicide

Part IV: PREVENTION, INTERVENTION, AND TREATMENT APPROACHES.
- 12. A Prevention/Early Intervention/Treatment Framework and Other Environmental Considerations
- 13. Core Components of Programs for Prevention and Early Intervention
- 14. Peer Interventions
- 15. Family Interventions

© 2013, 448pp, Paperback, 9781133371625
chapter, providing students with helpful guidelines for reading the text.

FEATURES

- COUNSELING CHILDREN presents twelve established counseling theories used when working with children and their families, as well as techniques and interventions based on those theories.
- The updated text features in-depth practice information on issues and techniques in counseling children, such as play therapy, counseling children from different cultures, and ethical and legal issues.
- Each theory chapter in COUNSELING CHILDREN includes information on how to use that theory, as well as website listings that provide students with further resources for the information discussed in the text.
- The text offers solution-focused brief counseling and paradoxical counseling methods, providing step-by-step assistance in helping beginner counselors develop their skills.
- Each COUNSELING CHILDREN chapter contains short case studies with counseling transcripts, illustrating how that specific counseling theory is applied.

CONTENTS

PART I: INTRODUCTION TO COUNSELING CHILDREN.  
PART II: COUNSELING THEORIES AND TECHNIQUES.  

© 2011, 768pp, Paperback, 9780840032607
issues with clients they are working with. Thoroughly integrated, the model is described in detail in Chapter 1 as well as applied throughout the text.

- NEW! Chapter 1 now includes material on professional ethics, equipping readers with solid information on the ethical decision-making process—which they can immediately start putting into practice. The book continues a strong emphasis on professional ethics throughout, discussing various ethical challenges and responsibilities mental health professionals face when using the Community Counseling Model.

- NEW! Competency-building Activities are now included in every chapter. Intentionally designed to help the reader move from theory to practice, these activities give students hands-on experience using the Community Counseling Model—which helps them acquire the awareness, knowledge, and skills necessary for effectively working in various counseling settings.

- NEW! Thoroughly demonstrating the Community Counseling Model’s effectiveness, the text includes numerous examples of actual programs from across the United States to illustrate how the community counseling model is used to foster the mental health and personal well-being of large numbers of people in this country.

- NEW! The new edition also includes expanded coverage of the role of the counselor as a social change agent and advocate.

FEATURES

- This proven textbook integrates the Community Counseling Model throughout the text as an organizing structure to help readers examine and apply the concepts learned in each chapter. This model encourages community workers to evaluate the environment of the client, empower clients, employ a multifaceted environmental approach to helping, recognize diversity, and strive for prevention.

- Spotlighting current best practices, COMMUNITY COUNSELING, 4e provides examples of outstanding community counseling programs now in operation across the United States.

- The text’s thorough coverage includes specific references to strategies that foster individual and community empowerment.

- COMMUNITY COUNSELING is packed with insightful examples of outreach to vulnerable populations, including families coping with marital disruption, farm families faced with economic difficulties, Vietnam veterans, and people with chronic mental health problems.

CONTENTS


© 2011, 360pp, Paperback, 9780840032843

COUNSELING IN CHALLENGING CONTEXTS, INTERNATIONAL EDITION

Michael Ungar, Dalhousie University

In COUNSELING IN CHALLENGING CONTEXTS, International Edition, Michael Ungar introduces the new social ecological model designed to integrate the best of what we know about individual and family counseling and case management with practical applications of strengths-based interventions in clinical, community and institutional settings. Two concepts of Navigation and Negotiation organize the theory and its application to counseling practice in office-based and community settings. A DVD demonstrating practice accompanies the text.

FEATURES

- Each chapter includes narrative case vignettes, as
well as actual dialogue from practice with diverse individuals and families challenged by a number of risk factors. These vignettes include enough detail and commentary to show students how to apply principles to practice.

- Video vignettes, filmed with the author and in conjunction with the Nova Scotia Health Research Fund, provide students with a view into the practice of counseling that they cannot get from a text alone.
- Research boxes in each chapter highlight studies of interest to students.
- Reflection and practice exercises help instructors develop classroom exercises and assist students with self-study.
- Case documents (such as process recordings, assessment tools, and intake forms) familiarize students with real-world processes and paperwork.

**CONTENTS**


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**DYNAMICS AND SKILLS OF GROUP COUNSELING, INTERNATIONAL EDITION**

Shulman, State University of New York, Buffalo

Drawing from the author’s vast experience as teacher, researcher, and practitioner, Lawrence Shulman’s DYNAMICS AND SKILLS OF GROUP COUNSELING, International Edition equips students in the helping professions with a solid introduction to methods for effective group counseling. Guided by theory, empirical research, years of teaching experience, his own group practice, and the wisdom of colleagues, Shulman’s text brings concepts to life with vivid cases that include “Record of Service” reports and dialogue from actual groups. These illustrative examples connect theory to current practice and address the day-to-day realities of leading counseling groups. Extremely practical, the book presents students with a clear format on how to run a group built around four phases of work: the preliminary (preparatory) phase; the beginning (contracting) phase; the middle (work) phase; and the ending and transition phase. Recognizing the broad applications of these methods, the latter part of the text shows how these lessons can be applied to a wide range of settings. Reflecting the latest research and practices, DYNAMICS AND SKILLS OF GROUP COUNSELING, International Edition delivers an insightful, authoritative, and comprehensive introduction to the field.

**FEATURES**

- This exciting first edition is written by an author who thoroughly knows his material—and his audience. Widely respected for his accomplishments in the classroom, in research, and in real-world practice, Dr. Lawrence Shulman is a social work practitioner educator with more than 40 years of experience. His extensive research includes the core helping skills in social work practice, supervision, and child welfare and school violence.
- Extremely reader friendly, DYNAMICS AND SKILLS OF GROUP COUNSELING presents topics in a logical framework based on the phases of group work: the preliminary phase or preparatory phase, the beginning or contracting phase, the middle or work phase, and the ending and transition phase.
- Part I: “The Core Dynamics and Skills of Group Counseling” uses vivid case examples to illustrate how the model is applied to practice in realistic group sessions—giving readers an up-close, insiders’ view of the real-world application of chapter concepts.
- Reflecting the latest trends in the field, Part II focuses on the implementation of the model to the numerous areas where group work is most often applied, including substance abuse settings, schools, marital and family settings, community mental health settings, job and career settings, and medical and rehabilitation settings.
Driving home key topics for students, “Practice Points” and “Practice Summary” icons call attention to the author’s insights about the dynamics of the group during case examples.

CONTENTS


© 2011, 688pp, Paperback, 9780495808732

PROMOTING COMMUNITY CHANGE, 5E
Mark S. Homan, Pima Community College

Designed for students who want to take the theoretical discussion of community forward and become effective agents of change, PROMOTING COMMUNITY CHANGE, International Edition addresses the real world issues facing professionals in social work, human services, and community health. By emphasizing the role a strengthened community can play in preventing and solving the problems that individuals and families commonly experience, the author gives students the tools they need to improve the lives of not just individual clients, but of entire communities. Students will learn to identify the issues related to change so that they can bring clients, families, and other community members together in order to build a healthier community for themselves, their families, and their neighbors. Rather than a passive ‘service’ model, the author presents a development model that empowers communities to transform their own conditions.

NEW TO THIS EDITION

• COVERAGE OF AGING. Examples and discussions of human services with clients who are aging are now included.
• UPDATED REFERENCES. References to mental health and those engaged in mental health practice have been updated throughout the text.
• GLOBAL PERSPECTIVES. Recent global events give students an international perspective.
• RELEVANT ACTIVITIES. Activities found at the end of each chapter help students connect theory to practice.
• RECENT DEVELOPMENTS. Important trends and developments in the field, such as evidence-based practice and the use of technology in community practice, appear throughout the text.

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FEATURES

• REAL-WORLD EXAMPLES. The text's many real-world examples show students how to motivate and involve others and keep them involved in making important and necessary changes in the community.
• COMMUNITY CONNECTIONS. Activities at the end of the chapter as well as online connect the classroom to real world experience in the students' community.
• AGENTS OF CHANGE. The text's discussions of approaches to fundraising, obtaining resources, building an organized change effort, planning for action, and lobbying techniques help students learn how to be effective change agents.
• SOLUTIONS FOCUS. Throughout the text, helpful boxed features such as “Take a Moment to Discover,” “Change Agent Tips,” and “Capturing Concepts” promote building community capacity and the collaborative development of specific solutions for common community problems.
• RELEVANT ISSUES. The text reflects the needs and interests of today's students, with extensive information on the value of cultural awareness and competence as well as illustrations that highlight basic concepts to engage students in the material.

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© 2011, 560pp, Paperback, 9780840031969
learning situations. In online courses and courses with online components, professors can promote live discussion and/or create a discussion board for selected case studies by using the learning exercises as the focus.

• A new Chapter 2 case study, “Problem-Solving (Behavioral) Consultation: School-Based Applications,” includes the newest thinking about this topic as well as six new learning exercises.

• New, expanded, or updated topics in this edition include multicultural consultation and collaboration, prevention and consultation (Ch. 1); HIV/AIDS (Ch. 3); Adlerian consultation (Ch. 4); education/training consultation (Ch. 5); social locations and implications for consultation, and conflict resolution with stakeholders in systems (Ch. 6).

• Chapter 7, “Process Consultation in a Workplace Setting,” presents an updated literature review for Schein’s process consulting model and incorporates his latest thinking about helping people and organizations through “humble inquiry.” This chapter also includes a new discussion on culture change in organizations, and discusses new literature that links process consulting to performance improvement in organizations.

• Additional changes include discussion of updated literature on Positive Behavioral Interventions Support (PBIS) programs, new material on behavioral expectations in PBIS implementation (Ch. 8); and new and updated material on multicultural consultation and organizational context (Ch. 9).

• Chapter 10, “Cases for Further Practice,” features two new cases, and converts existing practice cases into learning exercises that utilize a workbook format to further engage students in the material.

FEATURES

• The book guides students through a series of cases handled by professional consultants, and then offers challenging practice cases that allow students to adapt techniques and help them to develop their own approach.

• The cases emphasize consultation and collaboration in a variety of community and school settings, allowing readers to see how to offer effective services in numerous situations.

• Each chapter contains learning exercises (new to this edition) that promote meaningful discussion and reflection, as well as tips for practice.

CONTENTS


© 2014, 230pp, Paperback, 9781285098548
Dougherty’s PSYCHOLOGICAL CONSULTATION AND COLLABORATION IN SCHOOL AND COMMUNITY SETTINGS, International Edition, clearly demonstrates how human service professionals help others work more effectively to fulfill their work-related or caretaking responsibilities to individuals, groups, organizations, and communities. The book is structured to aid students in developing their own personal consultation model as they work through the book. The author provides a culturally sensitive generic application model that students can use to survey various approaches to consultation, examine the organizational context of consultation, and review the numerous ethical and professional challenges that consultants face as they deliver their services. New case studies bring concepts to life and help students learn how to deliver services most effectively. Updated throughout, this edition includes new content aligned with CACREP and other standards, an increased focus on school-based consultation, new material on cultural diversity, advocacy, social justice, prevention, systems theory, and ecological variables as they affect consultation and collaboration in counseling and psychology.

• Each page of this edition has been thoroughly reviewed to ensure clarity and currency. Topics receiving significant additional attention include cultural diversity, advocacy, social justice, prevention, systems theory, and ecological variables as they affect consultation and collaboration in counseling and psychology.

• New coverage of treatment integrity helps instill an understanding of the complexity and seriousness of the ethical and professional issues that consultants face.

• This edition provides more extensive coverage and examples related to collaboration, given this topic’s status as an increasing force in the consultation/collaboration arena.

• Many chapters include an example on individual consultation followed immediately with an example on organizational consultation. This allows students to better understand the nature of how these processes are different, and also provides better coverage of organizational consultation, which is on the increase in the helping professions.

• The most broad-based change is an increased focus on school-based consultation, including a thoroughly revised Chapter 12, which focuses on school-based consultation and collaboration with administrators, teachers, and parents.

FEATURES

• This thorough text provides a comprehensive, balanced overview of theoretical and practical consultation and collaboration issues. Up-to-date literature and research in a clear, inviting format helps novice practitioners learn step-by-step how to consult.

• A process-oriented approach, with an organization and language that students find easy to grasp, allows for a wide application to the field.

• Practical materials integrated throughout the text provide practitioners with valuable information and examples on what collaboration is and when and how to use it.

• This text can be used in conjunction with A. Michael Dougherty’s CASEBOOK OF PSYCHOLOGICAL CONSULTATION AND COLLABORATION, 6th Edition, which provides additional examples that give readers
a greater understanding of various approaches to consultation and collaboration. The new edition of the casebook features an easy-to-read workbook format. A table in the main text’s Preface shows instructors how to effectively use the books together.

Contents


© 2014, 464pp, Paperback, 9781285098784

COUNSELING DIVERSE POPULATIONS

COUNSELING & DIVERSITY, INTERNATIONAL EDITION

Devika Dibya Choudhuri, Eastern Michigan University; Azara Santiago-Rivera, University of Wisconsin-Milwaukee; Dr. Michael Garrett, Eastern Band of the Cherokee Nation, Counselor and Private Consultant

Reflecting real-world practice, COUNSELING AND DIVERSITY, International Edition addresses the three dimensions of multicultural counseling competency with a focus on understanding the constructs of oppression and the structures of power. This innovative First Edition provides an overarching framework for developing multicultural competency across the dimensions of social identity. It equips you with a historical, sociopolitical, and psychological overview of each aspect of identity that will have resonance in counseling, psychotherapy, and other helping professions. In addition, the text’s “satellite” series of monographs offer in-depth coverage of issues in counseling specific populations, including Arab Americans, African Americans, Asian Americans, Latino Americans, Native Americans, and LGBTQ Americans. COUNSELING AND DIVERSITY, International Edition empowers you with the knowledge and tools to be confident in counseling in a multicultural setting.

Features

• This innovative First Edition delivers a core set of theories and values, while its “satellite” series of ancillary monographs provide more thorough introductions to counseling within specific population groups, including African Americans, Native Americans, Asian Americans, Latino/Hispanic Americans, Middle Eastern Americans, and Gays, Lesbians, Bisexuals.

• The monographs cover the subject areas in greater depth than can be accomplished in a single textbook chapter—and enable instructors to choose the specific populations they emphasize in their course. Each monograph includes sections on demographics, sociopolitical history, current status, cultural systems, counseling dynamics and interventions, social justice and advocacy, and a resource list for further reading.

• Boxed reflection/personal growth questions included throughout COUNSELING AND DIVERSITY help students apply chapter concepts to their own experiences, giving them a personal connection with text material.

• Sections on “opening the dialogue” provide an impetus for exploration of the chapter content in sessions with clients.

• Boxed case study examples with case discussion questions and summaries enable students to apply what they have learned to real-world scenarios.

• Reflecting the latest developments from the field, boxed excerpts from relevant original sources are
woven throughout each chapter.
• Extremely practical, each chapter contains an opening quotation or excerpt from original literature that introduces the issues to be covered. Definitions of key concepts, applications to counseling and relevant conceptual models, a summary, and a student-focused bibliography are included as well.
• The text also emphasizes relevant issues of social justice throughout.

CONTENTS

© 2012, 352pp, Paperback, 9781111829490

CULTURAL DIVERSITY, 4E
A Primer for the Human Services, International Edition
Jerry V. Diller

Author Jerry Diller’s practical text offers students a balance of clinical and theoretical information, focusing on effective methods of providing cross-cultural services. CULTURAL DIVERSITY: A PRIMER FOR THE HUMAN SERVICES, International Edition covers the general principles of cultural diversity, the process of cross-cultural service delivery, and cultural information on specific client populations. The updated text includes coverage of important concepts such as racial microaggressions, therapeutic interviews with individuals from collective family systems, enforcing professional standards, and culturally sensitive treatment of children. The updated text also provides students with hands-on clinical suggestions and

cautions through interviews with professionals from different ethnic backgrounds. CULTURAL DIVERSITY: A PRIMER FOR THE HUMAN SERVICES, International Edition helps students build a general understanding of what cultural diversity is and why it is important. The text also helps students to better understand their own prejudices so that they can be more effective counselors when working with clients of different cultures.

NEW TO THIS EDITION
• CULTURAL DIVERSITY: A PRIMER FOR THE HUMAN SERVICES includes coverage of important new concepts, such as racial microaggressions, therapeutic interventions with individuals from collective family systems, enforcing professional standards, and culturally sensitive treatment of children.
• The updated text features a reorganized table of contents for a more logical flow and greater readability.
• CULTURAL DIVERSITY: A PRIMER FOR THE HUMAN SERVICES contains a completely revised Biases in Service Delivery section, updated with the latest research.
• The text offers a new interview chapter with Marwan Dwairy on working with Arab and Muslim Americans.

FEATURES
• CULTURAL DIVERSITY: A PRIMER FOR THE HUMAN SERVICES provides students with hands-on clinical suggestions and cautions through captivating interviews with professionals from different ethnic backgrounds, including Latino/Latina, Native American, African American, Asian American, and Arab and Muslim American.
• The text features self-awareness questions to help students become more aware of what racism is, as well as how to become aware of and alter negative racial attitudes, helping them to be more effective when working with diverse clients.
• CULTURAL DIVERSITY: A PRIMER FOR THE HUMAN SERVICES includes extensive materials on ethnic identity and models of minority development, as well as their clinical application.
• The text provides case studies to help students learn how to effectively deliver cross-cultural counseling services.
• CULTURAL DIVERSITY: A PRIMER FOR THE HUMAN SERVICES...
SERVICES features real-world examples, personal clinical experiences, and anecdotes to help students develop an understanding of difference, as well as apply the text concepts and learn about their own biases and discomforts.

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© 2011, 368pp, Paperback, 9780840032263

CULTURAL DIVERSITY, 5E
A Primer for the Human Services
Jerry V. Diller

Author Jerry Diller’s practical text offers students a balance of clinical and theoretical information, focusing on effective methods of providing cross-cultural services. CULTURAL DIVERSITY: A PRIMER FOR THE HUMAN SERVICES, Fifth Edition, covers the general principles of cultural diversity, the process of cross-cultural service delivery, and cultural information on specific client populations. Updated with new topics and case studies, it also provides students with practical clinical suggestions and cautions through interviews with professionals from different ethnic backgrounds. In addition, the book helps students to better understand their own prejudices so that they can be more effective counselors when working with clients from different cultures.

NEW TO THIS EDITION
• This edition features increased coverage of a variety of new and cutting edge topics, both theoretical and clinical. Topics include how to talk about race and ethnicity with clients, a personal reflection on exploring White privilege, an expanded discussion of Hays’ ADDRESSING model, collective vs. individual treatment models of psychotherapy, and the social science testimony before the Supreme Court about school desegregation. Also discussed: working with complex trauma in children and adolescents, the globalization of American mental health practices, and refugees and immigrants.
• New case studies include one that showcases an exemplary community psychology approach to treatment, “Just Therapy,” as practiced by the Family Centre of Wellington, New Zealand. Another new case study profiles The Center for Empowering Refugees and Immigrants (CERI).
• The topic of working with culturally diverse parents, families, and children has been expanded into two chapters: Chapter 6, “Working with Culturally Diverse Parents and Families,” and Chapter 7, “Culturally Sensitive Treatment With Children.”
• A new interview, “Working with South Asian American Clients: An Interview with Sumana Kaipa,” has been added in an all-new Chapter 16.
• The clinical chapter on “Working with Clinically Diverse Clients” now appears earlier in the book (as Chapter 3 instead of Chapter 9) to provide support for students simultaneously enrolled in field placement.

FEATURES
• This book helps students build a general understanding of what cultural diversity is and why it is important. It also helps students better understand their
own prejudices so that they can be more effective counselors when working with clients from different cultures.

• Students receive practical clinical suggestions and cautions through captivating interviews with professionals of different ethnic backgrounds, including Latino/Latina, Native American, African American, Asian American, and Arab and Muslim American.

• Self-awareness questions help students become more aware of what racism is, as well as how to become aware of and alter negative racial attitudes.

• Extensive materials are provided on ethnic identity and models of minority development, as well as their clinical application.

• Case studies illustrate how to effectively deliver cross-cultural counseling services.

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© 2015, 416pp, Paperback, 9781285075402
PowerPoint slides will help you plan and teach your course.

FEATURES

• New! Chapter 1 emphasizes the necessity for clarity of definition and synthesizes past and present definitions and critiques of cultural competence into a current and comprehensive working definition.
• New! Chapters on cultural competence with Muslim Americans, European Americans, elderly persons and persons with disabilities encourage greater discussion of the specific issues facing each of these cultural groups.
• New! Updates on cultural competence literature and trends with the most up-to-date information better equip students to navigate the constantly evolving multicultural landscape.
• New! While rooted in the rich history and tradition of the cultural competence movement, a forward-looking section on “New Horizons and the Unfinished Agenda” emphasizes cultural competence as dialogical process and challenges students and professors to continue the conversation to achieve greater mutual understanding and social justice.

CONTENTS


© 2011, 592pp, Paperback, 9780840034441

EXPLORATIONS IN DIVERSITY, 2E
Examining Privilege and Oppression in a Multicultural Society
Sharon K. Anderson, Colorado State University, Ft. Collins; Valerie A. Middleton, Colorado State University, Ft. Collins

This unique text features personal accounts from mental health professionals, professors and students facing issues of privilege and oppression in our diverse society. In this collection of articles, writers discuss discoveries and experiences about their own privileges and oppression, and ultimately, the compassion they have developed for individuals confronted with discrimination. Each essay inspires readers to reflect on their encounters with privilege and oppression, while discussion questions at the end of each story provide them with an opportunity to process these issues on a personal level. By studying these revealing stories of insight and understanding, readers learn how to recognize, examine, and come to terms with their own privileges and discrimination -- allowing them to become stronger, more acute, and more effective practitioners of the helping professions.

NEW TO THIS EDITION

• The authors have expanded upon an already diverse collection of personal essays.
• Seven new writers discuss pressing contemporary issues of privilege and oppression in sexuality, ageism, racism, and modern marriage, as well as oppression in academia and within the helping professions.
• Sectional introductions make the text easier to navigate and utilize in a classroom setting.

FEATURES

• Each essay inspires readers to reflect on their own encounters with privilege and oppression.
• Suggested literature and research is included in each reading for further exploration of the topic.
• Implications and discussions in each chapter allow readers to see the actions and results of each issue as they apply to real-life practice.
• Discussion questions at the end of each chapter provide an excellent opportunity to process the issue of privilege at a personal level.

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© 2011, 320pp, Paperback, 9780840032157

THE FOUR SKILLS OF CULTURAL DIVERSITY COMPETENCE, 4E
Mikel Hogan, California State University, Fullerton

Through a step-by-step format for entering into and developing cultural competence, Hogan’s text helps students acquire the skills necessary to become culturally competent practitioners. Drawing strongly on the author’s cultural diversity work, the book emphasizes the fundamental premise that cultural
competence is an ongoing and multilayered process involving personal, interpersonal, and organization-wide levels. The book’s “four skills” approach addresses two key themes: the first two skills increase cultural awareness and understanding, while the third and fourth skills foster effective interpersonal techniques and organization change strategies. For this edition, Hogan includes recent research on ethnic identity and acculturation, as well as material on issues related to national culture and immigration. Within each chapter, Hogan combines both cognitive and experiential learning, thus ensuring that students have the knowledge and ability to apply the core concepts they are learning.

NEW TO THIS EDITION
• NEW Chapter 1 offers an updated definition of cultural diversity competence; a section emphasizing practice principles useful for the helping professions, and how those principles are aligned to CACREP, EPAS, and CSHSE accreditation standards. It also offers an expanded section on the “Interactive Learning Model, which includes results of new research on “transformational learning” for enhancing the learning process to optimize retention of cultural understanding and skills, as well as a conclusion from health professions diversity programs that says an overarching approach is needed for better results.
• NEW Chapter 2 offers added discussion on a wealth of current research and writing on such topics as “white privilege”; multiracial/ethnic identity, acculturation, and its relation to the levels of culture; and culture change in U.S. mainstream culture. Hogan has also added discussion and examples of hegemony and a case study illustrating organization culture.
• NEW Chapter 3 includes new case examples from training files, as well as new references regarding U.S. national culture, gender issues, and immigration developments in relation to diversity.
• NEW In Chapter 4, Hogan has expanded the discussion of the “Dialogue Process” and its three uses (to obtain Emic information, conflict recovery, and culturally centered problem-solving), and has also added new case examples to illustrate the “Problem Solving Process.”
• NEW Hogan has expanded Chapter 5’s section on “Designing and Implementing Organizational-Cultural Competence” to feature an “An Action Plan,” and explains its usefulness for identifying organizational and institutional diversity issues and problem-solving strategies. By placing the action plan in a specific context in the helping professions (a foster care network of agencies), the reader will clearly understand the usefulness of the action plan process and the importance of the four cultural skills of which it is comprised.

FEATURES
• With this text, students will learn to identify and understand culture as it operates on different social levels, as well as the barriers to effective communication and positive relationships.
• Hogan helps students understand and practice personal cultural competencies and presents dialogue and conflict-recovery skills for obtaining accurate and relevant information.
• Each chapter provides worksheets and discussion sheets designed to demonstrate the information presented on the four skills. The worksheets cover such topics as personal culture, verbal and nonverbal barriers to effective communication and relationships, using dialogue in case analysis, writing a case example, and devising action plans for organization-wide cultural competence.
• A diverse selection of case examples illustrates key concepts.

CONTENTS

© 2013, 144pp, Paperback, 9780840028624
A GUIDE TO CRISIS INTERVENTION
(BOOK ONLY), 5E
Kristi Kanel, California State University, Fullerton

This fifth edition of Dr. Kristi Kanel’s A GUIDE TO CRISIS INTERVENTION covers the fundamentals of situational and developmental crises, how they occur, and how they have been managed since the 1940s. Kanel discusses traditional counseling models as they relate to crisis intervention, and shows how they have been incorporated into her model—the ABC Model of Crisis Intervention—that is used by both paraprofessionals and professionals. Presented in detail, the ABC Model of Crisis Intervention is ideal for use in any mental health setting and with any individual (from any population) in a crisis situation. The text provides detailed examples of specific crisis situations, including developmental crises, trauma crises, post traumatic stress disorder crises (PTSD), crises of personal victimization, substance abuse crises, and crises related to loss, terminal and serious illness, and disabilities. New chapters discuss veterans’ issues; sexual assault and rape; and ethical, legal, and professional issues. The author also explores suicide assessment and the use of the Mental Status Exam. Every chapter offers case vignettes to aid students in practicing the skills presented in the ABC Model of Crisis Intervention.

NEW TO THIS EDITION

• The book has been thoroughly updated to reflect the changing landscape and prevalence of crises that people face today, including veterans’ issues, natural disasters, cyber bullying, and victimization. Other new topics include bullying (Chapter 5, “Developmental Crises and Special Issues of Adolescence”); economic loss, including job loss (Chapter 6, “Crisis of Loss”); and gun violence (Chapter 7, “PTSD, Trauma, and Community Disasters”).

• A new Chapter 8, “Veterans’ Issues,” helps crisis counselors better understand the unique issues and practice implications of this population. The results of Dr. Kanel’s research related to military veterans returning from Iraq and Afghanistan are included.

• A new Chapter 9, “Sexual Assault and Rape,” includes expanded information and guidelines for working with these crises, including a discussion of military sexual assault issues.

• A new Chapter 2, “Ethical, Legal, and Professional Issues,” covers these issues and related multicultural considerations, equipping students with essential guidance for working safely and effectively in crisis situations.

FEATURES

• The book offers useful day-to-day guidelines based on the ABC Model of Intervention: 1) developing and maintaining rapport; 2) identifying the problem; and 3) exploring the client’s coping strategies. It also includes hints on how to implement the model to provide therapeutic interactions in a variety of situations.

• Case examples and scripts of dialogues illustrate the ABC model and show students exactly what to say to a client in a given situation.

• The book emphasizes brief therapeutic interventions and short-term crisis intervention counseling to enable successful outcomes despite the changes brought about by managed care organizations.

• The text covers the effects of dealing with crises on community workers/crisis counselors, with examples of burnout and secondary PTSD.

• Discussion of the cognitive tree metaphor helps students understand how to ask questions that explore the cognitive component of a crisis and how to move up the branches to extract the essential “cognitive key” that underlies the crisis. This metaphor can also help counselors see how to start with a precipitating event or subjective distress and how to reach the cognitions from that starting point.

• The “Cases to Role Play” feature offers students and faculty a starting point for discussions of particular crisis scenarios.
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© 2015, 336pp, Paperback, 9781285739908

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A GUIDE TO CRISIS INTERVENTION (WITH COURSEMATE PRINTED ACCESS CARD), 5E

Kristi Kanel, California State University, Fullerton

This fifth edition of Dr. Kristi Kanel's A GUIDE TO CRISIS INTERVENTION covers the fundamentals of situational and developmental crises, how they occur, and how they have been managed since the 1940s. Kanel discusses traditional counseling models as they relate to crisis intervention, and shows how they have been incorporated into her model—the ABC Model of Crisis Intervention—that is used by both paraprofessionals and professionals. Presented in detail, the ABC Model of Crisis Intervention is ideal for use in any mental health setting and with any individual (from any population) in a crisis situation. The text provides detailed examples of specific crisis situations, including developmental crises, trauma crises, post traumatic stress disorder crises (PTSD), crises of personal victimization, substance abuse crises, and crises related to loss, terminal and serious illness, and disabilities. New chapters discuss veterans' issues; sexual assault and rape; and ethical, legal, and professional issues. The author also explores suicide assessment and the use of the Mental Status Exam. Every chapter offers case vignettes to aid students in practicing the skills presented in the ABC Model of Crisis Intervention.
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The “Cases to Role Play” feature offers students and faculty a starting point for discussions of particular crisis scenarios.

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© 2015, 336pp, Paperback, 9781285739892

CRISIS INTERVENTION CASE BOOK
Alan A. Cavaiola, Monmouth University; Joseph E. Colford, Georgian Court University

Cavaiola and Colford’s CASES IN CRISIS INTERVENTION explores key topics in crisis intervention with practical cases, serving as an excellent, application-oriented tool for students in the helping professions. Topics and settings in CASES IN CRISIS INTERVENTION include domestic violence, child maltreatment, bereavement, school crises and workplace crises. The range of examples will help prepare students with the information they need to succeed in professional practice. Each chapter begins with discussion questions to help foster critical thinking in students. In addition, the text contains an overview of recent crisis data and research, helping to contextualize the case featured in each chapter. CASES IN CRISIS INTERVENTION can be used as a stand-alone text for any crisis intervention course, or it can be used as a companion to Cavaiola and Colford’s A PRACTICAL GUIDE TO CRISIS INTERVENTION.

FEATURES
• Each CASES IN CRISIS INTERVENTION chapter begins with discussion questions that foster critical thinking and facilitate lively classroom discussions.
• CASES IN CRISIS INTERVENTION contextualizes the cases in each chapter with a brief description of historical information, as well as an overview of recent data and research.
• The crisis intervention cases in the text introduce students to topics and settings where crisis intervention skills are essential for the helping professional.
• CASES IN CRISIS INTERVENTION provides detailed case examples for each topic, as well as suggested guidelines for addressing the case.

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© 2011, 304pp, Paperback, 9780618946310
Authoritative and based on the authors’ extensive experience teaching crisis intervention courses, this best-selling text presents the latest skills and techniques for handling real crisis situations. The author’s six-step model clearly illustrates and elucidates the process of dealing with people in crisis: Defining the Problem, Ensuring Client Safety, Providing Support, Examining Alternatives, Making Plans, and Obtaining Commitment. Using this model, the author then builds specific strategies for handling a myriad of different crisis situations, accompanied in many cases with the dialogue that a practitioner might use when working with the individual in crisis. New videos, available through a DVD and through CourseMate (both of which are available for packaging with the text), correlate with the text and demonstrate crisis intervention techniques for students who must not only understand the theoretical underpinnings of crisis intervention theories, but also apply them in crisis situations.

NEW TO THIS EDITION
• New videos, available through a DVD and through CourseMate (both of which are available for packaging with the text), correlate with the text and demonstrate crisis intervention techniques for students who must not only understand the theoretical underpinnings of crisis intervention theories, but also apply them in crisis situations, thus illustrating how the theories play out in crisis scenarios.
• This updated edition includes references to seminal historical works, as well as new research.
• Chapter 1 now includes current and topical information relevant to the chapter’s discussion of the history of crisis intervention.
• Chapter 2 contains extensive new material, in particular the use of Brown’s social location theory – videos developed for the text include a live scenario using the new theory.
• Discussion of basic intervention skills is now divided into two chapters, in order to make the content easier for students to manage and to best deliver the material in from a task model.
• Chapter 4 now covers techniques, and includes the new triage assessment scale.
• Chapter 5’s discussion of case handling has been updated with more coverage of borderline personality disorders.
• Chapter 6, “Telephone and Online Crisis Counseling,” now offers much more discussion of Internet and tele-health applications.
• Chapter 7’s coverage of PTSD has been substantively updated and enhanced, with new content on military veterans as well as military programs, as well as discussion of traumagrams.
• Case material in Chapter 9 has been refined to better illuminate issues in all three segments discussed in the chapter: adult sexual assault, adult survivor of childhood sexual assault, and child assault.

CONTENTS

© 2013, 752pp, Paperback, 9781111186784
ELEMENTS OF CRISIS INTERVENTION, 3E
Crisis and How to Respond to Them, International Edition
James L. Greenstone; Sharon C. Leviton, Texas Wesleyan University
School of Law and private mediation practice

Designed to help in day-to-day, on-the-scene crisis intervention, ELEMENTS OF CRISIS INTERVENTION: CRISES AND HOW TO RESPOND TO THEM, International Edition offers a nuts-and-bolts presentation of the most important information and concepts needed to be an effective crisis worker. Using a practical, hands-on approach, this one-of-a-kind text provides information, strategies, and guidelines in a quick-reference, outline format. The emotional equivalent of physical first aid, crisis intervention is the act of interrupting the downward spiral of maladaptive behavior as skillfully and as quickly as possible—and returning the sufferer to a pre-crisis level of coping. Effective crisis intervention is about management, not resolution. The goal of this text is to present the basic elements of crisis intervention so that they can be applied to varying crisis situations. A concise handbook for helping professionals who work on the front lines of crisis intervention, it is perfect for crisis interveners, first responders, counselors, nurses, disaster responders, EMTs, law enforcement, human service workers, psychologists, social workers, teachers, agency directors, military, and any other professionals who encounter crisis situations.

NEW TO THIS EDITION

• New! The exciting new Third Edition of ELEMENTS OF CRISIS INTERVENTION: CRISES AND HOW TO RESPOND TO THEM emphasizes how critical the careful choice of words is to crisis communications.
• New! The book now includes even more vignettes and verbal transactions between intervener and victim, giving students practical insight through realistic examples.
• New! New and expanded information on crisis response to disasters is included.
• New! Expanded discussions highlight change, loss, and grief as the underpinning of crisis situations.

FEATURES

• Excellent as a stand-alone or supplemental text, the ELEMENTS OF CRISIS INTERVENTION: CRISES AND HOW TO RESPOND TO THEM, 3e offers a condensed and applied discussion of crisis intervention that allows instructors to teach the basic information on crisis intervention in a short amount of time. It is packed with examples and straightforward guidelines for effectively managing crisis situations.
• Succinct yet thorough, the text offers up-to-date coverage of what constitutes a crisis, differences between crisis work and counseling, ways to deal with burnout, how to work with children and families, procedures for intervening, mistaken assumptions, special issues and situations, communication techniques, and ethical and legal implications.
• Perception and its relevancy to identifying the real crisis situation are emphasized throughout.
• The text highlights the relationship between safety procedures and personal and situational awareness, the importance of “inklings”, checklists for immediate use and reference, as well as safety procedures in and out of the office.
• In addition to listing the areas covered in the chapters, the table of contents also serves as a step-by-step guide leading readers through the intervention process.
• Extremely well organized and user friendly, the text enables interveners to look up material according to the activity they want to perform as well as by the intervener’s role (such as, police officer or therapist). These listings are printed on the inside front and back cover of the book. In addition, the preface provides a helpful description on how to use the book effectively.

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The ETHICS IN ACTION program brings to life the ethical issues and dilemmas counselors often encounter—and provides ample opportunity for discussion, self-exploration, and problem solving of the issues and dilemmas. The 22 video vignettes are based on a workshop for a group of counseling students, which included challenging questions and lively discussion, role-plays, and comments from the students and the group leaders. This educational program is divided into three segments: ethical decision-making, values and the helping relationship, and boundary issues and multiple relationships. The accompanying workbook (delivered online via CourseMate and in print with the DVD) involves you in interactive learning as you view the video program.

NEW TO THIS EDITION
• The program includes video footage that was previously only available for instructor use—doubling the number of video role-plays for students to 22. Each role-play is complemented with commentary by the Coreys and discussions with students facilitated by the Coreys. Accompanying case summaries, key points, and exercises and activities have also been developed for this new footage.
• A new set of questions for each role-play vignette promotes reflection and discussion.
• The updated workbook, which includes numerous new or revised commentaries and activities, is designed to involve students in interactive learning as they view the video program.
• ETHICS IN ACTION is available in two different formats to suit instructor and student needs as a DVD with a printed workbook or via the Internet through CourseMate, which offers access to the videos and an integrated workbook.

FEATURES
• This program is suitable for courses in counseling, human services, couples and family therapy, counseling and clinical psychology, school counseling, and social work. It can be used in courses such as practicum, fieldwork, internship, and ethical and professional issues or as a supplement in courses dealing with skills or theory.
• The video and accompanying exercises are structured around three parts: ethical decision-making, values and the helping relationship, and boundary issues and multiple relationships.
• Each part has seven to eight video segments that present role-plays of common ethical dilemmas faced by counselors in their practices as well as classroom discussions for each.
• Each part helps students gauge their knowledge base before and after viewing the video segments through the use of pre-viewing and post-viewing self-inventories.
• Each video segment is accompanied by questions to consider, key points, exercises and activities, and commentaries.

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© 2015, 96pp, Paperback, 9781285850337

ETHICS IN COUNSELING & PSYCHOTHERAPY, INTERNATIONAL EDITION, 5E
Elizabeth Reynolds Welfel, Cleveland State University

Revised to reflect recent ethical, legal, and professional developments, Welfel’s ETHICS IN COUNSELING AND PSYCHOTHERAPY, 5E, International Edition prepares readers to deal effectively with the complex issues they will confront in practice. The book’s ten-step model of ethical decision making guides students and practitioners as they work through and analyze complicated ethics cases that demonstrate some of the most challenging dilemmas that they will face. This edition explores more fully how technology, including social networking, relates to ethical issues, and also discusses in more depth the ethical issues that may arise when counseling clients from different cultural backgrounds, clients with disabilities, and older adults. The text familiarizes readers with the field’s key scholarly writings and, by examining emerging ethical issues, enables students to advance beyond their basic awareness and knowledge of the professional codes of ethics.

NEW TO THIS EDITION

- NEW Welfel highlights more extensively the relationship between legal developments and the professional responsibilities of counselors, psychologists, and other mental health professionals, particularly in the chapters relating to competence, confidentiality, informed consent, practice with diverse populations, and boundary issues. She also identifies methods students can use to search out relevant laws in their jurisdictions.
- NEW In this edition, the author more fully explores the relationship between technology and ethics, with special attention to ethical issues that emerge from online communication and social networking sites in both educational and community settings.
- NEW Chapter 3 on cultural issues in professional practice has been extensively revised, with more attention to issues of responsible work with clients with disabilities, international clients, and aging clients. Additionally, it offers more detailed examination of the relationship between culturally competent practice and social justice and the ethics of advocacy on behalf of clients, and incorporates recently published guidelines for practice with diverse populations (such as APA’s documents on psychological practice with older adults and ACA’s competencies for counseling transgendered clients and cross-cultural clients).
- NEW This edition offers a more in-depth examination of the role of personal values in ethical practice, integrating this discussion more fully with the content on positive ethics and ethics as a focus on ethical ideals and client welfare rather than a set of self-protective rules. The author also discusses ethical difficulties that professionals face in light of the systemic problems with mental health service and educational bureaucracies in the U.S.
- NEW Material in introductory chapters have been streamlined, to clarify the relationship between philosophy and professional ethics, the research on unethical practice, and the ethical decision making model.
- NEW Material on forensic practice in Chapter 11 has been condensed in order to include more on topics with broader application to students such as
technology and practice with diverse clients.
• NEW Content on counseling college students has been moved from Chapter 11 to relevant chapters in Part 2, to distribute this coverage more fully throughout the text.

FEATURES
• ETHICS IN COUNSELING AND PSYCHOTHERAPY, 5E, International Edition addresses ethical issues for counselors working in such diverse settings as private practice, hospitals, day treatment settings, health maintenance organizations, and community health centers.
• A ten-step model for ethical decision making provides a structure for competent response to both straightforward and complex ethical questions. This comprehensive model guides students through a systematic way to analyze ethical issues.
• This contemporary text contains numerous case studies, followed by the author’s analysis of the cases, helping students to better structure their thinking and to apply professional standards to complex cases. Additionally, Dr. Welfel discusses the attitudes, skills, and competencies critical for ethical practice in a multicultural society.

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© 2013, 624pp, Paperback, 9781133309369

ISSUES AND ETHICS IN THE HELPING PROFESSIONS (WITH COURSEMATE PRINTED ACCESS CARD), 9E
Gerald Corey, California State University, Fullerton (Emeritus); Marianne Schneider Corey; Cindy Corey, San Diego State University Community-Based Block Program; Patrick Callanan, California State University, Fullerton

Up-to-date and comprehensive, this practical best-selling text provides students with the basis for discovering their own guidelines for helping within the broad limits of professional codes of ethics and divergent theoretical positions. Respected authors Gerald Corey, Marianne Corey, Cindy Corey, and Patrick Callanan raise what they consider to be central issues, present a range of diverse views on the issues, discuss their position, and provide opportunities for students to refine their thinking and actively develop an informed position. ISSUES AND ETHICS IN THE HELPING PROFESSIONS, 9th Edition, explores such questions as: What role do the therapist’s personal values play in the counseling relationship? What ethical responsibilities and rights do clients and therapists have? What considerations are involved in adapting counseling practice to diverse client populations? With new material in every chapter and an emphasis on critical thinking, the ninth edition is useful for students as well as practicing professionals. This edition is also
accompanied by CourseMate, which brings course concepts to life with interactive learning, study, and exam preparation tools that support the printed textbook, as well as Engagement Tracker, a gradebook tool for instructors that monitors student engagement in the course.

NEW TO THIS EDITION

• Each chapter has been carefully reviewed and updated to present the current thinking, research, and trends in practice, including refreshed cases, relevant new research, as well as the latest references concerning the topics covered.
• Social justice issues receive increased attention in Chapter 4, “Multicultural Perspectives and Diversity Issues,” and Chapter 13, “Community and Social Justice Perspectives,” as well as in other chapters where appropriate.
• This edition includes more coverage of technology (i.e., alternative technologies to Internet counseling and providing remote services). It also discusses ethical and legal issues pertaining to technology, including ethical issues concerning online counseling, confidentiality and privacy considerations as they relate to social media in group work, privacy issues with telecommunications devices, and the use of email with clients.
• Recent court cases that affect the training of counselors are highlighted. One example is the recent controversy regarding students/trainees who claim that they have a right to refer clients if there is a conflict of values—or if the counselor’s religious or moral values would make it a challenge to work with certain clients’ concerns.
• Cindy Corey has joined the author team, bringing her expertise in community and multicultural counseling.
• Available with the text, ETHICS IN ACTION: DVD AND WORKBOOK, Second Edition, has been updated to include lectureettes by Marianne and Jerry Corey and 22 role-played vignettes depicting various ethical challenges.
• New to this edition are learning objectives for every chapter and additional exercises and activities at the end of each chapter.

FEATURES

• The authors draw upon their combined experiences to provide a realistic and challenging view of dealing with ethical issues. Throughout the text, the authors stress that ethical decision making is an ongoing process with no easy answers. However, the book gives readers the framework to think through the issues.
• The book is comprehensive, in that it is appropriate for students in counselor education, clinical psychology, social work, mental health counseling, and human services, among other professions.
• Every chapter includes a summary of codes from the various professional organizations that are relevant to the topics under discussion.

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© 2015, 576pp, Hardback, 9781285464749

ISSUES AND ETHICS IN THE HELPING PROFESSIONS, INTERNATIONAL EDITION, 8E

Gerald Corey, California State University, Fullerton (Emeritus); Marianne Schneider Corey, Patrick Callanan, California State University, Fullerton

Up-to-date and comprehensive, this practical best-selling text provides students with the basis for discovering their own guidelines for helping within the broad limits of professional codes of ethics and divergent theoretical positions. Respected authors
Gerald Corey, Marianne Corey and Patrick Callanan raise what they consider to be central issues, present a range of diverse views on these issues, discuss their position, and present many opportunities for students to refine their thinking and actively develop their own position. With new material throughout every chapter and an increased emphasis on critical thinking, the Eighth Edition is modern and useful for students as well as practicing professionals. ISSUES AND ETHICS IN THE HELPING PROFESSIONS, International Edition, explores such questions as: What role do the therapist’s personal values play in the counseling relationship? What ethical responsibilities and rights do clients and therapists have? And, what considerations are involved in adapting counseling practice to diverse client populations?

NEW TO THIS EDITION

• New commentaries following all of the cases presented in the various chapters provide guidance to students as they consider the issues involved. These commentaries also assist students in applying ethical standards from the various codes to a wide variety of practical cases. While students are not provided with the “correct answers” to the cases presented, they are given specific ideas about ways to resolve ethical dilemmas found in the many cases.
• Throughout the book, the authors present new research and literature on a wide range of ethical topics, including countertransference, informed consent, ethical and effective practice of clinical supervision, sexual attractions in therapy, dealing with impaired supervisees, giving and receiving gifts, training and supervision of group leaders, advantages and disadvantages of counseling via the Internet, recent ethics codes on technology applications, and more. The authors also include new material on empathy fatigue, the role of spirituality and religion in counseling, ethical issues in spirituality and addictions treatment, and end-of-life decisions. Additionally, new information has been added on the CACREP (2009) standards pertaining to personal counseling for students.
• Chapter 4, “Multicultural Perspectives and Diversity Issues,” has been thoroughly revised and now includes new information on multicultural and diversity perspectives, a revised discussion of issues pertaining to sexual orientation and inclusion of competencies in working with LGBT individuals, and an updated discussion of training students in the area of multicultural competence.
• The book’s discussion of confidentiality and privileged communication has been expanded. Chapter 6, “Confidentiality: Ethical and Legal Issues,” includes a new discussion of an ethical practice model for protecting clients’ confidentiality, a revised section on the implications of HIPAA for mental health providers, and updated material on the duty to warn and protect, especially in protecting children, older persons, and dependent adults from harm.
• In Chapter 8, “Professional Competence and Training,” you’ll find a new discussion of competence and how to assess it, as well as important new material on formative assessment, summary assessment, and an expanded section on continuing professional education.

FEATURES

• The authors draw upon their combined experiences to provide a realistic and challenging view of dealing with ethical issues. Throughout the text, the authors stress that ethical decision making is an ongoing process with no easy answers. However, the book gives readers the framework to think through the issues.
• With an emphasis on critical thinking, the text involves readers in the learning process through self-inventories, case examples, open-ended questions, and discussion questions.
• The ETHICS IN ACTION CD-ROM (available for packaging with the text) contains 60 minutes of video vignettes in which students role-play ethical situations and responses; commentary from the Coreys; group interaction and discussion, and exercises through which students can explore and gain knowledge. Most chapters feature activities that correlate with the ETHICS IN ACTION CD-ROM.
• Highlight codes are integrated throughout the text to help students learn where and when these codes apply. (Complete lists of the codes of ethics for the ACA, NASW, NOHSE, APA, ASCA and AAMFT are included in the newly updated booklet CODES OF ETHICS FOR THE HELPING PROFESSIONS, which is available for bundling with the text.)

CONTENTS

1. Introduction to Professional Ethics. 2. The Counselor as

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FEATURES

- Experiential exercises appear throughout the text, fostering a deeper knowledge acquisition with an active reading model.
- The case of a client, Nancy, begins in Chapter 1 and recurs throughout the text to illustrate the progression through assessment, conceptualization, intervention, re-conceptualization, and termination.
- Many additional case examples were added in both the text and exercises in order to illustrate how clients vary and to examine the interaction of contextual, personal, and relational variables that affect conceptualization and treatment planning.
- “Appendix A: A Brief Review and Application of Established Theories” and “Appendix B: Exploring Your Experiences with Culture, Power, and Privilege” will be helpful in reminding trainees and consolidating previous learning.

CONTENTS


© 2013, 288pp, Hardback, 9781133314059
COUNSELING IN CHALLENGING CONTEXTS, INTERNATIONAL EDITION
Michael Ungar, Dalhousie University

In COUNSELING IN CHALLENGING CONTEXTS, International Edition, Michael Ungar introduces the new social ecological model designed to integrate the best of what we know about individual and family counseling and case management with practical applications of strengths-based interventions in clinical, community and institutional settings. Two concepts of Navigation and Negotiation organize the theory and its application to counseling practice in office-based and community settings. A DVD demonstrating practice accompanies the text.

FEATURES
- Each chapter includes narrative case vignettes, as well as actual dialogue from practice with diverse individuals and families challenged by a number of risk factors. These vignettes include enough detail and commentary to show students how to apply principles to practice.
- Video vignettes, filmed with the author and in conjunction with the Nova Scotia Health Research Fund, provide students with a view into the practice of counseling that they cannot get from a text alone.
- Research boxes in each chapter highlight studies of interest to students.
- Reflection and practice exercises help instructors develop classroom exercises and assist students with self-study.
- Case documents (such as process recordings, assessment tools, and intake forms) familiarize students with real-world processes and paperwork.

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© 2011, 360pp, Paperback, 9780840032317

DYNAMICS AND SKILLS OF GROUP COUNSELING, INTERNATIONAL EDITION
Shulman, State University of New York, Buffalo

Drawing from the author’s vast experience as teacher, researcher, and practitioner, Lawrence Shulman’s DYNAMICS AND SKILLS OF GROUP COUNSELING, International Edition equips students in the helping professions with a solid introduction to methods for effective group counseling. Guided by theory, empirical research, years of teaching experience, his own group practice, and the wisdom of colleagues, Shulman’s text brings concepts to life with vivid cases that include “Record of Service” reports and dialogue from actual groups. These illustrative examples connect theory to current practice and address the day-to-day realities of leading counseling groups. Extremely practical, the book presents students with a clear format on how to run a group built around four phases of work: the preliminary (preparatory) phase; the beginning (contracting) phase; the middle (work) phase; and the ending and transition phase. Recognizing the broad applications of these methods, the latter part of the text shows how these lessons can be applied to a wide range of settings. Reflecting the latest research and practices, DYNAMICS AND SKILLS OF GROUP COUNSELING, International Edition delivers an insightful, authoritative, and comprehensive introduction to the field.
FEATURES

- This exciting first edition is written by an author who thoroughly knows his material—and his audience. Widely respected for his accomplishments in the classroom, in research, and in real-world practice, Dr. Lawrence Shulman is a social work practitioner educator with more than 40 years of experience. His extensive research includes the core helping skills in social work practice, supervision, and child welfare and school violence.
- Extremely reader friendly, DYNAMICS AND SKILLS OF GROUP COUNSELING presents topics in a logical framework based on the phases of group work: the preliminary phase or preparatory phase, the beginning or contracting phase, the middle or work phase, and the ending and transition phase.
- Part I: “The Core Dynamics and Skills of Group Counseling” uses vivid case examples to illustrate how the model is applied to practice in realistic group sessions—giving readers an up-close, insiders’ view of the real-world application of chapter concepts.
- Reflecting the latest trends in the field, Part II focuses on the implementation of the model to the numerous areas where group work is most often applied, including substance abuse settings, schools, marital and family settings, community mental health settings, job and career settings, and medical and rehabilitation settings.
- Driving home key topics for students, “Practice Points” and “Practice Summary” icons call attention to the author’s insights about the dynamics of the group during case examples.

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© 2011, 688pp, Paperback, 9780495808732

INTERPERSONAL PROCESS IN THERAPY, 6E
An Integrative Model, International Edition
Edward Teyber, California State University, San Bernardino

Strongly focused on the therapist-client relationship, INTERPERSONAL PROCESS IN THERAPY: AN INTEGRATIVE MODEL, International Edition integrates cognitive-behavioral, family systems, and psychodynamic theories. Newly revised and edited, this highly engaging and readable text features an increased emphasis on the integrative approach to counseling, in which the counselor brings together the interpersonal/relational elements from various theoretical approaches, and provides clear guidelines for using the therapeutic relationship to effect change. The author helps alleviate beginning therapists’ concerns about making “mistakes”, teaches therapists how to work with their own countertransference issues, and empowers new therapists to be themselves in their counseling relationships. Featuring new case examples
and dialogues, updated references and research, clinical vignettes, and sample therapist-client dialogues, this contemporary text helps bring the reader “in the room” with the therapist, and illustrates the interpersonal process in a clinically authentic and compelling manner.

NEW TO THIS EDITION

• Teyber’s enhanced coverage of research-based cognitive-behavioral therapy includes more information regarding brief treatment applications and new links to time-limited therapy and other treatment modalities.
• Featuring new case examples and dialogues, updated references and research, and improved descriptive headings to help students pick out important “takeaways” from the text, this newly revised and edited book and has been streamlined to eliminate redundancy.
• The Sixth Edition includes new material on the supervision process and stage models of professional development for counselors-in-training, plus the new HIPAA standards as related to mental health clinicians.
• A revised workbook, which can accompany the text, encourages students to apply what they have learned in the book to actual cases they have met in their practicum. New exercises encourage the students to make the most of their supervision.

FEATURES

• The book specific intervention guidelines for leveraging the therapist-client relationship to effect change to help alleviate beginning therapists’ concerns about making mistakes.
• Students will find programmatic guidelines for writing case conceptualizations/treatment plans and process notes within the interpersonal process framework.
• Contemporary case studies develop multicultural awareness and continually demonstrate how cultural context influences case conceptualization and treatment planning.
• The book offers in-depth coverage of the role of attachment throughout the lifespan and attachment-related affects (such as shame) in clients’ presentation of symptoms and problems.

CONTENTS

PART I: AN INTERPERSONAL PROCESS APPROACH.


© 2011, 512pp, Paperback, 9780495804208

THE ELEMENTS OF COUNSELING, INTERNATIONAL EDITION, 7E

Scott T. Meier, State University of New York at Buffalo; Susan R. Davis

Widely known and appreciated for its simplicity, clarity, and brevity, THE ELEMENTS OF COUNSELING, International Edition provides a simple conceptual framework for thinking about counseling. Covering the basic elements of counseling in an abbreviated outline format, Meier and Davis use counselor/client dialog to introduce students to counseling skills and effectively demonstrate each necessary skill in a ‘real world’ setting. THE ELEMENTS OF COUNSELING, International Edition presents information that is essential both for beginning counselors to know, and for experienced counselors to remember. Meier and Davis address key topics including relationship building, the counseling process, self-exploration, and the foundations upon which further intervention is laid. Furthermore, the authors go back to basics by addressing what counseling is, as well as what it is
not. The result is a handy primer that gives students the framework upon which to build their counseling knowledge.

NEW TO THIS EDITION

- Amplified coverage of outcome assessment includes both nomothetic (a general test suitable for all clients) and idiographic (an assessment created for a particular client) approaches.
- The all-new Therapy section in Chapter 6, “A Brief Introduction to Intervention,” brings the text completely up-to-date with discussions of several newer therapies, including Schema Therapy and Acceptance and Commitment Therapy.
- The authors have revised and improved the section on Narrative Therapy.
- Chapter 4, “Important Topics,” now includes timely sections regarding learning about grief and trauma. This content is designed to assist the many professionals in the field who are working with an increasing number of returning military and their families from the wars in Iraq and Afghanistan.

FEATURES

- This brief textbook, which introduces students to counseling theories in a concise overview format, is organized into two parts. Part One provides 43 practical guidelines for counseling, while Part Two includes information on the various counseling theories and modalities, such as group counseling or family counseling.
- THE ELEMENTS OF COUNSELING contains ready-to-use guidelines that outline important information and skills essential to the helping process.
- In addition to focusing on applicable theory, Meier and Davis also spend time on the pragmatic concerns of counseling, such as keeping up with research and documenting work.
- Client and therapist dialogues, found throughout the book, illustrate important points and enhance student understanding.
- Eye-catching reference sections direct students to further reading on topics covered in the textbook, and encourage them to explore the concepts in greater depth.

CONTENTS

1: Counseling Process. 2: Strategies To Assist Clients In Self-Exploration. 3: A Few Mistaken Assumptions. 4: Important Topics. 5: Counselor, Know Thyself. 6: A Brief Introduction to Intervention.

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THE HUMAN SERVICES INTERNSHIP, 3E
Getting the Most from Your Experience, International Edition
Pamela Myers Kiser, Elon College

Integrating theory with real-world practice, THE HUMAN SERVICES INTERNSHIP: GETTING THE MOST FROM YOUR EXPERIENCE, International Edition helps students make meaningful connections between classroom learning and their own field experiences through ongoing reflection, analysis, and exercises. This workbook-formatted text reviews and updates basic information that is useful to students in human service field programs. An excellent tool for self-assessment and analysis, the text intersperses exercises through each chapter to engage students in thinking about how the material being discussed relates to their own experiences. A unique six-step model—that students are encouraged to use throughout their field experience—guides students in enhancing self-awareness, integrating the knowledge and values of the profession, recognizing challenging and dissonant situations, decision-making, and follow-through. Chapters on getting started, ethics, cultural diversity, communication, self-care, and other topics help students maximize their learning from experience. Covering information from the beginning to the end of an internship, the text helps students analyze different experiences and situations they encounter on a daily basis in their field work.
NEW TO THIS EDITION

• New! The exciting new edition of THE HUMAN SERVICES INTERNSHIP offers extended discussion of social policy and cultural diversity issues.
• New! The text includes new material on the strengths-based perspective and evidence-based practice.
• New! More detailed discussions of creating electronic portfolios equip students with another skill they can use in their job search. The “For Your e-Portfolio” feature discusses specific technology platforms for electronic portfolios and offers broad writing topics that students can address in the e-Portfolio, which many schools now require during internships.
• New! Evidence-based practice is introduced early in the book and is reinforced throughout the text.
• New! Chapter 9, “Taking Care of Yourself,” adds a new stress assessment tool, helping students adopt healthy stress management practices that they can carry into their careers.
• New! Chapter 3, “Developing Ethical Competence,” includes more information on personal and professional boundaries in the workplace.
• New! Completely up to date, the Third Edition includes new material, examples that reflect the current economic crisis, and a broad range of field placements.
• New! The new chapter order introduces key material in a more timely fashion, including earlier placement of the chapters on Ethics and Using Supervision.

FEATURES

• Kiser offers a wealth of practical information for students just beginning their field experience, focusing on issues such as myths about internships, stages in the development of internships, development of a learning agreement, and getting to know the field placement agency.
• The book offers solid coverage of the special skills of human service professionals—including supervision, diversity, ethics, communication with clients, oral and written reports, and emotions and stress in the workplace—while helping students understand and avoid the common problems interns face.

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© 2012, 384pp, Paperback, 9781111186890
exploration, competence, and culmination.
- The book’s content reflects several emerging and continuing trends in higher education, including engaged learning, experiential learning, education for civic and democratic engagement, and high-impact educational practices. For instance, in each chapter the authors discuss ways to be more engaged with the tasks of the stages and the internship. In addition, opportunities for growth as an engaged citizen and civic professional are emphasized throughout the book, reinforced by “Civically Speaking” exercises at the end of some chapters.
- The possible experience of disillusionment is specifically discussed at each stage, along with strategies for recovering momentum.
- Each of the stage chapters is organized around a chart that serves as a visual guide to the concerns and challenges of the stage.
- Special reflection exercises for interns who come to the internship with considerable life and professional experience have been added in every chapter.
- Four “Essentials” chapters (Chapters 3, 6, 9, and 13) offer comprehensive information and strategies, and are intended as resources to be consulted before, throughout, and beyond the internship experience.

FEATURES
- Most chapters include a section on civic development to help students understand the public relevance of their work
- Examples drawn from business, humanities, government, education, nonprofit agencies, and other fields make the book appropriate for audiences beyond the helping professions, and provide flexibility for interns and instructors who use it.
- “Of Special Relevance to the Helping Professions” sections in some chapters make it easy for interns in these professions to get the information they need; others may choose to skip these sections.
- Student quotes and cases give the book an experiential, contextual feel.

CONTENTS

© 2014, 464pp, Paperback, 9781285418780

THEORY AND TREATMENT PLANNING IN COUNSELING AND PSYCHOTHERAPY, INTERNATIONAL EDITION
Diane R. Gehart, California State University, Northridge

One of the first books in the field of counseling to use a competency-based approach for teaching counseling and psychotherapy theories, Gehart’s text has been developed to teach the skills and knowledge outlined in the CACREP 2009 Standards. More specifically, the text introduces counseling and psychotherapy theories using theory-informed case conceptualization as well as treatment planning. The book’s assignments empower students to apply theoretical concepts and develop real-world skills as early as possible in their training, resulting in greater mastery of the material.

FEATURES
- To provide readers with a thorough understanding of theory and practice, Gehart covers traditional counseling theories as well as newer, evidenced-based treatments and practices. Rather than presenting theories in the traditional historical
in fashion, theories are introduced from a practical perspective, emphasizing current applications and treatment planning.

- Assessments with scoring rubrics, integrated within the text, allow faculty to easily measure students' mastery of required competencies and learning outcomes. These rubrics define expectations for content and quality, thus helping students have a clear sense of what is required of them.
- Gehart's warm, collegial writing style draws students into the topic at hand and helps them see how it relates to them personally.

**CONTENTS**

**PART I: INTRODUCTION TO THEORIES, COMPETENCIES, AND TREATMENT PLANNING.**

1. Start Here: Introduction and Instructions for Using This Book.
2. Counseling Theory, Competency, Research, and You.
3. Treatment Planning.

**PART II: COUNSELING AND PSYCHOTHERAPY THEORIES.**

5. Adlerian Individual Counseling.
6. Person-Centered Counseling and Psychotherapy.
8. Gestalt Counseling and Psychotherapy.
10. Systemic Family Counseling and Therapy.
11. Solution-Based Approaches.
12. Postmodern Narrative and Collaborative Approaches.

**PART III: THEORETICAL INTEGRATION AND CASE CONCEPTUALIZATION.**

14. Theoretical Integration.
15. Integrative Case Conceptualization.

Appendix A: Treatment Plan Rubric. Appendix B: Counseling Case Conceptualization Rubric.

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**GROUP**

**COUNSELING IN CHALLENGING CONTEXTS, INTERNATIONAL EDITION**

*Michael Ungar, Dalhousie University*

In COUNSELING IN CHALLENGING CONTEXTS, International Edition, Michael Ungar introduces the new social ecological model designed to integrate the best of what we know about individual and family counseling and case management with practical applications of strengths-based interventions in clinical, community and institutional settings. Two concepts of Navigation and Negotiation organize the theory and its application to counseling practice in office-based and community settings. A DVD demonstrating practice accompanies the text.

**FEATURES**

- Each chapter includes narrative case vignettes, as well as actual dialogue from practice with diverse individuals and families challenged by a number of risk factors. These vignettes include enough detail and commentary to show students how to apply principles to practice.
- Video vignettes, filmed with the author and in conjunction with the Nova Scotia Health Research Fund, provide students with a view into the practice of counseling that they cannot get from a text alone.
- Research boxes in each chapter highlight studies of interest to students.
- Reflection and practice exercises help instructors develop classroom exercises and assist students with self-study.
- Case documents (such as process recordings, assessment tools, and intake forms) familiarize students with real-world processes and paperwork.
DYNAMICS AND SKILLS OF GROUP COUNSELING, INTERNATIONAL EDITION
Shulman, State University of New York, Buffalo

Drawing from the author's vast experience as teacher, researcher, and practitioner, Lawrence Shulman's DYNAMICS AND SKILLS OF GROUP COUNSELING, International Edition equips students in the helping professions with a solid introduction to methods for effective group counseling. Guided by theory, empirical research, years of teaching experience, his own group practice, and the wisdom of colleagues, Shulman's text brings concepts to life with vivid cases that include “Record of Service” reports and dialogue from actual groups. These illustrative examples connect theory to current practice and address the day-to-day realities of leading counseling groups. Extremely practical, the book presents students with a clear format on how to run a group built around four phases of work: the preliminary (preparatory) phase; the beginning (contracting) phase; the middle (work) phase; and the ending and transition phase. Recognizing the broad applications of these methods, the latter part of the text shows how these lessons can be applied to a wide range of settings. Reflecting the latest research and practices, DYNAMICS AND SKILLS OF GROUP COUNSELING, International Edition delivers an insightful, authoritative, and comprehensive introduction to the field.

FEATURES
• This exciting first edition is written by an author who thoroughly knows his material—and his audience. Widely respected for his accomplishments in the classroom, in research, and in real-world practice, Dr. Lawrence Shulman is a social work practitioner educator with more than 40 years of experience. His extensive research includes the core helping skills in social work practice, supervision, and child welfare and school violence.
• Extremely reader friendly, DYNAMICS AND SKILLS OF GROUP COUNSELING presents topics in a logical framework based on the phases of group work: the preliminary phase or preparatory phase, the beginning or contracting phase, the middle or work phase, and the ending and transition phase.
• Part I: “The Core Dynamics and Skills of Group Counseling” uses vivid case examples to illustrate how the model is applied to practice in realistic group sessions—giving readers an up-close, insiders’ view of the real-world application of chapter concepts.
• Reflecting the latest trends in the field, Part II focuses on the implementation of the model to the numerous areas where group work is most often applied, including substance abuse settings, schools, marital and family settings, community mental health settings, job and career settings, and medical and rehabilitation settings.
• Driving home key topics for students, “Practice Points” and “Practice Summary” icons call attention to the author’s insights about the dynamics of the group during case examples.

CONTENTS

© 2011, 688pp, Paperback, 9780495808732

ETHICS IN ACTION (WITH WORKBOOK, DVD AND COURSE Mate PRINTED ACCESS CARD), 3E
Gerald Corey, California State University, Fullerton (Emeritus); Marianne Schneider Corey; Robert Haynes

The ETHICS IN ACTION program brings to life the ethical issues and dilemmas counselors often encounter—and provides ample opportunity for discussion, self-exploration, and problem solving of the issues and dilemmas. The 22 video vignettes are based on a workshop for a group of counseling students, which included challenging questions and lively discussion, role-plays, and comments from the students and the group leaders. This educational program is divided into three segments: ethical decision-making, values and the helping relationship, and boundary issues and multiple relationships in counseling. The accompanying workbook (delivered online via CourseMate and in print with the DVD) involves you in interactive learning as you view the video program.

NEW TO THIS EDITION
• The program includes video footage that was previously only available for instructor use—doubling the number of video role-plays for students to 22. Each role-play is complemented with commentary by the Coreys and discussions with students facilitated by the Coreys. Accompanying case summaries, key points, and exercises and activities have also been developed for this new footage.
• A new set of questions for each role-play vignette promotes reflection and discussion.
• The updated workbook, which includes numerous new or revised commentaries and activities, is designed to involve students in interactive learning as they view the video program.
• ETHICS IN ACTION is available in two different formats to suit instructor and student needs—as a DVD with a printed workbook or via the Internet through CourseMate, which offers access to the videos and an integrated workbook.

FEATURES
• This program is suitable for courses in counseling, human services, couples and family therapy, counseling and clinical psychology, school counseling, and social work. It can be used in courses such as practicum, fieldwork, internship, and ethical and professional issues or as a supplement in courses dealing with skills or theory.
• The video and accompanying exercises are structured around three parts: ethical decision-making, values and the helping relationship, and boundary issues and multiple relationships.
• Each part has seven to eight video segments that present role-plays of common ethical dilemmas faced by counselors in their practices as well as classroom discussions for each.
• Each part helps students gauge their knowledge base before and after viewing the video segments through the use of pre-viewing and post-viewing self-inventories.
• Each video segment is accompanied by questions to consider, key points, exercises and activities, and commentaries.
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GROUP COUNSELING, 7E
Interventions and Techniques, International Edition
Robert L. Masson, West Virginia University, Morgantown; Ed E. Jacobs, West Virginia University, Morgantown; Riley L. Harvill; Christine J. Schimmel, West Virginia University

This widely used and respected book presents an active, multisensory approach to group leading, focusing heavily on group leadership skills. The authors discuss the many facets of group counseling and provide examples of how each skill can be applied in a wide range of group settings to produce effective and efficient group sessions. New to this edition is an accompanying DVD that enables students to see many of the skills highlighted in the book, helping them to more effectively bridge the gap between theory and practice. This book focuses on the skills necessary for starting and ending a session, as well as how to make the middle phase productive and meaningful, uniquely equipping students with the tools necessary to lead a group. Group Counseling: Interventions and Techniques, International Edition is well-suited for school counselors, mental health counselors, social workers and psychologists.

NEW TO THIS EDITION
• NEW! A 43-segment DVD provides students with the unique opportunity to see helpers in action. This DVD breaks down the different aspects of the group session, step by step, and provides good and bad examples for each.
• NEW! The ethics section has been moved from the last chapter to the first chapter, giving students access to ethical considerations immediately upon beginning to read the book.
• NEW! The text includes an enhanced discussion of group counseling in school settings, providing more useful information that is unique to group work with children and young adults in schools.
• NEW! All references have been updated and expanded.
• NEW! An updated and improved test bank is available for instructors.

FEATURES
• The new 43-segment DVD can be used in class and as homework. Each segment lasts 1-6 minutes, providing numerous teachable moments in small, easy-to-digest clips.
• Covers basic and advanced group leadership skills for school counseling students, as well as mental health and social work students.
• The book is easy to read with numerous examples and creative exercises, providing students with a unique learning experience in group counseling courses.
• Includes a chapter on issues in group counseling that covers ethics, co-leading a group, and research.
• Activities at the end of each chapter help students practice what they have read.

CONTENTS
1. Techniques and Leadership Skills in Group Counseling.

© 2012, 552pp, Paperback, 9780840033956

NEW TO THIS EDITION
- This edition provides more thorough explanations of the therapeutic rationale for the various techniques described in each chapter.
- Techniques are linked to theoretical orientations of group counseling that are described in detail in Gerald Corey’s THEORY AND PRACTICE OF GROUP COUNSELING, Eighth Edition (©2012).
- Research and references are updated in each chapter, and a greater number of examples from various types of groups are included.
- Additional and updated dialogues further illuminate the material.

FEATURES
- This book helps readers understand the connection between theory and practice, with emphasis on the various techniques that are associated with the major group counseling theories.
- The authors draw upon their clinical experiences in leading groups and training group leaders to flesh out examples and discussion of key concepts.
- The book’s design, along with its numerous activities, allows it to be a text, a student manual, and a reference work for practitioners.
- The authors present techniques for creating trust, dealing with resistance, starting a session, working with dreams, working with intense emotions, and ending a session. They also offer specific examples to help students better understand what happens during each stage of a group session.
- Students learn about the role of cultural factors in the use of group techniques.
- Brief commentaries provide information on how the examples described in the book are related to different group counseling theories.

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GROUP TECHNIQUES, 4E
Gerald Corey, California State University, Fullerton (Emeritus); Marianne Schneider Corey; Patrick Callanan, California State University, Fullerton; J. Michael Russell, California State University, Fullerton

More than a recipe book of techniques that group leaders can pull out at the right time, this book encourages readers to use techniques sensitively and creatively in their own groups, and to go one step further to invent their own techniques. The authors draw on their combined experiences as teachers, as consultants to mental-health professionals, and as private practitioners to provide a realistic approach to group work. Emphasizing that techniques are means, not ends, the book is designed to enhance the group leader’s ability to generate a therapeutic and human rapport between leader and members.
NEW EDITION!

GROUPS, 9E
Marianne Schneider Corey; Gerald Corey, California State University, Fullerton (Emeritus); Cindy Corey, San Diego State University Community-Based Block Program

Drawing on their extensive clinical experience in working with groups, Marianne, Gerald, and Cindy Corey provide a realistic approach to the blending of theory with practice in group work. A new Chapter 4, “Theories and Techniques of Group Counseling,” has been added to this best-selling text, along with new examples, guidelines, insights, and an enhanced diversity perspective. Offering up-to-date coverage of both the “what is” and the “how to” of group counseling, the ninth edition incorporates the latest research, ethical guidelines, and practices to ensure student success both in the classroom and after it.

NEW TO THIS EDITION

• Each chapter has been carefully reviewed and updated to present the current research, thinking, and trends in practice.
• Chapter 1, “Introduction to Group Work,” offers an updated discussion of brief groups.
• Chapter 3, “Ethical and Legal Issues in Group Counseling,” has been revised to encompass a comprehensive discussion of both ethical aspects of group work and risk management practices. It covers updated material on the ethical and legal aspects of group counseling, as well as other topics such as ethical issues in training group workers. It also presents new sections on social justice issues in group work and on ethical concerns in using group techniques.
• A new Chapter 4, “Theories and Techniques of Group Counseling,” addresses the relationship between theory and technique. This new chapter is organized by these four general theories: psychodynamics approaches, experiential and relationship-oriented approaches, cognitive behavioral approaches, and postmodern approaches to group counseling. It covers such topics as using theory as a roadmap in practice; using group techniques effectively; viewing a group through a multicultural lens; the relationship of theory to technique; various theoretical approaches to practice; and more. Also included is a brief discussion of developing an integrative approach to group counseling.
• Chapter 6, “Initial Stage of a Group,” includes a new section on identifying and exploring common fears of group members.
• Chapter 7, “Transition Stage of a Group,” offers a reframing and reconceptualization of resistance and provides a discussion on understanding and working with difficult group behaviors therapeutically. The authors include more emphasis on understanding and honoring clients’ resistance, new material on motivational interviewing as a way to address ambivalence and to increase motivation to change, a more complete discussion of considering conflict and confrontation from a cultural perspective, additional examples of both leader behavior and member behavior pertaining to dealing with mistrust in a group and how to increase trust, an expanded discussion of the role of transference and countertransference, including guidelines for dealing effectively with countertransference, and more.
• Chapter 8, “The Working Stage,” includes an expanded discussion of the therapeutic factors operating in a group. There is a revised and expanded section on what research says about group cohesion.
• Chapter 9, “The Final Stage,” contains updated literature on the tasks of terminating a group experience. The authors have increased their emphasis on dealing with emotional reactions pertaining to termination, and present revised material on addressing unfinished business in a group. There is a new section on personal gestures in expressing the meaning of a group experience.
• End-of-chapter exercises now include a guide to the GROUPS IN ACTION: EVOLUTION AND CHALLENGES (available on DVD/Workbook and CourseMate). This integrated program has been updated with “Lecturettes on Theories and Techniques
of Group Counseling," an hour-long third program that consists of Gerald Corey presenting an overview of various theories and their application to techniques in group work. The workbook that accompanies this DVD program has been revised and expanded to include key points and questions for reflection on the third program on lecturettes on theories and techniques of group counseling.

FEATURES

- GROUPS: PROCESS AND PRACTICE covers the group process from the initial to ending stages and includes practice information with specific groups. The text portrays the group counselor as both person and a professional, addresses skills of group leadership (including the co-leadership model), and discusses the training of group counselors.

CONTENTS


© 2014, 496pp, Paperback, 9781285057255

NEW TO THIS EDITION

- In a new third program, “Lecturette on Theories and Techniques of Group Counseling,” Gerald Corey presents a one-hour lecture on the main theories of group counseling. This program also describes some techniques associated with the various theoretical frameworks, including psychodynamic, experiential-relationship oriented, cognitive-behavioral, and postmodern approaches. The Lecturette concludes with a discussion of how an integrative approach to group counseling draws from a variety of these therapeutic approaches.
- The Student Workbook now includes a new section to accompany the Lecturette, complete with a description of the Main Points and Questions for Reflection for each section of the Lecturette.
- Responding to student and reviewer input, the Questions for Reflection sections have been streamlined.
- A new section, “In Class Exercise: Questions for Small Group Discussion and Reflecting Teams,” appears in eight places, offering relevant activities for in-class discussion regarding the video program.
- The exercises and videos available on the DVD/Workbook are now available in an online format via Counseling CourseMate. GROUPS IN ACTION is available as a DVD, CourseMate Website Printed Access Code, and Workbook package.

GROUPS IN ACTION, 2E
Evolution and Challenges Workbook (with CourseMate Printed Access Card and DVD)
Gerald Corey, California State University, Fullerton (Emeritus); Marianne Schneider Corey; Robert Haynes

On GROUPS IN ACTION’s exciting videos, students will see Marianne and Gerald Corey in action as they demonstrate their integrative approach to group work. Viewers will see a real group move through its various stages and will observe group members discuss real issues and present reactions in the group context. These compelling videos were filmed at a three-day intensive group and show the unfolding of a live group as the group members build “a circle of trust.” The videos highlight the development of the group process by showing segments of the group work that occurred over the three-day session. Throughout the video, the Coreys demonstrate a wide variety of techniques and skills, including how to deal with members' hesitation and resistance, their feelings of not being "good" enough, their fears of being judged, their difficulties with intimate relationships, and their unresolved issues with parents. A new addition to these videos is a series of lecturettes featuring Dr. Gerald Corey. The accompanying exercises provide students with exercises and explorations directly linked to the videos and the book, GROUPS: PROCESS AND PRACTICE. GROUPS IN ACTION is available as a DVD, CourseMate Website Printed Access Code, and Workbook package.

www.cengageasia.com
FEATURES

• This groundbreaking videos offer students a contemporary, accessible showcase of real group work in action.
• In the “Evolution of a Group” video segments, viewers will see a wide variety of group techniques demonstrated, including the ways in which a group leader can facilitate the group process and build cohesion.
• In the second video training program, “Challenges for Group Workers,” students watch a one-hour program covering approximately 10 to 12 of the most problematic situations that group counselors often encounter. Marianne Corey and Gerald Corey co-lead the workshop, which features eight group members.
• “Challenges for Group Workers” features a 40-minute program on “Addressing Diversity Issues in Group Work,” which addresses a number of multicultural issues, such as culture and identity, challenges with language, stereotypes, and acknowledging likenesses and differences.
• The workbook includes exercises that correlate directly with each segment of the video, as well as self-assessments and self-inventories; skills checklists; the Coreys’ commentary; questions for application, discussion, and reflection; references to the main text; and more.

CONTENTS


© 2014, 128pp, Paperback, 9781285095059
SCHOOL BASED GROUP COUNSELING, INTERNATIONAL EDITION
Christopher A. Sink, Seattle Pacific University; Cher Edwards, Seattle Pacific University; Christie Eppler, Seattle University

Specifically focused on the school counseling profession, the cutting-edge new SCHOOL BASED GROUP COUNSELING, International Edition delivers a professional, comprehensive, and well-balanced group counseling text for K-12 preservice school counselors. Combining theory, research, case studies, real-world examples, and plenty of hands-on material, this exciting new First Edition walks preservice school counselors step by step through the development, planning, implementation, and evaluation of small groups in school counseling. Written by professionals in the field, it offers thorough discussions of K-12 case studies and group examples from practicing school counselors. It also provides an excellent context for group work through a discussion of the pertinent theories and key research. The authors use the lens of real-world, school-based practice, strengths-based counseling, systems thinking, developmental psychology, and ASCA’s National Model.

FEATURES
- Unlike generic texts geared toward a mix of counseling subspecialties, this cutting-edge First Edition is written specifically for students entering or already working in the school counseling profession.
- Extremely relevant, SCHOOL BASED GROUP COUNSELING is packed with illustrative practical case studies and vignettes that bring chapter concepts to life.
- Practicing school counselors contributed most of the material presented in the text, giving it an insightful real-world perspective.
- The essential group counseling function is thoroughly explained within the context of comprehensive school counseling programs and the ACSA national model.
- The text also addresses counseling groups with students who are at risk for school failure.
- Comprehensive coverage includes all phases of small group work—developing, planning, implementation, and evaluation.

CONTENTS

© 2012, 336pp, Paperback, 9781111830939

THEORY AND PRACTICE OF GROUP COUNSELING, INTERNATIONAL EDITION, 8E
Gerald Corey, California State University, Fullerton (Emeritus)

THEORY AND PRACTICE OF GROUP COUNSELING, International Edition gives students an in-depth overview of the eleven group counseling theories. This best-selling text not only illustrates how to put these theories into practice but also guides students in developing their own synthesizes of various aspects of the theories discussed in the book. With Corey’s clear, straightforward writing style, students are able to grasp each theoretical concept and its relationship to group practice with ease.
NEW TO THIS EDITION

- New! New section on the role of research in group counseling has been added.
- New! New section on evidence-based practices in group work and a discussion of practice-based evidence as an alternative is now included in the text.
- New! Each of the theory chapters has been revised to reflect contemporary practice and to include the most current references available.
- New! New section on motivational interviewing has been included to offer students some unique ways to consider ambivalence regarding change, minimizing reluctance and resistance, and creating a context for increasing the motivation to change.
- New! Updated research on the effectiveness of group counseling has been added.

FEATURES

- The great popularity of this bestseller stems from Corey's success in linking theory to successful practice--ultimately giving students the ability to integrate approaches to develop their own frameworks for effective group counseling. Each theory chapter follows a consistent outline, enabling students to easily compare and contrast different theoretical approaches across chapters. Each theory chapter also illustrates how the theory is used effectively in group practice.
- The text is packed with examples, applications, and links from theory to practice throughout.
- Part Three: “Application and Integration” includes two chapters focused specifically on practical application. Chapter 17, “Comparisons, Contrasts, and Integration” features an integrative model of group counseling that illustrates how theories and approaches can be combined into a practical and unique synthesis. Chapter 18, “Evolution of a Group: An Integrative Perspective” follows a group in action, demonstrating how Marianne and Jerry Corey draw from various approaches as they lead groups. Students can watch this process unfold on the GROUPS IN ACTION: EVOLUTION AND CHALLENGES DVD/workbook.
- Exposing students to dilemmas group leaders typically face, Chapter 3, “Ethical and Professional Issues in Group Practice” provides suggestions to reduce the chance of malpractice actions.
- In keeping with the trend toward time-limited groups, new Chapter 16, “Solution-Focused Brief Therapy in Groups” highlights key concepts, techniques, and applications of brief, structured approaches to group work. Praised by reviewers, the chapter’s effective “Application: Therapeutic Techniques and Procedures” section guides students from pre-therapy change to questioning, exception questions, the miracle question, scaling questions, the formula first session task, and therapy feedback to group members.

CONTENTS


© 2012, 544pp, Paperback, 9780840033895
Known for its clear, straightforward writing style, comprehensive coverage, strong and current research-based approach, and excellent visuals and tables, this life-span development text offers a topical organization at the chapter level and a consistent chronological presentation within each chapter. Each chapter focuses on a domain of development such as physical growth, cognition, or personality, and traces developmental trends and influences in that domain from infancy to old age. Within each chapter, you will find sections on four life stages: infancy, childhood, adolescence, and adulthood. This unique organization enables students to comprehend the processes of transformation that occur in key areas of human development. Another staple of the text is its emphasis on theories and how they apply to specific topics in each chapter. This new edition also asks students to engage more actively with the content, and includes a clear focus on the complex interactions of nature and nurture in development, more integrated coverage of culture and diversity, and an exciting new media package for both students and instructors.

NEW TO THIS EDITION

• To help students read with a purpose, Sigelman/Rider pose the major questions addressed in an Ask Yourself This box at the beginning of each chapter.
• At the end of each major section, Making Connections questions invite students to reflect on the material—to weigh in on a debate in the field, evaluate the material’s implications for public policy, apply the material to a case example, or explore the material’s relevance to their own development.
• The “Engagement Boxes” feature is a new kind of box that supplements the Exploration and Application boxes we have included in previous editions. “Engagement” boxes provide opportunities for students to engage actively and personally with the material—to assess their own knowledge, beliefs, traits, and attitudes by completing personality scales, test items, surveys, and short quizzes (see later examples).

FEATURES

• The text features an integrated topical and chronological approach. Sigelman and Rider have organized the chapters topically to emphasize developmental processes, such as how nature and nurture interact over the life-span to bring about normal developmental changes, as well as create differences among individuals. Within each chapter, they organize their discussion of the material under four major chronological sections: infancy, childhood, adolescence, and adulthood; this permits them to call attention to the distinctive qualities of each age/stage.
• “Application” boxes examine how knowledge has been applied to optimize development in a domain of development (for instance, to prevent teenage pregnancy, treat genetic defects, promote healthy babies, improve cognitive functioning, combat the effects of negative stereotypes of aging, treat aggressive youth, strengthen relationships, prevent family violence, treat children with psychological disorders, and support bereaved families).
• “Exploration” boxes allow more in-depth investigation of research on a topic (for example, characteristics of the baby boom generation, effects of early experience on gene expression, brain development and adolescent risk taking, aging drivers, language acquisition among deaf children, his and her retirements, parenting in cultural context, Hurricane Katrina and mental health, and secrets to a long life).
• To convey the complexities of interactions between nature and nurture, the authors pay special attention to genes, hormones, and other biological forces in development, while showing how development can be pushed one way or another depending on the
social and cultural context in which the individual develops. For example, the authors include detailed coverage of the development of the brain, including its growth spurt in adolescence; and, in Chapter 11 and subsequent chapters, they discuss how development differs in individualistic and collectivist cultures.

• A “Nature & Nurture” theme index appears in the preface of the text to better highlight the authors’ integrated coverage of evolutionary psychology, genetics, neuroscience, and cultural influences on development. Page references help students find this information quickly and easily.

• Building on the book’s reputation for a solid research basis, Sigelman and Rider include hundreds of new research references in this edition.

CONTENTS

© 2012, 736pp, Paperback, 9781111343156

LIFESPAN HUMAN DEVELOPMENT
Australian and New Zealand Edition with Student Resource Access 12 Months
Carol K. Sigelman, The George Washington University; Elizabeth A. Rider, Elizabethtown College; Linda De George-Walker, CQUniversity

Why do human beings develop as we do? Help your students gain a deeper understanding of the many interacting forces affecting infancy, childhood, adolescence and adulthood. This locally adapted textbook includes local, multicultural and indigenous issues and perspectives, local research in development, regionally relevant statistical information, and National guidelines on health. Each chapter focuses on a domain of development such as physical growth, cognition, or personality, and traces developmental trends and influences in that domain from infancy to old age. Within each chapter, you will find sections on four life stages: infancy, childhood, adolescence and adulthood. This unique organisation enables students to comprehend the processes of transformation that occur in key areas of human development. An important feature of the text is its emphasis on theories and how they apply to specific topics in each chapter. The text also asks students to engage more actively with the content, and includes a clear focus on the complex interactions of nature and nurture in development, more integrated coverage of culture and diversity.

NEW TO THIS EDITION
• Adapted for Australia and New Zealand to include local, multicultural and indigenous issues and perspectives, local research in development, regionally relevant statistical information, and National guidelines on health
• NEW structure to better suit the shorter semester lengths in the region
• NEW one-column layout of text to include margin
definitions and icons to guide students to valuable online resources

FEATURES

• Includes local, multicultural and indigenous issues and perspectives, local research in development, regionally relevant statistical information, and National guidelines on health for Australia and New Zealand
• An integrated topical and chronological approach: The authors have organised the chapters topically to emphasise developmental processes, such as how nature and nurture interact over the life-span to bring about normal developmental changes and create differences among individuals. Within each chapter, they organise their discussion of the material under four major chronological sections – infancy, childhood, adolescence, and adulthood – which calls attention to the distinctive qualities of each age/stage
• Each chapter begins with NEW learning outcomes to help students identify what they will be learning and what they will be able to do after reading the chapter
• To help students read with purpose, the authors pose the major questions addressed in an Ask Yourself This box at the beginning of each chapter
• To encourage students to actively check their command of the material as they progress, Check Your Understanding and Making Connections boxes feature at the end of major sections within each chapter
• Check Your Understanding first encourages students to actively check their command of the material with several brief questions. The answers can be found on the student companion website
• The Making Connections questions invite students to reflect on the material – to weigh in on a debate in the field, evaluate the material’s implications for public policy, apply the material to a case example, or explore the material’s relevance to their own development

CONTENTS


© 2013, 672pp, Paperback, 9780170210706
AN INTRODUCTION TO THE COUNSELING PROFESSION, 4E
The World of the Counselor, International Edition
Edward S. Neukrug, Old Dominion University

Described by many as a comprehensive, yet fun and easy-to-read introductory text, An Introduction to the Counseling Profession, International Edition offers students an overview of the counseling profession. Structured around the CACREP core curriculum areas, students will gain an understanding of the professional identity of the counselor; examine the history and current trends of the profession; review important standards such as ethics, credentialing, accreditation, and multicultural and advocacy competencies; and learn basic content related to topics such as counseling theory, counseling skills, group work, family counseling, consultation, supervision, social and cultural issues, normal development and psychopathology, career development, research, and assessment.

NEW TO THIS EDITION
• New! Each chapter has updated references and an expanded section on multicultural issues to include a social justice focus.
• New! Chapter 4 covers the psychodynamic approaches of psychoanalysis, analytical therapy, and individual therapy, as well as the existential-humanistic approaches of existential therapy, gestalt therapy, and person-centered counseling.
• New! Chapter 5 includes an important method of writing case notes: the Subjective, Objective, Assessment, and Plan (SOAP).
• New! Chapter 7 includes information about the Association for Specialists in Group Work’s (ASGW) Best Practice Guidelines and Professional Standards for the Training of Group Workers.

FEATURES
• This edition has been thoroughly updated to include coverage of new research and current trends, including explosive issues related to multicultural counseling, changes in the implementation of school counseling programs, and issues affecting community and mental health counseling such as credentialing, managed care, and updated treatment issues.
• Neukrug addresses relevant ethical concerns in every chapter of the text. Ethics (including discussion of the new 2005 ACA Code of Ethics) and accreditation are expanded upon in Chapter 3.
• Comprehensive and research-based, this edition includes over 2,000 references.
• Cutting-edge multicultural issues are discussed in every chapter.
• Additional examples help illustrate concepts as they are discussed within each chapter.
• A chapter-opening personal vignette gives readers a glimpse of the reality of the counseling profession.

CONTENTS
BASIC AND ADVANCED COUNSELING SKILLS
Skilled Counselor Training Model, International Edition
Marlowe H. Smaby, University of Nevada, Reno; Cleborne D. Maddux, University of Nevada, Reno

BASIC AND ADVANCED COUNSELING SKILLS, International Edition provides a unique emphasis on skill assessment, helping students evaluate and improve their counseling techniques. Authors Marlowe Smaby and Cleborne Maddux use a framework of self-assessment tools and guided observations by experienced counselors-the Skilled Counselor Training Model-to encourage students to develop an accurate appraisal of their own skill levels. In addition, a DVD developed in conjunction with the text helps students connect classroom lessons to practical situations. BASIC AND ADVANCED COUNSELING SKILLS, International Edition offers students training on how to transfer counseling skills to actual counseling sessions, as well as how to promote positive outcomes with clients.

FEATURES
- BASIC AND ADVANCED COUNSELING is a unique counseling skills text offering a variety of assessment-focused scales for both faculty and students.
- BASIC AND ADVANCED COUNSELING features a guided training framework to help students develop a more accurate method for self-appraisal and skill development.
- BASIC AND ADVANCED COUNSELING offers a DVD developed in conjunction with the text to help connect classroom lessons to practical situations.

CONTENTS

© 2011, 304pp, Paperback, 9780840032492
Ideal for anyone embarking on or considering a career in the helping professions, BECOMING A HELPER, International Edition provides an overview of the stages of the helping process while teaching students the skills and knowledge they need to become successful helping professionals. Drawing on their years of experience, Corey and Corey focus on the struggles, anxieties, and uncertainties students often encounter on the road to becoming effective helpers. In addition, the text emphasizes self-reflection on a number of professional issues and challenges readers to examine their motives for choosing a helping career. Finally, the authors help students decide if a career in the helping professions is right for them by asking them to take a candid look at the demands and strains they’ll face in the helping professions.

NEW TO THIS EDITION

- Extensively updated throughout, the book includes current information on topics such as rehabilitation counseling and substance abuse counseling, conflicts in helping relationships, self-awareness, the helping process, narrative therapy, fieldwork experiences, and supervision.
- Important issues unique to the helping professions, such as transference, countertransference, recognizing competence, and learning to refer, are covered in more depth.
- The authors have extensively updated their coverage of diversity issues with new literature, a new section on social justice competencies, and a more complete discussion of understanding people with disabilities.
- The Sixth Edition offers an increased focus on the challenges of coping with stress and burnout, including new material on preventing burnout and staying healthy in one’s personal and professional life.
- Updated discussions of working with groups and working in the community have been added, including a concise discussion of key elements to consider in forming and conducting a group, as well as the various roles community workers need to assume if they are to make a difference in the larger picture. Additional focus is placed on crisis intervention strategies and the role of advocacy and social activism in community work.

FEATURES

- Students investigate their motives and aptitude for becoming helpers through self-assessments and inventories designed to encourage the self-reflection process as well as the authors’ discussions on the reality of what it is like to be a helper.
- The text provides basic information on practice, including information on skills, stages of helping, managing boundaries, and working with the community, and groups.
- The authors introduce students to professional issues, such as values in the helping professions, ethical issues, common concerns of helpers, stress and burnout, and how helpers can take care of themselves.
- Case examples and vignettes drawn from Corey and Corey’s experiences enliven the text and get readers personally involved, while the chapter reviews, focus questions, inventories and exercises help students to reflect on and apply the content of the chapter.
- The ETHICS IN ACTION CD-ROM (available for packaging with the text) contains 60 minutes of video vignettes in which students can role-play ethical situations and responses, listen to commentary from the authors, and participate in exercises that will help them explore topics and gain knowledge.

CONTENTS


© 2011, 696pp, Paperback, 9780495812777
Developing Your Identity as a Professional Counselor
Standards, Settings, and Specialties
Sylvia Nassar-McMillan, North Carolina State University; Spencer G. Niles, Pennsylvania State University

Authors Sylvia Nassar-McMillan and Spencer Niles have created an authoritative, current and practical text in Developing Your Identity as a Professional Counselor. Expert practitioners and educators from across the counseling profession guide students through the historical backdrop, contemporary professional standards and diverse practice settings in this comprehensive introduction to the counseling profession. Each Developing Your Identity as a Professional Counselor chapter includes a framework of learning objectives, thought questions and summary sections to help students draw out key concepts. The text also includes active learning exercises that tie the material from the text and classroom to professional applications. In addition, Developing Your Identity as a Professional Counselor offers “A Day in the Life” sections, providing students with real-world experiences from practitioners. These sections help students grasp the day-to-day challenges and successes in the field of professional counselors.

Features

- Every Joining the Counseling Profession chapter was written by expert practitioners and educators about their specializations, making the text authoritative, current and practical.
- The text includes “A Day in the Life” sections, providing students with an informative look into the work and experiences of contemporary practitioners.
- Each Joining the Counseling Profession chapter includes a framework of learning objectives, thought questions and summary sections to draw out key topics to students.

Joining the Counseling Profession provides “Active Learning Exercises” that help students tie the material from the text and classroom to professional applications.

Contents

INTRODUCTION TO COUNSELING, 8E
Voices from the Field
Jeffrey A. Kottler, California State University, Fullerton; David S. Shepard, California State University, Fullerton

INTRODUCTION TO COUNSELING: VOICES FROM THE FIELD, Eighth Edition, provides students with a comprehensive overview of the counseling profession while encouraging them to examine the day-to-day realities of being a counselor and their motivation for choosing the profession. Coverage includes information on what counseling is as well as its history, theoretical orientations, applications, and professional issues. As students become engaged in the process of learning and applying counseling concepts, they get an unparalleled look at what their professional futures may hold. “Voices from the Field” sections in each chapter offer further insight into the real challenges faced by experienced practitioners, as well as the ways in which those challenges were resolved. Videos, available at the book’s CourseMate website, bring topics to life. Non-HEOA Compliant

NEW TO THIS EDITION
• This edition includes the most recent information about new developments in the DSM-5, primarily in Chapter 8, “Assessment, Testing, and the Diagnostic Process.” The discussion includes how to use the DSM-5 as well as controversies surrounding it. It also presents case examples that demonstrate how to diagnose with the DSM-5 and that highlight the impact of what happens in the lives of individuals when it is revised.
• New material on attachment theory (Chapter 5, “Insight-Oriented Approaches”) and neuroscience (Chapter 12, “Addictions Counseling and Psychopharmacology”) gives students insight into these timely and increasingly important topics.
• Chapter 7, “Integrating Theory and Counseling Skills,” includes new and revised material on evidence-based practice, how to choose a theory, and the stages of counseling. Other significantly updated topics in the book include Internet counseling, Internet addiction, evidence-based practice in couples counseling, social justice advocacy, and ethical issues related to Internet counseling.

FEATURES
• Case examples, personal accounts, and practical applications illustrate the text concepts and give students a deeper understanding of the material.
• Experiential exercises at the end of each chapter provide students with hands-on activities that get them involved in learning about the counseling process.
• “The Future Is Now: New Issues in Counseling” sections highlight new directions in the field of counseling such as the use of the Internet and evidence-based practice.
• “Voices from the Field” sections offer unflinching accounts—including both the frustrations and the joys—of the realities of doing counseling, allowing students to gain a balanced understanding of professional practice.
• Readings include fiction, nonfiction, films, traditional counseling material, and social science literature and cover current information on treating addictions, Internet addictions, psychopharmacology, spiritual/transpersonal counseling, and ethics.

CONTENTS

© 2015, 560pp, Paperback, 9781285084763

INTRODUCTION TO COUNSELING, 7E
Voices from the Field, International Edition
Jeffrey A. Kottler, California State University, Fullerton; David S. Shepard, California State University, Fullerton

INTRODUCTION TO COUNSELING, International Edition provides students with a comprehensive overview of the counseling profession while encouraging them to examine the day-to-day realities of being a counselor and their motivation for choosing the profession. Coverage includes information on what counseling is, as well as its history, theoretical orientations, applications, and professional issues. As students become engaged in the process of learning and applying counseling concepts, they get an unparalleled look at what their professional futures may hold. In addition, “Voices from the Field” sections in each chapter offer further insight into the real challenges faced by experienced practitioners counselors, as well as the ways those challenges were resolved. A new set of videos available on DVD bring many of these topics to life.

NEW TO THIS EDITION

• REAL WORLD RELEVANCE. “Voices from the Field” are brought to life with a new DVD that features interviews with practitioners and students.
• The chapter on insight-oriented theories has been significantly expanded to include narrative and postmodern counseling.
• The chapter on Integrating Theory and Counseling Skills has a new section indicating which approaches are receiving research support for treating specific mental health disorders.
• The chapter on Career Counseling now includes a section we have called, Counseling in Economic Hard Times.

FEATURES

• PRACTICAL APPLICATIONS. Case examples, personal accounts, and practical applications illustrate the text concepts and give students a deeper understanding of the material.
• HANDS-ON EXERCISES. Experiential exercises at the end of each chapter provide students with hands-on learning activities that get them involved in learning about the counseling process.
• NEW DIRECTIONS. “The Future is Now: New Issues in Counseling” sections highlight new directions in the field of counseling such as the use of the Internet and evidence-based practice.
• COUNSELING IN ACTION. “Voices from the Field” sections offer unflinching accounts of the realities of doing counseling – including both the frustrations and the joys – for a balanced understanding of professional practice.
• RELEVANT READINGS. Readings include fiction, nonfiction, films, traditional counseling, and social science literature and cover current information on treating addictions, Internet addictions, psychopharmacology, spiritual/transpersonal counseling, and ethics.

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© 2011, 592pp, Paperback, 9780840033246
THE ELEMENTS OF COUNSELING, INTERNATIONAL EDITION, 7E
Scott T. Meier, State University of New York at Buffalo; Susan R. Davis

Widely known and appreciated for its simplicity, clarity, and brevity, THE ELEMENTS OF COUNSELING, International Edition provides a simple conceptual framework for thinking about counseling. Covering the basic elements of counseling in an abbreviated outline format, Meier and Davis use counselor/client dialog to introduce students to counseling skills and effectively demonstrate each necessary skill in a ‘real world’ setting. THE ELEMENTS OF COUNSELING, International Edition presents information that is essential both for beginning counselors to know, and for experienced counselors to remember. Meier and Davis address key topics including relationship building, the counseling process, self-exploration, and the foundations upon which further intervention is laid. Furthermore, the authors go back to basics by addressing what counseling is, as well as what it is not. The result is a handy primer that gives students the framework upon which to build their counseling knowledge.

NEW TO THIS EDITION

• Amplified coverage of outcome assessment includes both nomothetic (a general test suitable for all clients) and idiographic (an assessment created for a particular client) approaches.
• The all-new Therapy section in Chapter 6, “A Brief Introduction to Intervention,” brings the text completely up-to-date with discussions of several newer therapies, including Schema Therapy and Acceptance and Commitment Therapy.
• The authors have revised and improved the section on Narrative Therapy.
• Chapter 4, “Important Topics,” now includes timely sections regarding learning about grief and trauma. This content is designed to assist the many professionals in the field who are working with an increasing number of returning military and their families from the wars in Iraq and Afghanistan.

FEATURES

• This brief textbook, which introduces students to counseling theories in a concise overview format, is organized into two parts. Part One provides 43 practical guidelines for counseling, while Part Two includes information on the various counseling theories and modalities, such as group counseling or family counseling.
• THE ELEMENTS OF COUNSELING contains ready-to-use guidelines that outline important information and skills essential to the helping process.
• In addition to focusing on applicable theory, Meier and Davis also spend time on the pragmatic concerns of counseling, such as keeping up with research and documenting work.
• Client and therapist dialogues, found throughout the book, illustrate important points and enhance student understanding.
• Eye-catching reference sections direct students to further reading on topics covered in the textbook, and encourage them to explore the concepts in greater depth.

CONTENTS

1: Counseling Process. 2: Strategies To Assist Clients In Self-Exploration. 3: A Few Mistaken Assumptions. 4: Important Topics. 5: Counselor, Know Thyself. 6: A Brief Introduction to Intervention.

© 2011, 128pp, Paperback, 9780495904731
AN INTRODUCTION TO HUMAN SERVICES, 8E
With Cases and Applications (with CourseMate Printed Access Card)
Marianne R. Woodside, University of Tennessee, Knoxville; Tricia McClam, University of Tennessee, Knoxville

With website-based videos showing chapter concepts in real-world practice, the eighth edition of best-selling
AN INTRODUCTION TO HUMAN SERVICES offers a
uniquely practical and comprehensive introduction to
the human services profession. Drawing on the authors’
extensive experience as practitioners, educators, and
researchers, the text defines human services, reviews
the historical development of the field, provides a
practical overview of the profession, and emphasizes
the skills needed to succeed as a human services
practitioner. The book provides a solid grounding
in such fundamental concepts as serving the whole
person, using an interdisciplinary approach, interacting
with helper and client, preparing generalists, and
empowering clients. Every chapter includes detailed
case studies to highlight the practical applications
of key concepts and prepare students to effectively
address issues they are likely to encounter as helping
professionals. In addition, the videos-viewable online in
CourseMate, access to which is included with the text-
add compelling demonstrations by skilled professionals
to illustrate basic concepts. CourseMate also includes
an interactive eBook, the MindTap™ Reader.

NEW TO THIS EDITION
• Every chapter has been thoroughly revised and
updated to reflect the latest research, new ideas in
theory, leading innovations in practice, important
influences on human services, and new challenges
and special issues facing today’s practitioners. For
instance, there’s coverage of the Affordable Care
Act, technology (including related ethical issues),
the effects of the global economic recession on the
field, the international dimension of human services,
and changes in service delivery (e.g., online group
counseling, increased services to veterans).
• Sections on diversity (based on the 2010 Census
Reports), aging, counseling culturally different clients,
evidence-based practice, community-based services,
and psychopharmacology are updated.
• New sections discuss wraparound services as part of
community-based services, the changing workplace,
current issues facing the public health sector (i.e.,
natural disasters, obesity), the wellness/strengths-
based model, the feminist perspective and the nature
of power and authority, and motivational interviewing.
• Updated vignettes throughout the book reflect
current issues and human service practice. Readings,
questions, and references are also updated.

FEATURES
• Providing real-world illustrations for every chapter,
videos (viewable on CourseMate) demonstrate
chapter concepts in action. Segments vary from
vignettes about clients and helping strategies to
professionals and the challenges they encounter in
their work.
• Cutting-edge cases and applications illustrate key
ideas and provide a number of practical ways for
students to apply concepts and strategies introduced
in the text to real-world scenarios. Case studies
illustrate each human service delivery model, while
a special concluding case study integrates all three
models. In addition, the expansive human service
model includes a strengths perspective.
• An engaging and enjoyable read, this student-friendly
text delivers a comprehensive introduction to the
human services field and the essential skills students
need to succeed as working professionals. It accurately
documents the rapidly evolving environment in which
human services are delivered, covering such key topics
as shifting demographics, developing technologies,
and common day-to-day challenges students are likely
to face in their careers.
• Each chapter includes chapter objectives, multiple
detailed real-world case studies with focus questions, lists of key terms, a summary of important “Things to Remember,” and suggested readings for further information—all designed to make instruction more effective and facilitate student learning.

• The text’s international perspective provides valuable insight into today’s global environment. In-depth coverage of increasingly important diversity issues is also integrated throughout.

• Excerpts of primary source material offer a useful first-hand perspective as well as suggestions for additional information, making it simple to integrate other books, electronic materials, and media resources into course activities to match your students’ unique interests.

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© 2015, 336pp, Paperback, 9781285749921

AN INTRODUCTION TO HUMAN SERVICES, INTERNATIONAL EDITION, 7E

Marianne R. Woodside, University of Tennessee, Knoxville; Tricia McClam, University of Tennessee, Knoxville

With a new DVD showing chapter concepts in real-world practice, best-selling AN INTRODUCTION TO HUMAN SERVICES, International Edition delivers a uniquely practical and comprehensive introduction to the human service profession. Drawing on the authors’ extensive experience as practitioners, educators, and researchers, the text defines human services, reviews the historical development of the field, provides a practical overview of the profession, and emphasizes the skills needed to succeed as a human services practitioner. The text provides a solid grounding in such fundamental concepts as serving the whole person, using an interdisciplinary approach, interacting with helper and client, preparing generalists, and empowering clients. Every chapter includes detailed case studies to highlight the practical applications of key concepts and prepare students to effectively address issues they are likely to encounter as helping professionals. In addition, the new accompanying DVD adds compelling demonstrations by skilled professionals to illustrate basic concepts.

NEW TO THIS EDITION

• New! Providing real-world illustrations for every chapter, the new DVD demonstrates chapter concepts in action! Segments vary from vignettes about clients and helping strategies to professionals and the challenges they encounter in their work.

• New! Cutting-edge cases and applications provide a number of ways for students to apply concepts and strategies introduced in the text to real-world scenarios.

• New! End-of-chapter “Want to Know More?” features give students a variety of resources to further explore concepts and issues related to that chapter.

• New! A number of new features relate to service delivery: a section on evidence-based practice and how it influences human services practice, an expanded focus on the strengths-based perspective, emphasis on the importance of outreach, and new information about issues related to children, youth, military veterans, and families.

• New! Every chapter has been thoroughly revised and updated to reflect the latest research, new ideas in theory, and leading innovations in practice, important influences on human services, and new challenges and special issues facing today’s practitioners.

FEATURES

• An engaging and enjoyable read, this student-friendly text delivers a comprehensive introduction to the human services field and the essential skills students need to succeed as working professionals.

• Each chapter includes chapter objectives, multiple
detailed real-world case studies with focus questions, lists of key terms, a summary of important Things to Remember, and suggested readings for further information—all designed to make instruction more effective and facilitate student learning.

• Compelling real-world case studies in each chapter illustrate key concepts and provide a useful guide to practical considerations facing human service professionals today.

• Completely up to date, case studies illustrate each human service delivery model, while a special concluding case study integrates all three models. In addition, the expansive human service model includes a strengths perspective.

• Published simultaneously with the text and bundled with each copy of the Instructor’s Edition, the companion student workbook ACTIVITIES AND EXERCISES FOR AN INTRODUCTION TO HUMAN SERVICES helps students master course concepts through assignments and self-study exercises.

**CONTENTS**


© 2012, 320pp, Paperback, 9780840033734

**NEW EDITION!**

AN INTRODUCTION TO HUMAN SERVICES: WITH CASES AND APPLICATIONS (BOOK ONLY), 8E
With Cases and Applications
Marianne R. Woodside, University of Tennessee, Knoxville; Tricia McClam, University of Tennessee, Knoxville

With website-based videos showing chapter concepts in real-world practice, the eighth edition of best-selling AN INTRODUCTION TO HUMAN SERVICES offers a uniquely practical and comprehensive introduction to the human services profession. Drawing on the authors’ extensive experience as practitioners, educators, and researchers, the text defines human services, reviews the historical development of the field, provides a practical overview of the profession, and emphasizes the skills needed to succeed as a human services practitioner. The book provides a solid grounding in such fundamental concepts as serving the whole person, using an interdisciplinary approach, interacting with helper and client, preparing generalists, and empowering clients. Every chapter includes detailed case studies to highlight the practical applications of key concepts and prepare students to effectively address issues they are likely to encounter as helping professionals. In addition, the videos-viewable online in CourseMate, access to which is included with the text—add compelling demonstrations by skilled professionals to illustrate basic concepts. CourseMate also includes an interactive eBook, the MindTap™ Reader.

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Act, technology (including related ethical issues), the effects of the global economic recession on the field, the international dimension of human services, and changes in service delivery (e.g., online group counseling, increased services to veterans).

- Sections on diversity (based on the 2010 Census Reports), aging, counseling culturally different clients, evidence-based practice, community-based services, and psychopharmacology are updated.
- New sections discuss wraparound services as part of community-based services, the changing workplace, current issues facing the public health sector (i.e., natural disasters, obesity), the wellness/strengths-based model, the feminist perspective and the nature of power and authority, and motivational interviewing.
- Updated vignettes throughout the book reflect current issues and human service practice. Readings, questions, and references are also updated.

FEATURES

- Providing real-world illustrations for every chapter, videos (viewable on CourseMate) demonstrate chapter concepts in action. Segments vary from vignettes about clients and helping strategies to professionals and the challenges they encounter in their work.
- Cutting-edge cases and applications illustrate key ideas and provide a number of practical ways for students to apply concepts and strategies introduced in the text to real-world scenarios. Case studies illustrate each human service delivery model, while a special concluding case study integrates all three models. In addition, the expansive human service model includes a strengths perspective.
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- Each chapter includes chapter objectives, multiple detailed real-world case studies with focus questions, lists of key terms, a summary of important “Things to Remember,” and suggested readings for further information—all designed to make instruction more effective and facilitate student learning.
- The text’s international perspective provides valuable insight into today’s global environment. In-depth coverage of increasingly important diversity issues is also integrated throughout.
- Excerpts of primary source material offer a useful first-hand perspective as well as suggestions for additional information, making it simple to integrate other books, electronic materials, and media resources into course activities to match your students’ unique interests.

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NEW EDITION!

BROOKS/COLE EMPOWERMENT SERIES, 7E
Understand Generalist Practice (with CourseMate Printed Access Card)
Karen K. Kirst-Ashman, University of Wisconsin, Whitewater; Grafton H. Hull, University of Utah

Organized around the authors’ coherent and cohesive Generalist Intervention Model, this introductory guide to generalist social work practice gives students the knowledge and skills they need to work with individuals and families, as well as the foundation to work with groups, communities, and organizations. Updated to reflect current topics and practice, the
book focuses on micro levels of social work practice while also discussing the interrelationship between the micro, mezzo, and macro levels. Part of the BROOKS/COLE EMPOWERMENT SERIES, UNDERSTANDING GENERALIST PRACTICE, 7th Edition, clearly identifies content related to the latest Council on Social Work Education (CSWE) Educational Policy and Accreditation Standards (EPAS) with icons throughout the text. New learning objectives, which are correlated to chapter headings and summaries, guide students’ reading and reinforce their understanding.

NEW TO THIS EDITION

• New chapter-opening Learning Objectives, correlated to the main sections in each chapter, highlight key ideas and guide students’ reading. Chapter summaries are also organized by learning objective, reinforcing students’ understanding and retention.

• Updated throughout to reflect current topics and practice, this edition includes new or expanded material on the use of sensitivity and tact, the negotiator role (Ch. 2); the use of social groups such as Facebook, social networking, social media (Ch. 3); negotiation and mediation, grant writing (Ch. 4); the DSM-5 and potential problems with it, worker personal safety, dealing with resistance from groups, and Muslim Americans (Ch. 5).

• Chapter 7, “Implementation Applications,” incorporates additional and/or updated content on child maltreatment, including the behavioral and psychological reactions of physically abused children and types of emotional/psychological maltreatment; crisis intervention and disaster relief; and community empowerment of older adults. It also includes a commentary on family preservation.

• Chapter 11, “Values, Ethics, and the Resolution of Ethical Dilemmas,” elaborates on the six core values in the NASW Code of Ethics. It also includes additional content on personal versus professional values, confidentiality, and the appropriate use of e-mail and other social media.

• Chapter 12, “Culturally Competent Social Work Practice,” presents new and updated discussion of people with disabilities, working with immigrants, the status of women and women’s issues, as well as law enforcement and legislation concerning sexual assault, rape myths, sexual assault prevention programs, current services, and macro-level responses to the problem of sexual assault.

• This edition includes more examples of legal advocacy and advocacy activities, discussion of DOMA (Ch. 14); updates on case management (Ch. 15); additional information on progress notes, note-taking, process recording, writing letters concerning complaints, e-mail composition, and concerns about information and communication technologies; and new intake and release of information forms (Ch. 16).

FEATURES

• Icons in the text identify content related to the Educational Policy and Accreditation Standards (EPAS) competencies and practice behaviors outlined by the Council on Social Work Education. In addition, a correlation grid in the front of the book identifies chapters where explicit references to the standards and practices appear. “Competency Notes” at the end of each chapter explain how the standards relate to practice.

• Although much of the book’s content relates to micro-level skills and practice that form the basis for working with groups, organizations, and communities (e.g., relationship-building, interviewing, and problem-solving), the authors also emphasize how micro, mezzo, and macro skills can be interlinked—a key idea in most courses.

• The Generalist Intervention Model provides a step-by-step approach for implementing planned change. As a unifying framework, the model is intended to help students make sense of the breadth and depth of the social work profession.

• Boxed Highlights throughout each chapter summarize practical information related to the chapter content, or present mini-cases and examples that illustrate a topic under discussion. For instance, Highlights in Chapter 7 cover physical indicators of physical abuse, major concepts in crisis intervention, helping people cope with grief and loss, managed care and its effect on practice, and other topics. Highlights in Chapter 9 include case examples illustrating conflict between verbal and nonverbal communication, life within a blended family, and communication problems within a marriage.

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1. Introducing Generalist Practice: The Generalist Intervention Model. 2. Micro Practice Skills: Practice

© 2015, 696pp, Hardback, 9781285748023

BROOKS/COLE EMPOWERMENT SERIES: UNDERSTAND GENERALIST PRACTICE (BOOK ONLY), 7E
Karen K. Kirst-Ashman, University of Wisconsin, Whitewater; Grafton H. Hull, University of Utah

Organized around the authors’ coherent and cohesive Generalist Intervention Model, this introductory guide to generalist social work practice gives students the knowledge and skills they need to work with individuals and families, as well as the foundation to work with groups, communities, and organizations. Updated to reflect current topics and practice, the book focuses on micro levels of social work practice while also discussing the interrelationship between the micro, mezzo, and macro levels. Part of the BROOKS/COLE EMPOWERMENT SERIES, UNDERSTANDING GENERALIST PRACTICE, 7th Edition, clearly identifies content related to the latest Council on Social Work Education (CSWE) Educational Policy and Accreditation Standards (EPAS) with icons throughout the text. New learning objectives, which are correlated to chapter headings and summaries, guide students’ reading and reinforce their understanding.

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• New chapter-opening Learning Objectives, correlated to the main sections in each chapter, highlight key ideas and guide students’ reading. Chapter summaries are also organized by learning objective, reinforcing students’ understanding and retention.
• Updated throughout to reflect current topics and practice, this edition includes new or expanded material on the use of sensitivity and tact, the negotiator role (Ch. 2); the use of social groups such as Facebook, social networking, social media (Ch. 3); negotiation and mediation, grant writing (Ch. 4); the DSM-5 and potential problems with it, worker personal safety, dealing with resistance from groups, and Muslim Americans (Ch. 5).
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© 2015, 704pp, Hardback, 9781285748030

HUMAN SERVICES IN CONTEMPORARY AMERICA, 9E
William R. Burger, Kingsborough Community College of the City University of New York

Reflecting the latest policy and practice changes, HUMAN SERVICES IN CONTEMPORARY AMERICA, 9th Edition delivers a thorough examination of human services—providing students with an insightful, realistic portrayal of the field. Using a unique multidisciplinary approach, the book offers a complete overview of the helping field, its available programs, and the practical skills workers can employ. It also illustrates how recent governmental policy shifts affect the way human services professionals work. The text is renowned for the way it presents the history and practice of human services through the lens of a social problems and policy perspective. Throughout, the author helps readers understand how social, economic, and political issues affect human service workers as well as the people they serve. Practical and relevant to today’s students, the text is packed with captivating, real-life examples that highlight personal experiences as well as options available to legislators (such as national health care). It also offers insightful information on selected careers within the field, including training and licensing requirements.

NEW TO THIS EDITION

- Completely revised and updated, the Ninth Edition offers the most current coverage available. Special
attention is given to the policy and practice issues that have developed in the field over the last three years.

- New and updated topics include sustainable food distribution, substance abuse, HIV/AIDS research, and the 2012 presidential election and related policy issues.

- In addition, revised coverage of PTSD highlights the experiences of veterans returning from Iraq and Afghanistan.

- This edition incorporates new terminology in alignment with current practice (i.e., “developmental and intellectual disabilities” versus “mental retardation”).

FEATURES

- The text illustrates how current governmental policy shifts have affected the way human services professionals work, discusses what resources are available, and explains how organizations function—providing students with valuable insight.

- Current, comprehensive, and packed with real-world examples that bring chapter concepts to life, HUMAN SERVICES IN CONTEMPORARY AMERICA, 9th Edition thoroughly examines the skills necessary for effective human services work.

- Author Dr. William Burger explores the ways in which social programs have become the focus of intense political controversy, and examines the reasons why programs such as welfare are cited as the cause of societal problems rather than a solution for them.

- Outlines, case studies, dialogues, tables, and examples promote discussion and sharpen students’ capacity to think critically about various issues. They also give readers hands-on experience grappling with human services issues and dilemmas from real-world practice.

- First-person “Day in the Life” accounts of typical days in the lives of human services professionals give readers a feel for what it is really like working in the field.

- Discussions of multicultural awareness help students understand the importance of cultural considerations when working with various clients.

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© 2014, 384pp, Paperback, 9781285083667

THEORY, PRACTICE, AND TRENDS IN HUMAN SERVICES, 5E
An Introduction, International Edition
Edward S. Neukrug, Old Dominion University

Neukrug’s easy-to-understand text addresses critical topics in Human Services, thereby providing students with a comprehensive overview of the field. The book addresses the field’s history, theory, helping skills, and professional standards, as well as techniques for working in group counseling, family counseling, and community systems. Neukrug also addresses research, evaluation, assessment, normal and abnormal human development, career issues, and multicultural awareness, all of which figure prominently into the knowledge and skill base that informs the human services worker’s daily responsibilities. The book is further distinguished by its experiential emphasis, unique use of personal vignettes, and focus on the development of the helper.

NEW TO THIS EDITION

- This edition has greatly increased diversity coverage. Expanded from 1 chapter, Chapter 7, Diversity, Cultural Competence, and Social Justice covers information on cultural diversity in the United States and the World, the reasons we need culturally competent human service professionals, and the importance of social justice work while Chapter 8, Working with Diverse Clients, offers some statistics that demonstrate how demographics in the United States have been changing dramatically in addition to presenting models for the development of cultural competence.
and specific guidelines for working with a number of diverse clients.

- Based on the most current research, Chapter 1 has updated the characteristics that make an effective human services professional, in addition to updating information on the definition of the human service professional and various related mental health professions.

- Chapter 3: Theoretical Approaches to Human Service Work, was significantly rewritten. Besides defining counseling, psychotherapy, individual vs. systemic approaches, and theory, this chapter offers a quick look at twelve theories broken down into four conceptual approaches or schools: psychodynamic, existential-humanistic, cognitive-behavioral, and post-modern. The chapter also identifies some other, common, theoretical approaches and helps students understand what an integrative or eclectic approach is.

- A new Afterword discusses trends in jobs and earnings in the human services and whether or not your personality “fits” the human service profession. The Afterword identifies a number of items to consider when choosing a graduate program or finding a job and discusses important aspects of the application process when applying for jobs or for graduate schools. How to write good resume and the importance of a portfolio are discussed and specific resources are given to help emerging Human Services professionals find a job or a graduate program.

FEATURES

- This book is a comprehensive overview of the human service field that offers information on history, professional issues, theory, skills, case management, systems, human development, career issues, research, testing, multicultural issues, and future trends.

- Ethical vignettes at the end of each chapter allow students to contemplate and reflect upon the content covered in that chapter.

- The book offers an up-to-date examination of the stages of the helping relationship and discusses a number of areas involved with client case management. It also examines--in a variety of ways--the critical area of client confidentiality.

- Each chapter opens with a personal vignette, written by the author, in which he shares his perspective and thoughts about being a helper.

- A section entitled “The Developmentally Mature Human Service Worker” in every chapter helps readers assess their development.

- Assess your own development with the practical sections entitled “The Effective Human Services Professional,” which appear in every chapter.

CONTENTS


© 2013, 416pp, Paperback, 9781133371816
culture, and ethnic considerations. A new feature, “Thinking like a Clinician,” helps students to reflect on practice issues related to each chapter. This edition also contains the American Association for Marriage and Family Therapy Code of Ethics—a great reference that will help you understand the importance of ethical practices.

NEW TO THIS EDITION

- NEW This edition includes added information on clinical techniques to help students connect the theoretical overview to practice.
- NEW Chapters 11 and 12 were combined to help students better understand the foundations of Strategic and Systemic models.
- NEW New graphics illustrate the discussion of cybernetics/systems theory to help clarify concepts for students who are just learning about the material.
- NEW “Thinking Like a Clinician” features help student reflect on practice issues within each chapter.
- NEW Enhanced coverage in this edition includes additional information on children, gay and lesbian populations, and HIPAA.

FEATURES

- The Goldenbergs’ text is the complete resource for assisting students in mastering the many facets of family therapy. In the eighth edition, the Goldenbergs examine the history, development, training, research, and interventions of the field of family therapy and include a basic introduction to family systems theory and the family life cycle framework.
- The authors give attention to all theories, including therapies that have emerged from the current postmodern influence on family therapy and such evolving areas as psychoeducation and medical family therapy. In addition, the book’s expanded descriptions of object relations family therapy, medical family therapy, and the social constructionist therapies bring students up to speed on these emerging types of treatment. The authors now include more detailed coverage of training and supervision issues, and they revisit the impact of managed care on the changing practice of family therapy.
- The authors anticipate new directions in which the field is headed and discuss how the postmodern revolution in thinking—reflected in the arts and literature—as significantly influenced family therapy. Family strength and resiliency is greatly emphasized in this edition, in keeping with the trend in the field that families, with renewed courage, are supported by therapists in seeking successful but subjugated solutions from the past to apply to a current impasse.
- The book presents both qualitative and quantitative approaches to family research, providing students with balanced coverage.
- The text’s family life cycle outlook helps students tie family problems to life stages in intact and alternate family organizations.

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© 2013, 600pp, Paperback, 9780840028129

MASTERING COMPETENCIES IN MARRIAGE AND FAMILY THERAPY, 2E
Diane R. Gehart, California State University, Northridge

Now in its Second Edition, MASTERING COMPETENCIES IN FAMILY THERAPY: A PRACTICAL APPROACH TO THEORY AND CLINICAL CASE DOCUMENTATION,
International Edition is one of the first textbooks designed to teach the majority of skills and knowledge outlined in the American Association for Marriage and Family Therapy (AAMFT) Core Competencies. Using a light and inviting tone, author Diane R. Gehart engages students while providing a comprehensive five-step model for competent treatment. The model guides students in case conceptualization, clinical assessment (diagnosis) and case management, treatment planning, evaluation of progress, and documentation. The book also includes an introduction to the importance of theory and evidence-based practice in all five steps, and a set of useful clinical forms that can be applied in practice environments.

NEW TO THIS EDITION

• Practical, Significantly Expanded Diversity Sections: Diversity sections in each theory chapter now include applications of the theory with specific populations. Expanded discussions provide detailed suggestions, adaptations, and cautions for using a given theory with a specific population. Theory populations covered include African Americans, Hispanics/Latinos, Asian Americans, Native Americans/First Nation/Aboriginals, biracial/multiethnic individuals, gay men, lesbians, and transgendered youth. Each chapter also discusses ethnic/racial diversity and sexual identity diversity.

• New Organization: Based on feedback from instructors, the text has been reorganized to discuss theories before case documentation.

• New Chapters on Evidence-Based Treatments: A new chapter on evidence-based treatments with couples and families (Chapter 11) covers emotionally focused couples therapy and functional family therapy. In addition, the chapter on group approaches (Chapter 12) now focuses on evidence-based group treatments for couples and families.

• Internal Family Systems: The experiential chapter (Chapter 6) now includes a section on the internal family systems model of family therapy.

• Treatment Plan Templates: In addition, the treatment plan template has been revised to more directly infuse considerations of diversity. Each theory now includes treatment plan templates for use with individuals struggling with depression or anxiety, and a template for working with couples and families who are reporting relational conflict. These templates better enable therapists to develop thoughtful, theory-based treatment plans for their clients.

• Theory-Specific Case Conceptualization Templates: Each theory chapter now includes a theory-specific case conceptualization outline that students and therapists can use to develop case conceptualizations using a single theory.

• Revised Case Conceptualization Form: The cross-theoretical case conceptualization form has been revised to be more succinct and easier to use with individuals, couples, and families. In addition, attachment patterns are now included along with more prompts to help students more easily complete the assignment.

• Expanded Research Discussions: Chapter 2 and each of the theory chapters present an updated and expanded discussion of relevant research.

• Expanded Discussion of Law and Ethics: A significantly expanded discussion of legal and ethical issues in family therapy includes unique ethnic issues for couple and family work as well as a discussion of contemporary issues in the field.

FEATURES

• The book is designed to teach the majority of skills and knowledge outlined in the AAMFT Core Competencies (70 of the 128 competencies); an estimated 70% of these skills are likely to overlap with the forthcoming general counseling ACA/CACREP competencies.

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© 2014, 688pp, Paperback, 9781285175256
A model for successful integration of multiple points of view, James R. Bitter’s THEORY AND PRACTICE OF FAMILY THERAPY AND COUNSELING, 2E, International Edition supports the development of personal, professional, and ethical family practice. The text’s concrete, empirically based approaches, as well as diagnostics and visual tools, allow students to observe others in groups. Updated to reflect recent research and current practice, the Second Edition also includes a new chapter on Object Relations Family Therapy. Case studies, sample dialogues, and exercises help students apply the concepts they have learned.

NEW TO THIS EDITION

• An expanded Chapter 1 now discusses the history of the field as well as the influence of broader systems on family systems.
• This edition features a new chapter on Object Relations Family Therapy.
• To better align with the typical chronological order in which theories are presented in class, the chapter on Adlerian Therapy has been moved ahead of the chapter that addresses Multigenerational Family Therapy (based on the theories of Murray Bowen).
• This edition presents additional discussion of the work of Virginia Satir, the work of Jean McLendon, and the material in two new books by John Banmen.
• The chapters on Structural Family Therapy and Strategic Family Therapy have been revised to reflect new texts and research published in the past year.
• The chapter on Narrative Therapy now includes additional discussion of female contributors, and the chapter on Feminist Therapy has been thoroughly revised to reflect the latest research.
• The chapter on Parenting includes new material from Total Transformation, a new audio/video training program on parenting, as well as material from Cheryl McNeil’s work on parent coaching.
• The chapter on Integration now introduces core competencies and offers updated discussion of case conceptualization and family assessment.

FEATURES

• THEORY AND PRACTICE OF FAMILY COUNSELING AND THERAPY, International Edition embraces multiple perspectives and provides a comprehensive discussion of contemporary family theories and practices, including human validation process and symbolic-experiential models.
• Bitter encourages students’ personal growth and development as family therapists with a warm, inviting writing style and numerous self-reflection and active-learning exercises.

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© 2014, 576pp, Paperback, 9781133312543
The fourth edition of INTERVIEWING IN ACTION IN A MULTICULTURAL WORLD, International Edition provides students with the clinical wisdom and hands-on practice to fully develop their clinical interviewing skills. Authors Bianca Cody Murphy and Carolyn Dillon have expanded many sections of INTERVIEWING IN ACTION IN A MULTICULTURAL WORLD, International Edition, including coverage of global issues, multiculturalism and spirituality. The updated text also features new practice examples to prepare students for a variety of practice settings, such as working with rural clients, immigrant clients and older clients. It can be used as a guidebook for students who want to promote change through the client-clinician relationship. INTERVIEWING IN ACTION IN A MULTICULTURAL WORLD, International Edition is an integrated teaching/learning package, complete with an easy-to-read text, DVD, instructor’s manual and companion website. The DVD offers video clips of real-life clinicians discussing key skills, and the companion website includes student self-exploration activities, essay questions and web links. The instructor’s manual also provides suggestions on numerous classroom and homework activities that bring the materials alive. INTERVIEWING IN ACTION IN A MULTICULTURAL WORLD, International Edition has been praised nationwide by instructors in the helping profession. It is a practical, accessible text that prepares students for careers in the human services field.
Research is often an intimidating topic in a counselor training program. This text helps to alleviate students’ concerns while helping them learn what they need to know. It presents the most essential components of research and illustrates them with meaningful examples, enabling students to master each component. Recognizing that the profession of counseling has entered the age of accountability, Erford developed RESEARCH AND EVALUATION IN COUNSELING to help educate counselors and future counselors about research and evaluation procedures so that their treatment of clients can be more effective and efficient. Organized into three topical sections, the second edition addresses the curricular requirements of the Council for Accreditation of Counseling and Related Educational Programs (CACREP), providing the latest information on research, statistics, and evaluation procedures.

NEW TO THIS EDITION

- The second edition has been thoroughly updated to include the most recent information about relevant research topics, and streamlined to provide a better fit for a one-semester course.
- The computerized statistical analysis chapter uses the most recent version of SPSS® (20.0), but melds easily with counselors who use Excel®, R stat®, and SAS®.
- A new Chapter 8 on action research and single-subject research provides the latest information on how counselors can demonstrate the effectiveness of outcomes on a client-by-client basis.
- All multivariate statistical analysis procedures are summarized and combined in a brand new Chapter 19.
- Additional counseling-related examples facilitate students’ understanding of the material.
- Coverage of such important topics as social justice, ethics, and multicultural/diversity implications and applications has been enhanced.
- A comprehensive Instructor’s Manual (with a Test Bank) is available with the text.

FEATURES

- This text provides essential information about research and evaluation, with examples, cases, and margin notes to help students grasp the concepts presented.
- Section I provides important foundational issues and information about research, including the philosophies behind approaches to inquiry, basic concepts, ethical and legal implications, counseling outcome research, characteristics of research studies, and an introduction to the process of locating, reviewing, and writing research.
- Section II explores methodological issues about which counselors should be aware to consume or conduct effective research. It introduces essential approaches, designs, and data analysis procedures in qualitative and quantitative research methodology, including single-subject research designs (SSRD) that are useful in documenting client progress for clinical accountability, and action research useful in evaluating ongoing program initiatives. It also reviews how to develop, implement, and analyze needs assessments and program evaluation procedures leading to documentation of accountability.

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Part I: FOUNDATIONAL ISSUES IN COUNSELING
RESEARCH AND EVALUATION. 5. Qualitative

© 2015, 504pp, Hardback, 9781285454894

STATISTICS FOR EVIDENCE-BASED PRACTICE AND EVALUATION, INTERNATIONAL EDITION, 3E
Allen Rubin, University of Texas, Austin

Rubin’s STATISTICS FOR EVIDENCE-BASED PRACTICE AND EVALUATION, 3E, International Edition has a proven ability to reach students and get them excited about—and see the relevance of—a course they often find intimidating. Presented in an authoritative yet humorous style, this text—designed specifically for statistics and evaluation courses in the helping professions—features cases, exercises, and many examples to bring the topic of statistics alive for student readers.

NEW TO THIS EDITION
• Chapter 8, titled “Types of Distributions,” now gives more attention to distributions that are not normal.
• More content was added on calculating Cohen’s d, including a new figure (with an illustration) in Chapter 13.
• More content was added to Chapter 14 regarding how to present t-Test results, including a lengthy illustration of t-Test results from a recently published study by the author.
• All SPSS material was updated to conform to the current version of SPSS.
• New appendices were added on conceptual overviews of Multilevel Modeling (also known as HLM) and of Structural Equation Modeling (SEM).
• The sections in the Appendix on conceptual overviews of additional multivariate procedures were made into separate appendices, with one appendix each on discriminant analysis, factor analysis, logistic regression, path analysis, and event history analysis (survival analysis).
• A separate workbook was developed to accompany the text.
• The discussion of effect sizes in Chapter 13 was expanded to cover odds ratios for dichotomous data, such as in logistic regression analysis.

FEATURES
• Practical examples provide students with the opportunity to see how and when data analysis and statistics are used in practice, with a clear and thorough description of evidence-based practice for social work students.
• “Selecting an Appropriate Significance Test,” a useful chart that appears on the text’s endpapers, provides students with a quick and easy method to determine which test should be selected for the problem.

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© 2013, 368pp, Paperback, 9781133309390

SCHOOL COUNSELING

EXPLORING SCHOOL COUNSELING, 2E
Tamara E. Davis, Marymount University

Emphasizing an action-oriented approach, this text concentrates on the practical aspects of school counseling by focusing on the roles of the counselor. Each chapter includes an excerpt from the author or a contributor that relates a personal experience in a school setting. These first- and second-hand accounts throughout the text support the theory, practice, and skills for school counseling and illustrate the many roles and responsibilities counselors assume in schools. EXPLORING SCHOOL COUNSELING, 2nd Edition features a greater emphasis on CACREP standards as well as the ASCA National Model and School Counselor Competencies.

NEW TO THIS EDITION

• CACREP standards have been integrated throughout the text to assure compliance for CACREP-accredited programs.
• An increased number of school counselors “tell their story,” helping readers to see school counseling in action.
• Critical thinking and student self-reflection prompts throughout the text encourage readers to apply and evaluate what they have read.
• The important role of ethical practice has been expanded and is now covered in two chapters: Chapter 2, “The School Counselor as Ethical Practitioner: Responsibilities to Students,” and Chapter 3, “The School Counselor as Ethical Practitioner: Responsibilities to Others, Self, and the Profession.”
• The Second Edition features eight counselors who offer their perspectives throughout the text in Personal Reflections, Professional Perspective, and Professional Practice boxes. My Story boxes illuminate the author’s experiences.
• A new section on cyberbullying reflects counselor responsibilities in prevention and intervention activities.
• An updated chapter on accountability presents the process of collecting, analyzing, and reporting outcomes of school counseling practices and programs.
• An updated chapter on the school counselor’s leadership role includes relevant research and ideas for being a leader for systemic change.

FEATURES

• Each chapter includes excerpts from the author or a contributor that relate a personal experience in a school setting.
CONTENTS

© 2015, 368pp, Paperback, 9781285736167

MENTAL HEALTH INTERVENTIONS FOR SCHOOL COUNSELORS
Christopher A. Sink, Seattle Pacific University

Effective prevention and intervention are more critical than ever. Providing a collaborative “how to” guide for both preventive and intervention-oriented counseling in school settings, MENTAL HEALTH INTERVENTIONS FOR SCHOOLS delivers up-to-the-minute coverage of the most common mental health or psychosocial/emotional issues and disorders facing schoolchildren and youth—issues that can negatively impact their learning and long-term educational development. This exciting new first edition features the work of some of the most highly regarded counselor educators in the field. Each chapter provides a solid overview of a mental health concern and then focuses on school- and research-based actions that are preventive and intervention oriented as well as proven effective in school settings. Packed with relevant examples, MENTAL HEALTH INTERVENTIONS FOR SCHOOLS offers the most current, comprehensive, and well-researched coverage available.

FEATURES
• Bringing together insights and expertise from some of the most highly respected educators in the field, MENTAL HEALTH INTERVENTIONS FOR SCHOOLS delivers cutting-edge coverage of key concepts in preventive and intervention-oriented counseling. Each contributing counselor educator is widely published in his or her area of expertise and draws from extensive experience in the practice setting.
• Chapters begin with a case example that engages students in a realistic illustration of an issue that they could face when they are counselors, helping them immediately apply chapter concepts to real-world scenarios.
• Reflecting the latest developments from the field, this exciting first edition is focused on effective, research-based interventions and packed with practical examples.
• End-of-chapter “Additional Resources” sections provide a bibliography of helpful sources to encourage students to go more in depth and explore on their own the critical concepts and techniques presented in the text.

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Forward. 1. Attention Deficit Hyperactivity Disorder, Linda Webb (Florida Atlantic University). 2. Externalizing Behavior Disorders: Supporting Students with Aggression and Violent Tendencies, Kerry B. Bernes (University of Lethbridge, Alberta, Canada), Jennifer I. Bernes (Registered Psychologist), and Angela D. Bardick (Registered Psychologist). 3. Internalizing Behavior Disorders; Supporting Students with Depression, Anxiety, and Self-injurious Behavior, Christopher Sink (Seattle Pacific University). 4. Eating Disorders, Obesity, and Body Image Concerns, Angela D. Bardick (Registered

© 2011, 208pp, Paperback, 9780618754588

SCHOOL BASED GROUP COUNSELING, INTERNATIONAL EDITION
Christopher A. Sink, Seattle Pacific University; Cher Edwards, Seattle Pacific University; Christie Eppler, Seattle University

Specifically focused on the school counseling profession, the cutting-edge new SCHOOL BASED GROUP COUNSELING, International Edition delivers a professional, comprehensive, and well-balanced group counseling text for K-12 preservice school counselors. Combining theory, research, case studies, real-world examples, and plenty of hands-on material, this exciting new First Edition walks preservice school counselors step by step through the development, planning, implementation, and evaluation of small groups in school counseling. Written by professionals in the field, it offers thorough discussions of K-12 case studies and group examples from practicing school counselors. It also provides an excellent context for group work through a discussion of the pertinent theories and key research. The authors use the lens of real-world, school-based practice, strengths-based counseling, systems thinking, developmental psychology, and ASCA’s National Model.

FEATURES
• Unlike generic texts geared toward a mix of counseling subspecialties, this cutting-edge First Edition is written specifically for students entering or already working in the school counseling profession.
• Extremely relevant, SCHOOL BASED GROUP COUNSELING is packed with illustrative practical case studies and vignettes that bring chapter concepts to life.
• Practicing school counselors contributed most of the material presented in the text, giving it an insightful real-world perspective.
• The essential group counseling function is thoroughly explained within the context of comprehensive school counseling programs and the ACSA national model.
• The text also addresses counseling groups with students who are at risk for school failure.
• Comprehensive coverage includes all phases of small group work—developing, planning, implementation, and evaluation.

CONTENTS

© 2012, 336pp, Paperback, 9781111830939
Preparing readers for real-world practice, THE TRANSFORMED SCHOOL COUNSELOR, International Edition teaches students to effectively use theories, data-driven decision making, leadership, advocacy, and consultation to improve their clients’ scholastic achievement and foster social justice. Thoroughly integrating the ASCA National Model throughout, the text provides an excellent overview of how the school counseling profession has transformed to successfully meet the needs of 21st-century students. It challenges pre-service counselors to view their sphere of influence from a systemic perspective and develop an awareness of the major societal and educational changes impacting the school counselor, including economy, technology, family structures, standards-based education, and diversity. The cutting-edge Second Edition also includes an all-new chapter on working with special needs students and expanded coverage of diversity. Completely current, it is packed with new case studies, additional “Voices From the Field”, the latest data available, and real-world illustrations. In addition, a host of expanded instructor’s ancillaries helps maximize course planning and success.

NEW TO THIS EDITION

• Completely up to date, the exciting new Second Edition of THE TRANSFORMED SCHOOL COUNSELOR, 2e is packed with cutting-edge examples and illustrations. It also incorporates the CACREP 2009 standards, the ASCA School Counselor Competencies, and the revised ASCA National Standards.
• New case studies clearly illustrate chapter concepts, while new Voices From the Field provide opinions and insights from leading experts.
• The newly expanded Diversity Chapter includes more coverage on cultural competence.
• An all-new chapter offers comprehensive coverage of the unique strategies and issues involved with working with special needs students.
• Providing the ultimate flexibility, a more robust set of instructor’s ancillaries helps instructors maximize classroom planning and course success! In addition, these helpful resources enable those new to a “transformed” text seamlessly transition from a more traditional book into a Transformed School Counselor.

FEATURES

• Extremely relevant to today’s school populations, THE TRANSFORMED SCHOOL COUNSELOR devotes an entire chapter to student diversity, including issues related to gender, sexual orientation, ethnicity and culture, socio-economic status, and ability and disability.
• Giving readers a chance to apply chapter concepts to real-world dilemmas, a school-based scenario in every chapter asks students to consider contemporary issues, such as closing the achievement gap and bullying. The chapter concludes with a response to this scenario by a practicing school counselor—enabling students to compare their solutions to the practices of professionals in the field.
• Comprehensive coverage includes using counseling, consultation, and the coordination of services to impact the climate and culture of a school; advocating a social justice agenda and promoting equitable access to quality education; and implementing accountable school counseling programs.
• The text also illustrates how to use technology to efficiently and effectively expand the delivery of services and communication.

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© 2012, 528pp, Paperback, 9780840034069

**SKILLS, TECHNIQUES, & PROCESS**

**BECOMING A HELPER, INTERNATIONAL EDITION, 6E**

Marianne Schneider Corey; Gerald Corey, California State University, Fullerton (Emeritus)

Ideal for anyone embarking on or considering a career in the helping professions, BECOMING A HELPER, International Edition provides an overview of the stages of the helping process while teaching students the skills and knowledge they need to become successful helping professionals. Drawing on their years of experience, Corey and Corey focus on the struggles, anxieties, and uncertainties students often encounter on the road to becoming effective helpers. In addition, the text emphasizes self-reflection on a number of professional issues and challenges readers to examine their motives for choosing a helping career. Finally, the authors help students decide if a career in the helping professions is right for them by asking them to take a candid look at the demands and strains they’ll face in the helping professions.

**NEW TO THIS EDITION**

- Extensively updated throughout, the book includes current information on topics such as rehabilitation counseling and substance abuse counseling, conflicts in helping relationships, self-awareness, the helping process, narrative therapy, fieldwork experiences, and supervision.
- Important issues unique to the helping professions, such as transference, countertransference, recognizing competence, and learning to refer, are covered in more depth.
- The authors have extensively updated their coverage of diversity issues with new literature, a new section on social justice competencies, and a more complete discussion of understanding people with disabilities.
- The Sixth Edition offers an increased focus on the challenges of coping with stress and burnout, including new material on preventing burnout and staying healthy in one’s personal and professional life.
- Updated discussions of working with groups and working in the community have been added, including a concise discussion of key elements to consider in forming and conducting a group, as well as the various roles community workers need to assume if they are to make a difference in the larger picture. Additional focus is placed on crisis intervention strategies and the role of advocacy and social activism in community work.

**FEATURES**

- Students investigate their motives and aptitude for becoming helpers through self-assessments and inventories designed to encourage the self-reflection process as well as the authors’ discussions on the reality of what it is like to be a helper.
- The text provides basic information on practice, including information on skills, stages of helping, managing boundaries, and working with the community, and groups.
- The authors introduce students to professional issues, such as values in the helping professions, ethical issues, common concerns of helpers, stress and burnout, and how helpers can take care of themselves.
- Case examples and vignettes drawn from Corey and Corey’s experiences enliven the text and get readers personally involved, while the chapter reviews, focus questions, inventories and exercises help students to reflect on and apply the content of the chapter.
- The ETHICS IN ACTION CD-ROM (available for packaging with the text) contains 60 minutes of video vignettes in which students can role-play ethical
situations and responses, listen to commentary from the authors, and participate in exercises that will help them explore topics and gain knowledge.

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References. Name Index. Subject Index.

© 2011, 696pp, Paperback, 9780495812777

BEHAVIOR MODIFICATION, 5E
Principles and Procedures, International Edition
Raymond G. Miltenberger, University of South Florida, Tampa Bay

This text uses the principles of behavior modification to teach the procedures of behavior modification, illustrating them with key case studies and examples. Its precise, step-by-step approach includes practical information on the technologies used to measure and record behavior changes. The book also provides numerous opportunities for students to practice, including practice tests, application and misapplication exercises, and three quizzes at the end of every chapter.

NEW TO THIS EDITION

• This edition has been updated throughout with recent references.
• Quizzes have been placed at the end of the book on color-tabbed and perforated pages so that they can easily be removed, completed, and submitted.
• Chapter 2 includes a new discussion of social validity and use of technology in data collection. In addition, it now uses the more accepted term "interobserver agreement" instead of "interobserver reliability," and discusses two more methods for conducting IOA (occurrence only and nonoccurrence only).

• Chapter 3 includes a new discussion of recent publications that describe the use of Excel® for graphing, information on variations of the ABAB reversal design, and new coverage of nonconcurrent multiple baseline across subjects design.
• Chapter 4 includes a new discussion of motivating operations (MO) as an update for the term establishing operation (EO). Chapter 16 also discusses MO, expanding on that chapter's discussion of EO.
• Chapter 10 now presents a discussion of prompting and fading for use in autism.
• Chapter 11 includes a brief new section on video modeling, and Chapter 12 has a brief new section on in situ assessment.
• Chapter 14 includes new coverage and examples of how Ext is applied to positive versus negative reinforcement.
• Chapter 15 now covers reinforcer assessment procedures.
• Chapter 16 added discussion of the role of AOs.

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© 2012, 672pp, Paperback, 9781111306120
Okun and Suyemoto's book addresses theory and skills for continuing beyond the first few sessions with a client, thus helping students take the “next step” from a basic understanding of interviewing skills to a conceptualization of the counseling process.

CONCEPTUALIZATION AND TREATMENT PLANNING FOR EFFECTIVE HELPING teaches students how to integrate the many pieces of the helping process (e.g., theoretical orientation, the person of the therapist, the person of the client, the contexts that affect the clients, the therapy relationship, the context of the therapy, the skills and resources available, etc.) into a conceptualization that will foster efficacy in creating positive change.

FEATURES

• Experiential exercises appear throughout the text, fostering a deeper knowledge acquisition with an active reading model.
• The case of a client, Nancy, begins in Chapter 1 and recurs throughout the text to illustrate the progression through assessment, conceptualization, intervention, re-conceptualization, and termination.
• Many additional case examples were added in both the text and exercises in order to illustrate how clients vary and to examine the interaction of contextual, personal, and relational variables that affect conceptualization and treatment planning.
• “Appendix A: A Brief Review and Application of Established Theories” and “Appendix B: Exploring Your Experiences with Culture, Power, and Privilege” will be helpful in reminding trainees and consolidating previous learning.

CONTENTS


© 2013, 288pp, Hardback, 9781133314059
individuals and families challenged by a number of risk factors. These vignettes include enough detail and commentary to show students how to apply principles to practice.

- Video vignettes, filmed with the author and in conjunction with the Nova Scotia Health Research Fund, provide students with a view into the practice of counseling that they cannot get from a text alone.
- Research boxes in each chapter highlight studies of interest to students.
- Reflection and practice exercises help instructors develop classroom exercises and assist students with self-study.
- Case documents (such as process recordings, assessment tools, and intake forms) familiarize students with real-world processes and paperwork.

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© 2011, 360pp, Paperback, 9780840032317
disciplines; using supervision and consultation appropriately; engaging in career-long learning; advocating for change; and understanding the nature of professional relationships.

- NEW Chapters 7 through 15 include a new modified problem-based case that helps readers apply chapter concepts to a real-world situation.
- NEW Chapter 11 now contains a discussion of assessing readiness to change using social cognitive theory.
- NEW Chapter 13 includes a new discussion of ways to monitor the client-practitioner relationship and progress on goals.

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© 2013, 368pp, Paperback, 9781133371762

DYNAMICS AND SKILLS OF GROUP COUNSELING, INTERNATIONAL EDITION
Shulman, State University of New York, Buffalo

Drawing from the author’s vast experience as teacher, researcher, and practitioner, Lawrence Shulman’s DYNAMICS AND SKILLS OF GROUP COUNSELING, International Edition equips students in the helping professions with a solid introduction to methods for effective group counseling. Guided by theory, empirical research, years of teaching experience, his own group practice, and the wisdom of colleagues, Shulman’s text brings concepts to life with vivid cases that include “Record of Service” reports and dialogue from actual groups. These illustrative examples connect theory to current practice and address the day-to-day realities of leading counseling groups. Extremely practical, the book presents students with a clear format on how to run a group built around four phases of work: the preliminary (preparatory) phase; the beginning (contracting) phase; the middle (work) phase; and the ending and transition phase. Recognizing the broad applications of these methods, the latter part of the text shows how these lessons can be applied to a wide range of settings. Reflecting the latest research and practices, DYNAMICS AND SKILLS OF GROUP COUNSELING, International Edition delivers an insightful, authoritative, and comprehensive introduction to the field.

FEATURES

- This exciting first edition is written by an author who thoroughly knows his material—and his audience. Widely respected for his accomplishments in the classroom, in research, and in real-world practice, Dr. Lawrence Shulman is a social work practitioner educator with more than 40 years of experience. His extensive research includes the core helping skills in
social work practice, supervision, and child welfare and school violence.

• Extremely reader friendly, DYNAMICS AND SKILLS OF GROUP COUNSELING presents topics in a logical framework based on the phases of group work: the preliminary phase or preparatory phase, the beginning or contracting phase, the middle or work phase, and the ending and transition phase.

• Part I: “The Core Dynamics and Skills of Group Counseling” uses vivid case examples to illustrate how the model is applied to practice in realistic group sessions—giving readers an up-close, insiders’ view of the real-world application of chapter concepts.

• Reflecting the latest trends in the field, Part II focuses on the implementation of the model to the numerous areas where group work is most often applied, including substance abuse settings, schools, marital and family settings, community mental health settings, job and career settings, and medical and rehabilitation settings.

• Driving home key topics for students, “Practice Points” and “Practice Summary” icons call attention to the author’s insights about the dynamics of the group during case examples.

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© 2011, 688pp, Paperback, 9780495808732

NEW EDITION!

EFFECTIVE HELPING, 8E
Interviewing and Counseling Techniques
Barbara F. Okun, Northeastern University and Clinical Instructor, Harvard Medical School; Ricki E. Kantrowitz, Westfield State College

Barbara Okun and Ricki Kantrowitz’s practical introduction to counseling has helped thousands of readers become effective and empathic helpers. Logical, easy-to-understand, and applicable, EFFECTIVE HELPING: INTERVIEWING AND COUNSELING TECHNIQUES, Eighth Edition, continues to use a unique framework to help readers enhance their self-awareness and their understanding of contemporary forces. The book is infused with many case examples, dialogues, tables, and experiential exercises. The authors help readers develop basic helping skills based on empathic responsive listening, introduce them to theoretical principles, and enable them to effectively integrate theory and practice in a way that is appropriate to their level of training. The learning-by-practice format promotes the active integration of the skills that will prepare students for the realities of what it’s like to be a helper.

NEW TO THIS EDITION

• Many exercises and case examples have been expanded to reflect the zeitgeist of the times, particularly with respect to the diversity of populations served and the range of issues helpers face.
Chapter 1 includes new material on emerging populations (e.g., immigrants and refugees, the elderly, military families, returning veterans, individuals with chronic illness, and victims of natural disasters and terrorism). It also discusses changes in healthcare delivery, considers integrative health care and helping approaches, and recognizes issues such as financial stress and the struggling economy.

Chapter 2, “The Helping Relationship,” discusses the impact of personal and cultural values on helpers, and introduces concepts and controversies related to evidence-based treatments.

Chapter 3, “Communication Skills,” includes a discussion of the use of self-disclosure and redirecting as well as additional examples of cultural diversity and the development of helper self-awareness.

Chapter 6, “Current Theoretical Perspectives,” now includes coverage of approaches such as Motivational Interviewing, Dialectical Behavior Therapy, and Acceptance and Commitment Therapy.

Other new topics include information on mindfulness, spirituality, and cultural responsiveness in the discussion of the application of strategies (Ch. 7); and maturational/developmental crises and traumatic stress (Ch. 9). There's also expanded coverage of sexism, heterosexism, and classism, job discrimination, diverse paths of aging, and ethical issues (Ch. 10).

FEATURES

• The book helps readers to understand what happens in and what constitutes effective helping. The authors' three-dimensional approach includes relationship/rapport-building and strategy application; communication skills; and issues (values and cognitive topics).

• Okun and Kantrowitz help students enhance their self awareness and become better helpers through examples, case vignettes, client-helper dialogues, and experiential exercises that apply to actual counseling and interviewing situations.

• Throughout the book, the authors explore traditional and more recent helping theories and a wide range of topics and issues as well as their ramifications for helpers, such as working with reluctant and resistant clients, ethical considerations, being effective in crisis situations, and becoming aware of personal values. Coverage of socio-cultural, political, and economic issues of the 21st century and their impact on human service delivery and human development is also included.

• The two chapters on theory serve as a reference for beginning students as well as those who have already taken a counseling theories course. The theories include major traditional models as well as contemporary post-modern models.

CONTENTS


Jeanne M. Slattery, Clarion University of Pennsylvania; Crystal L. Park, University of Connecticut

Authors Jeanne Slattery and Crystal Park weave together vivid case examples, thought-provoking questions, the latest research, and clear ties to clinical practice in this effective counseling text. EMPATHIC COUNSELING: MEANING, CONTEXT, ETHICS, AND SKILL, International Edition asserts that every successful therapeutic relationship is built on a foundation of empathy. The authors provide students with a framework for developing solid empathic counseling techniques that include understanding context and
skills for assessment. The text features case examples in each chapter, providing opportunities for students to reflect on challenging situations. Exercises at the end of each chapter help students to apply what they have learned to their own experiences and professional life. EMPATHIC COUNSELING: MEANING, CONTEXT, ETHICS, AND SKILL, International Edition is a valuable tool for any course on multicultural competence, interviewing, or introduction to the helping professions with a focus on empathic counseling.

FEATURES

• EMPATHIC COUNSELING: MEANING, CONTEXT, ETHICS, AND SKILL provides vivid case examples that encourage students to connect self-evaluations and text lessons to challenging situations.
• The text features “Where Are We Going” boxes at the beginning of each chapter, providing an introductory guide to key questions answered in the chapter.
• EMPATHIC COUNSELING: MEANING, CONTEXT, ETHICS, AND SKILL challenges students to relate lessons from the text to their own life, adding an extra dimension of relevance to situations that they may not have experienced directly.
• EMPATHIC COUNSELING: MEANING, CONTEXT, ETHICS, AND SKILL features “Food for Thought” boxes that follow up on important ideas with additional questions or activities, as well as “Clinical Practice” boxes that include important case issues that affect professional practice.

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© 2011, 368pp, Paperback, 9780840033512

ESSENTIAL INTERVIEWING, 8E
A Programmed Approach to Effective Communication, International Edition
David R. Evans, University of Western Ontario; Margaret T. Hearn, University of Western Ontario; Max R. Uhlemann, University of Victoria; Allen E. Ivey, Distinguished Professor Emeritus, University of Massachusetts, Amherst

With an emphasis on the three major stages of interviewing: exploration, clarification and action, ESSENTIAL INTERVIEWING, International Edition offers students the same programmed-learning model of interviewing that has successfully trained countless members of the helping professions for nearly 30 years. Based on Ivey’s systematic method of interviewer, counselor, and therapist training, as well as Hearn’s programmed-learning model, the text makes interview skills clear and specific. The authors give students the tools they need to conduct successful interviews with diverse clients in a variety of professional settings, including social work, counseling, nursing, personnel work, and human services.

NEW TO THIS EDITION

• Expanded coverage of ethics in Chapter 1 helps to ground students in the most current standards of ethical practice.
• Activity Units at the end of every chapter provide students with more demonstrations of working with
multicultural clients.

- Chapter 3 addresses the use of asking questions to assist in clarification of client issues and problems.
- Based on reviewer feedback, the examples in the text have been broadened so students throughout the helping professions will find the examples more relevant to their practice goals.

FEATURES

- Readers actively participate in clients' stories through engaging narratives. The book presents three possible responses to a client's statement or question, one of which is more appropriate than the others to give students practice developing effective reactions to common situations.
- Review Questions in each chapter are given after the teaching frame/interview segments. If readers get three or more answers wrong in this review section, they are encouraged to work through the chapter again. New frames and new questions have been added to this edition.
- Activity Units, including practice interview checklists and “Points to Remember” sections, appear in each chapter. These elements illustrate the programmed-learning structure of the text.

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© 2011, 352pp, Paperback, 9780840034724
counseling, crisis counseling, and coaching.
• All-new practice exercises are added to each chapter as well as specifics on how to utilize the interactive DVD and additional supplements to help students develop a deeper understanding of text material.
• New content addresses such critical topics as psychoeducational skills, increased emphasis advocacy, social justice, and updated information on Internet counseling.
• The five-stage structure of the interview is now reframed as relationship-story and strengths-goals-restory-action.

FEATURER
• ESSENTIALS OF INTENTIONAL INTERVIEWING’s multicultural focus gives students the insight they need not only to draw out client stories, but also to understand the importance of the thoughts, feelings, and behaviors in those stories.
• The active voice and accessible, modular style of the text enable students to quickly engage with the material regardless of the order in which the material is taught.
• The Iveys’ signature Microskills model allows students to quickly develop beginning competence in four approaches to the interview: decisional counseling, person-centered, cognitive behavioral assertiveness training, and brief solution-focused counseling.
• The text encourages—and helps—students define their natural style of helping and their integration of helping skills in order to evaluate their own interviewing behaviors and effectiveness with clients.

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© 2012, 400pp, Paperback, 9780840034571

HELPING PROCESS
Assessment to Termination
Tricia McClam, University of Tennessee, Knoxville; Marianne R. Woodside, University of Tennessee, Knoxville

Integrating a unique conceptual- and skills-based approach, HELPING PROCESS: ASSESSMENT TO TERMINATION presents the methodology of the helping process as it is practiced in the human service field. The strong applied approach of this "worktext" includes an innovative content chapter/skill chapter format. Skills/techniques are introduced in an overview chapter, which is followed by a chapter that provides case examples and worksheets enabling students to put what they learn into practice. Five chapters focus on the application of skills necessary for assessing, intake interviewing, planning, building a case file, implementing, and terminating work with clients. HELPING PROCESS is thoroughly grounded in strength-based helping. Featuring a multicultural emphasis throughout, it details the helping process using quotes, in-depth case studies, vignettes, and examples from front-line service providers such as counselors, case managers, and social workers to illustrate and reinforce key concepts.

FEATURES
• Written by proven authors who are seasoned professors and practitioners, this unique “worktext” captures the complexity and flexibility of the helping
process from assessment to termination and follow-up.

- Reflecting the latest practices from the field, the text is grounded in a strengths-based approach to helping. This model is integrated throughout the helping process and marks a redirection from problems, pathologies, and liabilities to an emphasis on strengths, resources, coping, possibilities, and resilience.

- HELPING PROCESS is comprised of both content chapters and skills-practice chapters. A content chapter provides an overview of skills and techniques, introducing students to the skills and their role in the helping process. A skills-practice section follows each content chapter, giving students hands-on experience putting newly learned skills into practice. These chapters provide students opportunities to develop their skills in assessing, intake interviewing, planning, building a case file, implementing, and terminating clients. They also include exercises for self-reflection.

- An emphasis on encouraging client participation in the process, reviewing cases, and documenting and report writing appears throughout all chapters.

- Case studies that illustrate human service practice provide students with the ability to see theory in real-world practice.

- HELPING PROCESS is packed with quotes from service providers, vignettes, and examples that reflect today's multicultural reality. A sensitivity to and understanding of this reality dramatically increases the effectiveness of helping professionals. This multicultural emphasis includes ethnic and racial diversity as well as gender, age, cognitive abilities, and sexual orientation. Examples and cases reflect real-world practice, enabling students to understand the complexities of helping.

- Issues covered “In More Depth”—such as intake interviewing children—allow students to grasp and retain material effectively.

- Chapter Objectives help readers focus their reading and study. Key terms, Chapter Summaries, Chapter Reviews, and Questions for Discussion serve as learning guides for students.

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© 2012, 256pp, Paperback, 9781111298432

INTENTIONAL INTERVIEWING AND COUNSELING, 8E
Allen E. Ivey, Distinguished Professor Emeritus, University of Massachusetts, Amherst; Mary Bradford Ivey; Carlos P. Zalaquett, University of South Florida

Over 450 data-based studies and years of field testing attest to the effectiveness of the Microskills model in INTENTIONAL INTERVIEWING AND COUNSELING: FACILITATING CLIENT DEVELOPMENT IN A MULTICULTURAL SOCIETY, International Edition. This hallmark text enables students of many backgrounds to master basic skills in a step-by-step fashion, thereby rapidly empowering them to use listening and influencing skills as they conduct full interviews. Along the way, students are challenged to re-evaluate their current behaviors and perceptions. As a result, they gain valuable insight about themselves, their strengths, and the areas where they can develop further. By the time they finish reading the text, students will have the ability to adapt their skills to address both individual and multicultural uniqueness, conduct interviews using five different theoretical approaches, and be well on their way to developing a personalized style and theory of interviewing and counseling that matches their own aptitudes and affinities.

NEW TO THIS EDITION

- A new chapter on self-disclosure and feedback (Chapter 12) provides increased coverage of these two
skills, with special attention paid to their relationship to empathic understanding and immediacy.

- The book has been revised throughout to reflect recent research findings and developments in the field. For instance, stress management and cognitive-behavioral therapy (CBT) are more central in this edition. There's also increased integration of cutting edge neuroscience with counseling skills.
- New topics include crisis intervention, using microskills in supervision, intake, trauma, bullying, obesity, stress management, mindfulness, social justice, and termination.
- Empathy and empathic communication are now centerpieces for the Microskills framework, and are associated with each and every skill.
- Several chapters (Chapter 9 on confrontation, Chapter 10 on focusing, and Chapter 13 on logical consequences, psychoeducation, and directives) are completely rewritten to incorporate current research and practice, and to further promote student understanding.
- Chapter 15, which explores applications of microskills to counseling theories, now covers crisis counseling and counseling/coaching.
- Self-actualization, intentionality, and resilience are clarified as goals for the interview. A new section focuses on client outcomes that counselors like to see as a result of the interview.
- Five new interview example transcripts with process comments illustrate how skills actually work in an interview.
- CourseMate, the book's website, has been updated with new video demonstrations. The many case studies and interactive video-based exercises provide important practice and further information that help students build competence.

FEATURES

- INTENTIONAL INTERVIEWING AND COUNSELING: FACILITATING CLIENT DEVELOPMENT IN A MULTICULTURAL SOCIETY, 8th Edition, with its Microskills model, is the most thoroughly researched and classroom-tested counseling skills text available. In this edition, every chapter has been reviewed to further enhance clarity and relevance, and to integrate updated research findings.

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© 2014, 504pp, Paperback, 9781285175423
INTERPERSONAL PROCESS IN THERAPY, 6E
An Integrative Model, International Edition
Edward Teyber, California State University, San Bernardino

Strongly focused on the therapist-client relationship, INTERPERSONAL PROCESS IN THERAPY: AN INTEGRATIVE MODEL, International Edition integrates cognitive-behavioral, family systems, and psychodynamic theories. Newly revised and edited, this highly engaging and readable text features an increased emphasis on the integrative approach to counseling, in which the counselor brings together the interpersonal/relational elements from various theoretical approaches, and provides clear guidelines for using the therapeutic relationship to effect change. The author helps alleviate beginning therapists' concerns about making "mistakes", teaches therapists how to work with their own countertransference issues, and empowers new therapists to be themselves in their counseling relationships. Featuring new case examples and dialogues, updated references and research, clinical vignettes, and sample therapist-client dialogues, this contemporary text helps bring the reader "in the room" with the therapist, and illustrates the interpersonal process in a clinically authentic and compelling manner.

NEW TO THIS EDITION
• Teyber's enhanced coverage of research-based cognitive-behavioral therapy includes more information regarding brief treatment applications and new links to time-limited therapy and other treatment modalities.
• Featuring new case examples and dialogues, updated references and research, and improved descriptive headings to help students pick out important “takeaways" from the text, this newly revised and edited book and has been streamlined to eliminate redundancy.
• The Sixth Edition includes new material on the supervision process and stage models of professional development for counselors-in-training, plus the new HIPAA standards as related to mental health clinicians.
• A revised workbook, which can accompany the text, encourages students to apply what they have learned in the book to actual cases they have met in their practicum. New exercises encourage the students to make the most of their supervision.

FEATURES
• The book specific intervention guidelines for leveraging the therapist-client relationship to effect change to help alleviate beginning therapists' concerns about making mistakes.
• Students will find programmatic guidelines for writing case conceptualizations/treatment plans and process notes within the interpersonal process framework.
• Contemporary case studies develop multicultural awareness and continually demonstrate how cultural context influences case conceptualization and treatment planning.
• The book offers in-depth coverage of the role of attachment throughout the lifespan and attachment-related affects (such as shame) in clients' presentation of symptoms and problems.

CONTENTS
PART I: AN INTERPERSONAL PROCESS APPROACH.

APPENDICES: A. Process Notes. B. Case Formulation Guidelines. BIBLIOGRAPHY. NAME INDEX. SUBJECT INDEX.

© 2011, 512pp, Paperback, 9780495804208
INTERVIEWING AND CHANGE STRATEGIES FOR HELPERS, INTERNATIONAL EDITION, 7E
Sherry Cormier, West Virginia University, Department of Counseling Psychology; Paula S. Nurius, University of Washington, School of Social Work; Cynthia J. Osborn, Kent State University, Counseling and Human Development Services

Fully updated and streamlined to be used more easily within the parameters of several quarters or a given semester, INTERVIEWING AND CHANGE STRATEGIES FOR HELPERS, 7E, International Edition offers your students an introduction to the knowledge, skills, values, and tools needed by today’s professional helpers. The authors’ conceptual foundation reflects four critical areas for helpers: core skills and attributes, effectiveness and evidence-based practice, diversity issues and ecological models, and critical commitments and ethical practice, using an interdisciplinary approach that reflects the authors’ extensive experience in the fields of counseling, psychology, social work, and health and human services. The text skillfully combines evidence-based interviewing skills and cognitive-behavioral intervention change strategies, thus preparing readers to work with clients representing a wide range of ages, cultural backgrounds, and challenges in living.

NEW TO THIS EDITION

• Acknowledging use of the book within a semester or two quarter framework, the authors streamlined this edition, retaining the same organizing structure and skill-building components that adopters and readers have long valued, while integrating and distilling content to provide an up-to-date compendium of interviewing and change practices applicable across a range of settings and clienteles.

• Throughout, the authors have aimed to build on recent clinical evidence, and to point to emerging developments relevant to instruction in clinical services.

• In this edition the authors increased the book’s longstanding commitment to working with diverse groups. This includes further attention to working with youth, older adults, and sexual minorities, in addition to diversity implications related to gender, race/ethnicity, culture, religion, and disability. The authors have also aimed to strengthen attention to the importance of context and the frequent role of environmental sources of stress and injustices.

• The authors draw from integrative therapies such as Dialectical Behavior Therapy, an evidence-based practice that the authors draw from throughout the chapters.

• New Chapter 1, “Building Your Foundation as a Helper,” showcases the symbolism of the chambered nautilus featured on the cover of the book, and introduces readers to the practice nexus featured on the inside cover of the book. In the first half of the chapter, the first component of the practice nexus is discussed. Specifically, three core skills and attributes (self-awareness and self-reflection, mindfulness, and self-care and self-compassion) are presented and discussed as a means of promoting helper stamina and resilience. In the second half of the chapter, the second component of the practice nexus, effectiveness, is highlighted. It is in this section that extensive discussion is devoted to evidence-based practice (EBP). This discussion includes criticisms of EBP as well as recent efforts to adapt EBP to culturally diverse populations. A listing of culturally adaptive interventions to EBP is provided, along with examples of such adaptation.

• The third and fourth components of the practice nexus are addressed in Chapter 2: critical commitments (including ethical practice) and diversity issues. Here, the authors discuss four critical commitments professional helpers are encouraged to make to grow into clinical competence: commitment to lifelong learning, commitment to collaboration, commitment to values-based practice, and commitment to beneficence. The section on diversity issues includes prominent as well as newer frameworks for working with culturally diverse populations, such as the more idiosyncratic focus on the intersection of multiple...
identities recently proposed by feminist multicultural scholars. The ethical issues section includes newer content on confidentiality and referral practices, and a new section devoted to out-of-session client communication and deliberate and inadvertent therapist self-disclosure (e.g., use of social networking sites).

- Throughout Chapter 2, there is an expanded and sharper focus on issues impacting lesbian, gay, bisexual, and transgender persons (LGBT) persons, persons with disabilities, and older persons.
- In Chapter 3, consideration of the therapeutic relationship has been expanded to include the ever expanding empirical basis for various relationship conditions toward increasing effectiveness. This empirical basis also includes various adaptations that facilitate therapeutic outcomes via the helping relationship. New additions to this chapter also include emerging evidence on the neuroscience of empathy, cultural empathy, therapeutic presence and helper mindfulness, and the working alliance. Nonverbal aspects of facilitative conditions of empathy, positive regard, and congruence or genuineness are also described now in Chapter 3. Finally, this chapter has a brand new section on validation via Dialectical Behavior Therapy and the levels of validation and their relationship to empathy.
- Chapter 4’s discussion of the importance of listening now includes listening to client nonverbal behavior as well as listening to client stories and dimensions of culture. This chapter also features a new section on Distractions and Distractabilities which describes the importance of listening to yourself as a clinician and the role of clinician mindfulness during a helping session. Finally, this chapter includes new material on the sequencing of listening responses within a helping interview.
- Chapter 5, “Influencing Responses,” has been re-organized around a discussion of the potential effects of influencing responses in the helping interview. A new section describes the possible sequencing of influencing responses within a helping interview. There is also expanded coverage of empirical support, ethical issues, cultural considerations, and caveats for the influencing responses and processes in helping.

**CONTENTS**

1. Building Your Foundation as a Helper.  
2. Critical Commitments: Diversity Issues and Ethical Practice for Helpers.  
3. Ingredients of an Effective Helping Relationship.  
4. Listening.  
5. Influencing Responses.  
6. Assessing and Conceptualizing Client Problems, Concerns, and Contexts.  
7. Conducting an Interview Assessment With Clients.  
8. Constructing, Contextualizing, and Evaluating Treatment Goals.  
12. Self-Calming Approaches to Stress Management: Breathing, Muscle Relaxation, and Mindfulness Meditation.  

© 2013, 640pp, Paperback, 9781133354840

**INTERVIEWING FOR SOLUTIONS, INTERNATIONAL EDITION, 4E**  
*Peter De Jong, Calvin College; Insoo Kim Berg*

Peter DeJong and Insoo Kim Berg’s INTERVIEWING FOR SOLUTIONS, 4E, International Edition features a proven, solutions-oriented approach to basic interviewing that views clients as competent, helps them to visualize the changes they want, and builds on what they are already doing that works. Throughout the book, the authors present models for solution-focused work, illustrated by examples and supported by research. This edition features multimedia resources
such as an instructional DVD with integrated exercises, Social Work CourseMate (an online solution with integrated eBook, quizzes, flashcards, and more), and PracticeStudio (an online video upload and grading program), all of which are available for packaging with the text. These unique supplementary materials include demonstration interviews, instructional ideas, class (or workshop) exercises, exercises for practice outside of class, sample test items, tools for solution building with clients, and more.

NEW TO THIS EDITION

• NEW References and content have been updated to reflect the latest research, skills, and terminology.
• NEW Chapter 3 features a significant reorganization based on emerging communications research on therapy conversations. Skills have been re-conceptualized and re-ordered to better represent those used in solution-building conversations. The chapter also includes a new section on solution-building as a “collaborative conversation” that draws on new findings and writings based on microanalysis of therapy conversations, as well as a new discussion of the concept of “grounding” that clarifies how new understandings (including elements of solutions) are created in dialogue between practitioners and clients.
• NEW Chapter 6 now includes a section on the “miracle scale.”
• Chapter 11 includes new content such as a brief addition on early process research at BFTC; an expanded and updated section on more recent (controlled) research about outcomes of solution-focused interviewing; and direction to a Web site offering a research manual for solution focused brief therapy.
• Chapter 12 offers updated and expanded content and references on the usefulness of solution-focused interviewing for diversity sensitive and competent practice.
• Chapter 13 includes new sources and links to sites on solution-focused practice in groups and organizations, as well as a revised section on case documentation and links to sites with examples of solution-focused case documentation.
• Chapter 14 addresses new program applications of using solution-focused practices in rehabilitative health care, supervision, and organizational practice.
• Chapter 15 includes added discussion and references to microanalysis research in the field of communications analysis, which clarifies empirically how questions work in dialogue to create new meanings between clients and practitioners that lead to solutions for clients. To offer theoretical conclusions about how solutions get built between practitioners and clients, this chapter also now returns to the revised communication skills and the concept of “grounding” introduced in Chapter 3 and illustrated in dialogues throughout the book.

FEATURES

• The instructional DVD with “Guided Exercises” invites the learner into recorded interviews through a set of pre-programmed stops and requests for their interviewing questions and responses. Learners must listen, absorb client perceptions and language, and formulate responses and next questions “in the moment,” much as they would in actual interviews. The book is completely cross-referenced to identify specific clips where given skills and types of solution-focused conversations may be found.
• The text presents a step-by-step description of how to build solutions with clients collaboratively, helping students to see how to apply the skills when working with clients.

CONTENTS


© 2013, 464pp, Paperback, 9781111838553
THE SKILLED Helper
A Client-Centred Approach, EMEA Edition
Gerard Egan, Professor Emeritus, Loyola University of Chicago

Now adapted for the Europe, Middle East and African market, Gerard Egan's The Skilled Helper: A Client-Centred Approach teaches students a proven step-by-step counselling process to enable them to become confident and competent helpers. Internationally recognised for its emphasis on the collaborative nature of the therapist-client relationship and the vital importance of a client-centred approach, the text offers a practical three-stage model which drives client problem-managing and opportunity-developing action. The book integrates the most relevant aspects of different theoretical orientations (humanistic, cognitive, cognitive-behavioural, and solution-focused) into a pragmatic approach to helping.

NEW TO THIS EDITION

• Internationalisation of clients' problems, scenarios, and cultural contexts to include poignant and relevant examples and cases, particularly from South Africa and the UK.
• Streamlined structure which still fully reflects and follows Egan's practical three stage model.
• Expanded coverage on helping clients tell their stories, and how to tackle client resistance.
• Fresh new text design retains student focus and helps aid learning.

FEATURES

• Strong focus on “positive psychology” which includes guidance on how to turn problems into opportunities, an emphasis on hope and optimism, and a self-healing approach to client-helper collaboration.
• Egan's practical three-stage model clearly outlines the nature and goals of effective helping and the values which drive it.
• Emphasises the collaborative nature of the client-helper relationship, including vivid examples that show helping skills in action in a vast array of possible relationships and settings.

CONTENTS

1. Successful Helping - An Introduction
2. The Helping Relationship
3. Empathic Presence and Responding - Building a Mutual Understanding
4. The Art of Probing and Summarising
5. Facilitating Client Self-Challenge: From New Perspectives to New Behaviour
6. Helper Self-Challenge and Overcoming Client Resistance
7. An Introduction to Problem Solving and Problem-Management Process
8. Stage I: Helping Clients Explore Their Concerns and Tell Their Stories
9. Stage II: Helping Clients Design Problem-Managing Outcomes and Set Goals
10. Stage III: Planning the Way Forward
11. How to Implement and Make it all Happen
12. Counselling Skills Exercises
13. Extract from a Counselling Conversation

© 2014, 512pp, Paperback, 9781408093788

THE SKILLED Helper, 10E
Gerard Egan, Professor Emeritus, Loyola University of Chicago

Now in its tenth edition, Egan's THE SKILLED HELPER has taught thousands of students a proven, step-by-step counseling process that teaches them how to become more confident and competent helpers. Internationally recognized for its successful problem-management and opportunity development approach to effective helping, the text emphasizes the collaborative nature of the therapist-client relationship and uses a practical, three-stage model that drives client problem-managing and opportunity-developing action. As they read, students also gain a feeling for the complexity inherent
in any helping relationship. In this tenth edition, Egan now makes use of his version of the "common factors" approach, which gives new meaning and vitality to the book's themes, as well as to the use of the problem-management model to organize and give coherence to those themes.

NEW TO THIS EDITION

• The tenth edition’s new approach revolves around Egan’s version of the “common factors” approach, which he calls the “ingredients of successful therapy.” These themes are explained in the totally redone first chapter and then permeate the rest of the book.
• In order to reflect the adjustments to the book’s new approach, the book has been extensively reorganized and restructured, and most chapters have been rewritten for clarity and cohesion. Part I deals with the new approach, the importance of the helping relationship, and the values that drive the entire helping process. Part II focuses exclusively on the communication skills therapists need to engage in a collaborative outcome-focused dialogue with clients. Part III deals in detail with the problem-management and opportunity-development approach.
• Egan’s new approach underscores the importance of the client-directed, outcome-informed (CDOI) movement in the helping professions. Thus, the book has a heightened emphasis on clients and all that they bring with them to the therapeutic encounter, as well as the importance of “keeping the client in the driver’s seat” throughout the helping process.
• Egan’s version of what he refers to as the Standard Problem Management Model—which is found directly or indirectly in practically every form of therapy—now organizes all the skills, methods, and themes of successful helping.
• Egan has heightened the book’s focus on two-way feedback between client and helper, thus emphasizing the importance of feedback as one of the key ingredients of successful therapy.
• Effective decision making (and its shadow side) in therapy is now presented as one of the key ingredients of successful therapy. The role of decision making at the heart of problem management and opportunity development is explicated.
• The problem-management process is presented as a valid treatment approach in itself. It is now presented, broadly speaking, as an experience-cognitive-behavioral-emotive approach to therapy and a tool of psychotherapy integration.
• The essential uncertainties associated with human behavior are named, and Egan shows that these require helping approaches that are both rigorous and flexible. Both client-focused rigor and client-focused flexibility in the use of models, methods, and skills permeate the book.
• The book further promotes the concept of “personal culture” and names the beliefs-values-norms-ethics-morality package that underlies culture as one of the key ingredients of successful therapy. Diversity in all its forms takes precedence over any particular form of diversity, such as multicultural diversity. The personal culture of each individual client includes his or her incorporation and expression of ethnic and cultural themes together with all the other forms of diversity in his or her makeup. An N=1 research approach to evaluation of therapy provides rigor and respects the personal culture of each client.
• The clinical use of research findings demonstrates that therapists do not have to choose between evidence-based practice and practice-based evidence. The problem-management process is used as a “browser” to find therapeutic methods that help clients manage problem situations more effectively.

CONTENTS


© 2014, 480pp, Paperback, 9781285065786
THEORY AND TREATMENT PLANNING IN COUNSELING AND PSYCHOTHERAPY, INTERNATIONAL EDITION
Diane R. Gehart, California State University, Northridge

One of the first books in the field of counseling to use a competency-based approach for teaching counseling and psychotherapy theories, Gehart’s text has been developed to teach the skills and knowledge outlined in the CACREP 2009 Standards. More specifically, the text introduces counseling and psychotherapy theories using theory-informed case conceptualization as well as treatment planning. The book’s assignments empower students to apply theoretical concepts and develop real-world skills as early as possible in their training, resulting in greater mastery of the material.

FEATURES
• To provide readers with a thorough understanding of theory and practice, Gehart covers traditional counseling theories as well as newer, evidenced-based treatments and practices. Rather than presenting theories in the traditional historical fashion, theories are introduced from a practical perspective, emphasizing current applications and treatment planning.
• Assessments with scoring rubrics, integrated within the text, allow faculty to easily measure students’ mastery of required competencies and learning outcomes. These rubrics define expectations for content and quality, thus helping students have a clear sense of what is required of them.
• Gehart’s warm, collegial writing style draws students into the topic at hand and helps them see how it relates to them personally.

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© 2013, 432pp, Paperback, 9781133371793

SPECIAL TOPICS

CAREER COUNSELING AND DEVELOPMENT IN A GLOBAL ECONOMY, INTERNATIONAL EDITION, 2E
Patricia Andersen, Midwestern State University; Michael Vandehey, Midwestern State University

Accessible, practical, and succinct, CAREER COUNSELING AND DEVELOPMENT IN A GLOBAL ECONOMY, International Edition thoroughly prepares students for career counseling in today’s marketplace. Maximizing student success, the text supports learning and understanding through its unique “Career Diamond” pedagogical model that helps students synthesize and
apply career counseling theories. Cutting-edge case studies demonstrate the use of techniques and the application of theory. The new edition includes updated research, new coverage of the economic crisis, and an all-new Chapter 17 “Professional Issues: Ethics and Research”. The text also offers thorough coverage of special populations—such as clients in the welfare-to-work program—and the impact of the global economy. Offering comprehensive coverage in a concise format, this popular text remains extremely student friendly with an emphasis on process.

NEW TO THIS EDITION

• Reflecting the latest practices and developments from the field, the exciting new Second Edition of CAREER COUNSELING AND DEVELOPMENT IN A GLOBAL ECONOMY is packed with new examples, up-to-date research, and cutting-edge coverage of key issues.

• Completely updated coverage of the economic crisis makes text material extremely relevant to what students see happening all around them—and perhaps even in their own lives.

• Insightful discussions of “The Great Recession” shed light on the enormous impact of the economic downturn to clients.

• Developmental neurological research is now included in the high school chapter, thoroughly explaining why adolescents think differently than adults.

• A unique discussion on spirituality in chapter 16 demonstrates how some adults bring deeper meaning to life changes, including career transitions.

• An all-new Chapter 17 covers the professional issues of ethics and research, emphasizing real issues straight from the field.

• Concepts from Blustein’s psychology of working are integrated throughout.

FEATURES

• A thorough assessment chapter describes how to integrate test results into a client’s exploratory process.

• Experiential exercises in every chapter give students experience applying text concepts to real-world scenarios and putting their counseling skills into action.

• Theories of developmental psychology support career education programs.

CONTENTS


© 2012, 400pp, Paperback, 9780840034601

CLINICAL SUPERVISION

Theory and Practice

Lori Ann Russell-Chapin Ph.D, Bradley University; Ted Chapin, Ph.D.

CLINICAL SUPERVISION: THEORY AND PRACTICE is a comprehensive text on the theoretical and practical aspects of supervision. While the authors offer thorough coverage of supervision models and theory, ethics and supervision trends, they also include numerous self-assessment exercises at the end of each chapter, case studies and other applied activities. An optional companion DVD which uses 10 different cases to demonstrate various approaches to supervising helping professionals is available for use with this text.

FEATURES

• CLINICAL SUPERVISION: THEORY AND PRACTICE can be used as a “standalone text” because it deftly blends theory and practice.

• The authors explore the various models of supervision and offer practical self-assessment exercises at the end of each chapter. They cover current research on every chapter topic and each chapter section closes
with questions for reflection.

- **CLINICAL SUPERVISION: THEORY AND PRACTICE** comes with a DVD featuring case studies that demonstrate each of the five supervision models and one group supervision session. The Five Practice Case Presentations illustrate “best-fit” supervision models.

- **CLINICAL SUPERVISION: THEORY AND PRACTICE** addresses contemporary issues and concerns with chapters on ethics, future supervision trends, blocks to successful supervision, and the importance of understanding diversity.

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© 2012, 256pp, Paperback, 9780495009153

A perfect companion to **GENERALIST CASE MANAGEMENT WORKBOOK, 4E**

**GENERALIST CASE MANAGEMENT WORKBOOK, 4E**

Marianne R. Woodside, University of Tennessee, Knoxville; Tricia McClam, University of Tennessee, Knoxville

A perfect companion to **GENERALIST CASE MANAGEMENT**, 4th by Woodside & McClam, this book-and Web-based learning package uses reality-based exercises to show students first hand what case managers actually do on a day-to-day basis. Students participate in key parts of the case-management process, including making assessments, arranging services from other agencies, providing advocacy services, and allocating scarce resources.

**NEW TO THIS EDITION**

- The content will change to reflect the changing climate of human services. The quotes will be updated and many of the cases will be changed. New context will be introduced - such as Veterans, Homeless, Updated Elderly issues, etc. The forms will be updated.

**FEATURES**

- This book includes self-assessment tools, client-based vignettes, agency profiles, practitioner-based vignettes, and creative problem solving tasks that help promote critical thinking, application, and skill development.
- Case management writing exercises give students the time to synthesize, integrate, and apply knowledge, thus giving them confidence in their ability to work effectively with clients.
- Web-based learning activities allow students' responses to be reviewed by the instructor or class peers, or used as part of their portfolio documentation.
- Web-based learning activities are fully integrated into the text and encourage the use of technology paralleling their use in case management agencies today.
- This package supports skills-based learning about the case management process

**CONTENTS**


© 2014, 224pp, Paperback, 9781285173238
This practical text equips students with the fundamental information and skills needed to be effective case managers, covering such central issues as the responsibilities of case managers, the skills needed for effective case management, and the context in which case management occurs. To ensure that the book offers the most current and accurate information, the authors interviewed human service case managers nationwide about their jobs, their skills, the challenges they face, and the clients they serve. These interviews, combined with the most current research and numerous case studies, make GENERALIST CASE MANAGEMENT: A METHOD OF HUMAN SERVICE DELIVERY, International Edition, the most realistic and relevant text available.

NEW TO THIS EDITION

• This edition reflects the current state of case management, with updated references and examples, a focus on strengths-based case management, a review of technological advances, and an emphasis on collaboration that embraces family, friends, and clients as case managers.
• A stronger emphasis on diversity in its broadest sense—ethnic, religious, gender, and lifestyle—pervades the text, reinforcing today’s need to consider each case management encounter as multicultural. Guidelines on topics ranging from a culturally sensitive medical examination to considerations of culture when taking a social history provide ways that case managers may assume a multicultural stance in each case management encounter.
• Expanding the voice of the case manager in the text, each chapter now includes a “Thriving and Surviving as a Case Manager” section. In-depth quotes about issues and challenges faced by case managers interviewed in 2012 give students a realistic picture of the day-to-day work.
• Ethical and legal perspectives now appear earlier in the text (in Chapter 4 instead of in Chapter 10), reflecting these topics’ importance in case management.
• Each chapter now includes a “Deepening Your Knowledge” case study with questions, designed to help students apply concepts to practice. In Chapters 8 and 10 the case study is embedded into the whole of the chapter, providing a continuous integration of content and practice.
• Further supporting the book’s real-world perspective, a new “Voices from the Field” feature in each chapter depicts current case management practices in the government, agencies, and private practice. Topics include culturally sensitive interviewing, OSHA guidelines for preventing workplace violence, and helper reactions to working with trauma victims.
• A new “Want More Information?” section in each chapter asks students to conduct research on the Internet to further investigate current case management practices on a particular topic. For instance, in Chapter 11, students are encouraged to investigate natural disasters and how agencies respond to expanding human service needs.

FEATURES

• The text provides a realistic and current view of case management, helping beginning practitioners develop the skills they need to coordinate and provide services to a variety of populations.
• The book emphasizes strengths-based case management, presenting students with content and skills that enable them to focus on empowerment and the whole person.
• The authors focus on the “how to” of gathering information, writing reports, assessing clients’ progress, and seeking out resources as a client advocate.

CONTENTS

1. Introduction to Case Management. 2. Historical Perspectives on Case Management. 3. Models of Case Management. 4. Ethical and Legal Perspectives. 5. The Assessment Phase of Case Management. 6. Effective
NEW TO THIS EDITION

- New personal stories appear in many chapters, illustrating key themes in refreshing and current ways.
- Throughout the book, the authors present current research findings relevant to original and new topics for each chapter.
- The “Take Time to Reflect” exercises have been updated for timeliness.
- Chapter 1, “Invitation to Personal Learning and Growth,” presents different models of personal growth. The Corey’s have revised some of the choices leading to change and updated material on what constitutes happiness. They have also added a discussion of the stages of change and an individual’s readiness for making changes. Increased coverage is devoted to positive psychology and attaining a sense of well-being. They have updated the discussion of multiple intelligences and learning styles with an expanded discussion of emotional intelligence and social intelligence. There is also a new discussion of how our mindsets are shaped by messages we receive about success and failure.

- Chapter 2, “Reviewing Your Childhood and Adolescence,” contains an expanded discussion of the role of early childhood experiences on later personality development. This chapter continues to feature Erikson’s psychosocial model and the self-in-context theories as they deal with development throughout the lifespan. A new discussion of the concept of emotional competence and social competence is presented. New attention has been given to social networking as a way of connecting with peers in adolescence and the impact of cyberbullying on adolescents.

- In Chapter 3, “Adulthood and Autonomy,” the Corey’s continue the discussion of the life-span perspective by focusing on the psychosocial theory and the self-in-context perspective. This chapter has been streamlined to highlight choices we can make at each of the phases of life and the unique challenges facing the individual at each stage. There is increased coverage of common cognitive distortions and learning how to critically evaluate our self-defeating thinking.

- Chapter 4, “Your Body and Wellness,” has a revised discussion of wellness and life choices, as well as revised material on the topics of sleep, exercise, eating, and spirituality. The Corey’s continue to give attention to inviting readers to examine their lifestyle choices that can enhance their health.

- Chapter 5, “Managing Stress,” includes revised sections on the topics of the role of culture in our
perception of stress; environmental sources of stress; the power of reliance in coping with stress; and a range of constructive practices for managing stress.

- Chapter 6, “Love,” contains new sections on theories of love and love in a changing world.

- In Chapter 7, “Relationships,” the section on gay and lesbian relationships has been updated and expanded, and there is a new discussion of hate crimes and sexual orientation. The chapters also include new sections on domestic violence and abuse, and on how technology affects relationships. As a part of the latter discussion, the authors address topics such as social networking, online dating, and infidelity in cyberspace.

**CONTENTS**


© 2014, 512pp, Paperback, 9781285089348

**NEW TO THIS EDITION**

- NEW This edition has been thoroughly updated and expanded to include important issues facing today’s human service administrators and managers, including increased use of evidence-based practice as applied to program design and management processes.

- NEW The authors have added more real-life examples throughout the text, all based on ideas and suggestions provided by more than fifty practicing human service managers, and drawn from multicultural and international programs.

- NEW The authors use an ongoing case of the Grandview Community Center to apply concepts in every chapter.

- NEW Competency Activities, available in the text and online, provide opportunities to reinforce their understanding and skill of important concepts.

**FEATURES**

- Because the book’s authorship reflects the perspectives of both counselors and social workers, all human service managers and administrators will receive a broad introduction to management that is not limited to one point of view.

- More than fifty practicing human service managers have provided the ideas and suggestions for the text’s numerous cases and examples.

- The authors address topics central to the understanding of management, including the environments of human service agencies, program design, organizational theory and design, human resources, supervisory relationships, finances, information systems, program evaluation, organizational change, leadership, and achieving and maintaining organizational excellence.
• The authors use an ongoing case of the Grandview Community Center to apply concepts in every chapter.
• Chapter-ending discussion questions and chapter summaries help readers reflect on important issues raised in the chapter.
• Group activities, designed for use in classroom small group discussions, facilitate students' ability to learn and understand concepts from their classmates' points of view.

CONTENTS

© 2012, 386pp, Paperback, 9780840034281

MENTAL HEALTH INTERVENTIONS FOR SCHOOL COUNSELORS
Christopher A. Sink, Seattle Pacific University

Effective prevention and intervention are more critical than ever. Providing a collaborative “how to” guide for both preventive and intervention-oriented counseling in school settings, MENTAL HEALTH INTERVENTIONS FOR SCHOOLS delivers up-to-the-minute coverage of the most common mental health or psychosocial/emotional issues and disorders facing schoolchildren and youth—issues that can negatively impact their learning and long-term educational development. This exciting new first edition features the work of some of the most highly regarded counselor educators in the field. Each chapter provides a solid overview of a mental health concern and then focuses on school- and research-based actions that are preventive and intervention oriented as well as proven effective in school settings. Packed with relevant examples, MENTAL HEALTH INTERVENTIONS FOR SCHOOLS offers the most current, comprehensive, and well-researched coverage available.

FEATURES
• Bringing together insights and expertise from some of the most highly respected educators in the field, MENTAL HEALTH INTERVENTIONS FOR SCHOOLS delivers cutting-edge coverage of key concepts in preventive and intervention-oriented counseling. Each contributing counselor educator is widely published in his or her area of expertise and draws from extensive experience in the practice setting.
• Chapters begin with a case example that engages students in a realistic illustration of an issue that they could face when they are counselors, helping them immediately apply chapter concepts to real-world scenarios.
• Reflecting the latest developments from the field, this exciting first edition is focused on effective, research-based interventions and packed with practical examples.
• End-of-chapter “Additional Resources” sections provide a bibliography of helpful sources to encourage students to go more in depth and explore on their own the critical concepts and techniques presented in the text.

CONTENTS
Forward. 1. Attention Deficit Hyperactivity Disorder, Linda Webb (Florida Atlantic University). 2. Externalizing Behavior Disorders: Supporting Students with Aggression and Violent Tendencies, Kerry B. Bernes (University of Lethbridge, Alberta, Canada), Jennifer I. Bernes (Registered Psychologist), and Angela D. Bardick (Registered Psychologist). 3. Internalizing Behavior Disorders; Supporting Students with Depression, Anxiety, and Self-injurious Behavior, Christopher Sink (Seattle Pacific University). 4. Eating Disorders, Obesity, and Body Image Concerns, Angela D. Bardick (Registered Psychologist), Shelly Russell-Mayhew (University of
Using the popular harm-reduction model, ADDICTION TREATMENT, 3E, International Edition covers the biological, psychological, and social aspects of alcoholism, eating disorders, compulsive gambling, and other addictions. Through a number of first-person narratives about the experience of addiction, students will discover a realism and depth not commonly found in textbooks. In addition, the authors include student-friendly topics, such as the case against so-called underage drinking laws, to draw students into the material and illustrate the importance of reducing harm within the biopsychological framework that ties the text together.

NEW TO THIS EDITION

- NEW Chapter 1 offers a new diagram highlighting attributes of the strengths perspective. It also discusses the proposed changes in the DSM V and offers an updated and expanded section on treatment trends.
- NEW In Chapter 2, the section on the historical perspective has been updated with new material on Native Americans, Asian Americans, and Latinos as well as Europeans. The authors discuss cocaine control efforts along with alcohol control efforts, and they offer new material on the history of gambling treatment.
- NEW Chapter 3, which addresses biology, has been updated with a section on pharmaceutical interventions and holistic approaches (which previously appeared in Chapter 5).
- NEW Chapters 4 and 5 now include material on gender issues and behavioral addictions under the biological portion of the text. Case studies have been provided.
- NEW Chapter 6 offers new material on addiction across the life span. Case studies and an emphasis on gambling problems among the elderly have also been added.
- NEW Chapter 7, on assessments, discusses the diverse types of assessment tools available for use.
- NEW Chapter 8 on strengths-based interventions has been heavily revised and now focuses on practice interventions, including guidelines for group treatment. Case studies have been provided to illustrate each treatment modality described.
- NEW Additional material has been added to Chapter 9, with an emphasis on the treatment of veterans returning from the wars in the Middle East.
- NEW Chapter 13 on public policy has been revised to relate to the strengths perspective and discuss policies related to medical marijuana, the criminal justice system, and health care reform.

FEATURES

- Throughout the text, the authors emphasize the treatment of individuals with co-occurring disorders to illustrate the complexity of working with clients in a real-world setting.

CONTENTS


© 2013, 704pp, Paperback, 9781133371878

CONCEPTS OF CHEMICAL DEPENDENCY, Ninth Edition, provides comprehensive coverage and the latest information on a full spectrum of substance use disorders and the compounds commonly abused. Topics include the abuse of and addiction to alcohol; how the active agent in marijuana, THC, affects neural growth and development; the emerging body of evidence suggesting a relationship between marijuana abuse and psychotic disorders; the emerging body of evidence suggesting that marijuana is not as benign as it was thought to be a few years ago; and the abuse of cough syrups. Adding to the book’s usefulness and relevance, Doweiko also covers topics not usually discussed in other substance abuse texts, including abuse of anabolic steroids, inhalants, infectious diseases associated with substance abuse, how the “war on drugs” has actually contributed to the problem of substance abuse/addiction in this country, and the “medical marijuana” debate. This edition includes new information on synthetic marijuana, mephedone, and dextromethorphan, among other substances; updates reflecting the new DSM-5; and a new chapter on the Biopsychosocial Model of Addiction. Students report that they appreciate the author’s balanced approach, which allows them to form their own opinions, in contrast to some books that “preach” that “drugs are bad for you.”

NEW TO THIS EDITION

• Revised and updated throughout to deliver contemporary and relevant coverage, this edition includes hundreds of new references, with a corresponding deletion of dated and obsolete reference materials.
• A new Chapter 25 discusses the Biopsychosocial Model of Addictions, which is now advocated by the American Society of Addiction Medicine (ASAM).
• Some of the material in Chapters 1 and 2—for instance, Chapter 2 content about the influence of social factors on the evolution of substance use disorders—has been moved to the new Chapter 25 on the Biopsychosocial Model, allowing for more consolidated and cohesive coverage.
• Chapter 23, “Addiction and the Family,” has been thoroughly rewritten to include the most recent research, information on today’s families, and practice guidelines for working with families.
• New material has been added on the abuse of Provigil®, an amphetamine-like compound that was designed for treatment of narcolepsy but which has been found to provide an amphetamine-like “high” if abused.
• Among other new content, this edition presents new information on synthetic marijuana; the compound mephedrone; MPEV, a chemical cousin to khat; and dextromethorphan, a popular compound of abuse in young adolescents.
• Information from the DSM-5 is incorporated throughout the text and highlighted in a new Appendix.

FEATURES

• Chapter 21, “Substance Use Disorders in College Students”...
Settings," reflects an emerging body of evidence that suggests that substance use disorders follow a different trajectory for persons who graduate from high school and then enter college, as opposed to those young adults who simply enter the work force.

• The book focuses on important issues to consider when working with clients, such as the effect of chemicals on neonates, the dually diagnosed client, chemical abuse by children and adolescents, codependency and enabling, and addiction and the family.

• Clear guidelines and strategies for human service workers—including evaluation, intervention techniques, treatment, recovery, and common problems in treatment—help students prepare to work effectively with clients.

CONTENTS

© 2015, 640pp, Paperback, 9781285457178
overview of the problems of substance abuse and addiction, students report that they appreciate the author’s balanced approach in contrast to a tendency to “preach” to the reader that “drugs are bad for you.” Student feedback indicates that they value the clear and detailed information provided, allowing the student to form their own opinion about the compound(s) being discussed in each chapter.

NEW TO THIS EDITION

• NEW! Newly revised and updated to deliver contemporary and relevant coverage, CONCEPTS OF CHEMICAL DEPENDENCY has been entirely rewritten from cover to cover, and features over 600 new references, with a corresponding deletion of dated and obsolete reference materials.
• NEW! A new chapter, Substance Use Disorders in College Students (Chapter 21), reflects an emerging body of evidence that suggests that substance use disorders follow a different trajectory for persons who graduate from high school and then enter college, as opposed to those young adults who simply enter the work force.
• NEW! An Expanded “break out discussion” list in the instructor’s manual features topic areas that the instructor can use to expand upon material briefly discussed in the main text in order to spark student interest, provide suggested topics for supplemental lectures, possible student debates, etc.
• NEW! New material has been added to the Chronic Alcohol Use chapter (Chapter 5), and includes material and important insights on the so-called “high functioning” alcoholic, a topic that has been difficult to address since such persons also go to great lengths to hide their alcohol use disorder.

FEATURES

• Focuses on important issues to consider when working with clients, such as the effect of chemicals on neonates; the dually diagnosed client; chemical abuse by children and adolescents; codependency and enabling; and addiction and the family.
• Presents clear guidelines and strategies for human service workers - including evaluation, intervention techniques, treatment, recovery, and common problems in treatment to help students work effectively with clients.
• Enhances opportunities for students to review and expand their knowledge with Chapter-by-chapter online quizzes and an end-of-book glossary give.
• Features a new expanded chapter, “Women and Addiction” (Chapter 18).
• Includes expanded information about Dextromethorphan, which has emerged as a major drug of abuse in the past few years, in Chapter 36 “Crime and Drug Use”.

CONTENTS


© 2012, 640pp, Paperback, 9780840033918
SUBSTANCE ABUSE COUNSELING, INTERNATIONAL EDITION, 4E
Judith A. Lewis, Governors State University; Robert Q. Dana, University of Maine, Orono; Gregory A. Blevins, Governors State University

Written for beginning level students, SUBSTANCE ABUSE COUNSELING, International Edition provides a good, practical overview of substance abuse counseling. Known for the way it addresses key issues early, including the designing of specialized treatments to fit the individual needs of a client. SUBSTANCE ABUSE COUNSELING, International Edition, also emphasizes the tendency of substance-abusing clients and their families to form a heterogeneous group that must be treated from an individualized perspective. Authors Lewis, Dana, and Blevins believe strongly that clients differ not only in the specific behaviors and consequences associated with their drug use but also in culture, gender, social environments, physical concerns, mental health and a host of other variables. Using an integrated approach, the authors describe innovative methods for meeting clients’ needs through personalized assessment, treatment planning, and behavior change strategies, showing students how to select the most effective treatment modalities for each client.

NEW TO THIS EDITION

• The section on “Drugs And Their Effects” has been reassessed and moved back to Chapter 2 for greater clarity. Additionally, the section features an informative new section on clinical implications.
• Updated Chapter 1, “The role of the Mental Health Professional in Prevention and Treatment,” includes more information on connecting research to practice.
• An entirely new chapter devoted to motivational enhancement and interviewing provides context for

the following assessment chapter.
• More multicultural perspectives are infused throughout the new edition. Specifically, the Assessment chapter now features more information on multicultural assessment, thus reflecting the most current views on the subject.

FEATURES

• SUBSTANCE ABUSE COUNSELING, International Edition, provides counseling strategies and skills for working with clients, giving explanations and examples of personalized treatment plans and behavior change strategies.
• Useful assessment instruments, which appear in the appendices, are available for students to use and reproduce. Instruments include a guided interview for substance abuse histories, a behavioral assessment interview form, and several standardized questionnaires.
• The authors suggest a number of action strategies that students can use when working with individuals, groups, or families.
• Topics such as prevention, counseling and relapse issues within the continuum of care are discussed in great detail.

CONTENTS


© 2011, 304pp, Paperback, 9780495808749
With CASE APPROACH TO COUNSELING AND PSYCHOTHERAPY, 8E, International Edition readers follow master teacher Gerald Corey and many of contemporary therapy’s most highly respected founders and practitioners—including William Glasser, Arnold Lazarus, and Albert Ellis—as they apply eleven key counseling approaches to the needs of client Ruth. This focus on a single client demonstrates to readers how the various theories work, and also enables them to see exactly how these techniques differ.

NEW TO THIS EDITION

- NEW Every chapter of CASE APPROACH TO COUNSELING AND PSYCHOTHERAPY, 8E, International Edition has carefully been reviewed for ways to bring the previous discussions up to date and to refine existing ideas. Twenty-four of the guest contributors (consultants) updated and revised their selections in this edition to reflect current practices.
- NEW Corey has revised the sections in each of the chapters where he demonstrates and discusses his way of working with Ruth from each of the various theoretical perspectives. At the end of each chapter, he has also added a section called “Some Final Thoughts” to bring the topics addressed to some conclusion.
- NEW Chapter 10 has been revised to show how three feminist therapists work as a team with Ruth.
- NEW Chapter 11 includes a new major piece contributed by Dr. John Murphy on applying postmodern therapy to work with Ruth, as well as a new major contributed piece by Dr. John Winslade on the use of narrative therapy when working with Ruth.
- NEW In Chapter 12, Jim Bitter joins with Dr. Mary Moline to expand the application of family therapy to Ruth’s case. The discussion now discusses the four phases in family therapy, and includes a new dialogue by Drs. Moline and Bitter in demonstrating family therapy with Ruth.
- NEW Chapter 13, “Counseling Ruth from Multicultural Perspectives,” now includes a new co-author for the section on “Ruth as a Latina,” as well as an expansion of understanding and respecting Ruth’s unique experiences as a Chinese American woman. The chapter now offers more on Ruth’s gender and relationship roles, and increased coverage of role of religion in working with Ruth as an African American woman.
- NEW In the greatly expanded Chapter 14, “Integrative Approaches and Developing Your Own Therapeutic Style,” Dr. John Norcross first discusses his perspective on integrative psychotherapy and then applies his ideas to his style of working with Ruth. Dr. Corey then follows his piece with his comprehensive discussion of integrative counseling.

FEATURES

- CASE APPROACH TO COUNSELING AND PSYCHOTHERAPY, 8E, International Edition brings together more than twenty outside practitioners who are experts in their fields to apply their particular theory to one single client—Ruth.
- By applying each theory to the same client, Dr. Corey helps readers conceptualize the differences among theoretical models. Case material and discussions by leading practitioners illustrate how they work with Ruth based on their theoretical model. Dialogue between the consulting therapist and the client offers a comprehensive picture of how consultants apply their theory to Ruth’s case.
- The “DVD for Integrative Counseling: The Case of Ruth and Lectureettes” shows Gerald Corey working with Ruth, using various theoretical models and techniques. It includes discussion and commentary by Dr. Corey, explaining important concepts and incorporating a process dialogue discussing why a particular approach was used with Ruth in the session. It features the same content as the Integrative
Counseling CD-ROM (2005) reformatted for today’s classroom. For students who prefer to access the same videos online, a Premium Website is available.

CONTENTS

© 2013, 368pp, Paperback, 9781111841775

CASE STUDIES IN PSYCHOTHERAPY, INTERNATIONAL EDITION, 7E
Raymond J. Corsini, University of Hawaii; Danny Wedding, California School of Professional Psychology

CASE STUDIES IN PSYCHOTHERAPY, International Edition effectively combines powerful classic and contemporary cases to bring to life important concepts and practices in psychotherapy for students. Compelling new cases that illustrate Psychoanalysis, Client-Centered Therapy, Existential Therapy, Interpersonal Therapy, Contemplative Therapies, and Therapy in a Multicultural context have been added to the previous edition’s collection of classic case studies by Albert Ellis, Aaron Beck, and Peggy Papp. There's also an entirely new chapter on Positive Psychotherapy. This popular casebook maintains its parallel structure with the Tenth Edition of Wedding and Corsini’s CURRENT PSYCHOTHERAPIES. Cases are chosen on the basis of intrinsic interest, clarity of presentation, and the extent to which each case demonstrates the basic techniques and methods of the theory being illustrated.

NEW TO THIS EDITION
• Compelling new cases that illustrate Psychoanalysis, Client-Centered Therapy, Existential Therapy, Interpersonal Therapy, Contemplative Therapies, and Therapy in a Multicultural context have been added to the previous edition's collection of classic case studies by Albert Ellis, Aaron Beck, and Peggy Papp.
• A completely new chapter on Positive Psychotherapy includes a case on strength-based assessment in clinical practice.
• The new edition maintains its parallel structure with the Tenth Edition of Wedding and Corsini’s CURRENT PSYCHOTHERAPIES, making the combination of these two books the most comprehensive look at psychotherapy available today.

FEATURES
• Fifteen case studies cover a comprehensive spectrum of fundamental therapies, including Adlerian, Rational Emotive Behavior, Contemplative (two cases), and Cognitive Therapy.
• Illustrating theory in action, case studies present the actual practice of some of the world’s most important psychotherapists, including Albert Ellis, Aaron Beck, and Peggy Papp.
• In virtually every instance, the author of the primary chapter in CURRENT PSYCHOTHERAPIES selected the case study in CASE STUDIES IN PSYCHOTHERAPY as the best case to supplement his or her chapter.

CONTENTS
1. PSYCHOTHERAPIES. The Case of Simone, by Jeremy D. Safran. 2. ADLERIAN PSYCHOTHERAPY. The Case of Roger, by Harold H. Mosak and Michael Maniaci. 3. CLIENT-CENTERED THERAPY. Client-Centered Therapy with David: A Sojourn in Loneliness, by Marjorie C. Witty. 4. RATIONAL EMOTIVE BEHAVIOR THERAPY. A Twenty-Three-Year-Old Woman Guilty About Not Following Her Parents’ Rules, by Albert Ellis. 5. BEHAVIOR THERAPY. Covert Sensitization for Paraphilia, by David H. Barlow. 6. COGNITIVE THERAPY. An Interview with a Depressed and Suicidal Patient, by Aaron T. Beck. 7. EXISTENTIAL PSYCHOTHERAPY. “If Rape Were Legal . . .” by Irvin

© 2014, 240pp, Paperback, 9781285196220,
or a leading proponent of one of the systems. Each contributor presents the basic principles of the system, including how it compares with other systems, in a clear and straightforward manner. Each theory chapter includes a case example that guides students through the problem, evaluation, treatment, and follow-up process. The tenth edition features new chapters on Psychoanalytic Psychotherapies and Positive Psychotherapy, and completely rewritten chapters on Behavior Therapy and Adlerian Psychotherapy. CASE STUDIES IN PSYCHOTHERAPY, which accompanies the tenth edition, offers corresponding cases that demonstrate the basic techniques and methods of the theory being illustrated.

NEW TO THIS EDITION

- The tenth edition includes a new chapter on Positive Psychotherapy written by Tayyab Rashid and Martin Seligman. Also new is the chapter on Psychoanalytic Psychotherapies, written by Jeremy Safran and Alexander Kriss.
- The chapters on Adlerian Psychotherapy (by Maniacci, Sackett-Maniacci, and Mosak) and Behavior Therapy (by Antony) have both been totally rewritten to reflect recent developments.
- The chapter on Analytical Psychotherapy was reluctantly dropped for this edition, primarily to keep the size of the book manageable for students reading the book within the limits of a 16-week semester. This chapter is still available at the book’s website.
- All other chapters retained for this edition have been updated to include the most current and relevant research findings. In addition, all of the core chapters now address the very important topic of multiculturalism.

FEATURES

- The tenth edition features a new chapter on Psychoanalytic Psychotherapies by Safran and Kriss; a completely rewritten chapter on Adlerian Psychotherapy by Maniacci, Sackett-Maniacci, and Mosak; a new chapter on Behavior Therapy by Antony; and a new chapter on Positive Psychotherapy by Rashid and Seligman.
- The authors examine the evidence-based support for each theory and share their ideas about the current controversy regarding the importance and limitations of evidence-based practice.
- The book is well known for its helpful pedagogy. Each chapter follows a consistent organization that allows students to read and study the book “horizontally” (from section to section) or “vertically” (comparing all chapter overviews, for example, before moving to all history sections). A reference chart at the front of the book helps student quickly locate information.
- Each theory chapter includes an “Applications” section that features a case example with a problem, evaluation, treatment, and follow-up.
- An extensive, detailed, and up-to-date glossary provides students with a convenient reference guide to the topics and terminology discussed in the book.
- An appendix offers extensive research assistance, including information on locating and evaluating resources, MLA style guidelines, and research methodology.

CONTENTS


© 2014, 656pp, Paperback, 9781285175591
This text/workbook is a step-by-step guide through the case management process, from intake and assessment to referrals and termination. The 4th edition focuses on what is most important for students to consider, document, and pass along in each step of the human services process. Chapters walk through each step of the case management process, while realistic exercises drawn from active professionals expose students to a broad range of true-to-life circumstances and difficulties.

**NEW TO THIS EDITION**

- New! New DVD demonstrates the skills covered in the text providing students with a more robust understanding of case management.
- New! This edition now includes a discussion of the ethical considerations related to social networking.
- New! The section on consumer rights has been expanded.
- New! New section emphasizes advocacy as a case management tool.
- New! Content addressing resistance and handling resistance has been expanded.

**FEATURES**

- Latest information on critical topics: A new chapter on the change process (Chapter 20). A new chapter on burnout and stress (Chapter 28) keeps coverage up to date as the author delves into topics of growing importance in the field.
- Additional coverage of ethics: Expanded coverage of ethics and ethical issues, the wide range of case management applications, and the importance of the ecological model in assessment and planning give students a strong introduction to professional basics.
- Additional, detailed examples: New examples of contact notes as well as examples of cases and corresponding service plans within the appendix provide important reference materials for students to examine in-depth. Additional directions for dating forms in the appendix further your students' professional skills.
- More on the Recovery Model: Expanded information on the Recovery Model, including the use of self-determination methods and good peer support, better equips students to work with the most current concepts and practices.
- Focus on how to write: Detailed step-by-step information on how to record impressions and recommendations effectively as well as how to write brief social histories prepares students to produce clear, professional written communication.

**CONTENTS**


© 2012, 496pp, Paperback, 9780840033703
SYSTEMS OF PSYCHOTHERAPY, INTERNATIONAL EDITION, 8E
James O. Prochaska, University of Rhode Island; John Norcross

Comprehensive, systematic, and balanced, SYSTEMS OF PSYCHOTHERAPY, International Edition uses a wealth of clinical case illustrations to help readers understand a wide variety of psychotherapies—including psychoanalytic, psychodynamic, existential, person-centered, experiential, interpersonal, exposure, behavioral, cognitive, systemic, multicultural, and integrative. The Eighth Edition thoroughly analyzes 17 leading systems of psychotherapy and briefly surveys another 31, thereby providing a broader scope than is available in most textbooks. Prochaska and Norcross explore each system’s theory of personality, theory of psychopathology, and resulting therapeutic process and therapy relationship. By doing so, they demonstrate how much psychotherapy systems agree on the processes producing change, while showing how they disagree on the content that needs to be changed. To bring these similarities and differences to life, the authors also present the limitations, practicalities, and outcome research of each system of psychotherapy.

NEW TO THIS EDITION
• A new chapter on third-wave therapies (Chapter 11) includes acceptance and mindfulness approaches.
• The chapter on experiential therapies (Chapter 6) has been reorganized to focus equally on Gestalt and emotion-focused therapy.
• Chapter 12, “Systemic Therapies,” includes a new section on the emerging evidence-based family therapies.
• The psychodynamic and experiential chapters (Chapters 3 and 6) pay more attention to attachment-based therapies.
• Chapter 17, “Comparative Conclusions,” includes greater consideration of the transtheoretical model.
• The authors present updated reviews of meta-analyses and controlled outcome studies conducted on each psychotherapy system.

FEATURES
• The book provides an integrative framework that embraces both the essential similarities and the fundamental differences among the psychotherapies.
• The transtheoretical approach and stages of change serves as an organizational approach within the text, thus providing a high level of integration.
• Each chapter features an in-depth discussion of the case of Mrs. C to illustrate the therapy presented in that chapter. Additional case examples throughout the book highlight the concepts and topics presented. To further enhance student learning, lists of key terms, recommended readings, and recommended websites appear at the end of each chapter.
• Controlled outcome studies and meta-analytic reviews to evaluate the psychotherapies are summarized throughout the text.

CONTENTS

© 2014, 576pp, Paperback, 9781285175768
THE ART OF INTEGRATIVE COUNSELING, INTERNATIONAL EDITION, 3E
Gerald Corey, California State University, Fullerton (Emeritus)

Through THE ART OF INTEGRATIVE COUNSELING, 3E, International Edition students learn how to integrate the theories to develop an individualized counseling style. Using the cases of Ruth and Stan, Corey demonstrates how concepts and techniques from a variety of theoretical perspectives can be successfully incorporated into different phases of the counseling process. In Becoming the Client sections, students are invited to put themselves in the shoes of the client while Dr. Corey applies the topics of each chapter to them.

NEW TO THIS EDITION

• NEW All of the chapters have been carefully reviewed to determine how the topics fit with contemporary integrative approaches, with particular attention given to trends in the psychotherapy integration movement. Furthermore, chapters have been revised for increased clarity of reading.
• NEW Many new references update the discussion of key topics and provide avenues for further exploration. Corey has incorporated key findings from recent research on topics such as the central role of the therapeutic relationship, the role of client feedback on therapy outcomes, and the future of psychotherapy integration.
• NEW Additions to chapters include new material on solution-focused brief therapy and narrative therapy; an expanded treatment of diversity issues, especially the role of spirituality in counseling practice; new material and broadened discussion of the dynamics of resistance, along with the importance of respecting and reframing resistance; understanding the dynamics of transference and countertransference as it pertains to an integrative approach; and understanding the role of the past, present, and future as it pertains to counseling individuals.
• NEW A second case featuring Stan, incorporated throughout the text, provides a second illustrative example of techniques and practice.

FEATURES

• The first text on the market designed to help readers conceptualize the various dimensions of an integrative perspective, THE ART OF INTEGRATIVE COUNSELING, 3E, International Edition can be used as a supplement for theories or practicum courses. It is also an ideal resource for students who already have a basic knowledge of counseling theory.
• The book is integrated with the best-selling THEORY AND PRACTICE OF COUNSELING AND PSYCHOTHERAPY which includes enhanced references to THE ART OF INTEGRATIVE COUNSELING, 3E, International Edition for seamless integration.
• The book’s relevant examples and illustrations provide readers with an in-depth look at modern counseling while helping them develop their own personal counseling style.

CONTENTS


© 2013, 192pp, Paperback, 9781133308751
THEORIES OF PSYCHOTHERAPY & COUNSELING, 5E
Richard S. Sharf, University of Delaware

Comprehensive in scope yet succinct in its descriptions and explanations, THEORIES OF PSYCHOTHERAPY & COUNSELING, International Edition equips students with a solid understanding of the systematic theories of psychotherapy and counseling. Proven author and professor Dr. Sharf delivers a thorough explanation of concepts as well as insightful case summaries and therapist-client dialogue that illustrate techniques and treatment in practice. He demonstrates how theories can be applied to individual therapy or counseling for common psychological disorders—such as depression and generalized anxiety disorders—as well as how to apply them to group therapy. A final chapter compares and critiques each of the theories. For the major theories presented in the text, basic information about background, personality theory, and theory of psychotherapy provides a means for understanding the application of psychotherapy theory. Insight into the personal life and philosophical influences of a theorist also helps explain how the theorist views human behavior.

NEW TO THIS EDITION
- New! Designed to bolster student understanding, new chapter openers offer an overview of the personality theory and the techniques used for the theory chapters. These openers provide a detailed outline of the theory of psychotherapy and counseling -- equipping students with a handy reference for their work.
- New! The text includes four full new cases, while many existing cases have been completely updated. In addition, now the first case presented in the psychological disorders section is the longest and most thorough.
- New! Offering the latest material available, Chapter 1 and 16 include updated information about research supported psychological treatments.
- New! The new order of the final two chapters enables students to review and summarize the chapter on different therapies before integrating them. Chapter 16 is now “Comparison and Critique” and Chapter 17 is “Integrative Therapies”. Chapter 17 shows students how to make their own integrative therapy by demonstrating three methods of integrating theory: theoretical integration, the assimilative model, and technical eclecticism.
- The new edition is completely up to date with the CACREP standards passed in 2008.

FEATURES
- The first theories text to include comprehensive information about evidence-based psychotherapy, THEORIES OF PSYCHOTHERAPY & COUNSELING defines and discusses this key concept in the first and last chapters as well as other chapters when examples are given for treating a psychological disorder with an evidence-based treatment for a specific theory.
- Sharf divides Constructivist and Integrative approaches into two chapters: Chapter 11’s constructivist approaches include expansive coverage of solution-focused and narrative therapy. Chapter 16’s integrative approaches offer an expanded section on three integrative theories. In addition, full explanations are given for the transtheoretical approach (Prochaska and Norcross) as well as Wachtel’s cyclical psychodynamics model.
- Offering the most up-to-date coverage available, Chapter 8 includes the latest information on virtual reality therapy, Chapter 10 offers increased coverage of cognitive schemas and core belief systems, and Chapter 13 provides more emphasis on feminist therapy in different cultures across the world.
- The insightful Student Manual helps students maximize their study time and course success! It includes additional sample cases and multiple choice questions that put students in the role of therapist using the particular therapy under discussion. This hands-on application and practice helps learners more fully understand each theory.
- Reflecting the latest developments from the field,
Sharf draws from more than 60 experts in a wide variety of theoretical approaches to psychotherapy and counseling. Each specialist provided suggestions for inclusion of specific content as well as reviews of chapters at various stages of the book’s development.

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THEORY AND PRACTICE OF COUNSELING AND PSYCHOTHERAPY WITH COURSEMATE, 9E
Gerald Corey, California State University, Fullerton (Emeritus)

CourseMate: Engaging. Trackable. Affordable. Complement your text and course content with study and practice materials. CourseMate brings course concepts to life with interactive learning, study, and exam preparation tools that support the printed textbook. Click here to find out more: www.cengage.com/coursemate

Incorporating the thinking, feeling, and behaving dimensions of human experience, the ninth edition of Corey’s best-selling text offers an easy-to-understand text that helps you compare and contrast the therapeutic models expressed in counseling theories. Corey introduces you to the major theories (psychoanalytic, Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist, and postmodern approaches) and demonstrates how each theory can be applied to a single case (“Stan”). With his trademark style, he shows you how to apply those theories in practice, and helps you learn to integrate the theories into an individualized counseling style. This book is the center of a suite of products that includes the Student Manual, Case Approach to Counseling and Psychotherapy (2013), The Art of Integrative Counseling (2013) and media resources such as “DVD for Theory and Practice of Counseling and Psychotherapy: The Case of Stan and Lectureettes” and “DVD for Integrative Counseling: The Case of Ruth and Lectureettes.”

NEW TO THIS EDITION
• NEW Updated annotated lists of reading suggestions and extensive references at the end of these chapters are offered to stimulate students to expand on the material and broaden their learning through further reading.
• NEW Chapter 4, “Psychoanalytic Therapy,” offers a broadened discussion of relational psychoanalysis, new material on role of countertransference in psychoanalytic therapy, and a revised and expanded section on brief psychodynamic therapy.
• NEW Chapter 5, “Adlerian Therapy,” presents revised material on the concept of lifestyle, an expanded discussion of social interest, and new material on early recollections.
• NEW Chapter 6, “Existential Therapy,” offers revised material on existential themes, more attention on international developments of existential therapy, a revised discussion of strengths of the approach from a diversity perspective, and a new discussion of integration of existential concepts in other therapies.
• NEW Chapter 7, “Person-Centered Therapy,” presents expanded coverage on the influence of Carl Rogers on the counseling profession, a broadened discussion of clients as active self-healers, updated coverage of the therapeutic core conditions, and new material on the diversity of person-centered therapeutic styles.
• NEW Chapter 8, “Gestalt Therapy,” includes a revised discussion of the role of experiments in Gestalt therapy, more emphasis on therapist presence, and more attention to the relational approach to Gestalt practice.
• NEW Chapter 9, “Behavior Therapy,” features a
broadened discussion of the role of the therapeutic relationship in behavior therapy, a revised section on dialectical behavior therapy, and new material on mindfulness-based cognitive therapy.

- NEW Chapter 10, “Cognitive Behavior Therapy,” offers revised and expanded coverage of Beck’s cognitive therapy, new material on Meichenbaum’s stress inoculation training, a revised section on Meichenbaum’s constructivist approach to CBT, and increased discussion of CBT from a multicultural perspective.

- NEW Chapter 11, “Reality Therapy,” includes a revised discussion of the relationship of choice theory to reality therapy, an expanded discussion of the role of questions in reality therapy, and additional material on reality therapy from a diversity perspective.

- NEW Chapter 12, “Feminist Therapy,” includes an updated treatment of principles of feminist therapy, updated discussion of the role of assessment and diagnosis in feminist therapy, and a revised and expanded discussion on therapeutic techniques and strategies.

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© 2013, 384pp, Paperback, 9789814568739

THEORY AND PRACTICE OF COUNSELING AND PSYCHOTHERAPY, INTERNATIONAL EDITION, 9E
Gerald Corey, California State University, Fullerton (Emeritus)

Incorporating the thinking, feeling, and behaving dimensions of human experience, Corey's best-selling THEORY AND PRACTICE OF COUNSELING AND PSYCHOTHERAPY, 9E, International Edition offers an easy-to-understand text that helps students compare and contrast the therapeutic models expressed in counseling theories. Corey introduces students to the major theories (psychoanalytic, Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist, and postmodern approaches) and demonstrates how each theory can be applied to a single case (“Stan”). With his trademark style, he shows students how to apply those theories in practice, and helps them learn to integrate the theories into an individualized counseling style. This book is the center of a suite of products that includes a revised student manual, Case Approach to Counseling and Psychotherapy (2013), The Art of Integrative Counseling (2013) and media resources like the DVDs titled “DVD for Theory and Practice of Counseling and Psychotherapy: The Case of Stan and Lecturettes”, and “DVD for Integrative Counseling: The Case of Ruth and Lecturettes,” which features the same videos as the Integrative Counseling CD-ROM redesigned for today’s classrooms.

NEW TO THIS EDITION

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**THEORY AND PRACTICE OF COUNSELLING AND PSYCHOTHERAPY**
South African Edition
Gerald Corey, California State University, Fullerton (Emeritus)

Theory and Practice of Counselling and Psychotherapy, South African Edition provides an easy-to-understand text which helps students compare and contrast the therapeutic models expressed in counselling theories. Corey introduces you to the major theories (psychoanalytic, Adlerian, existential, person-centred, Gestalt, reality, behaviour, cognitive-behaviour, family systems, feminist, and postmodern approaches) and demonstrates how each can be applied to a single exemplar case, that of a fictional character, Graham.

**FEATURES**
- A case study focusing on one client, ‘Graham,’ appears
in each chapter to demonstrate the application of all presented theories and makes it easy for you to compare and contrast approaches.

• Corey’s discussion of current ethical and professional issues facing counseling and human service professionals prepares you for the realities of practice.

• A framework for creatively synthesising the therapeutic models, along with step-by-step guidelines, enhances the book’s focus on helping you draw from the various theoretical models to develop a personalised counseling style.

• South African contextualisation of examples and cases.

• References to South African social problems requiring counseling and psychotherapy.

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THEORY AND PRACTICE OF COUNSELLING AND PSYCHOTHERAPY WITH CB COURSESMART EBOOK, 9E
Gerald Corey, California State University, Fullerton (Emeritus)

CB CourseSmart eBook – The ultimate eBook experience has arrived! Easily access our eBooks with features that will improve your reading experience, and tools to help you take notes and organize your studies. Incorporating the thinking, feeling, and behaving dimensions of human experience, the ninth edition of Corey’s bestselling text offers an easy-to-understand text that helps you compare and contrast the therapeutic models expressed in counseling theories. Corey introduces you to the major theories (psychoanalytic, Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist, and postmodern approaches) and demonstrates how each theory can be applied to a single case (“Stan”). With his trademark style, he shows you how to apply those theories in practice, and helps you learn to integrate the theories into an individualized counseling style. This book is the center of a suite of products that includes the Student Manual, Case Approach to Counseling and Psychotherapy (2013), The Art of Integrative Counseling (2013) and media resources such as “DVD for Theory and Practice of Counseling and Psychotherapy: The Case of Stan and Lecturettes” and “DVD for Integrative Counseling: The Case of Ruth and Lecturettes.”

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HUMAN SERVICES

CAREERS

CAREER COUNSELING, 8E
Vernon G. Zunker, Emeritus, Southwest Texas State University

Providing the most current, comprehensive coverage available, CAREER COUNSELING: A HOLISTIC APPROACH, International Edition equips students with a solid understanding of the theoretical models of career counseling and practical techniques on how to effectively counsel clients about career issues. Keeping career counseling relevant to all counseling students, Vernon Zunker uses an innovative holistic or “whole person” approach, demonstrating how to consider values, temperament, talents, and passions when integrating career with personal counseling to determine a client’s best career fit. The thoroughly revised and updated Eighth Edition of this classic includes all-new chapters on integrating career and personal counseling, job loss and transitions, adult career development, and career-related programs in middle schools. In addition, diversity issues are integrated throughout, while relevant case studies bring chapter concepts to life. The text is also packed with tools to help students maximize their success in class and on the licensing exam.

NEW TO THIS EDITION
• NEW Chapter 4, “Integrating Career and Personal Counseling”, features two case studies illustrating how to effectively integrate career and personal counseling.
• Extremely relevant and practical, NEW Chapter 13, “Job Loss and Transitions”, provides insightful coverage on adult transitions and job loss.
• NEW Chapter 14, “Adult Career Development Concerns”, reflects the latest practices and information from the field.
• NEW Chapter 16, “Career-Related Programs for Career Development in Middle School”, provides solid insights into concerns of middle school students.
• Bringing chapter concepts to life, cutting-edge case studies seamlessly connect the theory and models presented in the text with students’ eventual practice with clients. In this edition, 22 timely case studies illustrate examples of concerns clients bring to counseling.

FEATURES
• As demonstrated by the text’s “A Holistic Approach” subtitle, the thoroughly revised Eighth Edition of this classic reflects the growing emphasis on looking at the “whole person”—values, temperament, talents, and passions—to determine his or her best career fit.
• Helping you create engaging lectures, lively PowerPoint slides are available on the text website.
• The text’s comprehensive coverage offers career guidance over the life span, including career guidance for school age children, college students, and adults in career transition.
• To make students’ study and preparation for the licensing examination easier, the text includes tables that summarize theories of career development and counseling models.
• Thorough diversity coverage includes “Diversity Issues” sections that highlight relevant research throughout, as well as five chapters dedicated to career counseling for special populations.

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© 2012, 528pp, Paperback, 9780840034366

USING ASSESSMENT RESULTS FOR CAREER DEVELOPMENT, 8E
Debra S. Osborn, University of South Florida; Vernon G. Zunker, Emeritus, Southwest Texas State University

An excellent resource in both career development and tests and measurement courses, USING ASSESSMENT RESULTS FOR CAREER DEVELOPMENT, 8e vividly illustrates how to use assessment instruments to increase clients’ self-awareness and help them make rational career choices. Extremely practical, this hands-on worktext delivers detailed information on applying knowledge of tests and measurements in clinical settings and using assessment results in a wide variety of counseling situations. Through case studies, charts, bulleted/numbered lists, dialogues, agency addresses, and more, students learn to truly master the use of assessment results.

NEW TO THIS EDITION
• Reflecting the dynamics of today’s marketplace, discussions of ethics and multicultural issues as they relate to testing and assessment are now integrated throughout the text where applicable.
• Going beyond the typical factual-centered focus of most text questions, the new Eighth Edition’s discussion questions focus more upon analysis/synthesis/evaluation/application, giving students practice applying chapter concepts to real-world situations.
• The authors shifted emphasis away from Holland’s theory to ensure that students do not assume that this is only or preferred theory.

FEATURES
• Delivering coverage that is both comprehensive and practical, USING ASSESSMENT RESULTS FOR CAREER DEVELOPMENT, 8e addresses assessment
in the K through 12 population, breaking it down by elementary, middle, and high school.

- Selective international assessments are woven throughout the text, giving students an increased global perspective.
- Expanded coverage is given to the critical topic of ethics and testing, equipping students with a solid foundation.
- A unique conceptual model helps counselors analyze assessment procedures and results appropriate for specific counseling needs. It also illustrates how to stimulate career exploration among groups of individuals.
- The worktext reflects the guidelines developed by the National Occupational and Information Coordinating Committee (NOICC) that stress career development concepts, providing readers with a foundation on which they can build strategies necessary to meet their clients’ needs.
- Case studies throughout illustrate the ways in which a variety of assessment instruments may be used for career development.
- Numerous charts, bulleted/numbered lists, dialogues, and agency addresses offer students immediate access to a wealth of key resources.

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© 2012, 416pp, Paperback, 9781111521271
issues with clients they are working with. Thoroughly integrated, the model is described in detail in Chapter 1 as well as applied throughout the text.

• NEW! Chapter 1 now includes material on professional ethics, equipping readers with solid information on the ethical decision-making process—which they can immediately start putting into practice. The book continues a strong emphasis on professional ethics throughout, discussing various ethical challenges and responsibilities mental health professionals face when using the Community Counseling Model.

• NEW! Competency-building Activities are now included in every chapter. Intentionally designed to help the reader move from theory to practice, these activities give students hands-on experience using the Community Counseling Model—which helps them acquire the awareness, knowledge, and skills necessary for effectively working in various counseling settings.

• NEW! Thoroughly demonstrating the Community Counseling Model’s effectiveness, the text includes numerous examples of actual programs from across the United States to illustrate how the community counseling model is used to foster the mental health and personal well-being of large numbers of people in this country.

• NEW! The new edition also includes expanded coverage of the role of the counselor as a social change agent and advocate.

FEATURES

• This proven textbook integrates the Community Counseling Model throughout the text as an organizing structure to help readers examine and apply the concepts learned in each chapter. This model encourages community workers to evaluate the environment of the client, empower clients, employ a multifaceted environmental approach to helping, recognize diversity, and strive for prevention.

• Spotlighting current best practices, COMMUNITY COUNSELING, 4e provides examples of outstanding community counseling programs now in operation across the United States.

• The text’s thorough coverage includes specific references to strategies that foster individual and community empowerment.

• COMMUNITY COUNSELING is packed with insightful examples of outreach to vulnerable populations, including families coping with marital disruption, farm families faced with economic difficulties, Vietnam veterans, and people with chronic mental health problems.

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© 2011, 360pp, Paperback, 9780840032843

PROMOTING COMMUNITY CHANGE, 5E
Mark S. Homan, Pima Community College

Designed for students who want to take the theoretical discussion of community forward and become effective agents of change, PROMOTING COMMUNITY CHANGE, International Edition addresses the real world issues facing professionals in social work, human services, and community health. By emphasizing the role a strengthened community can play in preventing and solving the problems that individuals and families commonly experience, the author gives students the tools they need to improve the lives of not just individual clients, but of entire communities. Students will learn to identify the issues related to change so that they can bring clients, families, and other community members
together in order to build a healthier community for themselves, their families, and their neighbors. Rather than a passive ‘service’ model, the author presents a development model that empowers communities to transform their own conditions.

NEW TO THIS EDITION

• COVERAGE OF AGING. Examples and discussions of human services with clients who are aging are now included.
• UPDATED REFERENCES. References to mental health and those engaged in mental health practice have been updated throughout the text.
• GLOBAL PERSPECTIVES. Recent global events give students an international perspective.
• RELEVANT ACTIVITIES. Activities found at the end of each chapter help students connect theory to practice.
• RECENT DEVELOPMENTS. Important trends and developments in the field, such as evidence-based practice and the use of technology in community practice, appear throughout the text.

FEATURES

• REAL-WORLD EXAMPLES. The text’s many real-world examples show students how to motivate and involve others and keep them involved in making important and necessary changes in the community.
• COMMUNITY CONNECTIONS. Activities at the end of the chapter as well as online connect the classroom to real world experience in the students’ community.
• AGENTS OF CHANGE. The text’s discussions of approaches to fundraising, obtaining resources, building an organized changed effort, planning for action, and lobbying techniques help students learn how to be effective change agents.
• SOLUTIONS FOCUS. Throughout the text, helpful boxed features such as “Take a Moment to Discover,” “Change Agent Tips,” and “Capturing Concepts” promote building community capacity and the collaborative development of specific solutions for common community problems.
• RELEVANT ISSUES. The text reflects the needs and interests of today’s students, with extensive information on the value of cultural awareness and competence as well as illustrations that highlight basic concepts to engage students in the material.

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© 2011, 560pp, Paperback, 9780840031969

COUNSELING DIVERSE POPULATIONS

CULTURAL DIVERSITY, 4E
A Primer for the Human Services, International Edition
Jerry V. Diller

Author Jerry Diller’s practical text offers students a balance of clinical and theoretical information, focusing on effective methods of providing cross-cultural services. CULTURAL DIVERSITY: A PRIMER FOR THE HUMAN SERVICES, International Edition covers the general principles of cultural diversity, the process of cross-cultural service delivery, and cultural information on specific client populations. The updated text includes coverage of important concepts such as racial microaggressions, therapeutic interviews with individuals from collective family systems, enforcing professional standards, and culturally sensitive treatment of children. The updated text also provides
students with hands-on clinical suggestions and
cautions through interviews with professionals from
different ethnic backgrounds. CULTURAL DIVERSITY:
A PRIMER FOR THE HUMAN SERVICES, International
Edition helps students build a general understanding
of what cultural diversity is and why it is important.
The text also helps students to better understand their
own prejudices so that they can be more effective
counselors when working with clients of different
cultures.

NEW TO THIS EDITION

• CULTURAL DIVERSITY: A PRIMER FOR THE HUMAN
SERVICES includes coverage of important new
concepts, such as racial microaggressions, therapeutic
interventions with individuals from collective family
systems, enforcing professional standards, and
culturally sensitive treatment of children.
• The updated text features a reorganized table
of contents for a more logical flow and greater
readability.
• CULTURAL DIVERSITY: A PRIMER FOR THE HUMAN
SERVICES contains a completely revised Biases in
Service Delivery section, updated with the latest
research.
• The text offers a new interview chapter with Marwan
Dwairy on working with Arab and Muslim Americans.

FEATURES

• CULTURAL DIVERSITY: A PRIMER FOR THE HUMAN
SERVICES provides students with hands-on clinical
suggestions and cautions through captivating
interviews with professionals of different ethnic
backgrounds, including Latino/Latina, Native
American, African American, Asian American, and
Arab and Muslim American.
• The text features self-awareness questions to help
students become more aware of what racism is, as
well as how to become aware of and alter negative
racial attitudes, helping them to be more effective
when working with diverse clients.
• CULTURAL DIVERSITY: A PRIMER FOR THE HUMAN
SERVICES includes extensive materials on ethnic
identity and models of minority development, as well
as their clinical application.
• The text provides case studies to help students learn
how to effectively deliver cross-cultural counseling
services.
• CULTURAL DIVERSITY: A PRIMER FOR THE HUMAN
SERVICES features real-world examples, personal
clinical experiences, and anecdotes to help students
develop an understanding of difference, as well as
apply the text concepts and learn about their own
biases and discomforts.

CONTENTS

1. Introduction.  2. What It Means to Be Culturally
Competent.  3. Understanding Racism, Prejudice, and
White Privilege.  4. Understanding Culture and Cultural
Differences.  5. Bias in Service Delivery.  6. Working
with Diverse Children, Parents, and Families.  7. Mental
Health Issues.  8. Addressing Ethnic Conflict, Genocide,
and Mass Violence.  9. Working with Culturally Diverse
Clients.  10. Working with Latino/a Clients: An Interview
with Roberto Almanzan.  11. Working with Native
American Clients: An Interview with Jack Lawson.  12.
Working with African American Clients: An Interview
with Veronique Thompson.  13. Working with Asian
American Clients: An Interview with Dan Hocoy.  14.
Working with Arab and Muslim American Clients: An
Interview with Marwan Dwairy.  15. Working with White
Ethnic Clients: An Interview with the Author.  16. Some
Closing Thoughts. Appendix A: Case of Elena. Appendix
B: Case of Theo. Selected Bibliography on Diversity.
Appendix A: Ablism and Disability. Appendix B: Aging.
Appendix C: Classism. Appendix D: Gender. Appendix
E: Sexual Orientation: Gay, Lesbians. Appendix F:

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EXPLORATIONS IN DIVERSITY, 2E
Examining Privilege and Oppression in a Multicultural
Society
Sharon K. Anderson, Colorado State University, Ft. Collins; Valerie A.
Middleton, Colorado State University, Ft. Collins

This unique text features personal accounts from
mental health professionals, professors and students
facing issues of privilege and oppression in our diverse
society. In this collection of articles, writers discuss
discoveries and experiences about their own privileges
and oppression, and ultimately, the compassion
they have developed for individuals confronted with discrimination. Each essay inspires readers to reflect on their encounters with privilege and oppression, while discussion questions at the end of each story provide them with an opportunity to process these issues on a personal level. By studying these revealing stories of insight and understanding, readers learn how to recognize, examine, and come to terms with their own privileges and discrimination -- allowing them to become stronger, more acute, and more effective practitioners of the helping professions.

NEW TO THIS EDITION
• The authors have expanded upon an already diverse collection of personal essays.
• Seven new writers discuss pressing contemporary issues of privilege and oppression in sexuality, ageism, racism, and modern marriage, as well as oppression in academia and within the helping professions.
• Sectional introductions make the text easier to navigate and utilize in a classroom setting.

FEATURES
• Each essay inspires readers to reflect on their own encounters with privilege and oppression.
• Suggested literature and research is included in each reading for further exploration of the topic.
• Implications and discussions in each chapter allow readers to see the actions and results of each issue as they apply to real-life practice.
• Discussion questions at the end of each chapter provide an excellent opportunity to process the issue of privilege at a personal level.

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© 2011, 320pp, Paperback, 9780840032157
THE FOUR SKILLS OF CULTURAL DIVERSITY COMPETENCE, 4E
Mikel Hogan, California State University, Fullerton

Through a step-by-step format for entering into and developing cultural competence, Hogan’s text helps students acquire the skills necessary to become culturally competent practitioners. Drawing strongly on the author’s cultural diversity work, the book emphasizes the fundamental premise that cultural competence is an ongoing and multilayered process involving personal, interpersonal, and organization-wide levels. The book’s “four skills” approach addresses two key themes: the first two skills increase cultural awareness and understanding, while the third and fourth skills foster effective interpersonal techniques and organization change strategies. For this edition, Hogan includes recent research on ethnic identity and acculturation, as well as material on issues related to national culture and immigration. Within each chapter, Hogan combines both cognitive and experiential learning, thus ensuring that students have the knowledge and ability to apply the core concepts they are learning.

NEW TO THIS EDITION
• NEW Chapter 1 offers an updated definition of cultural diversity competence; a section emphasizing practice principles useful for the helping professions, and how those principles are aligned to CACREP, EPAS, and CSHSE accreditation standards. It also offers an expanded section on the “Interactive Learning Model, which includes results of new research on “transformational learning” for enhancing the learning process to optimize retention of cultural understanding and skills, as well as a conclusion from health professions diversity programs that says an overarching approach is needed for better results.
• NEW Chapter 2 offers added discussion on a wealth of current research and writing on such topics as “white privilege”; multiracial/ethnic identity, acculturation, and its relation to the levels of culture; and culture change in U.S. mainstream culture. Hogan has also added discussion and examples of hegemony and a case study illustrating organization culture.
• NEW Chapter 3 includes new case examples from training files, as well as new references regarding U.S. national culture, gender issues, and immigration developments in relation to diversity.
• NEW In Chapter 4, Hogan has expanded the discussion of the “Dialogue Process” and its three uses (to obtain Emic information, conflict recovery, and culturally centered problem-solving), and has also added new case examples to illustrate the “Problem Solving Process.”
• NEW Hogan has expanded Chapter 5’s section on “Designing and Implementing Organizational-Cultural Competence” to feature an “An Action Plan,” and explains its usefulness for identifying organizational and institutional diversity issues and problem-solving strategies. By placing the action plan in a specific context in the helping professions (a foster care network of agencies), the reader will clearly understand the usefulness of the action plan process and the importance of the four cultural skills of which it is comprised.

FEATURES
• With this text, students will learn to identify and understand culture as it operates on different social levels, as well as the barriers to effective communication and positive relationships.
• Hogan helps students understand and practice personal cultural competencies and presents dialogue and conflict-recovery skills for obtaining accurate and relevant information.
• Each chapter provides worksheets and discussion sheets designed to demonstrate the information presented on the four skills. The worksheets cover such topics as personal culture, verbal and nonverbal barriers to effective communication and relationships, using dialogue in case analysis, writing a case example, and devising action plans for organization-wide cultural competence.
• A diverse selection of case examples illustrates key concepts.
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© 2013, 144pp, Paperback, 9780840028624

CRISIS INTERVENTION

CRISIS INTERVENTION STRATEGIES, INTERNATIONAL EDITION, 7E

Richard K. James, University of Memphis; Burl E. Gilliland, Late of University of Memphis

This authoritative, best-selling text presents the latest skills and techniques for handling real crisis situations. The authors’ six-step model clearly illustrates and elucidates the process of dealing with people in crisis: Defining the Problem, Ensuring Client Safety, Providing Support, Examining Alternatives, Making Plans, and Obtaining Commitment. Using this model, the authors then build specific strategies for handling a myriad of different crisis situations, accompanied in many cases with the dialogue that a practitioner might use when working with the individual in crisis. New videos, available through a DVD and through CourseMate (both of which are available for purchase with the text), correlate with the text and demonstrate crisis intervention techniques for students who must not only understand the theoretical underpinnings of crisis intervention theories, but also apply them in crisis situations, thus illustrating how the theories play out in crisis scenarios.

© 2013, 752pp, Paperback, 9781111186784

NEW TO THIS EDITION

• New videos, available through a DVD and through CourseMate (both of which are available for packaging with the text), correlate with the text and demonstrate crisis intervention techniques for students who must not only understand the theoretical underpinnings of crisis intervention theories, but also apply them in crisis situations, thus illustrating how the theories play out in crisis scenarios.

• This updated edition includes references to seminal historical works, as well as new research.

• Chapter 1 now includes current and topical information relevant to the chapter’s discussion of the history of crisis intervention.

• Chapter 2 contains extensive new material, in particular the use of Brown’s social location theory – videos developed for the text include a live scenario using the new theory.

• Discussion of basic intervention skills is now divided into two chapters, in order to make the content easier for students to manage and to best deliver the material in from a task model.

• Chapter 4 now covers techniques, and includes the new triage assessment scale.

• Chapter 5’s discussion of case handling has been updated with more coverage of borderline personality disorders.

• Chapter 6, “Telephone and Online Crisis Counseling,” now offers much more discussion of Internet and telehealth applications.

• Chapter 7’s coverage of PTSD has been substantively updated and enhanced, with new content on military veterans as well as military programs, as well as discussion of traumagrams.

• Case material in Chapter 9 has been refined to better illuminate issues in all three segments discussed in the chapter: adult sexual assault, adult survivor of childhood sexual assault, and child assault.

CONTENTS


© 2013, 752pp, Paperback, 9781111186784
Elements of Crisis Intervention, 3E
Crisis and How to Respond to Them, International Edition
James L. Greenstone; Sharon C. Leviton, Texas Wesleyan University
School of Law and private mediation practice

Designed to help in day-to-day, on-the-scene crisis intervention, ELEMENTS OF CRISIS INTERVENTION: CRISES AND HOW TO RESPOND TO THEM, International Edition offers a nuts-and-bolts presentation of the most important information and concepts needed to be an effective crisis worker. Using a practical, hands-on approach, this one-of-a-kind text provides information, strategies, and guidelines in a quick-reference, outline format. The emotional equivalent of physical first aid, crisis intervention is the act of interrupting the downward spiral of maladaptive behavior as skillfully and as quickly as possible—and returning the sufferer to a pre-crisis level of coping. Effective crisis intervention is about management, not resolution. The goal of this text is to present the basic elements of crisis intervention so that they can be applied to varying crisis situations. A concise handbook for helping professionals who work on the front lines of crisis intervention, it is perfect for crisis interveners, first responders, counselors, nurses, disaster responders, EMTs, law enforcement, human service workers, psychologists, social workers, teachers, agency directors, military, and any other professionals who encounter crisis situations.

New! The exciting new Third Edition of ELEMENTS OF CRISIS INTERVENTION: CRISES AND HOW TO RESPOND TO THEM emphasizes how critical the careful choice of words is to crisis communications.

New! The book now includes even more vignettes and verbal transactions between intervener and victim, giving students practical insight through realistic examples.

New! New and expanded information on crisis response to disasters is included.

New! Expanded discussions highlight change, loss, and grief as the underpinning of crisis situations.

Features

- Excellent as a stand-alone or supplemental text, the ELEMENTS OF CRISIS INTERVENTION: CRISES AND HOW TO RESPOND TO THEM, 3e offers a condensed and applied discussion of crisis intervention that allows instructors to teach the basic information on crisis intervention in a short amount of time. It is packed with examples and straightforward guidelines for effectively managing crisis situations.
- Succinct yet thorough, the text offers up-to-date coverage of what constitutes a crisis, differences between crisis work and counseling, ways to deal with burnout, how to work with children and families, procedures for intervening, mistaken assumptions, special issues and situations, communication techniques, and ethical and legal implications.
- Perception and its relevancy to identifying the real crisis situation are emphasized throughout.
- The text highlights the relationship between safety procedures and personal and situational awareness, the importance of “inklings”, checklists for immediate use and reference, as well as safety procedures in and out of the office.
- In addition to listing the areas covered in the chapters, the table of contents also serves as a step-by-step guide leading readers through the intervention process.
- Extremely well organized and user friendly, the text enables interveners to look up material according to the activity they want to perform as well as by the intervener’s role (such as, police officer or therapist). These listings are printed on the inside front and back cover of the book. In addition, the preface provides a helpful description on how to use the book effectively.

Contents


© 2011, 160pp, Paperback, 9780840033154
ETHICS IN COUNSELING & PSYCHOTHERAPY, INTERNATIONAL EDITION, 5E
Elizabeth Reynolds Welfel, Cleveland State University

Revised to reflect recent ethical, legal, and professional developments, Welfel's ETHICS IN COUNSELING AND PSYCHOTHERAPY, 5E, International Edition prepares readers to deal effectively with the complex issues they will confront in practice. The book's ten-step model of ethical decision making guides students and practitioners as they work through and analyze complicated ethics cases that demonstrate some of the most challenging dilemmas that they will face. This edition explores more fully how technology, including social networking, relates to ethical issues, and also discusses in more depth the ethical issues that may arise when counseling clients from different cultural backgrounds, clients with disabilities, and older adults. The text familiarizes readers with the field's key scholarly writings and, by examining emerging ethical issues, enables students to advance beyond their basic awareness and knowledge of the professional codes of ethics.

NEW TO THIS EDITION

• NEW Welfel highlights more extensively the relationship between legal developments and the professional responsibilities of counselors, psychologists, and other mental health professionals, particularly in the chapters relating to competence, confidentiality, informed consent, practice with diverse populations, and boundary issues. She also identifies methods students can use to search out relevant laws in their jurisdictions.

• NEW In this edition, the author more fully explores the relationship between technology and ethics, with special attention to ethical issues that emerge from online communication and social networking sites in both educational and community settings.

• NEW Chapter 3 on cultural issues in professional practice has been extensively revised, with more attention to issues of responsible work with clients with disabilities, international clients, and aging clients. Additionally, it offers more detailed examination of the relationship between culturally competent practice and social justice and the ethics of advocacy on behalf of clients, and incorporates recently published guidelines for practice with diverse populations (such as APA's documents on psychological practice with older adults and ACA's competencies for counseling transgendered clients and cross-cultural clients).

• NEW This edition offers a more in-depth examination of the role of personal values in ethical practice, integrating this discussion more fully with the content on positive ethics and ethics as a focus on ethical ideals and client welfare rather than a set of self-protective rules. The author also discusses ethical difficulties that professionals face in light of the systemic problems with mental health service and educational bureaucracies in the U.S.

• NEW Material in introductory chapters have been streamlined, to clarify the relationship between philosophy and professional ethics, the research on unethical practice, and the ethical decision making model.

• NEW Material on forensic practice in Chapter 11 has been condensed in order to include more on topics with broader application to students such as technology and practice with diverse clients.

• NEW Content on counseling college students has been moved from Chapter 11 to relevant chapters in Part 2, to distribute this coverage more fully throughout the text.

FEATURES

• ETHICS IN COUNSELING AND PSYCHOTHERAPY, 5E, International Edition addresses ethical issues for counselors working in such diverse settings as private practice, hospitals, day treatment settings, health maintenance organizations, and community health centers.
A ten-step model for ethical decision making provides a structure for competent response to both straightforward and complex ethical questions. This comprehensive model guides students through a systematic way to analyze ethical issues.

This contemporary text contains numerous case studies, followed by the author’s analysis of the cases, helping students to better structure their thinking and to apply professional standards to complex cases. Additionally, Dr. Welfel discusses the attitudes, skills, and competencies critical for ethical practice in a multicultural society.

CONTENTS

Up-to-date and comprehensive, this practical best-selling text provides students with the basis for discovering their own guidelines for helping within the broad limits of professional codes of ethics and divergent theoretical positions. Respected authors Gerald Corey, Marianne Corey and Patrick Callanan raise what they consider to be central issues, present a range of diverse views on these issues, discuss their position, and present many opportunities for students to refine their thinking and actively develop their own position. With new material throughout every chapter and an increased emphasis on critical thinking, the Eighth Edition is modern and useful for students as well as practicing professionals. ISSUES AND ETHICS IN THE HELPING PROFESSIONS, International Edition, explores such questions as: What role do the therapist’s personal values play in the counseling relationship? What ethical responsibilities and rights do clients and therapists have? And, what considerations are involved in adapting counseling practice to diverse client populations?

NEW TO THIS EDITION

- New commentaries following all of the cases presented in the various chapters provide guidance to students as they consider the issues involved. These commentaries also assist students in applying ethical standards from the various codes to a wide variety of practical cases. While students are not provided with the “correct answers” to the cases presented, they are given specific ideas about ways to resolve ethical
dilemmas found in the many cases.
• Throughout the book, the authors present new research and literature on a wide range of ethical topics, including countertransference, informed consent, ethical and effective practice of clinical supervision, sexual attractions in therapy, dealing with impaired supervisees, giving and receiving gifts, training and supervision of group leaders, advantages and disadvantages of counseling via the Internet, recent ethics codes on technology applications, and more. The authors also include new material on empathy fatigue, the role of spirituality and religion in counseling, ethical issues in spirituality and addictions treatment, and end-of-life decisions. Additionally, new information has been added on the CACREP (2009) standards pertaining to personal counseling for students.
• Chapter 4, “Multicultural Perspectives and Diversity Issues,” has been thoroughly revised and now includes new information on multicultural and diversity perspectives, a revised discussion of issues pertaining to sexual orientation and inclusion of competencies in working with LGBT individuals, and an updated discussion of training students in the area of multicultural competence.
• The book’s discussion of confidentiality and privileged communication has been expanded. Chapter 6, “Confidentiality: Ethical and Legal Issues,” includes a new discussion of an ethical practice model for protecting clients’ confidentiality, a revised section on the implications of HIPAA for mental health providers, and updated material on the duty to warn and protect, especially in protecting children, older persons, and dependent adults from harm.
• In Chapter 8, “Professional Competence and Training,” you’ll find a new discussion of competence and how to assess it, as well as important new material on formative assessment, summary assessment, and an expanded section on continuing professional education.

FEATURES
• The authors draw upon their combined experiences to provide a realistic and challenging view of dealing with ethical issues. Throughout the text, the authors stress that ethical decision making is an ongoing process with no easy answers. However, the book gives readers the framework to think through the issues.
• With an emphasis on critical thinking, the text involves readers in the learning process through self-inventories, case examples, open-ended questions, and discussion questions.
• The ETHICS IN ACTION CD-ROM (available for packaging with the text) contains 60 minutes of video vignettes in which students role-play ethical situations and responses; commentary from the Coreys; group interaction and discussion, and exercises through which students can explore and gain knowledge. Most chapters feature activities that correlate with the ETHICS IN ACTION CD-ROM.
• Highlight codes are integrated throughout the text to help students learn where and when these codes apply. (Complete lists of the codes of ethics for the ACA, NASW, NOHSE, APA, ASCA and AAMFT are included in the newly updated booklet CODES OF ETHICS FOR THE HELPING PROFESSIONS, which is available for bundling with the text.)

CONTENTS

© 2011, 624pp, Paperback, 9780495904687
GROUP COUNSELING, 7E
Interventions and Techniques, International Edition
Robert L. Masson, West Virginia University, Morgantown; Ed E. Jacobs, West Virginia University, Morgantown; Riley L. Harvill; Christine J. Schimmel, West Virginia University

This widely used and respected book presents an active, multisensory approach to group leading, focusing heavily on group leadership skills. The authors discuss the many facets of group counseling and provide examples of how each skill can be applied in a wide range of group settings to produce effective and efficient group sessions. New to this edition is an accompanying DVD that enables students to see many of the skills highlighted in the book, helping them more effectively bridge the gap between theory and practice. This book focuses on the skills necessary for starting and ending a session, as well as how to make the middle phase productive and meaningful, uniquely equipping students with the tools necessary to lead a group. Group Counseling: Interventions and Techniques, International Edition is well-suited for school counselors, mental health counselors, social workers and psychologists.

NEW TO THIS EDITION
• NEW! A 43-segment DVD provides students with the unique opportunity to see helpers in action. This DVD breaks down the different aspects of the group session, step by step, and provides good and bad examples for each.
• NEW! The ethics section has been moved from the last chapter to the first chapter, giving students access to ethical considerations immediately upon beginning to read the book.
• NEW! The text includes an enhanced discussion of group counseling in school settings, providing more useful information that is unique to group work with children and young adults in schools.

FEATURES
• The new 43-segment DVD can be used in class and as homework. Each segment lasts 1-6 minutes, providing numerous teachable moments in small, easy-to-digest clips.
• Covers basic and advanced group leadership skills for school counseling students, as well as mental health and social work students.
• The book is easy to read with numerous examples and creative exercises, providing students with a unique learning experience in group counseling courses.
• Includes a chapter on issues in group counseling that covers ethics, co-leading a group, and research.
• Activities at the end of each chapter help students practice what they have read.

CONTENTS
1. Techniques and Leadership Skills in Group Counseling.
3. The Importance of Purpose in Group Counseling.
5. Getting Started: The Beginning Stage and Beginning Phase.
6. Basic Techniques in Group Leadership.
7. Focusing Your Group.
9. The Use of Rounds and Dyads.
10. Using Exercises in Group Counseling.
11. Introducing, Conducting and Processing Exercises in Group Counseling.
12. Leading the Middle Stage of a Group.
13. Counseling Theories in Group Counseling.
15. Closing a Session or Group.
17. Group Counseling and Specific Populations.
18. Issues in Group Counseling.
Appendix. References. Index.

© 2012, 552pp, Paperback, 9780840033956
AN INTRODUCTION TO HUMAN SERVICES, INTERNATIONAL EDITION, 7E
Marianne R. Woodside, University of Tennessee, Knoxville; Tricia McClam, University of Tennessee, Knoxville

With a new DVD showing chapter concepts in real-world practice, best-selling AN INTRODUCTION TO HUMAN SERVICES, International Edition delivers a uniquely practical and comprehensive introduction to the human service profession. Drawing on the authors’ extensive experience as practitioners, educators, and researchers, the text defines human services, reviews the historical development of the field, provides a practical overview of the profession, and emphasizes the skills needed to succeed as a human services practitioner. The text provides a solid grounding in such fundamental concepts as serving the whole person, using an interdisciplinary approach, interacting with helper and client, preparing generalists, and empowering clients. Every chapter includes detailed case studies to highlight the practical applications of key concepts and prepare students to effectively address issues they are likely to encounter as helping professionals. In addition, the new accompanying DVD adds compelling demonstrations by skilled professionals to illustrate basic concepts.

NEW TO THIS EDITION
• New! Providing real-world illustrations for every chapter, the new DVD demonstrates chapter concepts in action! Segments vary from vignettes about clients and helping strategies to professionals and the challenges they encounter in their work.
• New! Cutting-edge cases and applications provide a number of ways for students to apply concepts and strategies introduced in the text to real-world scenarios.
• New! End-of-chapter “Want to Know More?” features give students a variety of resources to further explore concepts and issues related to that chapter.
• New! A number of new features relate to service delivery: a section on evidence-based practice and how it influences human services practice, an expanded focus on the strengths-based perspective, emphasis on the importance of outreach, and new information about issues related to children, youth, military veterans, and families.
• New! Every chapter has been thoroughly revised and updated to reflect the latest research, new ideas in theory, and leading innovations in practice, important influences on human services, and new challenges and special issues facing today’s practitioners.

FEATURES
• An engaging and enjoyable read, this student-friendly text delivers a comprehensive introduction to the human services field and the essential skills students need to succeed as working professionals.
• Each chapter includes chapter objectives, multiple detailed real-world case studies with focus questions, lists of key terms, a summary of important Things to Remember, and suggested readings for further information—all designed to make instruction more effective and facilitate student learning.
• Compelling real-world case studies in each chapter illustrate key concepts and provide a useful guide to practical considerations facing human service professionals today.
• Completely up to date, case studies illustrate each human service delivery model, while a special concluding case study integrates all three models. In addition, the expansive human service model includes a strengths perspective.
• Published simultaneously with the text and bundled with each copy of the Instructor’s Edition, the companion student workbook ACTIVITIES AND EXERCISES FOR AN INTRODUCTION TO HUMAN SERVICES helps students master course concepts through assignments and self-study exercises.

CONTENTS
AN INTRODUCTION TO THE COUNSELING PROFESSION, 4E
The World of the Counselor, International Edition
Edward S. Neukrug, Old Dominion University

Described by many as a comprehensive, yet fun and easy-to-read introductory text, An Introduction to the Counseling Profession, International Edition offers students an overview of the counseling profession. Structured around the CACREP core curriculum areas, students will gain an understanding of the professional identity of the counselor; examine the history and current trends of the profession; review important standards such as ethics, credentialing, accreditation, and multicultural and advocacy competencies; and learn basic content related to topics such as counseling theory, counseling skills, group work, family counseling, consultation, supervision, social and cultural issues, normal development and psychopathology, career development, research, and assessment.

NEW TO THIS EDITION
- New! Each chapter has updated references and an expanded section on multicultural issues to include a social justice focus.
- New! Chapter 4 covers the psychodynamic approaches of psychoanalysis, analytical therapy, and individual therapy, as well as the existential-humanistic approaches of existential therapy, gestalt therapy, and person-centered counseling.
- New! Chapter 5 includes an important method of writing case notes: the Subjective, Objective, Assessment, and Plan (SOAP).
- New! Chapter 7 includes information about the Association for Specialists in Group Work’s (ASGW) Best Practice Guidelines and Professional Standards for the Training of Group Workers.

FEATURES
- This edition has been thoroughly updated to include coverage of new research and current trends, including explosive issues related to multicultural counseling, changes in the implementation of school counseling programs, and issues affecting community and mental health counseling such as credentialing, managed care, and updated treatment issues.
- Neukrug addresses relevant ethical concerns in every chapter of the text. Ethics (including discussion of the new 2005 ACA Code of Ethics) and accreditation are expanded upon in Chapter 3.
- Comprehensive and research-based, this edition includes over 2,000 references.
- Cutting-edge multicultural issues are discussed in every chapter.
- Additional examples help illustrate concepts as they are discussed within each chapter.
- A chapter-opening personal vignette gives readers a glimpse of the reality of the counseling profession.

CONTENTS

© 2012, 720pp, Paperback, 9780840034328
Ideal for anyone embarking on or considering a career in the helping professions, BECOMING A HELPER, International Edition provides an overview of the stages of the helping process while teaching students the skills and knowledge they need to become successful helping professionals. Drawing on their years of experience, Corey and Corey focus on the struggles, anxieties, and uncertainties students often encounter on the road to becoming effective helpers. In addition, the text emphasizes self-reflection on a number of professional issues and challenges readers to examine their motives for choosing a helping career. Finally, the authors help students decide if a career in the helping professions is right for them by asking them to take a candid look at the demands and strains they'll face in the helping professions.

**NEW TO THIS EDITION**

- Extensively updated throughout, the book includes current information on topics such as rehabilitation counseling and substance abuse counseling, conflicts in helping relationships, self-awareness, the helping process, narrative therapy, fieldwork experiences, and supervision.
- Important issues unique to the helping professions, such as transference, countertransference, recognizing competence, and learning to refer, are covered in more depth.
- The authors have extensively updated their coverage of diversity issues with new literature, a new section on social justice competencies, and a more complete discussion of understanding people with disabilities.
- The Sixth Edition offers an increased focus on the challenges of coping with stress and burnout, including new material on preventing burnout and staying healthy in one's personal and professional life.
- Updated discussions of working with groups and working in the community have been added, including a concise discussion of key elements to consider in forming and conducting a group, as well as the various roles community workers need to assume if they are to make a difference in the larger picture. Additional focus is placed on crisis intervention strategies and the role of advocacy and social activism in community work.

**FEATURES**

- Students investigate their motives and aptitude for becoming helpers through self-assessments and inventories designed to encourage the self-reflection process as well as the authors' discussions on the reality of what it is like to be a helper.
- The text provides basic information on practice, including information on skills, stages of helping, managing boundaries, and working with the community, and groups.
- The authors introduce students to professional issues, such as values in the helping professions, ethical issues, common concerns of helpers, stress and burnout, and how helpers can take care of themselves.
- Case examples and vignettes drawn from Corey and Corey's experiences enliven the text and get readers personally involved, while the chapter reviews, focus questions, inventories and exercises help students to reflect on and apply the content of the chapter.
- The ETHICS IN ACTION CD-ROM (available for packaging with the text) contains 60 minutes of video vignettes in which students can role-play ethical situations and responses, listen to commentary from the authors, and participate in exercises that will help them explore topics and gain knowledge.

## CONTENTS


© 2011, 696pp, Paperback, 9780495812777
DEVELOPING HELPING SKILLS, 2E
Valerie Nash Chang, Indiana University, Emeritus; Sheryn T. Scott, Azusa Pacific University; Carol L. Decker, Indiana University

Chang, Scott, and Decker’s multilayered teaching and learning system presents a creative blend of learning methods and clear presentation of topics to help students think like practitioners and apply foundational skills to real-world practice. Students first read about professional practice and the skills required to work effectively with clients. Students then think and write about the ideas and concepts presented in the text by completing homework exercises following each new concept. Next, students watch and discuss the accompanying DVD (available for packaging with the text), which demonstrates how to use the skills covered in the text with an individual, family, or group. Furthermore, the text’s modified case-based method introduces a continuing case, one section at a time, throughout the chapters, which helps students learn how to think like professionals. Finally, exercises with specific directions for role-playing the client, practitioner, and peer supervisor, followed by a simple evaluation tool completed by the peer supervisor and practitioner, promote practice and evaluation.

NEW TO THIS EDITION
• NEW Content has been updated and revised to reflect the latest research and findings.
• NEW Each chapter focuses on professional competencies, such as the CSWE’s Educational Policy and Accreditation Standards, as they relate to the chapter material.
• NEW Key terms are now highlighted, defined, and included in the new Glossary.
• NEW Chapter 1 includes sections on the influence of socioeconomic status, life stages, and disability, written to illuminate these important matters and help readers gain deeper understanding of the issues surrounding them.
• NEW Chapter 2 offers a section on the family systems perspective, which explains the basic concepts behind the theory and also provides insight into the application of the family systems perspective to practice. Chapter 2 also includes a new case with questions related to each of the perspectives addressed in the chapter.
• NEW Chapter 3, “Values, Ethics, and Legal Obligations,” addresses such topics as personal and professional values (and what to do when a conflict between these arises), ethical standards, professional competency and integrity, confidentiality, boundary violations, informed consent, legal obligations, and more.
• NEW Chapter 4, “Professionalism and Professional Relationships,” informs readers on the importance of being professional; maintaining respectful, productive relationships with colleagues in their own and other disciplines; using supervision and consultation appropriately; engaging in career-long learning; advocating for change; and understanding the nature of professional relationships.
• NEW Chapters 7 through 15 include a new modified problem-based case that helps readers apply chapter concepts to a real-world situation.
• NEW Chapter 11 now contains a discussion of assessing readiness to change using social cognitive theory.
• NEW Chapter 13 includes a new discussion of ways to monitor the client-practitioner relationship and progress on goals.

CONTENTS
INTRODUCTION TO COUNSELING, 7E
Voices from the Field, International Edition
Jeffrey A. Kottler, California State University, Fullerton; David S. Shepard, California State University, Fullerton

INTRODUCTION TO COUNSELING, International Edition provides students with a comprehensive overview of the counseling profession while encouraging them to examine the day-to-day realities of being a counselor and their motivation for choosing the profession. Coverage includes information on what counseling is, as well as its history, theoretical orientations, applications, and professional issues. As students become engaged in the process of learning and applying counseling concepts, they get an unparalleled look at what their professional futures may hold. In addition, “Voices from the Field” sections in each chapter offer further insight into the real challenges faced by experienced practitioners counselors, as well as the ways those challenges were resolved. A new set of videos available on DVD bring many of these topics to life.

NEW TO THIS EDITION
• REAL WORLD RELEVANCE. “Voices from the Field” are brought to life with a new DVD that features interviews with practitioners and students.
• The chapter on insight-oriented theories has been significantly expanded to include narrative and postmodern counseling.
• The chapter on Integrating Theory and Counseling Skills has a new section indicating which approaches are receiving research support for treating specific mental health disorders.
• The chapter on Career Counseling now includes a section we have called, Counseling in Economic Hard Times.

FEATURES
• PRACTICAL APPLICATIONS. Case examples, personal accounts, and practical applications illustrate the text concepts and give students a deeper understanding of the material.
• HANDS-ON EXERCISES. Experiential exercises at the end of each chapter provide students with hands-on learning activities that get them involved in learning about the counseling process.
• NEW DIRECTIONS. “The Future is Now: New Issues in Counseling” sections highlight new directions in the field of counseling such as the use of the Internet and evidence-based practice.
• COUNSELING IN ACTION. “Voices from the Field” sections offer unflinching accounts of the realities of doing counseling – including both the frustrations and the joys – for a balanced understanding of professional practice.
• RELEVANT READINGS. Readings include fiction, nonfiction, films, traditional counseling, and social science literature and cover current information on treating addictions, Internet addictions, psychopharmacology, spiritual/transpersonal counseling, and ethics.

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© 2011, 592pp, Paperback, 9780840033246
INTRODUCTION TO SOCIAL WORK & SOCIAL WELFARE, 4E
Critical Thinking Perspectives, International Edition
Karen K. Kirst-Ashman, University of Wisconsin, Whitewater

Designed to give your students a solid introduction to the profession of social work, INTRODUCTION TO SOCIAL WORK AND SOCIAL WELFARE, 4E, International Edition helps students understand the issues that social workers address every day. Using clear, engaging prose, author Kirst-Ashman presents a balanced overview within a unifying theme of critical thinking that will train students to be more evaluative of key concepts. In addition, studying is made easy with the Book Companion Website, which provides students with opportunities to complete self-assessments as well as pre- and post-tests for each chapter. Thoughtful case studies found throughout the text show you what social-work practice looks like in different contexts and with different populations. INTRODUCTION TO SOCIAL WORK AND SOCIAL WELFARE, 4E, International Edition also boasts a thorough set of instructor focused resources that helps instructors streamline and maximize the effectiveness of their course preparation.

NEW TO THIS EDITION

- This edition is thoroughly up to date with the most recent EPAS requirements. NEW Helping Hands icons within the chapters and end-of-chapter Competency Notes spotlight text coverage of the required Core Competencies and recommended Practice Behaviors detailed by CSWE’s new EPAS 2008.
- The book has been thoroughly updated with new content, including an extended discussion of social work with military personnel and veterans, as well as new examples and coverage of discussion of policy and practice with immigrant and migrant populations.
- Chapter 1 contains new material on the examination of the concept of sustainability.
- Chapter 2 features an additional example of a strategy of ethical reasoning to arrive at principled decisions and material on ethical conflicts for military social workers during combat.
- Chapter 3 now includes a highlight summarizing the definitions of terms characterizing diversity, examination of the concept of intersectionality, updated statistics on the economic status of African Americans and women, added new material on Klinefelter’s syndrome, and added discussion of terms often used in connection with the word “Muslim,” including “Arab American” and “Middle Eastern.”
- Chapter 4 has added material on the use of consultation, the negotiator role, professional identity and conduct and the concept of sustainability, and the process and practice of social work.
- Chapter 5 contains a new case example of a dual relationship in a rural community where a strategy is applied to arrive at ethical decisions; new content on practice with individuals involving interviewing; additional content on treatment groups; new content on task groups, including staff development groups, cabinets, boards of directors, and coalitions; new content on practice with organizations and communities including “social advocacy,” “planning and policy practice,” and “community capacity development” (Rothman, 2007, p. 12); and updated categories for NASW Professional Social Work Credentials and Advanced Practice Specialty Credentials.
- Chapter 6 has added material on The Voting Rights Act of 1965, the “housing bubble” and Great Recession, people living in poverty and their problems with credit, and Barack Obama’s presidency.
- Chapter 7 has a new case example demonstrating innovative policy practice.
- Chapter 8 has additional and revised content on Temporary Assistance to Needy Families (TANF) and Children’s Health Insurance Program (CHIP).

CONTENTS


© 2013, 608pp, Paperback, 9781133354987

SOCIAL WORK AND SOCIAL WELFARE, 7E
An Introduction, International Edition
Rosalie Ambrosino, University of Texas, San Antonio; Joseph Heffernan, Retired, University of Texas at Austin; Guy Shuttlesworth, Emeritus, University of Texas at Austin; Robert Ambrosino, The University of Texas at San Antonio

Reflecting the latest practices, accreditation requirements, and developments from the field, bestselling SOCIAL WORK AND SOCIAL WELFARE: AN INTRODUCTION, International Edition gives readers a broad understanding about the social work profession and the role it plays in the social welfare system. Part of the Brooks/Cole Empowerment Series, the Seventh Edition is completely up to date and thoroughly integrates the core competencies and recommended practice behaviors outlined in the 2008 Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE). With its signature systems/ecological approach in understanding social welfare, the book focuses on specific social welfare areas in which social workers play major roles in policy and practice. It adopts the philosophy that there are many reasons why social problems occur, and students need to understand the history, values, factors (economic, political, and cultural) that surround these issues and the attempts to solve or address them. Instead of presenting a specific political perspective, the authors encourage readers to think critically about issues in a new way. Each chapter opens with a vignette about a social worker in a specific setting and closes with a discussion about the career opportunities for social workers in the area discussed.

NEW TO THIS EDITION
• SOCIAL WORK AND SOCIAL WELFARE: AN INTRODUCTION, 7e is thoroughly up to date with the most recent EPAS requirements. NEW Helping Hands icons within the chapters and end-of-chapter Competency Notes spotlight text coverage of the required Core Competencies and recommended Practice Behaviors detailed by CSWE’s new EPAS 2008.
• New practice objectives have been added into the front of each chapter.
• Activities are directly linked to CSWE practice behaviors, giving students hands-on experience putting chapter concepts into action.
• Completely current, the Seventh Edition includes updated information on the latest policy issues--specifically health care reform and immigration

FEATURES
• Offering a more global perspective on social welfare policy, the Seventh Edition of this proven text includes discussions of the impact of the “war on terrorism” and the war in Iraq, relating both to domestic spending and analyzing how funds are being shifted to homeland security and Iraq. Students are asked to consider policy implications for how the U.S. is perceived globally.
• The authors include coverage of military social work and implications of the Iraq war on military families.
• A focus on key social justice issues includes racism, sexism, homophobia, and other types of oppression on individuals, as well as the way that the allocation of resources reinforces these forms of oppression
and injustices.
• The book’s robust online pedagogy includes key words and concepts for online literature searches and further study at selected web sites, including those operated by state and federal government agencies and advocacy groups that provide demographic data about populations discussed in the text.
• A blend of practice and policy issues from the systems/ecological perspective supports the values of the social work profession as described by the Council on Social Work Education (CSWE).
• Early coverage of diversity provides a broad base for use in subsequent chapters. The book’s thorough diversity coverage includes substantial information on social and economic justice, which is emphasized heavily in the CWSE’s revised EPAS.

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© 2012, 512pp, Paperback, 9781111304775

THEORY, PRACTICE, AND TRENDS IN HUMAN SERVICES, 5E
An Introduction, International Edition
Edward S. Neukrug, Old Dominion University

Neukrug’s easy-to-understand text addresses critical topics in Human Services, thereby providing students with a comprehensive overview of the field. The book addresses the field’s history, theory, helping skills, and professional standards, as well as techniques for working in group counseling, family counseling, and community systems. Neukrug also addresses research, evaluation, assessment, normal and abnormal human development, career issues, and multicultural awareness, all of which figure prominently into the knowledge and skill base that informs the human services worker’s daily responsibilities. The book is further distinguished by its experiential emphasis, unique use of personal vignettes, and focus on the development of the helper.

NEW TO THIS EDITION
• This edition has greatly increased diversity coverage. Expanded from 1 chapter, Chapter 7, Diversity, Cultural Competence, and Social Justice covers information on cultural diversity in the United States and the World, the reasons we need culturally competent human service professionals, and the importance of social justice work while Chapter 8, Working with Diverse Clients, offers some statistics that demonstrate how demographics in the United States have been changing dramatically in addition to presenting models for the development of cultural competence and specific guidelines for working with a number of diverse clients.
• Based on the most current research, Chapter 1 has updated the characteristics that make an effective human services professional, in addition to updating
information on the definition of the human service professional and various related mental health professions.

• Chapter 3: Theoretical Approaches to Human Service Work, was significantly rewritten. Besides defining counseling, psychotherapy, individual vs. systemic approaches, and theory, this chapter offers a quick look at twelve theories broken down into four conceptual approaches or schools: psychodynamic, existential-humanistic, cognitive-behavioral, and post-modern. The chapter also identifies some other, common, theoretical approaches and helps students understand what an integrative or eclectic approach is.

• A new Afterword discusses trends in jobs and earnings in the human services and whether or not your personality “fits” the human service profession. The Afterword identifies a number of items to consider when choosing a graduate program or finding a job and discusses important aspects of the application process when applying for jobs or for graduate schools. How to write good resume and the importance of a portfolio are discussed and specific resources are given to help emerging Human Services professionals find a job or a graduate program.

FEATURES

• This book is a comprehensive overview of the human service field that offers information on history, professional issues, theory, skills, case management, systems, human development, career issues, research, testing, multicultural issues, and future trends.

• Ethical vignettes at the end of each chapter allow students to contemplate and reflect upon the content covered in that chapter.

• The book offers an up-to-date examination of the stages of the helping relationship and discusses a number of areas involved with client case management. It also examines—in a variety of ways—the critical area of client confidentiality.

• Each chapter opens with a personal vignette, written by the author, in which he shares his perspective and thoughts about being a helper.

• A section entitled “The Developmentally Mature Human Service Worker” in every chapter helps readers assess their development.

• Assess your own development with the practical sections entitled “The Effective Human Services Professional,” which appear in every chapter.

CONTENTS


© 2013, 416pp, Paperback, 9781133371816

PRACTICUM/FIELD EXPERIENCE

THE HUMAN SERVICES INTERNSHIP, 3E
Getting the Most from Your Experience, International Edition
Pamela Myers Kiser, Elon College

Integrating theory with real-world practice, THE HUMAN SERVICES INTERNSHIP: GETTING THE MOST FROM YOUR EXPERIENCE, International Edition helps students make meaningful connections between classroom learning and their own field experiences through ongoing reflection, analysis, and exercises. This workbook-formatted text reviews and updates basic information that is useful to students in human service field programs. An excellent tool for self-assessment and analysis, the text intersperses exercises through each chapter to engage students in thinking about how the material being discussed relates to
their own experiences. A unique six-step model—that students are encouraged to use throughout their field experience—guides students in enhancing self-awareness, integrating the knowledge and values of the profession, recognizing challenging and dissonant situations, decision-making, and follow-through. Chapters on getting started, ethics, cultural diversity, communication, self-care, and other topics help students maximize their learning from experience. Covering information from the beginning to the end of an internship, the text helps students analyze different experiences and situations they encounter on a daily basis in their field work.

NEW TO THIS EDITION

• New! The exciting new edition of THE HUMAN SERVICES INTERNSHIP offers extended discussion of social policy and cultural diversity issues.
• New! The text includes new material on the strengths-based perspective and evidence-based practice.
• New! More detailed discussions of creating electronic portfolios equip students with another skill they can use in their job search. The “For Your e-Portfolio” feature discusses specific technology platforms for electronic portfolios and offers broad writing topics that students can address in the e-Portfolio, which many schools now require during internships.
• New! Evidence-based practice is introduced early in the book and is reinforced throughout the text.
• New! Chapter 9, “Taking Care of Yourself,” adds a new stress assessment tool, helping students adopt healthy stress management practices that they can carry into their careers.
• New! Chapter 3, “Developing Ethical Competence,” includes more information on personal and professional boundaries in the workplace.
• New! Completely up to date, the Third Edition includes new material, examples that reflect the current economic crisis, and a broad range of field placements.
• New! The new chapter order introduces key material in a more timely fashion, including earlier placement of the chapters on Ethics and Using Supervision.

FEATURES

• Kiser offers a wealth of practical information for students just beginning their field experience, focusing on issues such as myths about internships, stages in the development of internships, development of a learning agreement, and getting to know the field placement agency.
• The book offers solid coverage of the special skills of human service professionals—including supervision, diversity, ethics, communication with clients, oral and written reports, and emotions and stress in the workplace—while helping students understand and avoid the common problems interns face.

CONTENTS


© 2012, 384pp, Paperback, 9781111186890

RESEARCH, STATISTICS & WRITING

STATISTICS FOR EVIDENCE-BASED PRACTICE AND EVALUATION, INTERNATIONAL EDITION, 3E

Allen Rubin, University of Texas, Austin

Rubin’s STATISTICS FOR EVIDENCE-BASED PRACTICE AND EVALUATION, 3E, International Edition has a proven ability to reach students and get them excited about—and see the relevance of—a course they often find intimidating. Presented in an authoritative yet humorous style, this text—designed specifically for statistics and evaluation courses in the helping
professions—features cases, exercises, and many examples to bring the topic of statistics alive for student readers.

NEW TO THIS EDITION

- Chapter 8, titled “Types of Distributions,” now gives more attention to distributions that are not normal.
- More content was added on calculating Cohen’s d, including a new figure (with an illustration) in Chapter 13.
- More content was added to Chapter 14 regarding how to present t-Test results, including a lengthy illustration of t-Test results from a recently published study by the author.
- All SPSS material was updated to conform to the current version of SPSS.
- New appendices were added on conceptual overviews of Multilevel Modeling (also known as HLM) and of Structural Equation Modeling (SEM).
- The sections in the Appendix on conceptual overviews of additional multivariate procedures were made into separate appendices, with one appendix each on discriminant analysis, factor analysis, logistic regression, path analysis, and event history analysis (survival analysis).
- A separate workbook was developed to accompany the text.
- The discussion of effect sizes in Chapter 13 was expanded to cover odds ratios for dichotomous data, such as in logistic regression analysis.

FEATURES

- Practical examples provide students with the opportunity to see how and when data analysis and statistics are used in practice, with a clear and thorough description of evidence-based practice for social work students.
- “Selecting an Appropriate Significance Test,” a useful chart that appears on the text’s endpapers, provides students with a quick and easy method to determine which test should be selected for the problem.

CONTENTS


© 2013, 368pp, Paperback, 9781133309390

SCHOOL COUNSELING

COUNSELING CHILDREN, INTERNATIONAL EDITION, 8E
Donna A. Henderson, Wake Forest University; Charles L. Thompson, Late of, University of Tennessee, Knoxville

COUNSELING CHILDREN, International Edition covers the most practical and up-to-date methods for developing effective approaches to counseling.
children. Authors Charles Thompson and Donna Henderson's text is unparalleled in its translation of theory into practice. COUNSELING CHILDREN, International Edition is an easy-to-read guide that includes useful strategies and case studies to provide students with a realistic look at the counseling field. The updated text provides new CACREP-aligned learning objectives at the beginning of each chapter, in addition to new coverage of multicultural issues including religion and sexual orientation. Each COUNSELING CHILDREN, International Edition chapter features information on how to apply that theory to children and families of different cultural backgrounds. COUNSELING CHILDREN, International Edition presents a development approach to counseling that considers age and stage differences in counseling children, adolescents, and adults.

NEW TO THIS EDITION

• COUNSELING CHILDREN offers a new focus on ethics, moving the section forward to help students build an ethics foundation and utilize it throughout the text.
• The updated edition of COUNSELING CHILDREN features new material in the multicultural chapter, including a focus on religion and sexual orientation, and also addresses core multicultural competency requirements of counselor education.
• COUNSELING CHILDREN includes new CACREP-aligned learning objectives at the beginning of each chapter, providing students with helpful guidelines for reading the text.

FEATURES

• COUNSELING CHILDREN presents twelve established counseling theories used when working with children and their families, as well as techniques and interventions based on those theories.
• The updated text features in-depth practice information on issues and techniques in counseling children, such as play therapy, counseling children from different cultures, and ethical and legal issues.
• Each theory chapter in COUNSELING CHILDREN includes information on how to use that theory, as well as website listings that provide students with further resources for the information discussed in the text.
• The text offers solution-focused brief counseling and paradoxical counseling methods, providing step-by-step assistance in helping beginner counselors develop their skills.
• Each COUNSELING CHILDREN chapter contains short case studies with counseling transcripts, illustrating how that specific counseling theory is applied.

CONTENTS

PART I: INTRODUCTION TO COUNSELING CHILDREN.
1. Counseling. 2. Introduction to a Child’s World. 3. The Counseling Process. 4. Legal and Ethical Considerations.
PART II: COUNSELING THEORIES AND TECHNIQUES.
17. Play Therapy. 18. Group Counseling with Children. 19. Counseling Children with Special Concerns.

© 2011, 768pp, Paperback, 9780840032607

BECOMING A HELPER, INTERNATIONAL EDITION, 6E
Marianne Schneider Corey; Gerald Corey, California State University, Fullerton (Emeritus)

Ideal for anyone embarking on or considering a career in the helping professions, BECOMING A HELPER, International Edition provides an overview of the stages of the helping process while teaching students the skills and knowledge they need to become successful helping professionals. Drawing on their years of experience,
Corey and Corey focus on the struggles, anxieties, and uncertainties students often encounter on the road to becoming effective helpers. In addition, the text emphasizes self-reflection on a number of professional issues and challenges readers to examine their motives for choosing a helping career. Finally, the authors help students decide if a career in the helping professions is right for them by asking them to take a candid look at the demands and strains they'll face in the helping professions.

NEW TO THIS EDITION

• Extensively updated throughout, the book includes current information on topics such as rehabilitation counseling and substance abuse counseling, conflicts in helping relationships, self-awareness, the helping process, narrative therapy, fieldwork experiences, and supervision.
• Important issues unique to the helping professions, such as transference, countertransference, recognizing competence, and learning to refer, are covered in more depth.
• The authors have extensively updated their coverage of diversity issues with new literature, a new section on social justice competencies, and a more complete discussion of understanding people with disabilities.
• The Sixth Edition offers an increased focus on the challenges of coping with stress and burnout, including new material on preventing burnout and staying healthy in one's personal and professional life.
• Updated discussions of working with groups and working in the community have been added, including a concise discussion of key elements to consider in forming and conducting a group, as well as the various roles community workers need to assume if they are to make a difference in the larger picture. Additional focus is placed on crisis intervention strategies and the role of advocacy and social activism in community work.

FEATURES

• Students investigate their motives and aptitude for becoming helpers through self-assessments and inventories designed to encourage the self-reflection process as well as the authors' discussions on the reality of what it is like to be a helper.
• The text provides basic information on practice, including information on skills, stages of helping, managing boundaries, and working with the community, and groups.

• The authors introduce students to professional issues, such as values in the helping professions, ethical issues, common concerns of helpers, stress and burnout, and how helpers can take care of themselves.
• Case examples and vignettes drawn from Corey and Corey's experiences enliven the text and get readers personally involved, while the chapter reviews, focus questions, inventories and exercises help students to reflect on and apply the content of the chapter.
• The ETHICS IN ACTION CD-ROM (available for packaging with the text) contains 60 minutes of video vignettes in which students can role-play ethical situations and responses, listen to commentary from the authors, and participate in exercises that will help them explore topics and gain knowledge.

CONTENTS


© 2011, 696pp, Paperback, 9780495812777

CONCEPTUALIZATION AND TREATMENT PLANNING FOR EFFECTIVE HELPING
Barbara F. Okun, Northeastern University and Clinical Instructor, Harvard Medical School; Karen Suyemoto, University of Massachusetts, Boston

Okun and Suyemoto's book addresses theory and skills for continuing beyond the first few sessions with a client, thus helping students take the “next
step” from a basic understanding of interviewing skills to a conceptualization of the counseling process. CONCEPTUALIZATION AND TREATMENT PLANNING FOR EFFECTIVE HELPING teaches students how to integrate the many pieces of the helping process (e.g., theoretical orientation, the person of the therapist, the person of the client, the contexts that affect the clients, the therapy relationship, the context of the therapy, the skills and resources available, etc.) into a conceptualization that will foster efficacy in creating positive change.

FEATURES

- Experiential exercises appear throughout the text, fostering a deeper knowledge acquisition with an active reading model.
- The case of a client, Nancy, begins in Chapter 1 and recurs throughout the text to illustrate the progression through assessment, conceptualization, intervention, re-conceptualization, and termination.
- Many additional case examples were added in both the text and exercises in order to illustrate how clients vary and to examine the interaction of contextual, personal, and relational variables that affect conceptualization and treatment planning.
- “Appendix A: A Brief Review and Application of Established Theories” and “Appendix B: Exploring Your Experiences with Culture, Power, and Privilege” will be helpful in reminding trainees and consolidating previous learning.

CONTENTS


© 2013, 288pp, Hardback, 97811333314059
of socioeconomic status, life stages, and disability, written to illuminate these important matters and help readers gain deeper understanding of the issues surrounding them.

- NEW Chapter 2 offers a section on the family systems perspective, which explains the basic concepts behind the theory and also provides insight into the application of the family systems perspective to practice. Chapter 2 also includes a new case with questions related to each of the perspectives addressed in the chapter.

- NEW Chapter 3, “Values, Ethics, and Legal Obligations,” addresses such topics as personal and professional values (and what to do when a conflict between these arises), ethical standards, professional competency and integrity, confidentiality, boundary violations, informed consent, legal obligations, and more.

- NEW Chapter 4, “Professionalism and Professional Relationships,” informs readers on the importance of being professional; maintaining respectful, productive relationships with colleagues in their own and other disciplines; using supervision and consultation appropriately; engaging in career-long learning; advocating for change; and understanding the nature of professional relationships.

- NEW Chapters 7 through 15 include a new modified problem-based case that helps readers apply chapter concepts to a real-world situation.

- NEW Chapter 11 now contains a discussion of assessing readiness to change using social cognitive theory.

- NEW Chapter 13 includes a new discussion of ways to monitor the client-practitioner relationship and progress on goals.

**CONTENTS**


© 2013, 368pp, Paperback, 9781133371762

**ESSENTIAL INTERVIEWING, 8E**

A Programmed Approach to Effective Communication, International Edition

David R. Evans, University of Western Ontario; Margaret T. Hearn, University of Western Ontario; Max R. Uhlemann, University of Victoria; Allen E. Ivey, Distinguished Professor Emeritus, University of Massachusetts, Amherst

With an emphasis on the three major stages of interviewing: exploration, clarification and action, ESSENTIAL INTERVIEWING, International Edition offers students the same programmed-learning model of interviewing that has successfully trained countless members of the helping professions for nearly 30 years. Based on Ivey's systematic method of interviewer, counselor, and therapist training, as well as Hearn's programmed-learning model, the text makes interview skills clear and specific. The authors give students the tools they need to conduct successful interviews with diverse clients in a variety of professional settings, including social work, counseling, nursing, personnel work, and human services.

**NEW TO THIS EDITION**

- Expanded coverage of ethics in Chapter 1 helps to ground students in the most current standards of ethical practice.
- Activity Units at the end of every chapter provide students with more demonstrations of working with multicultural clients.
- Chapter 3 addresses the use of asking questions to
assist in clarification of client issues and problems.

- Based on reviewer feedback, the examples in the text have been broadened so students throughout the helping professions will find the examples more relevant to their practice goals.

FEATURES

- Readers actively participate in clients’ stories through engaging narratives. The book presents three possible responses to a client's statement or question, one of which is more appropriate than the others to give students practice developing effective reactions to common situations.
- Review Questions in each chapter are given after the teaching frame/interview segments. If readers get three or more answers wrong in this review section, they are encouraged to work through the chapter again. New frames and new questions have been added to this edition.
- Activity Units, including practice interview checklists and “Points to Remember” sections, appear in each chapter. These elements illustrate the programmed-learning structure of the text.

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© 2011, 352pp, Paperback, 9780840034724

ESSENTIALS OF INTENTIONAL INTERVIEWING, 2E
Counseling in a Multicultural World, International Edition
Allen E. Ivey, Distinguished Professor Emeritus, University of Massachusetts, Amherst; Mary Bradford Ivey; Carlos P. Zalaquett, University of South Florida; Kathryn Quirk

ESSENTIALS OF INTENTIONAL INTERVIEWING, International Edition delivers a more concise and student-friendly version of the Iveys’ bestselling INTENTIONAL INTERVIEWING AND COUNSELING—one in which every sentence and concept has undergone a thorough review to ensure both relevance and clarity for beginning helpers. Accessible to every helping professions student, the text uses an active voice and modular style that allows more flexibility. Its multicultural focus also reflects the diverse nature of today's classroom—and society. The Second Edition retains the authors' renowned Microskills model of teaching students vital interviewing skills step by step. It also integrates the five systems of helping—person-centered, decisional counseling, brief counseling, crisis counseling, and coaching—and includes new content addressing such critical topics as psychoeducational skills and Internet counseling. All-new practice exercises, an interactive DVD, and additional supplements help students develop a deeper understanding of text material. In addition, with its full array of text-specific online study and teaching tools, WebTutor is available with the new edition.

NEW TO THIS EDITION

- Reflecting the latest developments from the field, ESSENTIALS OF INTENTIONAL INTERVIEWING now integrates five systems of helping into the Second Edition. Students are introduced to and develop beginning competence in five helping systems: person-centered, decisional counseling, brief
counseling, crisis counseling, and coaching.

- All-new practice exercises are added to each chapter as well as specifics on how to utilize the interactive DVD and additional supplements to help students develop a deeper understanding of text material.
- New content addresses such critical topics as psychoeducational skills, increased emphasis advocacy, social justice, and updated information on Internet counseling.
- The five-stage structure of the interview is now reframed as relationship-story and strengths-goals-restory-action.

**FEATURES**

- **ESSENTIALS OF INTENTIONAL INTERVIEWING**'s multicultural focus gives students the insight they need not only to draw out client stories, but also to understand the importance of the thoughts, feelings, and behaviors in those stories.
- The active voice and accessible, modular style of the text enable students to quickly engage with the material regardless of the order in which the material is taught.
- The Ivey's signature Microskills model allows students to quickly develop beginning competence in four approaches to the interview: decisional counseling, person-centered, cognitive behavioral assertiveness training, and brief solution-focused counseling.
- The text encourages—and helps—students define their natural style of helping and their integration of helping skills in order to evaluate their own interviewing behaviors and effectiveness with clients.

**CONTENTS**


© 2012, 400pp, Paperback, 9780840034571

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**HELPING PROCESS**

*Assessment to Termination*

Tricia McClam, University of Tennessee, Knoxville; Marianne R. Woodside, University of Tennessee, Knoxville

Integrating a unique conceptual- and skills-based approach, **HELPING PROCESS: ASSESSMENT TO TERMINATION** presents the methodology of the helping process as it is practiced in the human service field. The strong applied approach of this “worktext” includes an innovative content chapter/skill chapter format. Skills/techniques are introduced in an overview chapter, which is followed by a chapter that provides case examples and worksheets enabling students to put what they learn into practice. Five chapters focus on the application of skills necessary for assessing, intake interviewing, planning, building a case file, implementing, and terminating work with clients. HELPING PROCESS is thoroughly grounded in strength-based helping. Featuring a multicultural emphasis throughout, it details the helping process using quotes, in-depth case studies, vignettes, and examples from front-line service providers such as counselors, case managers, and social workers to illustrate and reinforce key concepts.

**FEATURES**

- Written by proven authors who are seasoned professors and practitioners, this unique “worktext” captures the complexity and flexibility of the helping process.
process from assessment to termination and follow-up.

• Reflecting the latest practices from the field, the text is grounded in a strengths-based approach to helping. This model is integrated throughout the helping process and marks a redirection from problems, pathologies, and liabilities to an emphasis on strengths, resources, coping, possibilities, and resilience.

• HELPING PROCESS is comprised of both content chapters and skills-practice chapters. A content chapter provides an overview of skills and techniques, introducing students to the skills and their role in the helping process. A skills-practice section follows each content chapter, giving students hands-on experience putting newly learned skills into practice. These chapters provide students opportunities to develop their skills in assessing, intake interviewing, planning, building a case file, implementing, and terminating clients. They also include exercises for self-reflection.

• An emphasis on encouraging client participation in the process, reviewing cases, and documenting and report writing appears throughout all chapters.

• Case studies that illustrate human service practice provide students with the ability to see theory in real-world practice.

• HELPING PROCESS is packed with quotes from service providers, vignettes, and examples that reflect today's multicultural reality. A sensitivity to and understanding of this reality dramatically increases the effectiveness of helping professionals. This multicultural emphasis includes ethnic and racial diversity as well as gender, age, cognitive abilities, and sexual orientation. Examples and cases reflect real-world practice, enabling students to understand the complexities of helping.

• Issues covered “In More Depth”—such as intake interviewing children—allow students to grasp and retain material effectively.

• Chapter Objectives help readers focus their reading and study. Key terms, Chapter Summaries, Chapter Reviews, and Questions for Discussion serve as learning guides for students.

CONTENTS

© 2012, 256pp, Paperback, 9781111298432

INTERPERSONAL PROCESS IN THERAPY, 6E
An Integrative Model, International Edition
Edward Teyber, California State University, San Bernardino

Strongly focused on the therapist-client relationship, INTERPERSONAL PROCESS IN THERAPY: AN INTEGRATIVE MODEL, International Edition integrates cognitive-behavioral, family systems, and psychodynamic theories. Newly revised and edited, this highly engaging and readable text features an increased emphasis on the integrative approach to counseling, in which the counselor brings together the interpersonal/relational elements from various theoretical approaches, and provides clear guidelines for using the therapeutic relationship to effect change. The author helps alleviate beginning therapists' concerns about making "mistakes", teaches therapists how to work with their own countertransference issues, and empowers new therapists to be themselves in their counseling relationships. Featuring new case examples and dialogues, updated references and research, clinical vignettes, and sample therapist-client dialogues, this contemporary text helps bring the reader "in the room" with the therapist, and illustrates the interpersonal process in a clinically authentic and compelling manner.

NEW TO THIS EDITION
• Teyber's enhanced coverage of research-based cognitive-behavioral therapy includes more information regarding brief treatment applications
and new links to time-limited therapy and other treatment modalities.

- Featuring new case examples and dialogues, updated references and research, and improved descriptive headings to help students pick out important “takeaways” from the text, this newly revised and edited book and has been streamlined to eliminate redundancy.
- The Sixth Edition includes new material on the supervision process and stage models of professional development for counselors-in-training, plus the new HIPAA standards as related to mental health clinicians.
- A revised workbook, which can accompany the text, encourages students to apply what they have learned in the book to actual cases they have met in their practicum. New exercises encourage the students to make the most of their supervision.

FEATURES

- The book specific intervention guidelines for leveraging the therapist-client relationship to effect change to help alleviate beginning therapists' concerns about making mistakes.
- Students will find programmatic guidelines for writing case conceptualizations/treatment plans and process notes within the interpersonal process framework.
- Contemporary case studies develop multicultural awareness and continually demonstrate how cultural context influences case conceptualization and treatment planning.
- The book offers in-depth coverage of the role of attachment throughout the lifespan and attachment-related affects (such as shame) in clients' presentation of symptoms and problems.

CONTENTS

PART I: AN INTERPERSONAL PROCESS APPROACH.

APPENDICES: A. Process Notes. B. Case Formulation Guidelines. BIBLIOGRAPHY. NAME INDEX. SUBJECT INDEX.

© 2011, 512pp, Paperback, 9780495804208

INTERVIEWING AND CHANGE STRATEGIES FOR HELPERS, INTERNATIONAL EDITION, 7E

Sherry Cormier, West Virginia University, Department of Counseling Psychology; Paula S. Nurius, University of Washington, School of Social Work; Cynthia J. Osborn, Kent State University, Counseling and Human Development Services

Fully updated and streamlined to be used more easily within the parameters of several quarters or a given semester, INTERVIEWING AND CHANGE STRATEGIES FOR HELPERS, 7E, International Edition offers your students an introduction to the knowledge, skills, values, and tools needed by today's professional helpers. The authors' conceptual foundation reflects four critical areas for helpers: core skills and attributes, effectiveness and evidence-based practice, diversity issues and ecological models, and critical commitments and ethical practice, using an interdisciplinary approach that reflects the authors' extensive experience in the fields of counseling, psychology, social work, and health and human services. The text skillfully combines evidence-based interviewing skills and cognitive-behavioral intervention change strategies, thus preparing readers to work with clients representing a wide range of ages, cultural backgrounds, and challenges in living.

NEW TO THIS EDITION

- Acknowledging use of the book within a semester or two quarter framework, the authors streamlined this edition, retaining the same organizing structure and
skill-building components that adopters and readers have long valued, while integrating and distilling content to provide an up-to-date compendium of interviewing and change practices applicable across a range of settings and clienteles.

- Throughout, the authors have aimed to build on recent clinical evidence, and to point to emerging developments relevant to instruction in clinical services.
- In this edition the authors increased the book’s longstanding commitment to working with diverse groups. This includes further attention to working with youth, older adults, and sexual minorities, in addition to diversity implications related to gender, race/ethnicity, culture, religion, and disability. The authors have also aimed to strengthen attention to the importance of context and the frequent role of environmental sources of stress and injustices.
- The authors draw from integrative therapies such as Dialectical Behavior Therapy, an evidence-based practice that the authors draw from throughout the chapters.
- New Chapter 1, “Building Your Foundation as a Helper,” showcases the symbolism of the chambered nautilus featured on the cover of the book, and introduces readers to the practice nexus featured on the inside cover of the book. In the first half of the chapter, the first component of the practice nexus is discussed. Specifically, three core skills and attributes (self-awareness and self-reflection, mindfulness, and self-care and self-compassion) are presented and discussed as a means of promoting helper stamina and resilience. In the second half of the chapter, the second component of the practice nexus, effectiveness, is highlighted. It is in this section that extensive discussion is devoted to evidence-based practice (EBP). This discussion includes criticisms of EBP as well as recent efforts to adapt EBP to culturally diverse populations. A listing of culturally adaptive interventions to EBP is provided, along with examples of such adaptation.
- The third and fourth components of the practice nexus are addressed in Chapter 2: critical commitments (including ethical practice) and diversity issues. Here, the authors discuss four critical commitments professional helpers are encouraged to make to grow into clinical competence: commitment to lifelong learning, commitment to collaboration, commitment to values-based practice, and commitment to beneficence. The section on diversity issues includes prominent as well as newer frameworks for working with culturally diverse populations, such as the more idiosyncratic focus on the intersection of multiple identities recently proposed by feminist multicultural scholars. The ethical issues section includes newer content on confidentiality and referral practices, and a new section devoted to out-of-session client communication and deliberate and inadvertent therapist self-disclosure (e.g., use of social networking sites).
- Throughout Chapter 2, there is an expanded and sharper focus on issues impacting lesbian, gay, bisexual, and transgender persons (LGBT) persons, persons with disabilities, and older persons.
- In Chapter 3, consideration of the therapeutic relationship has been expanded to include the ever-expanding empirical basis for various relationship conditions toward increasing effectiveness. This empirical basis also includes various adaptations that facilitate therapeutic outcomes via the helping relationship. New additions to this chapter also include emerging evidence on the neuroscience of empathy, cultural empathy, therapeutic presence and helper mindfulness, and the working alliance. Nonverbal aspects of facilitative conditions of empathy, positive regard, and congruence or genuineness are also described now in Chapter 3. Finally, this chapter has a brand new section on validation via Dialectical Behavior Therapy and the levels of validation and their relationship to empathy.
- Chapter 4’s discussion of the importance of listening now includes listening to client nonverbal behavior as well as listening to client stories and dimensions of culture. This chapter also features a new section on Distractions and Distractabilities which describes the importance of listening to yourself as a clinician and the role of clinician mindfulness during a helping session. Finally, this chapter includes new material on the sequencing of listening responses within a helping interview.
- Chapter 5, “Influencing Responses,” has been reorganized around a discussion of the potential effects of influencing responses in the helping interview. A new section describes the possible sequencing of influencing responses within a helping interview. There is also expanded coverage of empirical support, ethical issues, cultural considerations, and caveats for the influencing responses and processes in helping.

**CONTENTS**

1. Building Your Foundation as a Helper.  2. Critical Commitments: Diversity Issues and Ethical Practice for Helpers.  3. Ingredients of an Effective Helping Relationship.  4. Listening.  5. Influencing

© 2013, 640pp, Paperback, 9781133354840

NEW TO THIS EDITION

• NEW This edition has been thoroughly updated and expanded to include important issues facing today's human service administrators and managers, including increased use of evidence-based practice as applied to program design and management processes.
• NEW The authors have added more real-life examples throughout the text, all based on ideas and suggestions provided by more than fifty practicing human service managers, and drawn from multicultural and international programs.
• NEW The authors use an ongoing case of the Grandview Community Center to apply concepts in every chapter.
• NEW Competency Activities, available in the text and online, provide opportunities to reinforce their understanding and skill of important concepts.

FEATURES

• Because the book's authorship reflects the perspectives of both counselors and social workers, all human service managers and administrators will receive a broad introduction to management that is not limited to one point of view.
• More than fifty practicing human service managers have provided the ideas and suggestions for the text's numerous cases and examples.
• The authors address topics central to the understanding of management, including the environments of human service agencies, program design, organizational theory and design, human resources, supervisory relationships, finances, information systems, program evaluation, organizational change, leadership, and achieving and maintaining organizational excellence.
• The authors use an ongoing case of the Grandview Community Center to apply concepts in every chapter.
• Chapter-ending discussion questions and chapter summaries help readers reflect on important issues raised in the chapter.
• Group activities, designed for use in classroom small group discussions, facilitate students' ability to learn and understand concepts from their classmates' points of view.

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SUBSTANCE ABUSE COUNSELING

CONCEPTS OF CHEMICAL DEPENDENCY, INTERNATIONAL EDITION, 8E
Harold E. Doweiko, Viterbo University

Completely rewritten from cover to cover, the contemporary new 8th edition of CONCEPTS OF CHEMICAL DEPENDENCY, International Edition provides comprehensive coverage and the latest information on a full spectrum of substance use disorders and the compounds commonly abused. Topics include: the abuse of and addiction to alcohol; how the active agent in marijuana, THC, affects neural growth and development; the emerging body of evidence suggesting a relationship between marijuana abuse and psychotic disorders; the emerging body of evidence suggesting that marijuana is not as benign as it was thought to be even a few years ago; and updated information on the abuse of cough syrups, a trend that has evolved in adolescent substance abusers in the past decade. Adding to the book’s usefulness and relevance, Doweiko also covers topics not usually discussed in other substance abuse texts, including: abuse of anabolic steroids; inhalants; many of the forms of infectious disease associated with substance abuse; how the “war on drugs” has actually contributed to the problem of substance abuse/addiction in this country; the relationship between substance abuse and many infectious diseases; and the latest information on the “medical marijuana” debate. Providing a comprehensive overview of the problems of substance abuse and addiction, students report that they appreciate the author's balanced approach in contrast to a tendency to “preach” to the reader that “drugs are bad for you.” Student feedback indicates that they value the clear and detailed information provided, allowing the student to form their own opinion about the compound(s) being discussed in each chapter.

NEW TO THIS EDITION
• NEW! Newly revised and updated to deliver contemporary and relevant coverage, CONCEPTS OF CHEMICAL DEPENDENCY has been entirely re-written from cover to cover, and features over 600 new references, with a corresponding deletion of dated and obsolete reference materials.
• NEW! A new chapter, Substance Use Disorders in College Students (Chapter 21), reflects an emerging body of evidence that suggests that substance use disorders follow a different trajectory for persons who graduate from high school and then enter college, as opposed to those young adults who simply enter the work force.
• NEW! An Expanded “break out discussion” list in the instructor's manual features topic areas that the instructor can use to expand upon material briefly discussed in the main text in order to spark student interest, provide suggested topics for supplemental lectures, possible student debates, etc.
• NEW! New material has been added to the Chronic
Alcohol Use chapter (Chapter 5), and includes material and important insights on the so-called “high functioning” alcoholic, a topic that has been difficult to address since such persons also go to great lengths to hide their alcohol use disorder.

FEATURES

• Focuses on important issues to consider when working with clients, such as the effect of chemicals on neonates; the dually diagnosed client; chemical abuse by children and adolescents; codependency and enabling; and addiction and the family.
• Presents clear guidelines and strategies for human service workers - including evaluation, intervention techniques, treatment, recovery, and common problems in treatment to help students work effectively with clients.
• Enhances opportunities for students to review and expand their knowledge with Chapter-by-chapter online quizzes and an end-of-book glossary give.
• Features a new expanded chapter, “Women and Addiction” (Chapter 18).
• Includes expanded information about Dextromethorphan, which has emerged as a major drug of abuse in the past few years, in Chapter 36 “Crime and Drug Use”.

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© 2012, 640pp, Paperback, 9780840033918

SUBSTANCE ABUSE COUNSELING, INTERNATIONAL EDITION, 4E

Judith A. Lewis, Governors State University; Robert Q. Dana, University of Maine, Orono; Gregory A. Blevins, Governors State University

Written for beginning level students, SUBSTANCE ABUSE COUNSELING, International Edition provides a good, practical overview of substance abuse counseling. Known for the way it addresses key issues early, including the designing of specialized treatments to fit the individual needs of a client. SUBSTANCE ABUSE COUNSELING, International Edition, also emphasizes the tendency of substance-abusing clients and their families to form a heterogeneous group that must be treated from an individualized perspective. Authors Lewis, Dana, and Blevins believe strongly that clients differ not only in the specific behaviors and consequences associated with their drug use but also in culture, gender, social environments, physical concerns, mental health and a host of other variables. Using an integrated approach, the authors describe innovative methods for meeting clients’ needs through personalized assessment, treatment planning, and behavior change strategies, showing students how to select the most effective treatment modalities for each client.

NEW TO THIS EDITION

• The section on “Drugs And Their Effects” has been reassessed and moved back to Chapter 2 for greater clarity. Additionally, the section features an
informative new section on clinical implications.
• Updated Chapter 1, “The role of the Mental Health Professional in Prevention and Treatment,” includes more information on connecting research to practice.
• An entirely new chapter devoted to motivational enhancement and interviewing provides context for the following assessment chapter.
• More multicultural perspectives are infused throughout the new edition. Specifically, the Assessment chapter now features more information on multicultural assessment, thus reflecting the most current views on the subject.

FEATURES
• SUBSTANCE ABUSE COUNSELING, International Edition, provides counseling strategies and skills for working with clients, giving explanations and examples of personalized treatment plans and behavior change strategies.
• Useful assessment instruments, which appear in the appendices, are available for students to use and reproduce. Instruments include a guided interview for substance abuse histories, a behavioral assessment interview form, and several standardized questionnaires.
• The authors suggest a number of action strategies that students can use when working with individuals, groups, or families.
• Topics such as prevention, counseling and relapse issues within the continuum of care are discussed in great detail.

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© 2011, 304pp, Paperback, 9780495808749
to work with Ruth, as well as a new major contributed piece by Dr. John Winslade on the use of narrative therapy when working with Ruth.

• NEW In Chapter 12, Jim Bitter joins with Dr. Mary Moline to expand the application of family therapy to Ruth's case. The discussion now discusses the four phases in family therapy, and includes a new dialogue by Drs. Moline and Bitter in demonstrating family therapy with Ruth.

• NEW Chapter 13, “Counseling Ruth from Multicultural Perspectives,” now includes a new co-author for the section on “Ruth as a Latina,” as well as an expansion of understanding and respecting Ruth's unique experiences as a Chinese American woman. The chapter now offers more on Ruth's gender and relationship roles, and increased coverage of role of religion in working with Ruth as an African American woman.

• NEW In the greatly expanded Chapter 14, “Integrative Approaches and Developing Your Own Therapeutic Style,” Dr. John Norcross first discusses his perspective on integrative psychotherapy and then applies his ideas to his style of working with Ruth. Dr. Corey then follows his piece with his comprehensive discussion of integrative counseling.

FEATURES

• CASE APPROACH TO COUNSELING AND PSYCHOTHERAPY, 8E, International Edition brings together more than twenty outside practitioners who are experts in their fields to apply their particular theory to one single client—Ruth.

• By applying each theory to the same client, Dr. Corey helps readers conceptualize the differences among theoretical models. Case material and discussions by leading practitioners illustrate how they work with Ruth based on their theoretical model. Dialogue between the consulting therapist and the client offers a comprehensive picture of how consultants apply their theory to Ruth's case.

• The “DVD for Integrative Counseling: The Case of Ruth and Lectureettes” shows Gerald Corey working with Ruth, using various theoretical models and techniques. It includes discussion and commentary by Dr. Corey, explaining important concepts and incorporating a process dialogue discussing why a particular approach was used with Ruth in the session. It features the same content as the Integrative Counseling CD-ROM (2005) reformatted for today's classroom. For students who prefer to access the same videos online, a Premium Website is available.

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© 2013, 368pp, Paperback, 9781111841775

FUNDAMENTALS OF CASE MANAGEMENT PRACTICE, 4E
Skills for the Human Services, International Edition
Nancy Summers, Harrisburg Community College

This text/workbook is a step-by-step guide through the case management process, from intake and assessment to referrals and termination. The 4th edition focuses on what is most important for students to consider, document, and pass along in each step of the human services process. Chapters walk through each step of the case management process, while realistic exercises drawn from active professionals expose students to a broad range of true-to-life circumstances and difficulties.

NEW TO THIS EDITION

• New! New DVD demonstrates the skills covered
in the text providing students with a more robust understanding of case management.

- New! This edition now includes a discussion of the ethical considerations related to social networking.
- New! The section on consumer rights has been expanded.
- New! New section emphasizes advocacy as a case management tool.
- New! Content addressing resistance and handling resistance has been expanded.

**FEATURES**

- Latest information on critical topics: A new chapter on the change process (Chapter 20). A new chapter on burnout and stress (Chapter 28) keeps coverage up to date as the author delves into topics of growing importance in the field.
- Additional coverage of ethics: Expanded coverage of ethics and ethical issues, the wide range of case management applications, and the importance of the ecological model in assessment and planning give students a strong introduction to professional basics.
- Additional, detailed examples: New examples of contact notes as well as examples of cases and corresponding service plans within the appendix provide important reference materials for students to examine in-depth. Additional directions for dating forms in the appendix further your students’ professional skills.
- More on the Recovery Model: Expanded information on the Recovery Model, including the use of self-determination methods and good peer support, better equips students to work with the most current concepts and practices.
- Focus on how to write: Detailed step-by-step information on how to record impressions and recommendations effectively as well as how to write brief social histories prepares students to produce clear, professional written communication.

**CONTENTS**


© 2012, 496pp, Paperback, 9780840033703

**THE ART OF INTEGRATIVE COUNSELING, INTERNATIONAL EDITION, 3E**

*Gerald Corey, California State University, Fullerton (Emeritus)*

Through THE ART OF INTEGRATIVE COUNSELING, 3E, International Edition students learn how to integrate the theories to develop an individualized counseling style. Using the cases of Ruth and Stan, Corey demonstrates how concepts and techniques from a variety of theoretical perspectives can be successfully incorporated into different phases of the counseling process. In Becoming the Client sections, students are invited to put themselves in the shoes of the client while Dr. Corey applies the topics of each chapter to them.

**NEW TO THIS EDITION**

- NEW All of the chapters have been carefully reviewed to determine how the topics fit with contemporary integrative approaches, with particular attention given to trends in the psychotherapy integration
movement. Furthermore, chapters have been revised for increased clarity of reading.

• NEW Many new references update the discussion of key topics and provide avenues for further exploration. Corey has incorporated key findings from recent research on topics such as the central role of the therapeutic relationship, the role of client feedback on therapy outcomes, and the future of psychotherapy integration.

• NEW Additions to chapters include new material on solution-focused brief therapy and narrative therapy; an expanded treatment of diversity issues, especially the role of spirituality in counseling practice; new material and broadened discussion of the dynamics of resistance, along with the importance of respecting and reframing resistance; understanding the dynamics of transference and countertransference as it pertains to an integrative approach; and understanding the role of the past, present, and future as it pertains to counseling individuals.

• NEW A second case featuring Stan, incorporated throughout the text, provides a second illustrative example of techniques and practice.

FEATURES

• The first text on the market designed to help readers conceptualize the various dimensions of an integrative perspective, THE ART OF INTEGRATIVE COUNSELING, 3E, International Edition can be used as a supplement for theories or practicum courses. It is also an ideal resource for students who already have a basic knowledge of counseling theory.

• The book is integrated with the best-selling THEORY AND PRACTICE OF COUNSELING AND PSYCHOTHERAPY which includes enhanced references to THE ART OF INTEGRATIVE COUNSELING, 3E, International Edition for seamless integration.

• The book’s relevant examples and illustrations provide readers with an in-depth look at modern counseling while helping them develop their own personal counseling style.

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© 2013, 192pp, Paperback, 9781133308751
of the theory of psychotherapy and counseling -- equipping students with a handy reference for their work.

- New! The text includes four full new cases, while many existing cases have been completely updated. In addition, now the first case presented in the psychological disorders section is the longest and most thorough.
- New! Offering the latest material available, Chapter 1 and 16 include updated information about research supported psychological treatments.
- New! The new order of the final two chapters enables students to review and summarize the chapter on different therapies before integrating them. Chapter 16 is now “Comparison and Critique” and Chapter 17 is “Integrative Therapies”. Chapter 17 shows students how to make their own integrative therapy by demonstrating three methods of integrating theory: theoretical integration, the assimilative model, and technical eclecticism.
- The new edition is completely up to date with the CACREP standards passed in 2008.

FEATURES

- The first theories text to include comprehensive information about evidence-based psychotherapy, THEORIES OF PSYCHOTHERAPY & COUNSELING defines and discusses this key concept in the first and last chapters as well as other chapters when examples are given for treating a psychological disorder with an evidence-based treatment for a specific theory.
- Sharp divides Constructivist and Integrative approaches into two chapters: Chapter 11’s constructivist approaches include expansive coverage of solution-focused and narrative therapy. Chapter 16’s integrative approaches offer an expanded section on three integrative theories. In addition, full explanations are given for the transtheoretical approach (Prochaska and Norcross) as well as Wachtel’s cyclical psychodynamics model.
- Offering the most up-to-date coverage available, Chapter 8 includes the latest information on virtual reality therapy, Chapter 10 offers increased coverage of cognitive schemas and core belief systems, and Chapter 13 provides more emphasis on feminist therapy in different cultures across the world.
- The insightful Student Manual helps students maximize their study time and course success! It includes additional sample cases and multiple choice questions that put students in the role of therapist using the particular therapy under discussion. This hands-on application and practice helps learners more fully understand each theory.
- Reflecting the latest developments from the field, Sharp draws from more than 60 experts in a wide variety of theoretical approaches to psychotherapy and counseling. Each specialist provided suggestions for inclusion of specific content as well as reviews of chapters at various stages of the book’s development.

CONTENTS


© 2012, 768 pp, Paperback, 9780840034625

SOCIAL WORK & HUMAN SERVICES

DIRECT METHODS/PRACTICE WITH INDIVIDUALS/CLINICAL

CONCEPTUALIZATION AND TREATMENT PLANNING FOR EFFECTIVE HELPING

Barbara F. Okun, Northeastern University and Clinical Instructor, Harvard Medical School; Karen Suyemoto, University of Massachusetts, Boston

Okun and Suyemoto’s book addresses theory and skills for continuing beyond the first few sessions with a client, thus helping students take the “next
step" from a basic understanding of interviewing skills to a conceptualization of the counseling process. CONCEPTUALIZATION AND TREATMENT PLANNING FOR EFFECTIVE HELPING teaches students how to integrate the many pieces of the helping process (e.g., theoretical orientation, the person of the therapist, the person of the client, the contexts that affect the clients, the therapy relationship, the context of the therapy, the skills and resources available, etc.) into a conceptualization that will foster efficacy in creating positive change.

FEATURES

• Experiential exercises appear throughout the text, fostering a deeper knowledge acquisition with an active reading model.
• The case of a client, Nancy, begins in Chapter 1 and recurs throughout the text to illustrate the progression through assessment, conceptualization, intervention, re-conceptualization, and termination.
• Many additional case examples were added in both the text and exercises in order to illustrate how clients vary and to examine the interaction of contextual, personal, and relational variables that affect conceptualization and treatment planning.
• “Appendix A: A Brief Review and Application of Established Theories” and “Appendix B: Exploring Your Experiences with Culture, Power, and Privilege” will be helpful in reminding trainees and consolidating previous learning.

CONTENTS


© 2013, 288pp, Hardback, 9781133314059

DIRECT SOCIAL WORK PRACTICE, 9E
Theory and Skills, International Edition
Dean H. Hepworth, Emeritus, University of Utah and Arizona State University; Ronald Rooney, University of Minnesota; Glenda Dewberry Rooney, Augsburg College; Kim Strom-Gottfried, University of North Carolina at Chapel Hill

Considered “the classic source” by means of the authors' proven learning experiences from the field, as well as its excellent balance of theory and application, DIRECT SOCIAL WORK PRACTICE: THEORY AND SKILLS, 9E, International Edition prepares social work students for effective practice. Authoritative, well organized, and soundly written with an appropriate level of rigor, this thorough introduction to practice grounds students in theory while connecting them through vivid examples and vignettes to real-world applications with clients. Many case examples are drawn from social work practitioners as well as the authors' own practice situations. The book is divided into four parts: Part One provides the foundational/values and knowledge base material; Part Two is devoted to the beginning phase of the helping process; Part Three addresses the middle phase (goal attainment strategies), discussing four intervention approaches; and Part Four clarifies the termination phase of direct practice. Furthermore, as part of the Brooks/Cole Empowerment Series, the ninth edition is completely up to date and thoroughly integrates the core competencies and recommended practice behaviors outlined in the 2008 Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE). Video demonstrations are available on the optional CourseMate website and ensure student learning experiences are as close to real life as possible.

NEW TO THIS EDITION

• NEW This edition is thoroughly up to date with the most recent EPAS requirements. NEW Helping Hands icons within the chapters and end-of-book
Competency Notes spotlight text coverage of the required Core Competencies and recommended Practice Behaviors detailed by CSWE’s new EPAS 2008.

- NEW New video clips, available in the Social Work CourseMate product that accompanies this text, highlight important parts of DIRECT SOCIAL WORK PRACTICE: THEORY AND SKILLS, 9E, International Edition and show important skills in action.
- NEW New case study boxes help illustrate and encourage mastery of key concepts with concrete examples and scenarios.
- NEW References have been updated throughout, and treatment of cross-cultural practice has been updated to reflect an understanding of cultural competence as a lifelong process in which practitioners work with clients, communities, colleagues, and themselves to better cross-cultural understanding, avoiding potential stereotypes and emphasizing process and engagement.
- NEW A new section on support systems in Chapter 8 discusses the roles that formal and informal support systems can play both as part of the problem configuration and part of coping and client strengths.
- NEW A new section in Chapter 15 highlights safety concerns in conducting home visits while maintaining cultural sensitivity.
- NEW Chapter 9 has new coverage of hoarding and assessing for violence, as well as examples of social history and a suicide assessment.

FEATURES

- DIRECT SOCIAL WORK PRACTICE: THEORY AND SKILLS, 9E, International Edition balances theory with an emphasis on improving and refining students’ assessment, helping, and communication skills. Composed of four parts, the book begins by identifying the mission of social work, its values, and knowledge base. The authors then differentiate generalist from direct practice and explore roles of direct practitioners. Common elements among diverse theorists are examined next, and key intervention strategies and various client population and practice settings are also presented.
- Rather than focusing only on clients’ problems, the authors explore how social workers can better assess clients’ strengths and integrate those positive attributes into the process.

- Given social work's unique commitment to working with clients in the context of their environments, the authors place direct practice skills in a current social and policy context.

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© 2013, 704pp, Paperback, 9781133354932

EFFECTIVE HELPING, 8E
Interviewing and Counseling Techniques
Barbara F. Okun, Northeastern University and Clinical Instructor, Harvard Medical School; Ricki E. Kantrowitz, Westfield State College

Barbara Okun and Ricki Kantrowitz's practical introduction to counseling has helped thousands of readers become effective and empathic helpers.
Logical, easy-to-understand, and applicable, EFFECTIVE HELPING: INTERVIEWING AND COUNSELING TECHNIQUES, Eighth Edition, continues to use a unique framework to help readers enhance their self-awareness and their understanding of contemporary forces. The book is infused with many case examples, dialogues, tables, and experiential exercises. The authors help readers develop basic helping skills based on empathic responsive listening, introduce them to theoretical principles, and enable them to effectively integrate theory and practice in a way that is appropriate to their level of training. The learning-by-practice format promotes the active integration of the skills that will prepare students for the realities of what it’s like to be a helper.

NEW TO THIS EDITION

• Many exercises and case examples have been expanded to reflect the zeitgeist of the times, particularly with respect to the diversity of populations served and the range of issues helpers face.
• Chapter 1 includes new material on emerging populations (e.g., immigrants and refugees, the elderly, military families, returning veterans, individuals with chronic illness, and victims of natural disasters and terrorism). It also discusses changes in healthcare delivery, considers integrative health care and helping approaches, and recognizes issues such as financial stress and the struggling economy.
• Chapter 2, “The Helping Relationship,” discusses the impact of personal and cultural values on helpers, and introduces concepts and controversies related to evidence-based treatments.
• Chapter 3, “Communication Skills,” includes a discussion of the use of self-disclosure and redirecting as well as additional examples of cultural diversity and the development of helper self-awareness.
• Chapter 6, “Current Theoretical Perspectives,” now includes coverage of approaches such as Motivational Interviewing, Dialectical Behavior Therapy, and Acceptance and Commitment Therapy.
• Other new topics include information on mindfulness, spirituality, and cultural responsiveness in the discussion of the application of strategies (Ch. 7); and maturational/developmental crises and traumatic stress (Ch. 9). There’s also expanded coverage of sexism, heterosexism, and classism, job discrimination, diverse paths of aging, and ethical issues (Ch. 10).

FEATURES

• The book helps readers to understand what happens in and what constitutes effective helping. The authors’ three-dimensional approach includes relationship/rapport-building and strategy application; communication skills; and issues (values and cognitive topics).
• Okun and Kantrowitz help students enhance their self awareness and become better helpers through examples, case vignettes, client-helper dialogues, and experiential exercises that apply to actual counseling and interviewing situations.
• Throughout the book, the authors explore traditional and more recent helping theories and a wide range of topics and issues as well as their ramifications for helpers, such as working with reluctant and resistant clients, ethical considerations, being effective in crisis situations, and becoming aware of personal values. Coverage of socio-cultural, political, and economic issues of the 21st century and their impact on human service delivery and human development is also included.
• The two chapters on theory serve as a reference for beginning students as well as those who have already taken a counseling theories course. The theories include major traditional models as well as contemporary post-modern models.

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© 2015, 368pp, Paperback, 9781285161594
ESSENTIAL INTERVIEWING, 8E
A Programmed Approach to Effective Communication, International Edition
David R. Evans, University of Western Ontario; Margaret T. Hearn, University of Western Ontario; Max R. Uhlemann, University of Victoria; Allen E. Ivey, Distinguished Professor Emeritus, University of Massachusetts, Amherst

With an emphasis on the three major stages of interviewing: exploration, clarification and action, ESSENTIAL INTERVIEWING, International Edition offers students the same programmed-learning model of interviewing that has successfully trained countless members of the helping professions for nearly 30 years. Based on Ivey’s systematic method of interviewer, counselor, and therapist training, as well as Hearn’s programmed-learning model, the text makes interview skills clear and specific. The authors give students the tools they need to conduct successful interviews with diverse clients in a variety of professional settings, including social work, counseling, nursing, personnel work, and human services.

NEW TO THIS EDITION
• Expanded coverage of ethics in Chapter 1 helps to ground students in the most current standards of ethical practice.
• Activity Units at the end of every chapter provide students with more demonstrations of working with multicultural clients.
• Chapter 3 addresses the use of asking questions to assist in clarification of client issues and problems.
• Based on reviewer feedback, the examples in the text have been broadened so students throughout the helping professions will find the examples more relevant to their practice goals.

FEATURES
• Readers actively participate in clients’ stories through engaging narratives. The book presents three possible responses to a client’s statement or question, one of which is more appropriate than the others to give students practice developing effective reactions to common situations.
• Review Questions in each chapter are given after the teaching frame/interview segments. If readers get three or more answers wrong in this review section, they are encouraged to work through the chapter again. New frames and new questions have been added to this edition.
• Activity Units, including practice interview checklists and “Points to Remember” sections, appear in each chapter. These elements illustrate the programmed-learning structure of the text.

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© 2011, 352pp, Paperback, 9780840034724
ESSENTIALS OF INTENTIONAL INTERVIEWING, 2E
Counseling in a Multicultural World, International Edition
Allen E. Ivey, Distinguished Professor Emeritus, University of Massachusetts, Amherst; Mary Bradford Ivey; Carlos P. Zalaquett, University of South Florida; Kathryn Quirk

ESSENTIALS OF INTENTIONAL INTERVIEWING, International Edition delivers a more concise and student-friendly version of the Iveys’ bestselling INTENTIONAL INTERVIEWING AND COUNSELING—one in which every sentence and concept has undergone a thorough review to ensure both relevance and clarity for beginning helpers. Accessible to every helping professions student, the text uses an active voice and modular style that allows more flexibility. Its multicultural focus also reflects the diverse nature of today’s classroom—and society. The Second Edition retains the authors’ renowned Microskills model of teaching students vital interviewing skills step by step. It also integrates the five systems of helping—person-centered, decisional counseling, brief counseling, crisis counseling, and coaching—and includes new content addressing such critical topics as psychoeducational skills and Internet counseling. All-new practice exercises, an interactive DVD, and additional supplements help students develop a deeper understanding of text material. In addition, with its full array of text-specific online study and teaching tools, WebTutor is available with the new edition.

NEW TO THIS EDITION
• Reflecting the latest developments from the field, ESSENTIALS OF INTENTIONAL INTERVIEWING now integrates five systems of helping into the Second Edition. Students are introduced to and develop beginning competence in five helping systems: person-centered, decisional counseling, brief counseling, crisis counseling, and coaching.
• All-new practice exercises are added to each chapter as well as specifics on how to utilize the interactive DVD and additional supplements to help students develop a deeper understanding of text material.
• New content addresses such critical topics as psychoeducational skills, increased emphasis advocacy, social justice, and updated information on Internet counseling.
• The five-stage structure of the interview is now reframed as relationship-story and strengths-goals-restory-action.

FEATURES
• ESSENTIALS OF INTENTIONAL INTERVIEWING’s multicultural focus gives students the insight they need not only to draw out client stories, but also to understand the importance of the thoughts, feelings, and behaviors in those stories.
• The active voice and accessible, modular style of the text enable students to quickly engage with the material regardless of the order in which the material is taught.
• The Iveys’ signature Microskills model allows students to quickly develop beginning competence in four approaches to the interview: decisional counseling, person-centered, cognitive behavioral assertiveness training, and brief solution-focused counseling.
• The text encourages—and helps—students define their natural style of helping and their integration of helping skills in order to evaluate their own interviewing behaviors and effectiveness with clients.

CONTENTS
Integrating a unique conceptual- and skills-based approach, HELPING PROCESS: ASSESSMENT TO TERMINATION presents the methodology of the helping process as it is practiced in the human service field. The strong applied approach of this “worktext” includes an innovative content chapter/skill chapter format. Skills/techniques are introduced in an overview chapter, which is followed by a chapter that provides case examples and worksheets enabling students to put what they learn into practice. Five chapters focus on the application of skills necessary for assessing, intake interviewing, planning, building a case file, implementing, and terminating work with clients. HELPING PROCESS is thoroughly grounded in strength-based helping. Featuring a multicultural emphasis throughout, it details the helping process using quotes, in-depth case studies, vignettes, and examples from front-line service providers such as counselors, case managers, and social workers to illustrate and reinforce key concepts.

FEATURES

• Written by proven authors who are seasoned professors and practitioners, this unique “worktext” captures the complexity and flexibility of the helping process from assessment to termination and follow-up.

• Reflecting the latest practices from the field, the text is grounded in a strengths-based approach to helping. This model is integrated throughout the helping process and marks a redirection from problems, pathologies, and liabilities to an emphasis on strengths, resources, coping, possibilities, and resilience.

• HELPING PROCESS is comprised of both content chapters and skills-practice chapters. A content chapter provides an overview of skills and techniques, introducing students to the skills and their role in the helping process. A skills-practice section follows each content chapter, giving students hands-on experience putting newly learned skills into practice. These chapters provide students opportunities to develop their skills in assessing, intake interviewing, planning, building a case file, implementing, and terminating clients. They also include exercises for self-reflection.

• An emphasis on encouraging client participation in the process, reviewing cases, and documenting and report writing appears throughout all chapters.

• Case studies that illustrate human service practice provide students with the ability to see theory in real-world practice.

• HELPING PROCESS is packed with quotes from service providers, vignettes, and examples that reflect today’s multicultural reality. A sensitivity to and understanding of this reality dramatically increases the effectiveness of helping professionals. This multicultural emphasis includes ethnic and racial diversity as well as gender, age, cognitive abilities, and sexual orientation. Examples and cases reflect real-world practice, enabling students to understand the complexities of helping.

• Issues covered “In More Depth”—such as intake interviewing children—allow students to grasp and retain material effectively.

• Chapter Objectives help readers focus their reading and study. Key terms, Chapter Summaries, Chapter Reviews, and Questions for Discussion serve as learning guides for students.

CONTENTS

1. Introducing the Helping Process. 2. The Assessment Phase. 3. Assessment Skills. 4. Effective Intake Interviewing. 5. Interviewing Skills. 6. Service Delivery

© 2012, 256pp, Paperback, 9781111298432

INTERPERSONAL PROCESS IN THERAPY, 6E
An Integrative Model, International Edition
Edward Teyber, California State University, San Bernardino

Strongly focused on the therapist-client relationship, INTERPERSONAL PROCESS IN THERAPY: AN INTEGRATIVE MODEL, International Edition integrates cognitive-behavioral, family systems, and psychodynamic theories. Newly revised and edited, this highly engaging and readable text features an increased emphasis on the integrative approach to counseling, in which the counselor brings together the interpersonal/relational elements from various theoretical approaches, and provides clear guidelines for using the therapeutic relationship to effect change. The author helps alleviate beginning therapists' concerns about making "mistakes", teaches therapists how to work with their own countertransference issues, and empowers new therapists to be themselves in their counseling relationships. Featuring new case examples and dialogues, updated references and research, clinical vignettes, and sample therapist-client dialogues, this contemporary text helps bring the reader "in the room" with the therapist, and illustrates the interpersonal process in a clinically authentic and compelling manner.

NEW TO THIS EDITION
• Teyber's enhanced coverage of research-based cognitive-behavioral therapy includes more information regarding brief treatment applications and new links to time-limited therapy and other treatment modalities.

• Featuring new case examples and dialogues, updated references and research, and improved descriptive headings to help students pick out important "takeaways" from the text, this newly revised and edited book and has been streamlined to eliminate redundancy.

• The Sixth Edition includes new material on the supervision process and stage models of professional development for counselors-in-training, plus the new HIPAA standards as related to mental health clinicians.

• A revised workbook, which can accompany the text, encourages students to apply what they have learned in the book to actual cases they have met in their practicum. New exercises encourage the students to make the most of their supervision.

FEATURES
• The book specific intervention guidelines for leveraging the therapist-client relationship to effect change to help alleviate beginning therapists' concerns about making mistakes.

• Students will find programmatic guidelines for writing case conceptualizations/treatment plans and process notes within the interpersonal process framework.

• Contemporary case studies develop multicultural awareness and continually demonstrate how cultural context influences case conceptualization and treatment planning.

• The book offers in-depth coverage of the role of attachment throughout the lifespan and attachment-related affects (such as shame) in clients' presentation of symptoms and problems.

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© 2011, 512pp, Paperback, 9780495804208

www.cengageasia.com
INTERVIEWING AND CHANGE STRATEGIES FOR HELPERS, INTERNATIONAL EDITION, 7E
Sherry Cormier, West Virginia University, Department of Counseling Psychology; Paula S. Nurius, University of Washington, School of Social Work; Cynthia J. Osborn, Kent State University, Counseling and Human Development Services

Fully updated and streamlined to be used more easily within the parameters of several quarters or a given semester, INTERVIEWING AND CHANGE STRATEGIES FOR HELPERS, 7E, International Edition offers your students an introduction to the knowledge, skills, values, and tools needed by today's professional helpers. The authors' conceptual foundation reflects four critical areas for helpers: core skills and attributes, effectiveness and evidence-based practice, diversity issues and ecological models, and critical commitments and ethical practice, using an interdisciplinary approach that reflects the authors' extensive experience in the fields of counseling, psychology, social work, and health and human services. The text skillfully combines evidence-based interviewing skills and cognitive-behavioral intervention change strategies, thus preparing readers to work with clients representing a wide range of ages, cultural backgrounds, and challenges in living.

NEW TO THIS EDITION
• Acknowledging use of the book within a semester or two quarter framework, the authors streamlined this edition, retaining the same organizing structure and skill-building components that adopters and readers have long valued, while integrating and distilling content to provide an up-to-date compendium of interviewing and change practices applicable across a range of settings and clienteles.
• Throughout, the authors have aimed to build on recent clinical evidence, and to point to emerging developments relevant to instruction in clinical services.
• In this edition the authors increased the book's longstanding commitment to working with diverse groups. This includes further attention to working with youth, older adults, and sexual minorities, in addition to diversity implications related to gender, race/ethnicity, culture, religion, and disability. The authors have also aimed to strengthen attention to the importance of context and the frequent role of environmental sources of stress and injustices.
• The authors draw from integrative therapies such as Dialectical Behavior Therapy, an evidence-based practice that the authors draw from throughout the chapters.
• New Chapter 1, “Building Your Foundation as a Helper,” showcases the symbolism of the chambered nautilus featured on the cover of the book, and introduces readers to the practice nexus featured on the inside cover of the book. In the first half of the chapter, the first component of the practice nexus is discussed. Specifically, three core skills and attributes (self-awareness and self-reflection, mindfulness, and self-care and self-compassion) are presented and discussed as a means of promoting helper stamina and resilience. In the second half of the chapter, the second component of the practice nexus, effectiveness, is highlighted. It is in this section that extensive discussion is devoted to evidence-based practice (EBP). This discussion includes criticisms of EBP as well as recent efforts to adapt EBP to culturally diverse populations. A listing of culturally adaptive interventions to EBP is provided, along with examples of such adaptation.
• The third and fourth components of the practice nexus are addressed in Chapter 2: critical commitments (including ethical practice) and diversity issues. Here, the authors discuss four critical commitments professional helpers are encouraged to make to grow into clinical competence: commitment to lifelong learning, commitment to collaboration, commitment to values-based practice, and commitment to beneficence. The section on diversity issues includes prominent as well as newer frameworks for working with culturally diverse populations, such as the more idiosyncratic focus on the intersection of multiple.
identities recently proposed by feminist multicultural scholars. The ethical issues section includes newer content on confidentiality and referral practices, and a new section devoted to out-of-session client communication and deliberate and inadvertent therapist self-disclosure (e.g., use of social networking sites).

- Throughout Chapter 2, there is an expanded and sharper focus on issues impacting lesbian, gay, bisexual, and transgender persons (LGBT) persons, persons with disabilities, and older persons.
- In Chapter 3, consideration of the therapeutic relationship has been expanded to include the ever-expanding empirical basis for various relationship conditions toward increasing effectiveness. This empirical basis also includes various adaptations that facilitate therapeutic outcomes via the helping relationship. New additions to this chapter also include emerging evidence on the neuroscience of empathy, cultural empathy, therapeutic presence and helper mindfulness, and the working alliance. Nonverbal aspects of facilitative conditions of empathy, positive regard, and congruence or genuineness are also described now in Chapter 3. Finally, this chapter has a brand new section on validation via Dialectical Behavior Therapy and the levels of validation and their relationship to empathy.
- Chapter 4's discussion of the importance of listening now includes listening to client nonverbal behavior as well as listening to client stories and dimensions of culture. This chapter also features a new section on Distractions and Distractabilities which describes the importance of listening to yourself as a clinician and the role of clinician mindfulness during a helping session. Finally, this chapter includes new material on the sequencing of listening responses within a helping interview.
- Chapter 5, “Influencing Responses,” has been reorganized around a discussion of the potential effects of influencing responses in the helping interview. A new section describes the possible sequencing of influencing responses within a helping interview. There is also expanded coverage of empirical support, ethical issues, cultural considerations, and caveats for the influencing responses and processes in helping.

CONTENTS
such as an instructional DVD with integrated exercises, Social Work CourseMate (an online solution with integrated eBook, quizzes, flashcards, and more), and PracticeStudio (an online video upload and grading program), all of which are available for packaging with the text. These unique supplementary materials include demonstration interviews, instructional ideas, class (or workshop) exercises, exercises for practice outside of class, sample test items, tools for solution building with clients, and more.

NEW TO THIS EDITION

• NEW References and content have been updated to reflect the latest research, skills, and terminology.
• NEW Chapter 3 features a significant reorganization based on emerging communications research on therapy conversations. Skills have been re-conceptualized and re-ordered to better represent those used in solution-building conversations. The chapter also includes a new section on solution-building as a “collaborative conversation” that draws on new findings and writings based on microanalysis of therapy conversations, as well as a new discussion of the concept of “grounding” that clarifies how new understandings (including elements of solutions) are created in dialogue between practitioners and clients.
• NEW Chapter 6 now includes a section on the “miracle scale.”
• Chapter 11 includes new content such as a brief addition on early process research at BFTC; an expanded and updated section on more recent (controlled) research about outcomes of solution-focused interviewing; and direction to a Web site offering a research manual for solution focused brief therapy.
• Chapter 12 offers updated and expanded content and references on the usefulness of solution-focused interviewing for diversity sensitive and competent practice.
• Chapter 13 includes new sources and links to sites on solution-focused practice in groups and organizations, as well as a revised section on case documentation and links to sites with examples of solution-focused case documentation.
• Chapter 14 addresses new program applications of using solution-focused practices in rehabilitative health care, supervision, and organizational practice.
• Chapter 15 includes added discussion and references to microanalysis research in the field of communications analysis, which clarifies empirically how questions work in dialogue to create new meanings between clients and practitioners that lead to solutions for clients. To offer theoretical conclusions about how solutions get built between practitioners and clients, this chapter also now returns to the revised communication skills and the concept of “grounding” introduced in Chapter 3 and illustrated in dialogues throughout the book.

FEATURES

• The instructional DVD with “Guided Exercises” invites the learner into recorded interviews through a set of pre-programmed stops and requests for their interviewing questions and responses. Learners must listen, absorb client perceptions and language, and formulate responses and next questions “in the moment,” much as they would in actual interviews. The book is completely cross-referenced to identify specific clips where given skills and types of solution-focused conversations may be found.
• The text presents a step-by-step description of how to build solutions with clients collaboratively, helping students to see how to apply the skills when working with clients.

CONTENTS


© 2013, 464pp, Paperback, 9781111838553
THE ELEMENTS OF COUNSELING, INTERNATIONAL EDITION, 7E
Scott T. Meier, State University of New York at Buffalo; Susan R. Davis

Widely known and appreciated for its simplicity, clarity, and brevity, THE ELEMENTS OF COUNSELING, International Edition provides a simple conceptual framework for thinking about counseling. Covering the basic elements of counseling in an abbreviated outline format, Meier and Davis use counselor/client dialog to introduce students to counseling skills and effectively demonstrate each necessary skill in a ‘real world’ setting. THE ELEMENTS OF COUNSELING, International Edition presents information that is essential both for beginning counselors to know, and for experienced counselors to remember. Meier and Davis address key topics including relationship building, the counseling process, self-exploration, and the foundations upon which further intervention is laid. Furthermore, the authors go back to basics by addressing what counseling is, as well as what it is not. The result is a handy primer that gives students the framework upon which to build their counseling knowledge.

NEW TO THIS EDITION

• Amplified coverage of outcome assessment includes both nomothetic (a general test suitable for all clients) and idiographic (an assessment created for a particular client) approaches.
• The all-new Therapy section in Chapter 6, “A Brief Introduction to Intervention,” brings the text completely up-to-date with discussions of several newer therapies, including Schema Therapy and Acceptance and Commitment Therapy.
• The authors have revised and improved the section on Narrative Therapy.
• Chapter 4, “Important Topics,” now includes timely sections regarding learning about grief and trauma. This content is designed to assist the many professionals in the field who are working with an increasing number of returning military and their families from the wars in Iraq and Afghanistan.

FEATURES

• This brief textbook, which introduces students to counseling theories in a concise overview format, is organized into two parts. Part One provides practical guidelines for counseling, while Part Two includes information on the various counseling theories and modalities, such as group counseling or family counseling.
• THE ELEMENTS OF COUNSELING contains ready-to-use guidelines that outline important information and skills essential to the helping process.
• In addition to focusing on applicable theory, Meier and Davis also spend time on the pragmatic concerns of counseling, such as keeping up with research and documenting work.
• Client and therapist dialogues, found throughout the book, illustrate important points and enhance student understanding.
• Eye-catching reference sections direct students to further reading on topics covered in the textbook, and encourage them to explore the concepts in greater depth.

CONTENTS

1: Counseling Process. 2: Strategies To Assist Clients In Self-Exploration. 3: A Few Mistaken Assumptions. 4: Important Topics. 5: Counselor, Know Thyself. 6: A Brief Introduction to Intervention.

© 2011, 128pp, Paperback, 9780495904731
Now in its tenth edition, Egan's THE SKILLED HELPER has taught thousands of students a proven, step-by-step counseling process that teaches them how to become more confident and competent helpers. Internationally recognized for its successful problem-management and opportunity development approach to effective helping, the text emphasizes the collaborative nature of the therapist-client relationship and uses a practical, three-stage model that drives client problem-managing and opportunity-developing action. As they read, students also gain a feeling for the complexity inherent in any helping relationship. In this tenth edition, Egan now makes use of his version of the “common factors” approach, which gives new meaning and vitality to the book’s themes, as well as to the use of the problem-management model to organize and give coherence to those themes.

**NEW TO THIS EDITION**

- The tenth edition's new approach revolves around Egan's version of the “common factors” approach, which he calls the “ingredients of successful therapy.” These themes are explained in the totally redone first chapter and then permeate the rest of the book.
- In order to reflect the adjustments to the book’s new approach, the book has been extensively reorganized and restructured, and most chapters have been rewritten for clarity and cohesion. Part I deals with the new approach, the importance of the helping relationship, and the values that drive the entire helping process. Part II focuses exclusively on the communication skills therapists need to engage in a collaborative outcome-focused dialogue with clients.
- Part III deals in detail with the problem-management and opportunity-development approach.
- Egan's new approach underscores the importance of the client-directed, outcome-informed (CDOI) movement in the helping professions. Thus, the book has a heightened emphasis on clients and all that they bring with them to the therapeutic encounter, as well as the importance of “keeping the client in the driver’s seat” throughout the helping process.
- Egan's version of what he refers to as the Standard Problem Management Model--which is found directly or indirectly in practically every form of therapy--now organizes all the skills, methods, and themes of successful helping.
- Egan has heightened the book's focus on two-way feedback between client and helper, thus emphasizing the importance of feedback as one of the key ingredients of successful therapy.
- Effective decision making (and its shadow side) in therapy is now presented as one of the key ingredients of successful therapy. The role of decision making at the heart of problem management and opportunity development is explicated.
- The problem-management process is presented as a valid treatment approach in itself. It is now presented, broadly speaking, as an experience-cognitive-behavioral-emotive approach to therapy and a tool of psychotherapy integration.
- The essential uncertainties associated with human behavior are named, and Egan shows that these require helping approaches that are both rigorous and flexible. Both client-focused rigor and client-focused flexibility in the use of models, methods, and skills permeate the book.
- The book further promotes the concept of “personal culture” and names the beliefs-values-norms-ethics-morality package that underlies culture as one of the key ingredients of successful therapy. Diversity in all its forms takes precedence over any particular form of diversity, such as multicultural diversity. The personal culture of each individual client includes his or her incorporation and expression of ethnic and cultural themes together with all the other forms of diversity in his or her makeup. An N=1 research approach to evaluation of therapy provides rigor and respects the personal culture of each client.
- The clinical use of research findings demonstrates that
therapists do not have to choose between evidence-based practice and practice-based evidence. The problem-management process is used as a “browser” to find therapeutic methods that help clients manage problem situations more effectively.

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© 2014, 480pp, Paperback, 9781285065786

THE SKILLED HELPER
A Client-Centred Approach, EMEA Edition
Gerard Egan, Professor Emeritus, Loyola University of Chicago

Now adapted for the Europe, Middle East and African market, Gerard Egan's The Skilled Helper: A Client-Centred Approach teaches students a proven step-by-step counselling process to enable them to become confident and competent helpers. Internationally recognised for its emphasis on the collaborative nature of the therapist-client relationship and the vital importance of a client-centred approach, the text offers a practical three-stage model which drives client problem-managing and opportunity-developing action. The book integrates the most relevant aspects of different theoretical orientations (humanistic, cognitive, cognitive-behavioural, and solution-focused) into a pragmatic approach to helping.

NEW TO THIS EDITION

• Internationalisation of clients’ problems, scenarios, and cultural contexts to include poignant and relevant examples and cases, particularly from South Africa and the UK.
• Streamlined structure which still fully reflects and follows Egan’s practical three stage model.
• Expanded coverage on helping clients tell their stories, and how to tackle client resistance.
• Fresh new text design retains student focus and helps aid learning.

FEATURES

• Strong focus on “positive psychology” which includes guidance on how to turn problems into opportunities, an emphasis on hope and optimism, and a self-healing approach to client-helper collaboration.
• Egan’s practical three-stage model clearly outlines the nature and goals of effective helping and the values which drive it.
• Emphasises the collaborative nature of the client-helper relationship, including vivid examples that show helping skills in action in a vast array of possible relationships and settings.

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© 2014, 512pp, Paperback, 9781408093788
THEORY AND PRACTICE OF COUNSELING AND PSYCHOTHERAPY WITH COURSEMATE, 9E
Gerald Corey, California State University, Fullerton (Emeritus)

CourseMate: Engaging. Trackable. Affordable. Complement your text and course content with study and practice materials. CourseMate brings course concepts to life with interactive learning, study, and exam preparation tools that support the printed textbook. Click here to find out more: www.cengage.com/coursemate

Incorporating the thinking, feeling, and behaving dimensions of human experience, the ninth edition of Corey's best-selling text offers an easy-to-understand text that helps you compare and contrast the therapeutic models expressed in counseling theories. Corey introduces you to the major theories (psychoanalytic, Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist, and postmodern approaches) and demonstrates how each theory can be applied to a single case (“Stan”). With his trademark style, he shows you how to apply those theories in practice, and helps you learn to integrate the theories into an individualized counseling style. This book is the center of a suite of products that includes the Student Manual, Case Approach to Counseling and Psychotherapy (2013), The Art of Integrative Counseling (2013) and media resources such as “DVD for Theory and Practice of Counseling and Psychotherapy: The Case of Stan and Lectureettes” and “DVD for Integrative Counseling: The Case of Ruth and Lectureettes.”

NEW TO THIS EDITION

• NEW Updated annotated lists of reading suggestions and extensive references at the end of these chapters are offered to stimulate students to expand on the material and broaden their learning through further reading.

• NEW Chapter 4, “Psychoanalytic Therapy,” offers a broadened discussion of relational psychoanalysis, new material on role of countertransference in psychoanalytic therapy, and a revised and expanded section on brief psychodynamic therapy.

• NEW Chapter 5, “Adlerian Therapy,” presents revised material on the concept of lifestyle, an expanded discussion of social interest, and new material on early recollections.

• NEW Chapter 6, “Existential Therapy,” offers revised material on existential themes, more attention on international developments of existential therapy, new material on the main aims of existential therapy, a revised discussion of strengths of the approach from a diversity perspective, and a new discussion of integration of existential concepts in other therapies.

• NEW Chapter 7, “Person-Centered Therapy,” presents expanded coverage on the influence of Carl Rogers on the counseling profession, a broadened discussion of clients as active self-healers, updated coverage of the therapeutic core conditions, and new material on the diversity of person-centered therapeutic styles.

• NEW Chapter 8, “Gestalt Therapy,” includes a revised discussion of the role of experiments in Gestalt therapy, more emphasis on therapist presence, and more attention to the relational approach to Gestalt practice.

• NEW Chapter 9, “Behavior Therapy,” features a broadened discussion of the role of the therapeutic relationship in behavior therapy, a revised section on dialectical behavior therapy, and new material on mindfulness-based cognitive therapy.

• NEW Chapter 10, “Cognitive Behavior Therapy,” offers revised and expanded coverage of Beck’s cognitive therapy, new material on Meichenbaum’s stress inoculation training, a revised section on Meichenbaum’s constructivist approach to CBT, and increased discussion of CBT from a multicultural perspective.

• NEW Chapter 11, “Reality Therapy,” includes a revised discussion of the relationship of choice theory to reality therapy, an expanded discussion of the role of questions in reality therapy, and additional material on reality therapy from a diversity perspective.

• NEW Chapter 12, “Feminist Therapy,” includes an updated treatment of principles of feminist therapy, updated discussion of the role of assessment and diagnosis in feminist therapy, and a revised and

www.cengageasia.com
expanded discussion on therapeutic techniques and strategies.

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© 2013, 384pp, Paperback, 9789814568739

**THEORY AND PRACTICE OF COUNSELING AND PSYCHOTHERAPY, INTERNATIONAL EDITION, 9E**

Gerald Corey, California State University, Fullerton (Emeritus)

Incorporating the thinking, feeling, and behaving dimensions of human experience, Corey's best-selling THEORY AND PRACTICE OF COUNSELING AND PSYCHOTHERAPY, 9E, International Edition offers an easy-to-understand text that helps students compare and contrast the therapeutic models expressed in counseling theories. Corey introduces students to the major theories (psychoanalytic, Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist, and postmodern approaches) and demonstrates how each theory can be applied to a single case (“Stan”). With his trademark style, he shows students how to apply those theories in practice, and helps them learn to integrate the theories into an individualized counseling style. This book is the center of a suite of products that includes a revised student manual, Case Approach to Counseling and Psychotherapy (2013), The Art of Integrative Counseling (2013) and media resources like the DVDs titled “DVD for Theory and Practice of Counseling and Psychotherapy: The Case of Stan and Lectureettes”, and “DVD for Integrative Counseling: The Case of Ruth and Lectureettes,” which features the same videos as the Integrative Counseling CD-ROM redesigned for today’s classrooms.

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© 2014, 552pp, Paperback, 9781408093528

THEORY AND PRACTICE OF COUNSELLING AND PSYCHOTHERAPY WITH CB COURSEMART EBOOK, 9E
Gerald Corey, California State University, Fullerton (Emeritus)

CB CourseSmart eBook – The ultimate eBook experience has arrived! Easily access our eBooks with features that will improve your reading experience, and tools to help you take notes and organize your studies. Incorporating the thinking, feeling, and behaving dimensions of human experience, the ninth edition of Corey's best-selling text offers an easy-to-understand text that helps you compare and contrast the therapeutic models expressed in counseling theories. Corey introduces you to the major theories (psychoanalytic, Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist, and postmodern approaches) and demonstrates how each theory can be applied to a single case (“Stan”). With his trademark style, he shows you how to apply those theories in practice, and helps you learn to integrate the theories into an individualized counseling style. This book is the center of a suite of products that includes the Student Manual, Case Approach to Counseling and Psychotherapy (2013), The Art of Integrative Counseling (2013) and media resources such as “DVD for Theory and Practice of Counseling and Psychotherapy: The Case of Stan and Lecturettes” and “DVD for Integrative Counseling: The Case of Ruth and Lecturettes.”

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ETHICS & LEGAL ISSUES

ETHICAL DECISIONS FOR SOCIAL WORK PRACTICE, INTERNATIONAL EDITION, 9E

Ralph Dolgoff, University of Maryland, Baltimore; Donna Harrington, University of Maryland, Baltimore; Frank M. Loewenberg, Emeritus, Bar-Ilan University

Part of the Brooks/Cole Empowerment Series, this ninth edition integrates the core competencies and practice behaviors outlined in the 2008 Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE). This classic text helps students recognize ethical issues and dilemmas, reason carefully about ethical issues, clarify their ethical aspirations at the level demanded by the profession, and achieve a more ethical stance in their practice. It places ethical decision making within the context of professional ethics and provides useful guidelines, including two ethical screens to help social work practitioners identify priorities among competing ethical obligations. Developed specifically for social workers, it features numerous case-like exemplars based on real-world practice, drawn from a variety of social work settings. This comprehensive and uniquely focused text is equally effective as a core resource for social work ethics courses, or as a valuable supplement within introductory, practice, or practicum courses.

NEW TO THIS EDITION

• New! Information regarding the NASW Code of Ethics has been updated and used throughout the edition, including increased attention to cultural competence and social diversity.
• New! Substantially more international content has been added, including websites for various international organizations and rights covenants.
• New! Chapter Three has a greatly expanded discussion of several contemporary approaches to ethics, including Caring, Feminist, and Virtue ethics; as well as new sections on Confucian, Hindu, Post-modern, and Proportionist ethics.
• New! Chapter Four has expanded discussion of the social control role in social work; the ethical principles screen has been updated to include social justice, and we have added research on variation in individual hierarchies of ethical principles.
• New! Social justice has been given more emphasis throughout the book, especially in chapters 4 and 9.
• New! As part of the Brooks/Cole Empowerment Series, the text now includes explicit call-outs to the CSWE 2008 Educational Policy and Accreditation Standards.

FEATURES

• A new pre-test assesses familiarity with the Code of Ethics and key ethical concepts, while the final chapter addresses participation in interdisciplinary teams and power differentials among different professions. From start to finish, the text reflects a keen awareness of practical considerations for social work professionals.
• Extensive new material on ethical theories includes
information on the latest trends and thinking and exploration of several theories in greater depth, including the ethics of caring, feminist ethics, and virtue ethics.

• The new edition devotes greater attention to macro issues and advocacy through increased emphasis on the last two sections of the code of ethics: social workers’ ethical responsibilities to the social work profession and social workers’ ethical responsibilities to the broader society.

• Additional sections give greater emphasis to important current topics for today’s professionals, including spirituality; whistle blowing and advocacy; macro social work practice; social justice; discrimination regarding sexual orientation; and violence and practitioners.

**CONTENTS**


© 2012, 336pp, Paperback, 9780840034113

**ISSUES AND ETHICS IN THE HELPING PROFESSIONS, INTERNATIONAL EDITION, 8E**

Gerald Corey, California State University, Fullerton (Emeritus); Marianne Schneider Corey; Patrick Callanan, California State University, Fullerton

Up-to-date and comprehensive, this practical best-selling text provides students with the basis for discovering their own guidelines for helping within the broad limits of professional codes of ethics and divergent theoretical positions. Respected authors Gerald Corey, Marianne Corey and Patrick Callanan raise what they consider to be central issues, present a range of diverse views on these issues, discuss their position, and present many opportunities for students to refine their thinking and actively develop their own position. With new material throughout every chapter and an increased emphasis on critical thinking, the Eighth Edition is modern and useful for students as well as practicing professionals. ISSUES AND ETHICS IN THE HELPING PROFESSIONS, International Edition, explores such questions as: What role do the therapist’s personal values play in the counseling relationship? What ethical responsibilities and rights do clients and therapists have? And, what considerations are involved in adapting counseling practice to diverse client populations?

**NEW TO THIS EDITION**

• New commentaries following all of the cases presented in the various chapters provide guidance to students as they consider the issues involved. These commentaries also assist students in applying ethical standards from the various codes to a wide variety of practical cases. While students are not provided with the “correct answers” to the cases presented, they are given specific ideas about ways to resolve ethical
dilemmas found in the many cases.

• Throughout the book, the authors present new research and literature on a wide range of ethical topics, including countertransference, informed consent, ethical and effective practice of clinical supervision, sexual attractions in therapy, dealing with impaired supervisees, giving and receiving gifts, training and supervision of group leaders, advantages and disadvantages of counseling via the Internet, recent ethics codes on technology applications, and more. The authors also include new material on empathy fatigue, the role of spirituality and religion in counseling, ethical issues in spirituality and addictions treatment, and end-of-life decisions. Additionally, new information has been added on the CACREP (2009) standards pertaining to personal counseling for students.

• Chapter 4, “Multicultural Perspectives and Diversity Issues,” has been thoroughly revised and now includes new information on multicultural and diversity perspectives, a revised discussion of issues pertaining to sexual orientation and inclusion of competencies in working with LGBT individuals, and an updated discussion of training students in the area of multicultural competence.

• The book’s discussion of confidentiality and privileged communication has been expanded. Chapter 6, “Confidentiality: Ethical and Legal Issues,” includes a new discussion of an ethical practice model for protecting clients’ confidentiality, a revised section on the implications of HIPAA for mental health providers, and updated material on the duty to warn and protect, especially in protecting children, older persons, and dependent adults from harm.

• In Chapter 8, “Professional Competence and Training,” you’ll find a new discussion of competence and how to assess it, as well as important new material on formative assessment, summary assessment, and an expanded section on continuing professional education.

FEATURES

• The authors draw upon their combined experiences to provide a realistic and challenging view of dealing with ethical issues. Throughout the text, the authors stress that ethical decision making is an ongoing process with no easy answers. However, the book gives readers the framework to think through the issues.

• With an emphasis on critical thinking, the text involves readers in the learning process through self-inventories, case examples, open-ended questions, and discussion questions.

• The ETHICS IN ACTION CD-ROM (available for packaging with the text) contains 60 minutes of video vignettes in which students role-play ethical situations and responses; commentary from the Coreys; group interaction and discussion, and exercises through which students can explore and gain knowledge. Most chapters feature activities that correlate with the ETHICS IN ACTION CD-ROM.

• Highlight codes are integrated throughout the text to help students learn where and when these codes apply. (Complete lists of the codes of ethics for the ACA, NASW, NOHSE, APA, ASCA and AAMFT are included in the newly updated booklet CODES OF ETHICS FOR THE HELPING PROFESSIONS, which is available for bundling with the text.)

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© 2011, 624pp, Paperback, 9780495904687
APPLYING YOUR GENERALIST TRAINING
Shelagh Larkin, Xavier University

Drawing on her experience as a social worker, an instructor, and a field director, Larkin offers a practical guide designed to help students apply their generalist training as they navigate their field experience. Within each chapter, students will find resources that both deepen their understanding of field education and illuminate the gaps that can exist between what they learn in the classroom and what they experience in the field. Topical content helps students conceptualize information in the context of field education, while guided reflection questions and integrative activities help students integrate that content area within their practice experiences. “Helping Hands” icons, suggested field tasks, and Competency Notes in each chapter support students’ ability to demonstrate their understanding of the core competencies and practice behaviors outlined by the CSWE EPAS as necessary for effective professional practice.

FEATURES
• This book is up to date with the most recent CSWE EPAS requirements. Helping Hands icons in the chapters and end-of-chapter Competency Notes spotlight text coverage of the required Core Competencies and recommended Practice Behaviors detailed by CSWE’s EPAS 2008.
• Reflection questions in each chapter provide students with an opportunity to explore various content and process areas and experiences of the field.
• Each chapter includes integrative activities for students to complete while in the field. These activities, which students can complete individually, with a field instructor, or with classmates, provide a way for students to directly link their generalist training to their practice experiences in the field.
• The end of each chapter includes a list of suggested field tasks that reflect that chapter’s content. These tasks were designed to help students gain an understanding of the specific tasks they can engage in the field to develop and demonstrate the specific core competencies and practice behaviors.

CONTENTS

© 2013, 224pp, Paperback, 9781133600763

CONCEPTUALIZATION AND TREATMENT PLANNING FOR EFFECTIVE HELPING
Barbara F. Okun, Northeastern University and Clinical Instructor, Harvard Medical School; Karen Suyemoto, University of Massachusetts, Boston

Okun and Suyemoto's book addresses theory and skills for continuing beyond the first few sessions with a client, thus helping students take the “next step” from a basic understanding of interviewing skills to a conceptualization of the counseling process. CONCEPTUALIZATION AND TREATMENT PLANNING FOR EFFECTIVE HELPING teaches students how to
integrate the many pieces of the helping process (e.g., theoretical orientation, the person of the therapist, the person of the client, the contexts that affect the clients, the therapy relationship, the context of the therapy, the skills and resources available, etc.) into a conceptualization that will foster efficacy in creating positive change.

FEATURES

- Experiential exercises appear throughout the text, fostering a deeper knowledge acquisition with an active reading model.
- The case of a client, Nancy, begins in Chapter 1 and recurs throughout the text to illustrate the progression through assessment, conceptualization, intervention, re-conceptualization, and termination.
- Many additional case examples were added in both the text and exercises in order to illustrate how clients vary and to examine the interaction of contextual, personal, and relational variables that affect conceptualization and treatment planning.
- “Appendix A: A Brief Review and Application of Established Theories” and “Appendix B: Exploring Your Experiences with Culture, Power, and Privilege” will be helpful in reminding trainees and consolidating previous learning.

CONTENTS


© 2013, 288pp, Hardback, 9781133314059

INTERPERSONAL PROCESS IN THERAPY, 6E
An Integrative Model, International Edition
Edward Teyber, California State University, San Bernardino

Strongly focused on the therapist-client relationship, INTERPERSONAL PROCESS IN THERAPY: AN INTEGRATIVE MODEL, International Edition integrates cognitive-behavioral, family systems, and psychodynamic theories. Newly revised and edited, this highly engaging and readable text features an increased emphasis on the integrative approach to counseling, in which the counselor brings together the interpersonal/relational elements from various theoretical approaches, and provides clear guidelines for using the therapeutic relationship to effect change. The author helps alleviate beginning therapists’ concerns about making “mistakes”, teaches therapists how to work with their own countertransference issues, and empowers new therapists to be themselves in their counseling relationships. Featuring new case examples and dialogues, updated references and research, clinical vignettes, and sample therapist-client dialogues, this contemporary text helps bring the reader “in the room” with the therapist, and illustrates the interpersonal process in a clinically authentic and compelling manner.

NEW TO THIS EDITION

- Teyber’s enhanced coverage of research-based cognitive-behavioral therapy includes more information regarding brief treatment applications and new links to time-limited therapy and other treatment modalities.
- Featuring new case examples and dialogues, updated references and research, and improved descriptive headings to help students pick out important “takeaways” from the text, this newly revised and edited book and has been streamlined to eliminate
redundancy.

• The Sixth Edition includes new material on the supervision process and stage models of professional development for counselors-in-training, plus the new HIPAA standards as related to mental health clinicians.

• A revised workbook, which can accompany the text, encourages students to apply what they have learned in the book to actual cases they have met in their practicum. New exercises encourage the students to make the most of their supervision.

FEATURES

• The book specific intervention guidelines for leveraging the therapist-client relationship to effect change to help alleviate beginning therapists' concerns about making mistakes.

• Students will find programmatic guidelines for writing case conceptualizations/treatment plans and process notes within the interpersonal process framework.

• Contemporary case studies develop multicultural awareness and continually demonstrate how cultural context influences case conceptualization and treatment planning.

• The book offers in-depth coverage of the role of attachment throughout the lifespan and attachment-related affects (such as shame) in clients' presentation of symptoms and problems.

CONTENTS

PART I: AN INTERPERSONAL PROCESS APPROACH.

© 2011, 512pp, Paperback, 9780495804208

MAKING THE MOST OF FIELD PLACEMENT, 3E
Helen Cleak, La Trobe University; Jill Wilson, University of Queensland

Learn how to get the most from your placements with the aid of this user-friendly text. Making the Most of Field Placement offers a practice-based approach to teaching and learning during placement experiences. Written for both students and their supervisors, it follows the various stages of a placement from planning through to evaluation. The core practice issues and ideas that it discusses can be used for a wide range of fields including social work, welfare work, disability work, youth work, community work and other human services. Readers can follow through the chapters as a guide as the placement progresses or select specific chapters and exercises to enhance specific stages of the placement. Numerous examples, checklists and exercises provide practical ideas that help students and supervisors to positively engage with each stage of the field placement process.

NEW TO THIS EDITION

• Updated throughout with the latest empirical information about best practice.

• A new appendix listing reputable websites helps students to extend their reading and find key organisations.

• Chapter 8 includes a discussion of contemporary educational theories around surface and deep learning and how this can facilitate different learning technologies.

• Working with Difference (Chapter 14) now incorporates a human rights and critical social work perspective.

• Finishing well (Chapter 17) draws upon new theories from the neurological sciences about how cognitive problems that can interfere with learning can occur.
and includes strategies to address this.
- Material on in the areas of community work and working with teams has been reorganised to present core issues more clearly.

**FEATURES**
- The order of chapters follows the field placement experience from pre-placement right through to finishing and evaluation so that the book can be used as a guide while the placement progresses.
- It addresses the range of critical learning issues that may emerge at each stage and suggests various strategies to deal with these in order to improve the placement experience.
- Sample boxes contain a range of practical information, examples and scenarios to assist readers to positively engage with each stage of the field placement process.
- Numerous exercises encourage students and their supervisors to apply the content and reflect on their own experiences.

**CONTENTS**

Part 1: Pre-placement planning  
1. Preparing for placement–student  
2. Preparing for placement–supervisor  
Part 2: Beginning placement  
3. Getting started–student  
4. Getting started –supervisor  
5. Charting the course for placement – contracts and agreements  
6. Critical reflection for teaching and learning  
7. Developing good supervisory practices  
8. Teaching and learning tools  
9. Linking learning and practice in placement  
Part 4: Methods and contexts of practice  
10. Community work  
11. Research and policy  
12. Rural and international placements  
Part 5: Keeping on course  
13. Challenging issues in supervision  
14. Working with difference  
15. Ethical and legal issues  
Part 6: Methods and contexts of practice  
16. Evaluating, assessing and finishing placement  
17. Finishing well  
Appendix – Useful weblinks

© 2013, 208pp, Paperback, 9780170222433
portfolios equip students with another skill they can use in their job search. The “For Your e-Portfolio” feature discusses specific technology platforms for electronic portfolios and offers broad writing topics that students can address in the e-Portfolio, which many schools now require during internships.

- New! Evidence-based practice is introduced early in the book and is reinforced throughout the text.
- New! Chapter 9, “Taking Care of Yourself,” adds a new stress assessment tool, helping students adopt healthy stress management practices that they can carry into their careers.
- New! Chapter 3, “Developing Ethical Competence,” includes more information on personal and professional boundaries in the workplace.
- New! Completely up to date, the Third Edition includes new material, examples that reflect the current economic crisis, and a broad range of field placements.
- New! The new chapter order introduces key material in a more timely fashion, including earlier placement of the chapters on Ethics and Using Supervision.

FEATURES

- Kiser offers a wealth of practical information for students just beginning their field experience, focusing on issues such as myths about internships, stages in the development of internships, development of a learning agreement, and getting to know the field placement agency.
- The book offers solid coverage of the special skills of human service professionals—including supervision, diversity, ethics, communication with clients, oral and written reports, and emotions and stress in the workplace—while helping students understand and avoid the common problems interns face.

CONTENTS


© 2012, 384pp, Paperback, 9781111186890
retention.

• Content has been thoroughly updated throughout and intermittently reorganized to enhance clarity. New coverage includes clarification of the meaning of ecosystems theory, generalist practice, and critical thinking (Chapter 1); updated references to NASW Policy Statements, discussion of Gayphobia (homophobia), updated terminology on gaysocialphobia, an introduction to global poverty (Chapter 2); and updated and reformulated content on cognitive-behavioral theory (Chapter 3).

• Chapter 4 includes discussion of virtual task groups and virtual task group leadership as well as more material on treatment conferences.

• Chapter 5 includes new material on the Hawthorne effect, and Chapter 6 presents new coverage on managed care, updated content about TANF, and expanded discussion of the financial resources necessary for agency functioning.

• Chapter 7 presents new material on intimidation and supplication as additional forms of impression management, and an expanded discussion on the reasons for organizational politics. It also contains expanded content on supervision, including administrative, educational, and other functions of supervisors; workers' general expectations of supervisors; and how to use supervision effectively.

• Chapter 8 presents updated content on the learning organization, including the importance of continuous learning; updated information on salaries and the status of female social workers; and discussion of Total Quality Management quality circles.

• Chapter 9 includes expanded content on rural social work, including issues characterizing rural communities, strengths of rural communities, community building, and dual and multiple relationships in rural communities.

• Among other new topics, Chapter 10 covers social support networks and use of the Internet, and the use of social indicators to assess community needs.

• New topics in Chapter 12 include intersectionality; policy, research, and practice recommendations in the pursuit of social and economic justice for grandparents who are caring for grandchildren. Also included are updated statistics on Hispanics, new material on gentrification, new and updated content on important issues for LGBTQ people, clarification of feminist principles applied to women in the macro social environment, and updated discussion of the Americans with Disabilities Act.

CONTENTS


© 2014, 656pp, Paperback, 9781285416557

HUMAN BEHAVIOR IN THE SOCIAL ENVIRONMENT, 5E
José B. Ashford, Arizona State University; Craig W. LeCroy, Arizona State University

HUMAN BEHAVIOR IN SOCIAL ENVIRONMENTS, 5E, International Edition offers a multidimensional approach to the topic, with discussion of integrative practice, theory, treatment, and services as well as matters pertaining to diversity addressed throughout the text. The text provides solid coverage of foundation knowledge, integrates the biopsychosocial dimensions for assessing social functioning, and offers case studies
to illuminate the applied aspects of the content. Furthermore, as part of the Brooks/Cole Empowerment Series, the fifth edition thoroughly integrates the core competencies and recommended practice behaviors outlined in the 2008 Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE), thus helping students connect foundation knowledge with specific practice concerns. Study tables and concept maps (for each discussion of behavior in the development chapters) clarify major phases of biopsychosocial development across the life span. This framework gives students a concrete tool for assessing human behavior from a perspective that reflects the values and knowledge base of the social work profession.

NEW TO THIS EDITION

• NEW This edition is thoroughly up to date with the most recent EPAS requirements.
• NEW Helping Hands icons in the chapters and end-of-chapter Competency Notes spotlight text coverage of the required Core Competencies and recommended Practice Behaviors detailed by CSWE's new EPAS 2008.
• NEW “Competency Notes” features presented at the end of each chapter summarize the EPAS concepts covered in the chapter and serve as a helpful review tool.
• NEW The box feature “Focus on Technology” addresses the impact of technology on human development and behavior (all chapters).
• NEW Discussion of spirituality and its effects on behavior and development will be expanded in relevant chapters.
• NEW Discussion of human life span development theory is expanded, particularly in the biology chapter.
• NEW This edition’s ancillary packages includes the new Curriculum Quick Guide for instructors, which provides step-by-step instructions and tools to track students’ learning progress and understanding of CSWE competencies. The Practice Behaviors Workbook for students, available for packaging with the text, offers role-play prompts and written exercises to tie EPAS application to content presented in the text.

FEATURES

• The authors continue to emphasize applicability of social work principles—a hallmark of the book since the first edition.
• The authors provide broad and balanced coverage of micro-, mezzo-, and macro- (systems) content. To help students apply concepts to direct practice, the text provides a solid foundation in the biological, psychological, and social sciences.
• The authors’ multidimensional framework guides students’ understanding of social work theory and its implications for assessment of human behavior and social work practice across the life span.

CONTENTS


© 2013, 768pp, Paperback, 9781133354758

UNDERSTANDING HUMAN BEHAVIOR AND THE SOCIAL ENVIRONMENT, INTERNATIONAL EDITION, 9E

Charles Zastrow, George Williams College; Karen K. Kirst-Ashman, University of Wisconsin, Whitewater

Zastrow and Kirst-Ashman's UNDERSTANDING HUMAN BEHAVIOR AND THE SOCIAL ENVIRONMENT, 9E, International Edition looks at lifespan through the lens of social work theory and practice, covering human development and behavior theories within the context of family, organizational, and community systems. Using a chronological lifespan approach, the book
presents separate chapters on biological, psychological, and social impacts at the different lifespan stages with an emphasis on strengths and empowerment. As part of the Brooks/Cole Empowerment Series, this edition is completely up to date and thoroughly integrates the core competencies and recommended practice behaviors outlined in the 2008 Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE).

NEW TO THIS EDITION

• NEW This edition is thoroughly up to date with the most recent EPAS requirements. NEW Helping Hands icons within the chapters and end-of-chapter Competency Notes spotlight text coverage of the required Core Competencies and recommended Practice Behaviors detailed by CSWE's new EPAS 2008.

• NEW In addition to updates in general lifespan development research, this edition includes discussion of such timely, engaging topics as the role of great-grandparents in child-rearing, same-sex marriage, counseling services in the third world, economic disparity, learning disabilities, fetal development, conversion therapy, and contraception.

• NEW This edition's ancillary package includes the new Curriculum Quick Guide for instructors, which provides step-by-step instructions and tools to track your students' learning progress and understanding of CSWE competencies. The Practice Behaviors Workbook for students offers role-play prompts and written exercises to tie EPAS application to content presented in the text. Additionally, CourseMate brings course concepts to life with interactive learning, study, and exam preparation tools that support the printed textbook.

• NEW The ethics boxes have been expanded and updated to address contemporary social issues and ethics in terms of human lifespan development.

• NEW Human diversity coverage has been updated to include new ethnic and social groups and their role in today's ever-evolving society.

• NEW The authors have enhanced their discussions of mezzo and macro practice to include how each relates to emerging issues in today's world.

• NEW Competency Notes, tied to the CSWE EPAS, have been added to the end of each chapter to reinforce the connection between content, application, and practice.

FEATURES

• UNDERSTANDING HUMAN BEHAVIOR AND THE SOCIAL ENVIRONMENT, 9E, International Edition's chronological lifespan approach examines human behavior from perspectives of developmental milestones and environmental issues--allowing for a description of human growth from conception through adulthood. The text's logical arrangement places such issues as diversity and ethics within a familiar context for students.

• Adhering more closely than other texts to society standards for life stages, the text offers the standard set of dimensions for understanding life course development--biological, psychological, and social. Separate chapters on biological, psychological, and social impacts at the different lifespan stages help students to identify influence and behavior for each age group.

• Offering comprehensive coverage that includes everything pertinent to social work, the text presents a vast array of theories and research that seeks to explain and describe human development and behavior. It focuses on individual functioning within systems of various sizes, including families, groups, organizations, and communities.

CONTENTS


© 2013, 768pp, Paperback, 9781133354727
With a new DVD showing chapter concepts in real-world practice, best-selling AN INTRODUCTION TO HUMAN SERVICES, International Edition delivers a uniquely practical and comprehensive introduction to the human service profession. Drawing on the authors’ extensive experience as practitioners, educators, and researchers, the text defines human services, reviews the historical development of the field, provides a practical overview of the profession, and emphasizes the skills needed to succeed as a human services practitioner. The text provides a solid grounding in such fundamental concepts as serving the whole person, using an interdisciplinary approach, interacting with helper and client, preparing generalists, and empowering clients. Every chapter includes detailed case studies to highlight the practical applications of key concepts and prepare students to effectively address issues they are likely to encounter as helping professionals. In addition, the new accompanying DVD adds compelling demonstrations by skilled professionals to illustrate basic concepts.

NEW TO THIS EDITION
• New! Providing real-world illustrations for every chapter, the new DVD demonstrates chapter concepts in action! Segments vary from vignettes about clients and helping strategies to professionals and the challenges they encounter in their work.
• New! Cutting-edge cases and applications provide a number of ways for students to apply concepts and strategies introduced in the text to real-world scenarios.
• New! End-of-chapter “Want to Know More?” features give students a variety of resources to further explore concepts and issues related to that chapter.
• New! A number of new features relate to service delivery: a section on evidence-based practice and how it influences human services practice, an expanded focus on the strengths-based perspective, emphasis on the importance of outreach, and new information about issues related to children, youth, military veterans, and families.
• New! Every chapter has been thoroughly revised and updated to reflect the latest research, new ideas in theory, and leading innovations in practice, important influences on human services, and new challenges and special issues facing today’s practitioners.

FEATURES
• An engaging and enjoyable read, this student-friendly text delivers a comprehensive introduction to the human services field and the essential skills students need to succeed as working professionals.
• Each chapter includes chapter objectives, multiple detailed real-world case studies with focus questions, lists of key terms, a summary of important Things to Remember, and suggested readings for further information—all designed to make instruction more effective and facilitate student learning.
• Compelling real-world case studies in each chapter illustrate key concepts and provide a useful guide to practical considerations facing human service professionals today.
• Completely up to date, case studies illustrate each human service delivery model, while a special concluding case study integrates all three models. In addition, the expansive human service model includes a strengths perspective.
• Published simultaneously with the text and bundled with each copy of the Instructor’s Edition, the companion student workbook ACTIVITIES AND EXERCISES FOR AN INTRODUCTION TO HUMAN SERVICES helps students master course concepts through assignments and self-study exercises.

CONTENTS
Presenting social science research methods within the context of human service practice, APPLIED SOCIAL RESEARCH, International Edition is the ideal text for courses focused on applied research in human services, counseling, social work, sociology, criminal justice, and community planning. With in-depth coverage of all the topics taught in traditional social science research methods courses, APPLIED SOCIAL RESEARCH brings the subject to life by showing how research is increasingly used in practice today. In addition, this fully updated edition includes a thought-provoking Eye on Ethics feature and new and revised Research in Practice vignettes.

**NEW TO THIS EDITION**

- Coverage of CSWE competencies has been expanded.
- An expanded discussion of the relationship between planning and evaluation has been added to clarify this important aspect of human service research.
- An increased focus on reading and writing research proposals, as well as expanded information on research articles and how to evaluate them, helps readers master key concepts and skills.

- New and revised “Research in Practice” boxes include interviews with practitioners on various topics to help readers see the connection between research and everyday practice.

**FEATURES**

- "Eye on Ethics" boxes encourage students to see ethics as an issue that is integral to research and one that must be continually addressed.
- Chapter-ending “Critical Thinking” sections connect research methods to practice, policy, and everyday life.
- The authors emphasize both quantitative and qualitative approaches to social science research, include a discussion of positivist and non-positivist paradigms in science, and introduce students to one of the key controversies in modern science.
- Chapter 17, “Writing for Research: Grant Proposals and Report Writing,” takes students through the processes of securing funding and communicating research findings.
- Chapter-ending learning tools – "Main Points," “Important Terms for Review,” “For Further Reading,” and “Exercises for Class Discussion”—help students solidify their understanding of important chapter concepts.

**CONTENTS**


© 2014, 592pp, Paperback, 9781285162324
Ideal for anyone embarking on or considering a career in the helping professions, BECOMING A HELPER, International Edition provides an overview of the stages of the helping process while teaching students the skills and knowledge they need to become successful helping professionals. Drawing on their years of experience, Corey and Corey focus on the struggles, anxieties, and uncertainties students often encounter on the road to becoming effective helpers. In addition, the text emphasizes self-reflection on a number of professional issues and challenges readers to examine their motives for choosing a helping career. Finally, the authors help students decide if a career in the helping professions is right for them by asking them to take a candid look at the demands and strains they’ll face in the helping professions.

NEW TO THIS EDITION

• Extensively updated throughout, the book includes current information on topics such as rehabilitation counseling and substance abuse counseling, conflicts in helping relationships, self-awareness, the helping process, narrative therapy, fieldwork experiences, and supervision.
• Important issues unique to the helping professions, such as transference, countertransference, recognizing competence, and learning to refer, are covered in more depth.
• The authors have extensively updated their coverage of diversity issues with new literature, a new section on social justice competencies, and a more complete discussion of understanding people with disabilities.
• The Sixth Edition offers an increased focus on the challenges of coping with stress and burnout, including new material on preventing burnout and staying healthy in one's personal and professional life.
• Updated discussions of working with groups and working in the community have been added, including a concise discussion of key elements to consider in forming and conducting a group, as well as the various roles community workers need to assume if they are to make a difference in the larger picture. Additional focus is placed on crisis intervention strategies and the role of advocacy and social activism in community work.

FEATURES

• Students investigate their motives and aptitude for becoming helpers through self-assessments and inventories designed to encourage the self-reflection process as well as the authors' discussions on the reality of what it is like to be a helper.
• The text provides basic information on practice, including information on skills, stages of helping, managing boundaries, and working with the community, and groups.
• The authors introduce students to professional issues, such as values in the helping professions, ethical issues, common concerns of helpers, stress and burnout, and how helpers can take care of themselves.
• Case examples and vignettes drawn from Corey and Corey's experiences enliven the text and get readers personally involved, while the chapter reviews, focus questions, inventories and exercises help students to reflect on and apply the content of the chapter.
• The ETHICS IN ACTION CD-ROM (available for packaging with the text) contains 60 minutes of video vignettes in which students can role-play ethical situations and responses, listen to commentary from the the authors, and participate in exercises that will help them explore topics and gain knowledge.

CONTENTS


© 2011, 696pp, Paperback, 9780495812777
Learn how to get the most from your placements with the aid of this user-friendly text. Making the Most of Field Placement offers a practice-based approach to teaching and learning during placement experiences. Written for both students and their supervisors, it follows the various stages of a placement from planning through to evaluation. The core practice issues and ideas that it discusses can be used for a wide range of fields including social work, welfare work, disability work, youth work, community work and other human services. Readers can follow through the chapters as a guide as the placement progresses or select specific chapters and exercises to enhance specific stages of the placement. Numerous examples, checklists and exercises provide practical ideas that help students and supervisors to positively engage with each stage of the field placement process.

NEW TO THIS EDITION
- Updated throughout with the latest empirical information about best practice.
- A new appendix listing reputable websites helps students to extend their reading and find key organisations.
- Chapter 8 includes a discussion of contemporary educational theories around surface and deep learning and how this can facilitate different learning technologies.
- Working with Difference (Chapter 14) now incorporates a human rights and critical social work perspective.
- Finishing well (Chapter 17) draws upon new theories from the neurological sciences about how cognitive problems that can interfere with learning can occur and includes strategies to address this.
- Material on in the areas of community work and working with teams has been reorganised to present core issues more clearly.

FEATURES
- The order of chapters follows the field placement experience from pre-placement right through to finishing and evaluation so that the book can be used as a guide while the placement progresses.
- It addresses the range of critical learning issues that may emerge at each stage and suggests various strategies to deal with these in order to improve the placement experience.
- Sample boxes contain a range of practical information, examples and scenarios to assist readers to positively engage with each stage of the field placement process.
- Numerous exercises encourage students and their supervisors to apply the content and reflect on their own experiences.

CONTENTS

© 2013, 208pp, Paperback, 9780170222433
Neukrug's easy-to-understand text addresses critical topics in Human Services, thereby providing students with a comprehensive overview of the field. The book addresses the field's history, theory, helping skills, and professional standards, as well as techniques for working in group counseling, family counseling, and community systems. Neukrug also addresses research, evaluation, assessment, normal and abnormal human development, career issues, and multicultural awareness, all of which figure prominently into the knowledge and skill base that informs the human services worker's daily responsibilities. The book is further distinguished by its experiential emphasis, unique use of personal vignettes, and focus on the development of the helper.

NEW TO THIS EDITION

• This edition has greatly increased diversity coverage. Expanded from 1 chapter, Chapter 7, Diversity, Cultural Competence, and Social Justice covers information on cultural diversity in the United States and the World, the reasons we need culturally competent human service professionals, and the importance of social justice work while Chapter 8, Working with Diverse Clients, offers some statistics that demonstrate how demographics in the United States have been changing dramatically in addition to presenting models for the development of cultural competence and specific guidelines for working with a number of diverse clients.
• Based on the most current research, Chapter 1 has updated the characteristics that make an effective human services professional, in addition to updating information on the definition of the human service professional and various related mental health professions.
• Chapter 3: Theoretical Approaches to Human Service Work, was significantly rewritten. Besides defining counseling, psychotherapy, individual vs. systemic approaches, and theory, this chapter offers a quick look at twelve theories broken down into four conceptual approaches or schools: psychodynamic, existential-humanistic, cognitive-behavioral, and post-modern. The chapter also identifies some other, common, theoretical approaches and helps students understand what an integrative or eclectic approach is.
• A new Afterword discusses trends in jobs and earnings in the human services and whether or not your personality “fits” the human service profession. The Afterword identifies a number of items to consider when choosing a graduate program or finding a job and discusses important aspects of the application process when applying for jobs or for graduate schools. How to write good resume and the importance of a portfolio are discussed and specific resources are given to help emerging Human Services professionals find a job or a graduate program.

FEATURES

• This book is a comprehensive overview of the human service field that offers information on history, professional issues, theory, skills, case management, systems, human development, career issues, research, testing, multicultural issues, and future trends.
• Ethical vignettes at the end of each chapter allow students to contemplate and reflect upon the content covered in that chapter.
• The book offers an up-to-date examination of the stages of the helping relationship and discusses a number of areas involved with client case management. It also examines--in a variety of ways--the critical area of client confidentiality.
• Each chapter opens with a personal vignette, written by the author, in which he shares his perspective and thoughts about being a helper.
• A section entitled “The Developmentally Mature Human Service Worker” in every chapter helps readers assess their development.
• Assess your own development with the practical sections entitled “The Effective Human Services
Professional,” which appear in every chapter.

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© 2013, 416pp, Paperback, 9781133371816

INTRODUCTION TO SOCIAL WORK/WELFARE

AN INTRODUCTION TO THE PROFESSION OF SOCIAL WORK, INTERNATIONAL EDITION, 4E
Elizabeth A. Segal, Arizona State University; Karen E. Gerdes, Arizona State University; Sue Steiner, California State University Chico

Segal, Gerdes, and Steiner’s AN INTRODUCTION TO THE PROFESSION OF SOCIAL WORK, 4E, International Edition provides a balanced introduction to the social work profession and helps students to understand the role that the profession plays in the social welfare system. The authors’ supportive tone and experiential approach inspires interest in and enthusiasm toward future careers in social work. The book is designed to encourage both knowledge building and self-exploration—skills that are essential in developing good social work practice. Part of the Brooks/Cole Empowerment Series, the fourth edition is completely up to date and thoroughly integrates the core competencies and recommended practice behaviors outlined in the 2008 Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE).

NEW TO THIS EDITION
• This fourth edition is thoroughly up to date with the most recent EPAS requirements. NEW Helping Hands icons within the chapters and end-of-chapter Competency Notes spotlight text coverage of the required Core Competencies and recommended Practice Behaviors detailed by CSWE’s new EPAS 2008.
• In addition, all chapters have been updated, with an infusion of additional values and ethics material throughout the book.
• Material formerly found Chapter 12, “The Workplace,” now appears throughout the text, wherever relevant.
• Coverage of the historical evolution of the profession has been more clearly explained in Chapter 2.
• The chapter on poverty now appears earlier in the text to give more foundation for the rest of the content.
• The chapter on modes of intervention (now titled “Generalist Practice” and appearing as Chapter 6) has been completely rewritten to reflect a generalist approach, which is more accessible and meaningful to introductory students.

FEATURES
• “Personal Stories” provide practitioners’ first-hand accounts and experiences taken from their lives as social workers.
• “What Do You Think,” “More About,” “Point of View,” and “From the Field” inserts invite the reader to think more deeply about the content at hand.
• Brief questions interspersed in chapters, end-of-chapter discussion questions, and experiential/self-exploration exercises make this a combination workbook and textbook that provides students with ample tools to apply the text concepts.
• Numerous case studies help students apply the concepts and explore their understanding of the profession. The book’s appendices provide students with useful resources, such as the NASW Code of Ethics and a list of relevant websites.
INTRODUCTION TO SOCIAL WORK & SOCIAL WELFARE, 4E
Critical Thinking Perspectives, International Edition
Karen K. Kirst-Ashman, University of Wisconsin, Whitewater

Designed to give your students a solid introduction to the profession of social work, INTRODUCTION TO SOCIAL WORK AND SOCIAL WELFARE, 4E, International Edition helps students understand the issues that social workers address every day. Using clear, engaging prose, author Kirst-Ashman presents a balanced overview within a unifying theme of critical thinking that will train students to be more evaluative of key concepts. In addition, studying is made easy with the Book Companion Website, which provides students with opportunities to complete self-assessments as well as pre- and post-tests for each chapter. Thoughtful case studies found throughout the text show you what social-work practice looks like in different contexts and with different populations. INTRODUCTION TO SOCIAL WORK AND SOCIAL WELFARE, 4E, International Edition also boasts a thorough set of instructor focused resources that helps instructors streamline and maximize the effectiveness of their course preparation.

NEW TO THIS EDITION
• This edition is thoroughly up to date with the most recent EPAS requirements. NEW Helping Hands icons within the chapters and end-of-chapter Competency Notes spotlight text coverage of the required Core Competencies and recommended Practice Behaviors detailed by CSWE’s new EPAS 2008.
• The book has been thoroughly updated with new content, including an extended discussion of social work with military personnel and veterans, as well as new examples and coverage of discussion of policy and practice with immigrant and migrant populations.
• Chapter 1 contains new material on the examination of the concept of sustainability.
• Chapter 2 features an additional example of a strategy of ethical reasoning to arrive at principled decisions and material on ethical conflicts for military social workers during combat.
• Chapter 3 now includes a highlight summarizing the definitions of terms characterizing diversity, examination of the concept of intersectionality, updated statistics on the economic status of African Americans and women, added new material on Klinefelter’s syndrome, and added discussion of terms often used in connection with the word “Muslim,” including “Arab American” and “Middle Eastern.”
• Chapter 4 has added material on the use of consultation, the negotiator role, professional identity and conduct and the concept of sustainability, and the process and practice of social work.
• Chapter 5 contains a new case example of a dual relationship in a rural community where a strategy is applied to arrive at ethical decisions; new content on practice with individuals involving interviewing; additional content on treatment groups; new content on task groups, including staff development groups, cabinets, boards of directors, and coalitions; new content on practice with organizations and communities including “social advocacy,” “planning and policy practice,” and “community capacity development” (Rothman, 2007, p. 12); and updated categories for NASW Professional Social Work Credentials and Advanced Practice Specialty Credentials.
• Chapter 6 has added material on The Voting Rights Act of 1965, the “housing bubble” and Great Recession, people living in poverty and their problems with credit, and Barack Obama’s presidency.
• Chapter 7 has a new case example demonstrating innovative policy practice.
• Chapter 8 has additional and revised content on Temporary Assistance to Needy Families (TANF) and Children’s Health Insurance Program (CHIP).

CONTENTS

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NEW TO THIS EDITION
• Every chapter of the eleventh edition is updated to include the most current information available.
• New topics include Obamacare, safety guidelines for social workers, school bullying, cyberbullying, intersectionality of multiple factors, the Tea Party movement, open adoptions, motivational interviewing, White supremacy, activity theory for...
older persons, and trauma and stress disorders.
• Other new topics include Dr. Temple Grandin, who is autistic; Arizona’s Our Law Enforcement and Safe Neighborhoods Act; evidence based practice; social work with military personnel, veterans, and their families; the DREAM Act; the Gulf of Mexico oil spill in 2010; and Japan’s nuclear plant meltdowns in 2011.
• This edition has been further revised to assure that the content aligns with the CSWE’s 2008 Educational Policy and Accreditation Standards (EPAS). It also includes the new NASW Standards.
• Content is organized around three additional themes to aid understanding and prepare students for their careers: generalist practice, ecological perspectives, and real-life experience (via new “day in the life” vignettes of social workers).

FEATURES
• With its unique social problems approach, this cutting-edge text describes how people are affected by such problems as poverty, child abuse, emotional difficulties, sexism, alcoholism, crime, and discrimination—to name a few. It also offers information on the nature, extent, and causes of such problems. Presenting both sides of major social issues, Zastrow provides even and balanced coverage to give students greater understanding and insight into the issues.
• The text presents a practical focus on generalist social work: how to counsel individuals and groups, how to develop new services, and how to improve existing community services.
• A brief historical review of the development of social welfare, social work, and various social services equips students with a solid background on social work. Zastrow also integrates key social work issues throughout, including the strengths perspective, international perspectives, spirituality, populations-at-risk, and ethnic-sensitive social work practice.
• The text emphasizes the ecological perspective—the biological, psychological, and sociological influences on human behavior.
• Learning Objectives at the beginning of each chapter, identified by letters, focus readers’ attention on the key points to be discussed. A point-by-point chapter summary is keyed to the Learning Objectives.

CONTENTS

© 2014, 640pp, Paperback, 9781285176406

MAKING THE MOST OF FIELD PLACEMENT, 3E
Helen Cleak, La Trobe University; Jill Wilson, University of Queensland

Learn how to get the most from your placements with the aid of this user-friendly text. Making the Most of Field Placement offers a practice-based approach to teaching and learning during placement experiences. Written for both students and their supervisors, it follows the various stages of a placement from planning through to evaluation. The core practice issues and ideas that it discusses can be used for a wide range of fields including social work, welfare work, disability work, youth work, community work and other human services. Readers can follow through the chapters as a guide as the placement progresses or select specific chapters and exercises to enhance specific stages of
the placement. Numerous examples, checklists and exercises provide practical ideas that help students and supervisors to positively engage with each stage of the field placement process.

**NEW TO THIS EDITION**

- Updated throughout with the latest empirical information about best practice.
- A new appendix listing reputable websites helps students to extend their reading and find key organisations.
- Chapter 8 includes a discussion of contemporary educational theories around surface and deep learning and how this can facilitate different learning technologies.
- Working with Difference (Chapter 14) now incorporates a human rights and critical social work perspective.
- Finishing well (Chapter 17) draws upon new theories from the neurological sciences about how cognitive problems that can interfere with learning can occur and includes strategies to address this.
- Material on in the areas of community work and working with teams has been reorganised to present core issues more clearly.

**FEATURES**

- The order of chapters follows the field placement experience from pre-placement right through to finishing and evaluation so that the book can be used as a guide while the placement progresses.
- It addresses the range of critical learning issues that may emerge at each stage and suggests various strategies to deal with these in order to improve the placement experience.
- Sample boxes contain a range of practical information, examples and scenarios to assist readers to positively engage with each stage of the field placement process.
- Numerous exercises encourage students and their supervisors to apply the content and reflect on their own experiences.

**CONTENTS**

Part 1: Pre-placement planning  
1. Preparing for placement–student 
2. Preparing for placement–supervisor

Part 2: Beginning placement  
3. Getting started–student 
4. Getting started –supervisor

Part 3: Teaching and learning on placement  
6. Critical reflection for teaching and learning 
7. Developing good supervisory practices 
8. Teaching and learning tools 
9. Linking learning and practice in placement

Part 4: Methods and contexts of practice  
10. Community work 
11. Research and policy 
12. Rural and international placements

Part 5: Keeping on course  
13. Challenging issues in supervision 
14. Working with difference 
15. Ethical and legal issues

Part 6: Evaluating, assessing and finishing placement  
16. Assessment and evaluation– students and supervisors 
17. Finishing well

Appendix – Useful weblinks

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**SOCIAL WORK AND SOCIAL WELFARE, 7E**

An Introduction, International Edition

Rosalie Ambrosino, University of Texas, San Antonio; Joseph Heffernan, Retired, University of Texas at Austin; Guy Shuttlesworth, Emeritus, University of Texas at Austin; Robert Ambrosino, The University of Texas at San Antonio

Reflecting the latest practices, accreditation requirements, and developments from the field, bestselling SOCIAL WORK AND SOCIAL WELFARE: AN INTRODUCTION, International Edition gives readers a broad understanding about the social work profession and the role it plays in the social welfare system. Part of the Brooks/Cole Empowerment Series, the Seventh Edition is completely up to date and thoroughly integrates the core competencies and recommended practice behaviors outlined in the 2008 Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE). With its signature systems/ecological approach in understanding social welfare, the book focuses on specific social welfare areas in which social workers play major roles in policy and practice. It adopts the
philosophy that there are many reasons why social problems occur, and students need to understand the history, values, factors (economic, political, and cultural) that surround these issues and the attempts to solve or address them. Instead of presenting a specific political perspective, the authors encourage readers to think critically about issues in a new way. Each chapter opens with a vignette about a social worker in a specific setting and closes with a discussion about the career opportunities for social workers in the area discussed.

NEW TO THIS EDITION

• SOCIAL WORK AND SOCIAL WELFARE: AN INTRODUCTION, 7e is thoroughly up to date with the most recent EPAS requirements. NEW Helping Hands icons within the chapters and end-of-chapter Competency Notes spotlight text coverage of the required Core Competencies and recommended Practice Behaviors detailed by CSWE’s new EPAS 2008.
• New practice objectives have been added into the front of each chapter.
• Activities are directly linked to CSWE practice behaviors, giving students hands-on experience putting chapter concepts into action.
• Completely current, the Seventh Edition includes updated information on the latest policy issues—specifically health care reform and immigration

FEATURES

• Offering a more global perspective on social welfare policy, the Seventh Edition of this proven text includes discussions of the impact of the “war on terrorism” and the war in Iraq, relating both to domestic spending and analyzing how funds are being shifted to homeland security and Iraq. Students are asked to consider policy implications for how the U.S. is perceived globally.
• The authors include coverage of military social work and implications of the Iraq war on military families.
• A focus on key social justice issues includes racism, sexism, homophobia, and other types of oppression on individuals, as well as the way that the allocation of resources reinforces these forms of oppression and injustices.
• The book’s robust online pedagogy includes key words and concepts for online literature searches and further study at selected web sites, including those operated by state and federal government agencies and advocacy groups that provide demographic data about populations discussed in the text.
• A blend of practice and policy issues from the systems/ecological perspective supports the values of the social work profession as described by the Council on Social Work Education (CSWE).
• Early coverage of diversity provides a broad base for use in subsequent chapters. The book’s thorough diversity coverage includes substantial information on social and economic justice, which is emphasized heavily in the CWSE’s revised EPAS.

CONTENTS


© 2012, 512pp, Paperback, 9781111304775
THE RELUCTANT WELFARE STATE, INTERNATIONAL EDITION, 7E
Bruce S. Jansson, University of Southern California

Written in clear, lively prose by one of the foremost scholars of social welfare, this book analyzes the evolution of the American welfare state from colonial times to the present, placing social policy in its political, cultural, and societal context. Part of the BROOKS/COLE EMPOWERMENT SERIES, this 7th edition integrates the core competencies and practice behaviors outlined in the 2008 Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE).

NEW TO THIS EDITION

• This edition integrates the core competencies and practice behaviors outlined in the 2008 Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE).

• The relevance of history to the contemporary period has been reinforced by including the first 18 months of the Presidency of Barack Obama in Chapter 12.

• New section titled “What You Can Do Now” with bulleted items that review content in the chapter relevant to the 2008 EPAS Competencies and Practice Behaviors at the end of every chapter.

• NEW: Analysis of policy innovations in specific historical eras that could be revived or expanded in the contemporary period.

• NEW: Analysis of policy failures in specific historical eras, making students aware to ill-considered policies in contemporary society.

FEATURES

• This edition integrates the core competencies and practice behaviors outlined in the 2008 Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE).

• This edition contains new historical material, including the last four years of the administration of President George W. Bush up to the eve of the pivotal 2008 national election, and the first 18 months of the Presidency of Barack Obama.

• The text discusses six dimensions that make the American welfare state more “reluctant” than most European states, and identifies multiple factors that have contributed to this reluctance.

• The text more explicitly links historical events to contemporary issues and policies, and uses historical materials to motivate students to become policy advocates in contemporary society.

• Uniquely links social welfare policy to an empowerment perspective, showing how vulnerable populations, as well as social reformers, have achieved progressive reforms through policy advocacy.

CONTENTS


© 2012, 576pp, Paperback, 9780840034410
The Road to Social Work and Human Service Practice provides a comprehensive introduction to all aspects of practice in the professions of social work and the human services. It lays out the journey and expertly signposts the key areas of knowledge, skills, values, ethics, practice contexts and contemporary debates. New client and practitioner perspectives give voice to important messages that practitioners need to hear. This third edition includes significant updates and new information on professional issues and contexts of practice, interprofessional relationships, professional regulation, and the new social work code of ethics. The Road to Social Work and Human Services Practice will help you face the challenges of the road ahead with confidence as you transition from student to practitioner.

NEW TO THIS EDITION

- Innovative ‘Client Perspective’ boxes share stories from clients’ lives that help students to consider issues from the consumer’s point of view
- Significant updates to Chapter 4 Professional practice and ethical standards covers important contemporary developments including the new code of ethics for social work and professional regulation debates
- Chapter 6 Practice fields and methods includes new material on fields of practice such as youth work and disaster responses
- New section in Chapter 10 on current and future trends in human services and social work explores future trends that may impact practice: the impacts of managerialism; the increasing global focus of practice; and the consumer voice
- Questions at the end of each chapter help readers to consolidate their learning
- Updated and new ‘Case Studies’ and ‘Practitioner Perspectives’ highlight emerging practice situations and mirror current issues
- New companion website for students provides resources to help them revise the text and explore topics further
- New 12 month subscription to Search me! social work is included with every new edition of this text. This online library gives students access to full-text articles from hundreds of scholarly and popular periodicals

FEATURES

- Provides a comprehensive, practice-oriented coverage of introductory social work and human service practice issues in the Australasian context
- Case studies throughout the text present students with real life situations to consider and develop their understanding

CONTENTS


© 2012, 293pp, Paperback, 9780170193429
Chang, Scott, and Decker’s multilayered teaching and learning system presents a creative blend of learning methods and clear presentation of topics to help students think like practitioners and apply foundational skills to real-world practice. Students first read about professional practice and the skills required to work effectively with clients. Students then think and write about the ideas and concepts presented in the text by completing homework exercises following each new concept. Next, students watch and discuss the accompanying DVD (available for packaging with the text), which demonstrates how to use the skills covered in the text with an individual, family, or group. Furthermore, the text’s modified case-based method introduces a continuing case, one section at a time, throughout the chapters, which helps students learn how to think like professionals. Finally, exercises with specific directions for role-playing the client, practitioner, and peer supervisor, followed by a simple evaluation tool completed by the peer supervisor and practitioner, promote practice and evaluation.

NEW TO THIS EDITION

- NEW Content has been updated and revised to reflect the latest research and findings.
- NEW Each chapter focuses on professional competencies, such as the CSWE’s Educational Policy and Accreditation Standards, as they relate to the chapter material.
- NEW Key terms are now highlighted, defined, and included in the new Glossary.
- NEW Chapter 1 includes sections on the influence of socioeconomic status, life stages, and disability, written to illuminate these important matters and help readers gain deeper understanding of the issues surrounding them.
- NEW Chapter 2 offers a section on the family systems perspective, which explains the basic concepts behind the theory and also provides insight into the application of the family systems perspective to practice. Chapter 2 also includes a new case with questions related to each of the perspectives addressed in the chapter.
- NEW Chapter 3, “Values, Ethics, and Legal Obligations,” addresses such topics as personal and professional values (and what to do when a conflict between these arises), ethical standards, professional competency and integrity, confidentiality, boundary violations, informed consent, legal obligations, and more.
- NEW Chapter 4, “Professionalism and Professional Relationships,” informs readers on the importance of being professional; maintaining respectful, productive relationships with colleagues in their own and other disciplines; using supervision and consultation appropriately; engaging in career-long learning; advocating for change; and understanding the nature of professional relationships.
- NEW Chapters 7 through 15 include a new modified problem-based case that helps readers apply chapter concepts to a real-world situation.
- NEW Chapter 11 now contains a discussion of assessing readiness to change using social cognitive theory.
- NEW Chapter 13 includes a new discussion of ways to monitor the client-practitioner relationship and progress on goals.

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© 2013, 368pp, Paperback, 9781133371762

DIRECT SOCIAL WORK PRACTICE, 9E Theory and Skills, International Edition
Dean H. Hepworth, Emeritus, University of Utah and Arizona State University; Ronald Rooney, University of Minnesota; Glenda Dewberry Rooney, Augsburg College; Kim Strom-Gottfried, University of North Carolina at Chapel Hill

Considered “the classic source” by means of the authors’ proven learning experiences from the field, as well as its excellent balance of theory and application, DIRECT SOCIAL WORK PRACTICE: THEORY AND SKILLS, 9E, International Edition prepares social work students for effective practice. Authoritative, well organized, and soundly written with an appropriate level of rigor, this thorough introduction to practice grounds students in theory while connecting them through vivid examples and vignettes to real-world applications with clients. Many case examples are drawn from social work practitioners as well as the authors’ own practice situations. The book is divided into four parts: Part One provides the foundational/values and knowledge base material; Part Two is devoted to the beginning phase of the helping process; Part Three addresses the middle phase (goal attainment strategies), discussing four intervention approaches; and Part Four clarifies the termination phase of direct practice. Furthermore, as part of the Brooks/Cole Empowerment Series, the ninth edition is completely up to date and thoroughly integrates the core competencies and recommended practice behaviors outlined in the 2008 Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE). Video demonstrations are available on the optional CourseMate website and ensure student learning experiences are as close to real life as possible.

NEW TO THIS EDITION
- NEW This edition is thoroughly up to date with the most recent EPAS requirements. NEW Helping Hands icons within the chapters and end-of-book Competency Notes spotlight text coverage of the required Core Competencies and recommended Practice Behaviors detailed by CSWE’s new EPAS 2008.
- NEW New video clips, available in the Social Work CourseMate product that accompanies this text, highlight important parts of DIRECT SOCIAL WORK PRACTICE: THEORY AND SKILLS, 9E, International Edition and show important skills in action.
- NEW New case study boxes help illustrate and encourage mastery of key concepts with concrete examples and scenarios.
- NEW References have been updated throughout, and treatment of cross-cultural practice has been updated to reflect an understanding of cultural competence as a lifelong process in which practitioners work with clients, communities, colleagues, and themselves to better cross-cultural understanding, avoiding potential stereotypes and emphasizing process and engagement.
- NEW A new section on support systems in Chapter 8 discusses the roles that formal and informal support systems can play both as part of the problem configuration and part of coping and client strengths.
- NEW A new section in Chapter 15 highlights safety concerns in conducting home visits while maintaining cultural sensitivity.
- NEW Chapter 9 has new coverage of hoarding and assessing for violence, as well as examples of social history and a suicide assessment.

FEATURES
with an emphasis on improving and refining students’ assessment, helping, and communication skills. Composed of four parts, the book begins by identifying the mission of social work, its values, and knowledge base. The authors then differentiate generalist from direct practice and explore roles of direct practitioners. Common elements among diverse theorists are examined next, and key intervention strategies and various client population and practice settings are also presented.

- Rather than focusing only on clients’ problems, the authors explore how social workers can better assess clients’ strengths and integrate those positive attributes into the process.
- Given social work’s unique commitment to working with clients in the context of their environments, the authors place direct practice skills in a current social and policy context.

**CONTENTS**


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THE PRACTICE OF MACRO SOCIAL WORK, INTERNATIONAL EDITION, 4E

William G. Brueggemann, Kyushu University of Health and Welfare, Japan

Intended for undergraduate and graduate social work students who want to make a difference in today’s modern society, this comprehensive text explores the theory and methods in nine arenas of macro social work at the community, organizational, societal, and global levels of practice. THE PRACTICE OF MACRO SOCIAL WORK, International Edition, challenges readers to use their concern, values, and critical thinking skills to assist those who struggle and have been excluded from making decisions that affect their lives—and to empower these less fortunate individuals to reclaim a healthy social environment for themselves and their children. The book’s generalist orientation provides an organizational framework as well as history, biographical material on leading macro social workers, illustrative contemporary examples, and factual data that offers real life detail for students. Most important is the depth and wealth of practical information that assists students in understanding how to help people engage in solving social problems, and in influencing social change to bring about a more just society and humane global civilization.

**NEW TO THIS EDITION**

- The narrative flow has been enhanced with numerous new biographies and case studies. The author frames the narrative with a series of questions for discussion to promote critical thinking skills.
- Based on extensive research in each content area of the book, every chapter carried over from the third edition has been completely rewritten to incorporate updated information, innovative concepts, stimulating ideas, and the latest material available. Three chapters
have been eliminated, with relevant material integrated into other revised chapters.

- Chapter 2, “The Action-Social Model,” is a completely new addition to the text that is used as a platform for all the book’s practice chapters. The action-social model intentionally uses concepts of social reality as its foundation, rather than traditional biological and physical science-based social ecology and systems theory that forms the basis of many social work models.

- Chapter 4, “Conventional and Social Problems,” is a refocused version of the third edition’s chapter on social problems. Using an expanded definition of social problems, it provides new information about economic justice and a new innovative typology of four levels of human problems that exists on a continuum of increasing complexity.

- Chapter 6, “Community,” is completely restructured and based on an original action-social model of community. It contains new, updated, or expanded material on locality-based central cities, inner-ring suburbs, and suburbs; problems that face urban communities today; assets/resources and community control approaches; the changing conditions of rural America; virtual community, and more.

- Chapter 8, “The Practice of Community Development,” has new sections on community economic development, political community development, community social development, and challenges to community development in the 21st century.

- Chapter 9, “Practice of Community Organization,” is completely rewritten and updated with new material on the purpose of contemporary community organizing, a new generic model of community organizing that social workers can use in many current situations, and a new section on how students can develop a career in community organization.

- Part III, “Social Work Practice with Organizations,” includes an expanded exploration of non-profit social organizations and new material on the advent of new social enterprise organizations (Chapter 10); a step-by-step presentation on the process of constructing nonprofit social agencies, an examination of social entrepreneurship for social workers (Chapter 11); and new material on program planning and service development, employee development, and rules of thumb of social enterprise administration (Chapter 12).

- Part IV, “Social Work Practice at the National and International Levels,” includes new material on social work advocacy, expanded historical information on social work at the global level, fresh material on international social problems, and a new focus (in Chapter 14) aiming to inspire students to consider international social work.

**FEATURES**

- The book places macro work within the generalist perspective, explaining the ties between social work with individuals, groups, and communities as well as with organizational, societal, and global change. This generalist-oriented organizing framework expands readers’ understanding of macro social work practice, and clarifies social work’s historical mission of helping those who are among the less powerful members of society—both individually and at broader levels of society.

**CONTENTS**


© 2014, 552pp, Paperback, 9780495604273
Zastrow’s THE PRACTICE OF SOCIAL WORK, 10E, International Edition provides students with the theoretical and working knowledge they need to become competent social work practitioners. In this practical “worktext,” Zastrow covers the general practice of social work as well as the more specialized areas and counseling theories for work with individuals, families, groups, communities, and organizations. Part of the Brooks/Cole Empowerment Series, this tenth edition is completely up to date and thoroughly integrates the core competencies and recommended practice behaviors outlined in the 2008 Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE).

NEW TO THIS EDITION

- NEW This edition is thoroughly up to date with the most recent EPAS requirements.
- NEW Helping Hands icons in the chapters and end-of-chapter Competency Notes spotlight text coverage of the required Core Competencies and recommended Practice Behaviors detailed by CSWE’s new EPAS 2008.
- NEW This edition has been thoroughly revised with new content on topics such as the PERK procedure (Chapter 1); videotaping student interviews (Chapter 4); motivational interviewing (Chapter 5); strategies for resolving conflicts, including “letting go and forgiving” (Chapter 7); economic challenges that families face (Chapter 8); the Internet and social networks (Chapter 10); bisexuals and transgendered persons (Chapter 12); persons with disabilities (Chapter 12); spirituality and religion (Chapter 13); and the “Law of Attraction” and improving one’s self-concept (Chapter 14).
- NEW Wallace Gingerich has updated “Evaluating Social Work Practice” in Chapter 11.
- NEW The material on crisis intervention in the Modules has been updated to reflect current issues and practices.
- NEW To enhance students' learning experiences, exercises on such topics as assessment for EPAS (Chapter 1), Congress’ ETHIC process model of decision making (Chapter 2), and assessment of biopsychosocial and cultural components (Chapter 3) have been added to this edition.

FEATURES

- The text’s thorough description and discussion of the Council on Social Work Education statement for 2008 informs students about the new Educational Policy and Accreditation Standards.
- Learning objectives that highlight important learning outcomes to target and improve student preparedness appear at the beginning of each chapter.
- Chapter-ending classroom exercises encourage active learning and class participation.
- Zastrow’s book covers key social work topics such as social work values; confidentiality; principles of interviewing; social work with individuals, groups, families, and organizations; community practice; multicultural social work; assessment; evaluation; working within a bureaucratic system; general systems theory; and burnout.

CONTENTS


© 2013, 624pp, Paperback, 9781133355236
THE SKILLS OF HELPING INDIVIDUALS, FAMILIES, GROUPS, AND COMMUNITIES, INTERNATIONAL EDITION, 7E
Lawrence Shulman, State University of New York, Buffalo

This seventh edition demonstrates how there are common elements, core processes, and skills across all stages of helping and throughout work with all populations — including individuals, families, groups, and communities. The text defines, illustrates, and teaches helping skills and provides manageable models for understanding them. It also looks at the underlying process and its associated set of core skills. Part of the BROOKS/COLE EMPOWERMENT SERIES, this edition integrates the core competencies and practice behaviors outlined in the 2008 Educational Policy and Accreditation Standards set by the Council on Social Work Education.

NEW TO THIS EDITION
• New! “Practice Comments” and “Practice Summaries” are incorporated into process recording examples.
• New! Greater emphasis is placed on the integration of evidenced-based practices and techniques into the interactional model.
• New! Examples are updated and work on trauma practice is expanded (including a discussion of secondary trauma).
• New! Material from the chapter on ethics and legislation is integrated into earlier chapters (e.g., informed consent in the chapter on contracting).
• New! The Council on Social Work Education Practice Standards are identified and linked to the text content.

FEATURES
• New and updated examples of process recordings illustrate social workers in action, connecting today’s theory and research to the realities of working with clients. Shulman provides links to two different codes of ethics available online.
• An increased emphasis on the latest findings related to evidence-based practice enhances this edition, with new, integrated coverage of spirituality across multiple chapters. The text also expands discussion of the role and skills of the social worker when advocating policy changes.
• Special attention is given to the most recent literature in working with post-traumatic stress and disaster intervention to better prepare future professionals for a variety of social work experiences.
• This edition reflects a deeper understanding, new skills, and intervention strategies in emerging areas such as the AIDS epidemic, homelessness, the elderly, addiction to crack cocaine and other substances, and sexual violence. It also depicts progress in social policies, such as managed care and welfare reform, and the effect on practice today.
• The text thoroughly integrates the latest research and theory-building work for a holistic theory of practice that recognizes the complexity of social work. The author looks beyond the social worker-client interaction to consider supervision, resources, client motivation, cost containment, and client-related traumatic experiences.

CONTENTS

© 2012, 832pp, Paperback, 9781111521264
THE SOCIAL WORK SKILLS WORKBOOK, INTERNATIONAL EDITION, 7E  
Barry R. Cournoyer, Indiana University-Purdue University Indianapolis

THE SOCIAL WORK SKILLS WORKBOOK, International Edition, gives students the opportunity to rehearse and practice the core skills needed in a contemporary social work practice—helping them become more confident, ethical, and effective helpers. The text presents various social work theories, expository content grounded in solid research, a variety of self-assessments, and strong experiential components that help students get a realistic sense of the field. Interesting case examples, summaries, and skill-building exercises cultivate students’ development of self-knowledge, self-efficacy, critical thinking, lifelong learning, cultural competence, and professionalism. Author Barry Cournoyer designed the workbook, which features a perforated three-hole-punch format, to be used in a variety of ways—as a main text in social work skills labs, as a resource for field or internship courses, and as a supplement to social work methods and practice courses.

NEW TO THIS EDITION
• The seventh edition offers greater coverage of skills with families and groups, as well as new exercises and case examples.
• This edition reflects increased emphasis on social advocacy and political action, and maintains its focus on scientific inquiry, critical thought, and the role of research-based knowledge in collaborative decision making with clients.
• The exploring, assessing, and contracting chapters are enhanced so that the relationships among the collaborative, client-and worker-generated assessment, the agreed-upon goals for work, and the strategies, interventions, and action steps selected to pursue those goals are even more clear and coherent.
• Updates reflect new and emerging scientific knowledge. For example, based on several outcome studies, the processes of assessment, evaluation, and seeking feedback from clients and others affected by social work services gain a prominent place in all phases of practice.

FEATURES
• THE SOCIAL WORK SKILLS WORKBOOK successfully merges textbook and workbook in a clear and engaging format, helping students effectively learn about essential theories and content in social work.
• Guidance on case formulation throughout the text helps students and faculty avoid missing the step between assessment and goal setting.
• Content reflects the social work skills and competencies identified in the current Educational Policy and Accreditation Standards (EPAS) of the Council on Social Work Education (CSWE).
• The text includes practice labs in interpersonal skills and those skills most applicable to the social work practice: preparing, beginning, exploring, assessing, contracting, working and evaluating, and ending.
• Each chapter includes a description of each skill, along with an example and an exercise to assist students with practicing the skill. The cases and situations used as illustrative examples within learning exercise sections are drawn from a variety of service settings and circumstances and reflect diversity of age, gender, sexual orientation, and racial, ethnic, cultural, and socioeconomic status.
• Exercises allow students to apply ethical and legal principles, interact with individuals, work with couples and families, and interact with systems-like referral sources and community resources. Summary exercises at the end of each section help students utilize several skills together—as they would in real helping situations.

CONTENTS

© 2014, 704pp, Paperback, 9781285177212
Walsh's text incorporates concise, comprehensive coverage of eleven major clinical practice theories commonly used in assessment, planning, and intervention tasks with individuals, families, and groups. The book's scope encompasses a broad view of the field of practice, yet still allows students to look closely at each theory discussed. THEORIES FOR DIRECT SOCIAL WORK PRACTICE, Third Edition, is accompanied by CourseMate, which brings course concepts to life with interactive learning, study, and exam preparation tools that support the printed textbook. CourseMate includes an integrated eBook, self-assessment quizzes, study activities and more—as well as Engagement Tracker, a first-of-its-kind tool that monitors student engagement in the course.

NEW TO THIS EDITION

• A new chapter on Person-Centered Theory (Chapter 3) illuminates one of the most popular theories of counseling and therapy since Carl Rogers developed it in the 1940s.
• Chapter 2, “A Social Work Perspective on Theory and Practice,” more clearly emphasizes the concept of empowerment with additional material on strengths, risk and resilience, diversity, and empowerment.
• The author has incorporated a broader focus on “direct” social work practice.
• Chapter 11, “Motivational Interviewing and Enhancement Therapy,” features a new title reflecting extensive revisions to include motivational enhancement therapies in addition to the more limited topic of motivational interviewing. This chapter is approximately five pages longer than in the previous edition.
• This edition includes updated references throughout the entire text, new and updated references to important literature, and revised the tables at the end of each chapter.

FEATURES

• All chapters offer updated “evidence of effectiveness.” Other important topics include social justice, suicide assessment and intervention, trauma, and de-briefing.
• Walsh includes a critical review of postmodernism and social constructivism.
• Each chapter follows a format that makes it easy for students to compare theories and applications.
• In addition to introducing students to the origins, conceptual foundations, intervention goals, intervention strategies, and case illustrations of each theory, the book also takes into consideration important topics such as the client’s spirituality, criticisms of the theory, and evidence of effectiveness and utility.
• To facilitate individual and group learning, each chapter includes questions for discussion and class activities.

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© 2015, 416pp, Paperback, 9781285750224
Organized around the authors’ coherent and cohesive Generalist Intervention Model, this introductory guide to generalist social work practice gives students the knowledge and skills they need to work with individuals and families, as well as the foundation to work with groups, communities, and organizations. This edition emphasizes the interrelationship between the micro, mezzo, and macro levels of social work practice. As part of the BROOKS/COLE EMPOWERMENT SERIES, it clearly identifies the latest Council on Social Work Education (CSWE) Educational Policy and Accreditation Standards (EPAS) with icons in the text and supplements designed to teach and assess the latest competencies and practice behaviors.

**NEW TO THIS EDITION**

- New! Icons in the text link content to the Council on Social Work Education’s Educational Policy and Accreditation Standards competencies and practice behaviors. “Competency Notes” at the end of each chapter explain to the student how the standards relate to practice.
- New! This edition contains updated material and newly specified concepts, including a modified definition of generalist practice that reflects newly revised accreditation standards; the International Federation of Social Workers (IFSW)/International Association of Schools of Social Work (IASSW), Statement of Principles; advocacy for human rights and the pursuit of social and economic justice; concepts of diversity including gender identity and expression, immigration status, and political ideology; practice-informed research and research-informed practice; and identification as a professional social worker.
- New! Content and topics have been added to ensure students have a thorough understanding of the field and its practices. Newly covered material includes evidence-based practice; group involvement in protective services; better identification of conceptual frameworks for social work practice; and an updating of Rothman’s model of macro practice to encompass policy/planning, capacity development, and social advocacy.
- New! THE PRACTICE BEHAVIORS WORKBOOK has been designed to enhance students’ abilities to comprehend and assimilate course content. The workbook’s wide range of experiential exercises provides students with opportunities to employ the practice behaviors in class or as part of their homework, and allows faculty to assess their competence.

**FEATURES**

- Ethics coverage is incorporated throughout the book. The chapter entitled “Values, Ethics, and the Resolution of Ethical Dilemmas” exposes students to many of the common ethical challenges that professional social workers may encounter throughout their careers.
- The authors have created a correlation grid to demonstrate the congruence of their text with the Educational Policy and Accreditation Standards.
- Critical thinking is discussed and stressed throughout this edition with thought-provoking questions about generalist practice and vital social work issues.
- Reflecting the trends in the field, this edition emphasizes the strengths and empowerment perspectives, as well as the increasing importance of evidence-based practice.
- This edition features timely coverage of immigration-related issues, disaster relief (post-Hurricane Katrina), faith-based social services, and other recent topics.
- The Generalist Intervention Model provides a step-by-step approach for implementing planned change.

**CONTENTS**


© 2012, 696pp, Paperback, 9780840033840

METHODS/PRACTICE WITH CHILDREN/CHILD WELFARE

AT RISK YOUTH, INTERNATIONAL EDITION, 5E
J. Jeffries McWhirter, Arizona State University; Benedict T. McWhirter, University of Oregon; Ellen Hawley McWhirter, University of Oregon; Robert J. McWhirter

This text provides the conceptual and practical information on key issues and problems that students need to prepare effectively for work with at-risk youth. The authors describe and discuss the latest prevention and intervention techniques that will help future and current professionals perform their jobs successfully and improve the lives of young people at risk.

NEW TO THIS EDITION

• NEW This edition has been updated with current research citations and statistics.
• NEW With the recent revision of CSHSE standards, coverage of new material and research from the Human Services has been integrated where relevant.
• NEW This edition features coverage of technology issues, such as cyber bullying, “sexting,” and the dangers/impacts of social networking.
• NEW Material on LGBTQ youth has been added throughout the text.
• NEW The authors have included a new case study that examines special education and human services, addressing current interest in these areas.

FEATURES

• The text’s Part One describes the ecological factors leading to the problems that children and adolescents face. Case study families that are revisited throughout the text are introduced in Part One.
• Part Three describes the actual at-risk categories (suicide, violence, drug/alcohol use, etc.) and presents treatment suggestions that are particularly effective for working with young people experiencing each of these categories of problems.
• Part Four contains a complete set of prevention and treatment intervention approaches, including descriptions of school-based family systems, and community-based prevention programs.
• The text presents educational, psychological, and counseling interventions for prevention and treatment of at-risk behaviors including those appropriate for adolescents, pre-adolescents, and younger children.
• Each chapter has a recommended reading list and makes use of case studies and stories of real clients to illustrate concepts and to highlight, apply, and personalize the book’s information.

CONTENTS


© 2013, 448pp, Paperback, 9781133371625
COUNSELING CHILDREN, INTERNATIONAL EDITION, 8E
Donna A. Henderson, Wake Forest University; Charles L. Thompson, Late of, University of Tennessee, Knoxville

COUNSELING CHILDREN, International Edition covers the most practical and up-to-date methods for developing effective approaches to counseling children. Authors Charles Thompson and Donna Henderson’s text is unparalleled in its translation of theory into practice. COUNSELING CHILDREN, International Edition is an easy-to-read guide that includes useful strategies and case studies to provide students with a realistic look at the counseling field. The updated text provides new CACREP-aligned learning objectives at the beginning of each chapter, in addition to new coverage of multicultural issues including religion and sexual orientation. Each COUNSELING CHILDREN, International Edition chapter features information on how to apply that theory to children and families of different cultural backgrounds. COUNSELING CHILDREN, International Edition presents a development approach to counseling that considers age and stage differences in counseling children, adolescents, and adults.

NEW TO THIS EDITION
• COUNSELING CHILDREN offers a new focus on ethics, moving the section forward to help students build an ethics foundation and utilize it throughout the text.
• The updated edition of COUNSELING CHILDREN features new material in the multicultural chapter, including a focus on religion and sexual orientation, and also addresses core multicultural competency requirements of counselor education.
• COUNSELING CHILDREN includes new CACREP-aligned learning objectives at the beginning of each chapter, providing students with helpful guidelines for reading the text.

FEATURES
• COUNSELING CHILDREN presents twelve established counseling theories used when working with children and their families, as well as techniques and interventions based on those theories.
• The updated text features in-depth practice information on issues and techniques in counseling children, such as play therapy, counseling children from different cultures, and ethical and legal issues.
• Each theory chapter in COUNSELING CHILDREN includes information on how to use that theory, as well as website listings that provide students with further resources for the information discussed in the text.
• The text offers solution-focused brief counseling and paradoxical counseling methods, providing step-by-step assistance in helping beginner counselors develop their skills.
• Each COUNSELING CHILDREN chapter contains short case studies with counseling transcripts, illustrating how that specific counseling theory is applied.

CONTENTS
PART I: INTRODUCTION TO COUNSELING CHILDREN.
1. Counseling. 2. Introduction to a Child’s World. 3. The Counseling Process. 4. Legal and Ethical Considerations.
PART II: COUNSELING THEORIES AND TECHNIQUES.

© 2011, 768pp, Paperback, 9780840032607
METHODS/PRACTICE WITH COMMUNITIES

NEW EDITION!

CourseMate

eBook

BROOKS/COLE EMPOWERMENT SERIES: GENERALIST PRACTICE WITH ORGANIZATIONS AND COMMUNITIES
(WITH COURSEMate PRINTED ACCESS CARD), 6E

Karen K. Kirst-Ashman, University of Wisconsin, Whitewater; Grafton H. Hull, Jr., University of Utah

EMPOWERMENT SERIES: GENERALIST PRACTICE WITH ORGANIZATIONS AND COMMUNITIES, 6th Edition is designed to help students better understand the dynamics of macro practice, and develop the competencies and practice behaviors required by the Council on Social Work Education’s (CSWE) latest Educational Policy and Accreditation Standards (EPAS). Authors Karen Kirst-Ashman and Grafton Hull are adept at creating interesting, realistic cases and practical examples that are skillfully woven into the main text. In clear and accessible writing, the authors emphasize the practical skills students will need to work effectively with organizations and communities—providing leadership, working with supervisors, managing conflict, working with the media, using new technological advances, fundraising, grant writing, and managing stress. This edition is accompanied by CourseMate, which brings course concepts to life with interactive learning, study, and exam preparation tools that support the printed textbook, as well as Engagement Tracker, a first-of-its-kind tool for instructors that monitors student engagement in the course.

NEW TO THIS EDITION

• Chapter 2, “Group Skills for Organizational and Community Change,” contains a greater emphasis on conflict resolution and the use of power and conflict in social work.

• Chapter 6, “Implementing Macro Interventions: Agency Policy, Projects, and Programs,” has been extensively revised to include interventions at multiple levels as well as increased detail on cultural factors in assessments, organizations, and players.

• Chapter 7, “Understanding Neighborhoods and Communities,” provides more discussion of nonplace, cyber, electronic, and virtual communities.

• Chapter 10, “Advocacy and Social Action with Populations-At-Risk,” has been greatly expanded and revised to include more information on current movements such as Arab Spring and Occupy movements. It also includes additional discussion on protests, participatory action research, and legislative advocacy.

• A new Chapter 12, “Using Supervision,” helps students understand the value, necessity, and skillful use of appropriate supervision.

• This edition includes new content on the Logic Model, ethical dilemmas, social media, and personal working rhythm and mindfulness meditation.

FEATURES

• Adopting a generalist perspective, the authors emphasize how micro, mezzo, and macro skills are interlinked. This approach assumes that group (mezzo) skills are built on a firm foundation of individual (micro) skills. Likewise, skills involved in working with organizations and communities (macro skills) rest on a solid base of both micro and mezzo skills. In linking the three levels of practice—micro, mezzo, and macro—the text clearly shows students how all three skill levels are used in everyday practice situations.

• Content throughout the text is linked to competencies and practice behaviors identified in the Council on Social Work Education’s Educational Policy and Accreditation Standards (EPAS). Icons placed in the text indicate content locations and make references to EPAS. “Competency notes” at the end of each chapter explain the content’s relationship to EPAS.

• Numerous real-world situations and case examples make the material interesting and relevant. Organizational and community theories are examined and linked to practice applications.
The authors offer clearly defined, step-by-step frameworks for thinking about and initiating macro change in organizations and communities. They propose a model for use in deciding whether to pursue macro intervention, and describe a procedure for pursuing the macro intervention process.

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© 2015, 608pp, Paperback, 9781285734279

COMMUNITY COUNSELING, 4E

Judith A. Lewis, Governors State University; Michael D. Lewis; Judy A. Daniels; Michael J. D’Andrea

Thoroughly revised and updated, COMMUNITY COUNSELING: A MULTICULTURAL-SOCIAL JUSTICE PERSPECTIVE, International Edition now more than ever clearly describes and illustrates the practice of community counseling by discussing the most current issues and practices for community work in the 21st century. The Fourth Edition gives special emphasis to the practices of diversity, ethics, and the role of the counselor as a change agent and advocate. Focusing on how to promote change and growth, the text delivers proven guidelines for planning and implementing productive community counseling programs. It also provides readers with a basic understanding of the role of the community counselor, the services offered by community agencies, and the settings in which they are offered. Packed with practical, relevant, and timely examples, the text examines four vital facets of counseling: direct community counseling, direct client services (outreach), indirect community services (influencing public policy), and indirect client services (client advocacy).

NEW TO THIS EDITION

• NEW! Completely current and reflecting the latest practices from the field, the new Fourth Edition of COMMUNITY COUNSELING: A MULTICULTURAL-SOCIAL JUSTICE PERSPECTIVE incorporates the RESPECTFUL model as a way for counselors to be aware of the multidimensional diversity and cultural issues with clients they are working with. Thoroughly integrated, the model is described in detail in Chapter 1 as well as applied throughout the text.

• NEW! Chapter 1 now includes material on professional ethics, equipping readers with solid information on the ethical decision-making process—which they can immediately start putting into practice. The book continues a strong emphasis on professional ethics throughout, discussing various ethical challenges and responsibilities mental health professionals face when using the Community Counseling Model.

• NEW! Competency-building Activities are now included in every chapter. Intentionally designed to help the reader move from theory to practice, these activities give students hands-on experience using the Community Counseling Model—which helps them acquire the awareness, knowledge, and skills necessary for effectively working in various counseling settings.

• NEW! Thoroughly demonstrating the Community Counseling Model’s effectiveness, the text includes numerous examples of actual programs from across the United States to illustrate how the community counseling model is used to foster the mental health and personal well-being of large numbers of people in this country.
NEW! The new edition also includes expanded coverage of the role of the counselor as a social change agent and advocate.

FEATURES

- This proven textbook integrates the Community Counseling Model throughout the text as an organizing structure to help readers examine and apply the concepts learned in each chapter. This model encourages community workers to evaluate the environment of the client, empower clients, employ a multifaceted environmental approach to helping, recognize diversity, and strive for prevention.
- Spotlighting current best practices, COMMUNITY COUNSELING, 4e provides examples of outstanding community counseling programs now in operation across the United States.
- The text’s thorough coverage includes specific references to strategies that foster individual and community empowerment.
- COMMUNITY COUNSELING is packed with insightful examples of outreach to vulnerable populations, including families coping with marital disruption, farm families faced with economic difficulties, Vietnam veterans, and people with chronic mental health problems.

CONTENTS


© 2011, 360pp, Paperback, 9780840032843
• New Weblinks section at the end of chapters
• Extended discussion of the idea of development
• Discussion of new meanings of community such as virtual communities
• NEW discussion of corporate social responsibility
• NEW discussion of language and discourse and Southern theory

CONTENTS

© 2011, 482pp, Paperback, 9780170186704

GENERALIST PRACTICE WITH ORGANIZATIONS AND COMMUNITIES, INTERNATIONAL EDITION, 5E
Karen K. Kirst-Ashman, University of Wisconsin, Whitewater; Grafton H. Hull, Jr., University of Utah

BROOKS/COLE EMPOWERMENT SERIES: GENERALIST PRACTICE WITH ORGANIZATIONS AND COMMUNITIES, International Edition is designed to help students better understand the dynamics of generalist practice with communities and organizations, and develop the competencies and practice behaviors required by the Council on Social Work Education’s (CSWE) latest Educational Policy and Accreditation Standards (EPAS). Authors Karen Kirst-Ashman and Grafton Hull are adept at creating interesting, realistic cases and practical examples that are skillfully woven into the main text. At the heart of the book are two original models, illustrated by a running case study—Prepare (the assessment and planning phases of planned change) and Imagine (the implementation stage). These models form useful frameworks for effective macro social work practice. In clear and accessible writing, the authors emphasize the practical skills students will need to work effectively in the area of macro practice—providing leadership, working with supervisors, managing conflict, working with the media, using new technological advances, fundraising, grant writing, managing stress, and working in court settings.

NEW TO THIS EDITION
• New! Content is linked to the Council on Social Work Education’s Educational Policy and Accreditation Standards (EPAS) competencies and practice behaviors throughout. Icons placed in the text indicate content locations and make references to EPAS. “Competency notes” at the end of each chapter explain the content’s relationship to the EPAS.
• New! Each chapter opens with learning objectives, followed by a realistic case vignette. New chapter point-by-point summaries focus on the chapter’s learning objectives.
• New! Updated material covers topics critical to the social work profession and educators. The authors examine newly specified concepts like the modified definition of generalist practice and the International Federation of Social Workers Ethics in Social Work, Statement of Principles. This edition also explores advocacy for human rights and the pursuit of social and economic justice; concepts of diversity, including gender identity and expression, immigration status, and political ideology; practice-informed research and research-informed practice; and identification as a professional social worker.
• New! The new edition includes updated models of community organization and significantly expanded content on globalization and issues regarding immigrants and refugees, with community examples; on political-economy theory and the institutional perspective of organizations; on the appropriate use of memos and e-mails; and on rural communities and rural social work.
• New! The authors cover more on critical thinking,
questions regarding ethics, and working in a charged political or religious environment. They also explore what can be done when the social worker's efforts prove ineffective.

- New! This edition includes updated resources for social workers, enhanced content on advocacy organizations, a description of early Obama actions, and an updated discussion of the National Association of Social Workers Code of Ethics. It covers the use of technology in political campaigns and the global use of technology. It examines unsuccessful grants and provides an example of a grant application to serve rural areas.

- New! Accompanying the text are a comprehensive Book Companion Site and a new Practice Behaviors Workbook, both designed to enhance students’ abilities to comprehend and assimilate course content. In the Practice Behaviors Workbook, a wide range of experiential exercises give students opportunities to employ the Practice Behaviors in class or as part of their homework, thus minimizing the need for programs to produce additional assessments based on the practice behaviors and competencies. The Book Companion Site at www.cengagebrain.com provides tutorial quizzes for specific chapters.

- New! Many generalist curricula structure their practice sequences so that courses oriented toward social work with organizations and communities follow practice courses concerned with small systems. Since students are likely to use the content of this book close to the start of their job search, the Book Companion Site at www.cengage.com/socialwork/ includes a chapter on constructing résumés and finding jobs.

- New! The supplement package for this text also includes instructor's resources like ExamView© interactive testing software, an Online Instructor's Manual and Test Bank, suggested web links, and PowerPoint lecture slides. All electronic supplements can be downloaded from the Book Companion Site at www.cengagebrain.com.

FEATURES

- Adopting a generalist perspective, the authors emphasize how micro, mezzo, and macro skills are interlinked. This approach assumes that group (mezzo) skills are built on a firm foundation of individual (micro) skills. Likewise, skills involved in working with organizations and communities (macro skills) rest on a solid base of both micro and mezzo skills. In linking the three levels of practice--micro, mezzo, and macro--the text clearly shows students how all three skill levels are used in everyday practice situations.

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© 2012, 656pp, Paperback, 9780840034267

PROMOTING COMMUNITY CHANGE, 5E
Mark S. Homan, Pima Community College

Designed for students who want to take the theoretical discussion of community forward and become effective agents of change, PROMOTING COMMUNITY CHANGE, International Edition addresses the real world issues facing professionals in social work, human services, and community health. By emphasizing the role a strengthened community can play in preventing
and solving the problems that individuals and families commonly experience, the author gives students the tools they need to improve the lives of not just individual clients, but of entire communities. Students will learn to identify the issues related to change so that they can bring clients, families, and other community members together in order to build a healthier community for themselves, their families, and their neighbors. Rather than a passive ‘service’ model, the author presents a development model that empowers communities to transform their own conditions.

NEW TO THIS EDITION

- COVERAGE OF AGING. Examples and discussions of human services with clients who are aging are now included.
- UPDATED REFERENCES. References to mental health and those engaged in mental health practice have been updated throughout the text.
- GLOBAL PERSPECTIVES. Recent global events give students an international perspective.
- RELEVANT ACTIVITIES. Activities found at the end of each chapter help students connect theory to practice.
- RECENT DEVELOPMENTS. Important trends and developments in the field, such as evidence-based practice and the use of technology in community practice, appear throughout the text.

FEATURES

- REAL-WORLD EXAMPLES. The text’s many real-world examples show students how to motivate and involve others and keep them involved in making important and necessary changes in the community.
- COMMUNITY CONNECTIONS. Activities at the end of the chapter as well as online connect the classroom to real world experience in the students’ community.
- AGENTS OF CHANGE. The text’s discussions of approaches to fundraising, obtaining resources, building an organized changed effort, planning for action, and lobbying techniques help students learn how to be effective change agents.
- SOLUTIONS FOCUS. Throughout the text, helpful boxed features such as “Take a Moment to Discover,” “Change Agent Tips,” and “Capturing Concepts” promote building community capacity and the collaborative development of specific solutions for common community problems.
- RELEVANT ISSUES. The text reflects the needs and interests of today’s students, with extensive information on the value of cultural awareness and competence as well as illustrations that highlight basic concepts to engage students in the material.

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© 2011, 560pp, Paperback, 9780840031969

METHODS/PRACTICE WITH DIVERSE POPULATIONS

CULTURAL DIVERSITY, 4E
A Primer for the Human Services, International Edition
Jerry V. Diller

Author Jerry Diller’s practical text offers students a balance of clinical and theoretical information, focusing on effective methods of providing cross-cultural services. CULTURAL DIVERSITY: A PRIMER FOR THE HUMAN SERVICES, International Edition covers the general principles of cultural diversity, the process of cross-cultural service delivery, and cultural
information on specific client populations. The updated text includes coverage of important concepts such as racial microaggressions, therapeutic interviews with individuals from collective family systems, enforcing professional standards, and culturally sensitive treatment of children. The updated text also provides students with hands-on clinical suggestions and cautions through interviews with professionals from different ethnic backgrounds. CULTURAL DIVERSITY: A PRIMER FOR THE HUMAN SERVICES, International Edition helps students build a general understanding of what cultural diversity is and why it is important. The text also helps students to better understand their own prejudices so that they can be more effective counselors when working with clients of different cultures.

NEW TO THIS EDITION
• CULTURAL DIVERSITY: A PRIMER FOR THE HUMAN SERVICES includes coverage of important new concepts, such as racial microaggressions, therapeutic interventions with individuals from collective family systems, enforcing professional standards, and culturally sensitive treatment of children.
• The updated text features a reorganized table of contents for a more logical flow and greater readability.
• CULTURAL DIVERSITY: A PRIMER FOR THE HUMAN SERVICES contains a completely revised Biases in Service Delivery section, updated with the latest research.
• The text offers a new interview chapter with Marwan Dwairy on working with Arab and Muslim Americans.

FEATURES
• CULTURAL DIVERSITY: A PRIMER FOR THE HUMAN SERVICES provides students with hands-on clinical suggestions and cautions through captivating interviews with professionals of different ethnic backgrounds, including Latino/Latina, Native American, African American, Asian American, and Arab and Muslim American.
• The text features self-awareness questions to help students become more aware of what racism is, as well as how to become aware of and alter negative racial attitudes, helping them to be more effective when working with diverse clients.
• CULTURAL DIVERSITY: A PRIMER FOR THE HUMAN SERVICES includes extensive materials on ethnic identity and models of minority development, as well as their clinical application.
• The text provides case studies to help students learn how to effectively deliver cross-cultural counseling services.
• CULTURAL DIVERSITY: A PRIMER FOR THE HUMAN SERVICES features real-world examples, personal clinical experiences, and anecdotes to help students develop an understanding of difference, as well as apply the text concepts and learn about their own biases and discomforts.

CONTENTS

© 2011, 368pp, Paperback, 9780840032263
CULTURALLY COMPETENT PRACTICE: A FRAMEWORK FOR UNDERSTANDING DIVERSE GROUPS & JUSTICE ISSUES, International Edition continues its strong tradition of presenting a model for understanding, measuring, and evaluating cultural competence. Author Doman Lum explains how clients and workers can become culturally competent and proficient by working through culturally based problems together. This innovative text emphasizes cultural competence as a dialogical process. It challenges students and professors to continue the conversation to achieve greater mutual understanding and social justice.

NEW TO THIS EDITION

• New! Chapter 1 emphasizes the necessity for clarity of definition and synthesizes past and present definitions and critiques of cultural competence into a current and comprehensive working definition.
• New! Chapters on cultural competence with Muslim Americans, European Americans, elderly persons and persons with disabilities encourage greater discussion of the specific issues facing each of these cultural groups.
• New! Updates on cultural competence literature and trends with the most up-to-date information better equip students to navigate the constantly evolving multicultural landscape.
• New! While rooted in the rich history and tradition of the cultural competence movement, a forward-looking section on “New Horizons and the Unfinished Agenda” emphasizes cultural competence as dialogical process and challenges students and professors to continue the conversation to achieve greater mutual understanding and social justice.

FEATURES

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© 2011, 592pp, Paperback, 9780840034441
Designed to help readers gain a better understanding of cultural dynamics, DIVERSITY IN COUNSELING, International Edition encourages students to examine their own biases and perspectives and apply the material to clinical practice. The text provides a comprehensive examination of issues concerning ethnicity, gender, sexual orientation and mixed cultural identities, and assists the reader in applying the information to counseling. Each chapter includes critical-thinking material, consisting of insight exercises, personal stories, and questions to consider.

NEW TO THIS EDITION

• There is additional emphasis on social justice, advocacy, and increased personal responsibility in each chapter.
• Practical suggestions for working with people from different cultural groups are provided in every chapter, with the chapters including first-person stories from counselors and clients.
• A new chapter on social justice includes a discussion of accreditation requirements for counselors, psychologists, and social workers.
• Each chapter ends with social justice guidelines to help students think of ways to challenge their world.

FEATURES

• This text examines five ethnic populations (African Americans, Latin Americans, Asian Americans, Native Americans, and European Americans) and four groups that focus on gender and sexual orientation (gays and lesbians; transgendersed persons; women and feminism; and men and the men's movement), and it includes a chapter devoted to mixed cultural identities.
• Each chapter follows a common outline, making it easy to compare and contrast concepts. Students explore the history of oppression, family, economics, education, health, cultural uniqueness, psychological issues, within-group differences, and counseling issues.
• The author presents specific counseling skills, as well as reasons why traditional, Eurocentric therapeutic interventions may be inadequate for each of the ethnic and gender groups covered in the text.
• Chapter-opening “Insight Exercises” present thought-provoking stories designed to stimulate individual and group exploration.
• Personal stories in each chapter are written from a specific cultural perspective. Stories range from a mother's attempt to fight the social stigma directed at her HIV-infected bisexual son to a Latino's struggle to understand his European-American wife's different values.
• Questions to Consider” help students think more thoroughly about issues raised in the chapter, apply the material to counseling, and at times ask students to research a topic.

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© 2012, 480pp, Paperback, 9780840034540
This unique text features personal accounts from mental health professionals, professors and students facing issues of privilege and oppression in our diverse society. In this collection of articles, writers discuss discoveries and experiences about their own privileges and oppression, and ultimately, the compassion they have developed for individuals confronted with discrimination. Each essay inspires readers to reflect on their encounters with privilege and oppression, while discussion questions at the end of each story provide them with an opportunity to process these issues on a personal level. By studying these revealing stories of insight and understanding, readers learn how to recognize, examine, and come to terms with their own privileges and discrimination -- allowing them to become stronger, more acute, and more effective practitioners of the helping professions.

NEW TO THIS EDITION

- The authors have expanded upon an already diverse collection of personal essays.
- Seven new writers discuss pressing contemporary issues of privilege and oppression in sexuality, ageism, racism, and modern marriage, as well as oppression in academia and within the helping professions.
- Sectional introductions make the text easier to navigate and utilize in a classroom setting.

FEATURES

- Each essay inspires readers to reflect on their own encounters with privilege and oppression.
- Suggested literature and research is included in each reading for further exploration of the topic.
- Implications and discussions in each chapter allow readers to see the actions and results of each issue as they apply to real-life practice.
- Discussion questions at the end of each chapter provide an excellent opportunity to process the issue of privilege at a personal level.

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© 2011, 320pp, Paperback, 9780840032157

**METHODS/PRACTICE WITH FAMILIES**

**AN INTRODUCTION TO FAMILY SOCIAL WORK, INTERNATIONAL EDITION, 4E**

*Donald Collins, University of Calgary; Catheleen Jordan, University of Texas, Arlington; Heather Coleman, University of Calgary*

Designed for students who will work with families, but not necessarily continue with advanced family therapy training, AN INTRODUCTION TO FAMILY SOCIAL WORK, 4E, International Edition provides a strong foundation in the concepts and skills necessary for success in the profession. The text features engaging case studies, end-of-chapter exercises, illustrations, and graphics to help students master the material.

**NEW TO THIS EDITION**

- This edition is thoroughly up to date with the most recent EPAS requirements. NEW Helping Hands icons within the chapters and end-of-chapter Competency Notes spotlight text coverage of the required Core Competencies and recommended Practice Behaviors detailed by CSWE’s new EPAS 2008.
- The expanded supplements package includes: an Instructor’s Manual, Test Bank, and Microsoft PowerPoint slides to help you prepare your course; a Curriculum Quick Guide that helps you align text and course content to CSWE EPAS standards; and a Practice Behaviors Workbook that includes experiential learning exercises explicitly aligned to the practice behaviors recommended in the CSWE’s EPAS.
- Suggested readings and key terms have been included in each chapter.
- Exercises have been moved to the appropriate places in the chapters rather than the end of each chapter. New exercises have been added and placed strategically.
- The literature, wording and case examples, where appropriate have been updated and better linked to the case examples in this edition. Culturally sensitive language and information is included throughout the text.
- References are updated and recommend further readings as well as definition of key terms are added to the end of each chapter.
- Based on the feedback from reviewers, the authors have re-organized the flow of chapters to better orient the reader to the step-by-step process of family social work.
- Chapter 1, discussing the field of family social work has been updated with new references.
- Chapter 2, “What is Family,” includes a look at “family diversity” as well as a discussion of the language of diversity and the cultural dimensions of the many expressions of “family.”
- Chapter 5’s discussion of family strengths and resilience has been updated with new references, and includes factors contributing to resilience have been placed within an ecological framework, including the...
strengths of families from diverse backgrounds.

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© 2013, 512pp, Paperback, 9781133588788

FAMILY THERAPY, 8E
An Overview, International Edition
Herbert Goldenberg, California State University, Los Angeles, Emeritus; Irene Goldenberg, UCLA Neuropsychiatric Institute

This current, engaging, and practice-oriented text is your complete resource for mastering the many facets of family therapy. In this eighth edition, the authors provide practice-oriented content that will help you become an empathic and effective family therapist. The new edition includes the latest references and contemporary thinking on central issues such as family resiliency, alternative forms of family life today, gender, culture, and ethnic considerations. A new feature, “Thinking like a Clinician,” helps students to reflect on practice issues related to each chapter. This edition also contains the American Association for Marriage and Family Therapy Code of Ethics--a great reference that will help you understand the importance of ethical practices.

NEW TO THIS EDITION
• NEW This edition includes added information on clinical techniques to help students connect the theoretical overview to practice.
• NEW Chapters 11 and 12 were combined to help students better understand the foundations of Strategic and Systemic models.
• NEW New graphics illustrate the discussion of cybernetics/systems theory to help clarify concepts for students who are just learning about the material.
• NEW “Thinking Like a Clinician” features help student reflect on practice issues within each chapter.
• NEW Enhanced coverage in this edition includes additional information on children, gay and lesbian populations, and HIPAA.

FEATURES
• The Goldenbergs' text is the complete resource for assisting students in mastering the many facets of family therapy. In the eighth edition, the Goldenbergs examine the history, development, training, research, and interventions of the field of family therapy and include a basic introduction to family systems theory and the family life cycle framework.
• The authors give attention to all theories, including therapies that have emerged from the current postmodern influence on family therapy and such evolving areas as psychoeducation and medical family therapy. In addition, the book's expanded descriptions of object relations family therapy, medical family therapy, and the social constructionist therapies bring students up to speed on these emerging types of treatment. The authors now include more detailed coverage of training and supervision issues, and they revisit the impact of managed care on the changing practice of family therapy.
• The authors anticipate new directions in which the field is headed and discuss how the postmodern revolution in thinking--reflected in the arts and literature--as significantly influenced family therapy. Family strength and resiliency is greatly emphasized in this edition, in keeping with the trend in the field that families, with renewed courage, are supported by therapists in seeking successful but subjugated solutions from the past to apply to a current impasse.
• The book presents both qualitative and quantitative approaches to family research, providing students with balanced coverage.

www.cengageasia.com
• The text’s family life cycle outlook helps students tie family problems to life stages in intact and alternate family organizations.

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NEW TO THIS EDITION
• Practical, Significantly Expanded Diversity Sections: Diversity sections in each theory chapter now include applications of the theory with specific populations. Expanded discussions provide detailed suggestions, adaptations, and cautions for using a given theory with a specific population. Theory populations covered include African Americans, Hispanics/Latinos, Asian Americans, Native Americans/First Nation/Aboriginals, biracial/multiethnic individuals, gay men, lesbians, and transgendered youth. Each chapter also discusses ethnic/racial diversity and sexual identity diversity.

• New Organization: Based on feedback from instructors, the text has been reorganized to discuss theories before case documentation.

• New Chapters on Evidence-Based Treatments: A new chapter on evidence-based treatments with couples and families (Chapter 11) covers emotionally focused couples therapy and functional family therapy. In addition, the chapter on group approaches (Chapter 12) now focuses on evidence-based group treatments for couples and families.

• Internal Family Systems: The experiential chapter (Chapter 6) now includes a section on the internal family systems model of family therapy.

• Treatment Plan Templates: In addition, the treatment plan template has been revised to more directly infuse considerations of diversity. Each theory now includes treatment plan templates for use with individuals struggling with depression or anxiety, and a template for working with couples and families who are reporting relational conflict. These templates better enable therapists to develop thoughtful, theory-based treatment plans for their clients.

• Theory-Specific Case Conceptualization Templates: Each theory chapter now includes a theory-specific case conceptualization outline that students and
therapists can use to develop case conceptualizations using a single theory.

- Revised Case Conceptualization Form: The cross-theoretical case conceptualization form has been revised to be more succinct and easier to use with individuals, couples, and families. In addition, attachment patterns are now included along with more prompts to help students more easily complete the assignment.

- Expanded Research Discussions: Chapter 2 and each of the theory chapters present an updated and expanded discussion of relevant research.

- Expanded Discussion of Law and Ethics: A significantly expanded discussion of legal and ethical issues in family therapy includes unique ethical issues for couple and family work as well as a discussion of contemporary issues in the field.

FEATURES

- The book is designed to teach the majority of skills and knowledge outlined in the AAMFT Core Competencies (70 of the 128 competencies); an estimated 70% of these skills are likely to overlap with the forthcoming general counseling ACA/CACREP competencies.

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© 2014, 688pp, Paperback, 9781285175256

THEORY AND PRACTICE OF FAMILY THERAPY AND COUNSELING, INTERNATIONAL EDITION, 2E
James R. Bitter, East Tennessee State University

A model for successful integration of multiple points of view, James R. Bitter’s THEORY AND PRACTICE OF FAMILY THERAPY AND COUNSELING, 2E, International Edition supports the development of personal, professional, and ethical family practice. The text’s concrete, empirically based approaches, as well as diagnostics and visual tools, allow students to observe others in groups. Updated to reflect recent research and current practice, the Second Edition also includes a new chapter on Object Relations Family Therapy. Case studies, sample dialogues, and exercises help students apply the concepts they have learned.

NEW TO THIS EDITION

- An expanded Chapter 1 now discusses the history of the field as well as the influence of broader systems on family systems.
- This edition features a new chapter on Object Relations Family Therapy.
- To better align with the typical chronological order in which theories are presented in class, the chapter on Adlerian Therapy has been moved ahead of the chapter that addresses Multigenerational Family Therapy (based on the theories of Murray Bowen).
- This edition presents additional discussion of the work of Virginia Satir, the work of Jean McLendon, and the material in two new books by John Banmen.
- The chapters on Structural Family Therapy and Strategic Family Therapy have been revised to reflect new texts and research published in the past year.
- The chapter on Narrative Therapy now includes additional discussion of female contributors, and the chapter on Feminist Therapy has been thoroughly
revised to reflect the latest research.

• The chapter on Parenting includes new material from Total Transformation, a new audio/video training program on parenting, as well as material from Cheryl McNeil's work on parent coaching.

• The chapter on Integration now introduces core competencies and offers updated discussion of case conceptualization and family assessment.

**FEATURES**

• THEORY AND PRACTICE OF FAMILY COUNSELING AND THERAPY, International Edition embraces multiple perspectives and provides a comprehensive discussion of contemporary family theories and practices, including human validation process and symbolic-experiential models.

• Bitter encourages students' personal growth and development as family therapists with a warm, inviting writing style and numerous self-reflection and active-learning exercises.

**CONTENTS**


© 2014, 576pp, Paperback, 9781133312543
NEW TO THIS EDITION

- A new Chapter 13, “Treatment Groups with Diverse and Vulnerable Populations,” applies social group work to a variety of specific groups such as adolescents, persons impacted by domestic violence, those who are grieving, older adults, and those with eating disorders.
- A new Module 4, “Dialectical Behavior Therapy in Groups,” discusses how to use this important orientation in group practice.
- Detailed new descriptions from twelve experienced social group work professionals convey how they use group work with a variety of different populations.
- All the chapters and modules are updated to include the most current research and group work practices.
- New coverage of several different types of groups and important topics affecting groups includes: working with LGBTIQQ populations; the impact of our thoughts on our genetic code; and group work with people who are grieving, with older persons, with people who have an eating disorder, and with adolescents.
- Other new topics include group therapy for substance use disorders, AA groups in high school, task groups for Habitat for Humanity, multi-family groups, and families impacted by chronic illnesses along with the challenges faced by caregivers. There’s also coverage of group service projects, group work with those affected by domestic violence, servant leadership, and evidence-based-practice.

FEATURES

- A major theme of the book is to provide content and skill-building exercises that help students acquire the 10 Competencies and 41 Practice Behaviors of the 2008 EPAS. The text and ancillary materials have an assessment process that facilitates students being evaluated on the extent to which they are attaining these competencies and practice behaviors. An additional advantage of this approach is that the assessment results provide invaluable data that is needed for preparing self-study documents for accreditation.
- Two kinds of exercises engage students directly. A set of individual questions and points for reflection ask students to build on the principles described and their own experience. These can be turned in as homework assignments. Group exercises describe a problem and provide the leader with a set of procedures or protocols to guide the group in addressing the problem.
- SOCIAL WORK WITH GROUPS: A COMPREHENSIVE WORKTEXT, Ninth Edition, offers a comprehensive, clear look at how social work professionals interact with groups, making it appropriate and useful for undergraduates and graduate social workers.
- Boxed features on the history of special kinds of groups are scattered throughout the book, providing students with a broad context for learning and for the acquisition of new skills.

CONTENTS

the many facets of group counseling and provide examples of how each skill can be applied in a wide range of group settings to produce effective and efficient group sessions. New to this edition is an accompanying DVD that enables students to see many of the skills highlighted in the book, helping them to more effectively bridge the gap between theory and practice. This book focuses on the skills necessary for starting and ending a session, as well as how to make the middle phase productive and meaningful, uniquely equipping students with the tools necessary to lead a group. Group Counseling: Interventions and Techniques, International Edition is well-suited for school counselors, mental health counselors, social workers and psychologists.

**NEW TO THIS EDITION**

- NEW! A 43-segment DVD provides students with the unique opportunity to see helpers in action. This DVD breaks down the different aspects of the group session, step by step, and provides good and bad examples for each.
- NEW! The ethics section has been moved from the last chapter to the first chapter, giving students access to ethical considerations immediately upon beginning to read the book.
- NEW! The text includes an enhanced discussion of group counseling in school settings, providing more useful information that is unique to group work with children and young adults in schools.
- NEW! All references have been updated and expanded.
- NEW! An updated and improved test bank is available for instructors.

**FEATURES**

- The new 43-segment DVD can be used in class and as homework. Each segment lasts 1-6 minutes, providing numerous teachable moments in small, easy-to-digest clips.
- Covers basic and advanced group leadership skills for school counseling students, as well as mental health and social work students.
- The book is easy to read with numerous examples and creative exercises, providing students with a unique learning experience in group counseling courses.
- Includes a chapter on issues in group counseling that covers ethics, co-leading a group, and research.
- Activities at the end of each chapter help students practice what they have read.

**CONTENTS**

1. Techniques and Leadership Skills in Group Counseling.
3. The Importance of Purpose in Group Counseling.
5. Getting Started: The Beginning Stage and Beginning Phase.
6. Basic Techniques in Group Leadership.
7. Focusing Your Group.
9. The Use of Rounds and Dyads.
10. Using Exercises in Group Counseling.
11. Introducing, Conducting and Processing Exercises in Group Counseling.
12. Leading the Middle Stage of a Group.
13. Counseling Theories in Group Counseling.
15. Closing a Session or Group.
17. Group Counseling and Specific Populations.
18. Issues in Group Counseling.

© 2012, 552pp, Paperback, 9780840033956

**GROUPS, 9E**

**Process and Practice, International Edition**

Marianne Schneider Corey; Gerald Corey, California State University, Fullerton (Emeritus); Cindy Corey, San Diego State University Community-Based Block Program

Drawing on their extensive clinical experience in working with groups, Marianne, Gerald, and Cindy Corey provide a realistic approach to the blending of theory with practice in group work. A new Chapter 4, “Theories and Techniques of Group Counseling,” has been added to this best-selling text, along with new examples, guidelines, insights, and an enhanced diversity perspective. Offering up-to-date coverage of both the “what is” and the “how to” of group counseling,
the ninth edition incorporates the latest research, ethical guidelines, and practices to ensure student success both in the classroom and after it.

NEW TO THIS EDITION

- Each chapter has been carefully reviewed and updated to present the current research, thinking, and trends in practice.
- Chapter 1, “Introduction to Group Work,” offers an updated discussion of brief groups.
- Chapter 3, “Ethical and Legal Issues in Group Counseling,” has been revised to encompass a comprehensive discussion of both ethical aspects of group work and risk management practices. It covers updated material on the ethical and legal aspects of group counseling, as well as other topics such as ethical issues in training group workers. It also presents new sections on social justice issues in group work and on ethical concerns in using group techniques.
- A new Chapter 4, “Theories and Techniques of Group Counseling,” addresses the relationship between theory and technique. This new chapter is organized by these four general theories: psychodynamics approaches, experiential and relationship-oriented approaches, cognitive behavioral approaches, and postmodern approaches to group counseling. It covers such topics as using theory as a roadmap in practice; using group techniques effectively; viewing a group through a multicultural lens; the relationship of theory to technique; various theoretical approaches to practice; and more. Also included is a brief discussion of developing an integrative approach to group counseling.
- Chapter 6, “Initial Stage of a Group,” includes a new section on identifying and exploring common fears of group members.
- Chapter 7, “Transition Stage of a Group,” offers a reframing and reconceptualization of resistance and provides a discussion on understanding and working with difficult group behaviors therapeutically. The authors include more emphasis on understanding and honoring clients’ resistance, new material on motivational interviewing as a way to address ambivalence and to increase motivation to change, a more complete discussion of considering conflict and confrontation from a cultural perspective, additional examples of both leader behavior and member behavior pertaining to dealing with mistrust in a group and how to increase trust, an expanded discussion of the role of transference and countertransference, and more.
- Chapter 8, “The Working Stage,” includes an expanded discussion of the therapeutic factors operating in a group. There is a revised and expanded section on what research says about group cohesion.
- Chapter 9, “The Final Stage,” contains updated literature on the tasks of terminating a group experience. The authors have increased their emphasis on dealing with emotional reactions pertaining to termination, and present revised material on addressing unfinished business in a group. There is a new section on personal gestures in expressing the meaning of a group experience.
- End-of-chapter exercises now include a guide to the GROUPS IN ACTION: EVOLUTION AND CHALLENGES (available on DVD/Workbook and CourseMate). This integrated program has been updated with “Lecturettes on Theories and Techniques of Group Counseling,” an hour-long third program that consists of Gerald Corey presenting an overview of various theories and their application to techniques in group work. The workbook that accompanies this DVD program has been revised and expanded to include key points and questions for reflection on the third program on lecturettes on theories and techniques of group counseling.

FEATURES

- GROUPS: PROCESS AND PRACTICE covers the group process from the initial to ending stages and includes practice information with specific groups. The text portrays the group counselor as both person and a professional, addresses skills of group leadership (including the co-leadership model), and discusses the training of group counselors.

CONTENTS


© 2014, 496pp, Paperback, 9781285057255
On GROUPS IN ACTION’s exciting videos, students will see Marianne and Gerald Corey in action as they demonstrate their integrative approach to group work. Viewers will see a real group move through its various stages and will observe group members discuss real issues and present reactions in the group context. These compelling videos were filmed at a three-day intensive group and show the unfolding of a live group as the group members build “a circle of trust.” The videos highlight the development of the group process by showing segments of the group work that occurred over the three-day session. Throughout the video, the Coreys demonstrate a wide variety of techniques and skills, including how to deal with members’ hesitation and resistance, their feelings of not being “good” enough, their fears of being judged, their difficulties with intimate relationships, and their unresolved issues with parents. A new addition to these videos is a series of lecturettes featuring Dr. Gerald Corey. The accompanying exercises provide students with exercises and explorations directly linked to the videos and the book, GROUPS: PROCESS AND PRACTICE. GROUPS IN ACTION is available as a DVD, CourseMate Website Printed Access Code, and Workbook package.

NEW TO THIS EDITION

- In a new third program, “Lecturette on Theories and Techniques of Group Counseling,” Gerald Corey presents a one-hour lecture on the main theories of group counseling. This program also describes some techniques associated with the various theoretical frameworks, including psychodynamic, experiential-relationship oriented, cognitive-behavioral, and postmodern approaches. The Lecturette concludes with a discussion of how an integrative approach to group counseling draws from a variety of these therapeutic approaches.
- The Student Workbook now includes a new section to accompany the Lecturette, complete with a description of the Main Points and Questions for Reflection for each section of the Lecturette.
- Responding to student and reviewer input, the Questions for Reflection sections have been streamlined.
- A new section, “In Class Exercise: Questions for Small Group Discussion and Reflecting Teams,” appears in eight places, offering relevant activities for in-class discussion regarding the video program.
- The exercises and videos available on the DVD/Workbook are now available in an online format via Counseling CourseMate. GROUPS IN ACTION is available as a DVD, CourseMate Website Printed Access Code, and Workbook package.

FEATURES

- This groundbreaking videos offer students a contemporary, accessible showcase of real group work in action.
- In the “Evolution of a Group” video segments, viewers will see a wide variety of group techniques demonstrated, including the ways in which a group leader can facilitate the group process and build cohesion.
- In the second video training program, “Challenges for Group Workers,” students watch a one-hour program covering approximately 10 to 12 of the most problematic situations that group counselors often encounter. Marianne Corey and Gerald Corey co-lead the workshop, which features eight group members.
- “Challenges for Group Workers” features a 40-minute program on “Addressing Diversity Issues in Group Work,” which addresses a number of multicultural issues, such as culture and identity, challenges with language, stereotypes, and acknowledging likenesses and differences.
- The workbook includes exercises that correlate directly with each segment of the video, as well as self-assessments and self-inventories; skills checklists; the Coreys’ commentary; questions for application, discussion, and reflection; references to the main text; and more.
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SOCIAL WORK WITH GROUPS, 8E

Charles Zastrow, George Williams College

Through a plentiful selection of skill-building and self-evaluation exercises, author Charles Zastrow's comprehensive, workbook-style text promotes his philosophy that students learn group leadership skills best when they can practice them in class. Teaching social work students how to lead and participate effectively in groups are challenges. The basic assumption of this text is that the best way for students to learn how to run groups is by leading groups in class. The classroom thus becomes a laboratory for students to practice and develop their leadership skills. In this eighth edition of SOCIAL WORK WITH GROUPS: A COMPREHENSIVE WORKBOOK, International Edition, Zastrow discusses topics central to a successful understanding of group leadership: stages of groups, group dynamics, verbal and nonverbal communication, types of groups, and diversity in groups. A major theme of this edition is to provide text content and skill-building exercises that focus on helping students acquire the 10 Competencies and 41 Practice Behaviors of the 2008 EPAS (Educational Policy and Accreditation Standards) of the Council on Social Work and Education (CSWE).

NEW TO THIS EDITION

• New! A major theme of this eighth edition is to
provide text content and skill-building exercises that focus on students acquiring the 10 Competencies and 41 Practice Behaviors of the 2008 EPAS. The text and ancillary materials have an assessment process that facilitates students being evaluated on the extent to which they are attaining these competencies and practice behaviors. An additional advantage of this approach is that the assessment results provide invaluable data that is needed for preparing self-study documents for accreditation.

- New! Motivational interviewing is a new topic area that is described.
- New! Material has been added on safeguarding human rights.
- New! Indicators for the achievement of the NASW Standards for Cultural Competency have been added.
- New! Family group conferencing is described.
- New! Twenty new exercises have been added.

FEATURES

- Two kinds of exercises engage students directly. A set of individual questions and points for reflection ask the student to build on the principles described and their own experience. These can be turned in as homework assignments. Then, a set of group exercises describe a problem and provide the leader with a set of procedures or protocols to guide the group in addressing the problem.
- Because SOCIAL WORK WITH GROUPS: A COMPREHENSIVE APPROACH, Eighth Edition, takes a comprehensive, clear look at how social work professionals interact with groups, the text is appropriate for undergraduate as well as graduate social workers. Boxed features on the history of special kinds of groups are scattered throughout the book, providing a broad context for students' learning.
- The accompanying Practice Behaviors Workbook consists of exercises that also appear in the text SOCIAL WORK WITH GROUPS. The instructor can either use the exercises from the text or from this Workbook. The advantage of using the Workbook's exercises is that they are explicitly connected to the Competencies and Practice Behaviors of 2008 EPAS. In addition, an assessment process in this Workbook facilitates students being evaluated on the extent to which they are attaining the Competencies and Practice Behaviors of 2008 EPAS. The higher the assessment, the more likely it is that the student will become a competent social worker.
- Material on the cognitive-behavioral approach (as opposed to the functional approach to family therapy) adds greater dimension to these discussions. Material on evidence-based practice allows students to keep pace with current concerns.

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THEORY AND PRACTICE OF GROUP COUNSELING, INTERNATIONAL EDITION, 8E

Gerald Corey, California State University, Fullerton (Emeritus)

THEORY AND PRACTICE OF GROUP COUNSELING, International Edition gives students an in-depth overview of the eleven group counseling theories. This best-selling text not only illustrates how to put these theories into practice but also guides students in developing their own syntheses of various aspects of the theories discussed in the book. With Corey's clear, straightforward writing style, students are able to grasp...
each theoretical concept and its relationship to group practice with ease.

NEW TO THIS EDITION

• New! New section on the role of research in group counseling has been added.
• New! New section on evidence-based practices in group work and a discussion of practice-based evidence as an alternative is now included in the text.
• New! Each of the theory chapters has been revised to reflect contemporary practice and to include the most current references available.
• New! New section on motivational interviewing has been included to offer students some unique ways to consider ambivalence regarding change, minimizing reluctance and resistance, and creating a context for increasing the motivation to change.
• New! Updated research on the effectiveness of group counseling has been added.

FEATURES

• The great popularity of this bestseller stems from Corey’s success in linking theory to successful practice—ultimately giving students the ability to integrate approaches to develop their own frameworks for effective group counseling. Each theory chapter follows a consistent outline, enabling students to easily compare and contrast different theoretical approaches across chapters. Each theory chapter also illustrates how the theory is used effectively in group practice.
• The text is packed with examples, applications, and links from theory to practice throughout.
• Part Three: “Application and Integration” includes two chapters focused specifically on practical application. Chapter 17, “Comparisons, Contrasts, and Integration” features an integrative model of group counseling that illustrates how theories and approaches can be combined into a practical and unique synthesis. Chapter 18, “Evolution of a Group: An Integrative Perspective” follows a group in action, demonstrating how Marianne and Jerry Corey draw from various approaches as they lead groups. Students can watch this process unfold on the GROUPS IN ACTION: EVOLUTION AND CHALLENGES DVD/workbook.
• Exposing students to dilemmas group leaders typically face, Chapter 3, “Ethical and Professional Issues in Group Practice” provides suggestions to reduce the chance of malpractice actions.
• In keeping with the trend toward time-limited groups, new Chapter 16, “Solution-Focused Brief Therapy in Groups” highlights key concepts, techniques, and applications of brief, structured approaches to group work. Praised by reviewers, the chapter’s effective “Application: Therapeutic Techniques and Procedures” section guides students from pre-therapy change to questioning, exception questions, the miracle question, scaling questions, the formula first session task, and therapy feedback to group members.

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© 2012, 544pp, Paperback, 9780840033895
Widely considered the best text for the course, RESEARCH METHODS FOR SOCIAL WORK, International Edition strikes an optimal balance of quantitative and qualitative research techniques—illustrating how the two methods complement one another. Allen Rubin and Earl R. Babbie’s classic bestseller is acclaimed for its depth and breadth of coverage as well as for the authors’ clear and often humorous writing style. A rigorous and comprehensive presentation of all aspects of the research endeavor, combined with a thoroughly reader-friendly approach, helps students overcome the fear factor often associated with this course. Relevant examples from real-world settings consistently help students see the connections between research and social work practice. The Eighth Edition continues to incorporate coverage of evidence-based practice, and aligns with other accreditation requirements based on the EPAS guidelines. Comprehensive, friendly, accurate, and integrating the best of technology, RESEARCH METHODS FOR SOCIAL WORK, Eighth Edition can be used across undergraduate, graduate, and doctorate levels of study.

NEW TO THIS EDITION
• More reader friendly than ever, the Eighth Edition of this bestseller includes new graphics, photos, figures, and tables—creating a lively presentation for visual learners. The more streamlined narrative also includes new transitional headings, which break longer sections of text into more digestible segments.
• Thoroughly revised and completely up to date, the Eighth Edition delivers expanded coverage of Institutional Review Boards (IRBs), online surveys, meta-analysis, and literature review—providing detailed explanations on how to conduct reviews. It also offers insightful discussions on the disparate ways in which significance test results are presented in reports and journal articles.
• Continuing to provide clear explanations, the text further clarifies differences in sampling between the level of confidence and the margin of error, and between quota sampling and stratified sampling. It also thoroughly explains how a scale can be incorporated as part of a survey questionnaire.
• Now updated to SPSS® 18.0, the appendix entitled “A Learner’s Guide to SPSS” has been moved to a separate booklet, giving instructors complete flexibility in deciding whether or not they want to include coverage.

FEATURES
• A new section on B designs has been added to Chapter 12 in response to the potential utility of these designs for practitioners engaged in the evidence-based practice process. Instead of making causal inferences, the objective of B designs is to monitor client progress in achieving treatment goals to see if the chosen intervention—which has already had its effectiveness empirically supported in prior research—may or may not be the best fit for a particular client.
• RESEARCH METHODS FOR SOCIAL WORK offers a balance of quantitative and qualitative research methods that equips students with insight into both methodological approaches. Rather than presenting a divisive or unbalanced picture, the authors demonstrate how quantitative and qualitative methods can complement one another. Though balanced, the coverage also includes a thorough, comprehensive treatment of quantitative issues in design and statistics.
• To ensure student comprehension, the text uses multiple examples that illustrate the material and its relevance for practice. The authors focus on applications to social work practice, including
material on gender- and minority-related research and coverage of cross-cultural research.

• Helping students optimize their study efforts, each chapter provides helpful learning aids, including chapter outlines and overviews; “Main Points;” review questions and exercises; additional readings; and clarifying charts, graphs, and screened examples.

• The text incorporates the most current Educational Policy and Accreditation Standards (EPAS), as recommended by the Council on Social Work Education.

• The authors are highly regarded in their respective fields. Earl Babbie is well respected in sociology and is the author of the best-selling research methods text in sociology. A widely respected leader in social work, Allen Rubin is a past president of the Society for Social Work and Research.

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ESSENTIAL RESEARCH METHODS FOR SOCIAL WORK, INTERNATIONAL EDITION, 3E

Allen Rubin, University of Texas, Austin; Earl R. Babbie, Chapman University

Rubin and Babbie’s ESSENTIAL RESEARCH METHODS FOR SOCIAL WORK, 3E, International Edition provides students with a concise introduction to research methods that offers illustrations and applications specific to the field, as well as a constant focus on the utility of social work research in social work practice. Outlines, introductions, boxes, chapter endings with main points, review questions and exercises, and Internet exercises help students easily find the information and practice they need to succeed in the course. Part of the Brooks/Cole Empowerment Series, the third edition is up to date and thoroughly integrates the core competencies and recommended practice behaviors outlined in the 2008 Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE).

NEW TO THIS EDITION

• NEW This third edition of Rubin and Babbie’s concise text is thoroughly up to date with the most recent EPAS requirements. New Helping Hands icons within the chapters and end-of-chapter Competency Notes spotlight text coverage of the required Core Competencies and recommended Practice Behaviors detailed by CSWE’s new EPAS 2008.

• NEW This edition has been enhanced with additional visual aids (including boxes, graphs, charts, diagrams, and photographs).

• NEW In line with EPAS Core Competencies, Chapter 2 includes new material on career-long learning, as well as more coverage of critical thinking. Additionally, this chapter includes expanded discussion of problems in
and objections to evidence-based practice.

• NEW This edition includes increased attention to mixed methods inquiry (the combination of qualitative and quantitative methods within the same study), as reflected in the new Chapter 3, “Quantitative, Qualitative, and Mixed Methods of Inquiry.” Among the new content on mixed methods are major sections in that chapter on types of mixed methods designs and on reasons for using mixed methods. Adding that content also enhances the chapter’s relevance to the EPAS core competency on distinguishing, appraising, and integrating multiple sources of research-based knowledge.

• NEW The new Chapter 4, “Factors Influencing the Research Process,” offers major new sections on ethical considerations and multicultural factors. These sections give ample early attention to ethical and multicultural issues in ways that do not require comprehension of later methodological content. Additional content in this chapter includes earlier discussion of research purposes and the time dimension; elaborating on trend, cohort, and panel studies; and giving more attention to the influence of agency and organizational concerns on the research process.

• NEW Chapter 5, “Reviewing Literature and Developing Research Questions,” now offers an explanation of how to critically appraise the quality of literature reviews, as well as new sections on systematic literature reviews and meta-analyses.

• NEW Chapter 9 offers expanded and updated coverage of survey response rates and how to increase them, as well as increased coverage of online surveys and how to use them.

• NEW Chapter 10 provides increased coverage of political polling, further illustrating the advantages of probability sampling.

• NEW Chapter 14 contains additional discussion of standards for evaluating the trustworthiness of qualitative studies, including a new table that contrasts the standards emphasized by different epistemological paradigms.

• NEW Chapter 15 has increased and updated coverage of agency sources of existing data.

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INTERVIEWING IN ACTION IN A MULTICULTURAL WORLD, INTERNATIONAL EDITION, 4E

Bianca Cody Murphy, Wheaton College; Carolyn Dillon, Boston University School of Social Work

The fourth edition of INTERVIEWING IN ACTION IN A MULTICULTURAL WORLD, International Edition provides students with the clinical wisdom and hands-on practice to fully develop their clinical interviewing skills. Authors Bianca Cody Murphy
and Carolyn Dillon have expanded many sections of INTERVIEWING IN ACTION IN A MULTICULTURAL WORLD, International Edition, including coverage of global issues, multiculturalism and spirituality. The updated text also features new practice examples to prepare students for a variety of practice settings, such as working with rural clients, immigrant clients and older clients. It can be used as a guidebook for students who want to promote change through the client-clinician relationship. INTERVIEWING IN ACTION IN A MULTICULTURAL WORLD, International Edition is an integrated teaching/learning package, complete with an easy-to-read text, DVD, instructor’s manual and companion website. The DVD offers video clips of real-life clinicians discussing key skills, and the companion website includes student self-exploration activities, essay questions and web links. The instructor’s manual also provides suggestions on numerous classroom and homework activities that bring the materials alive. INTERVIEWING IN ACTION IN A MULTICULTURAL WORLD, International Edition has been praised nationwide by instructors in the helping profession. It is a practical, accessible text that prepares students for careers in the human services field.

NEW TO THIS EDITION

- INTERVIEWING IN ACTION IN A MULTICULTURAL WORLD discusses the evolving areas in clinical practice, including global issues, multiculturalism, spirituality and diversity.
- The text includes new examples and research throughout INTERVIEWING IN ACTION IN A MULTICULTURAL WORLD, and also discusses evidence-based practice, care and practice guidelines, information technology, positive psychology and prevention.
- INTERVIEWING IN ACTION IN A MULTICULTURAL WORLD examines pertinent topics such as suicide, prevention and crisis intervention, as well as provides an enhanced section on ethics and professional development.

FEATURES

- INTERVIEWING IN ACTION IN A MULTICULTURAL WORLD provides an integrated teaching/learning solution, offering students the chance to read, view and practice the skills taught in the book through a variety of text supplements.

- INTERVIEWING IN ACTION IN A MULTICULTURAL WORLD uses down-to-earth language to explain both basic and advanced concepts, as well as a step-by-step unfolding of important values, principles, roles and methods of clinical practice.
- The text uses first-person clinician accounts to demonstrate personal successes and blunders in the field, helping students deduct what worked and didn't work with client interactions.
- INTERVIEWING IN ACTION IN A MULTICULTURAL WORLD addresses the importance of relationships as well as skills, discussing the nature of clinical relationships at length throughout the text.
- Multicultural considerations are addressed throughout INTERVIEWING IN ACTION IN A MULTICULTURAL WORLD, as well as on video clips, the companion website and Instructor’s Manual.

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© 2011, 528pp, Paperback, 9780840032102
RESEARCH METHODS FOR GENERALIST SOCIAL WORK, INTERNATIONAL EDITION, 5E
Christine R. Marlow, University of New Mexico

RESEARCH METHODS FOR GENERALIST SOCIAL WORK, International Edition offers students a clear, down-to-earth introduction to the concepts of research methodology. Marlow’s accessible research methods text consistently demonstrates the link between social work research and generalist social work practice, making the methodology easy to grasp. RESEARCH METHODS FOR GENERALIST SOCIAL WORK, International Edition helps social work students discover the relevance of research to social work practitioners. The text provides new learning objectives that are tied to specific learning outcomes at the end of each chapter, helping students retain the material. In addition, RESEARCH METHODS FOR GENERALIST SOCIAL WORK features new chapter exercises and expanded coverage of ethical discussions and diversity integration. The updated text also reflects CSWE requirements for a global perspective.

NEW TO THIS EDITION

• RESEARCH METHODS FOR GENERALIST SOCIAL WORK provides new learning objectives—grounded in the CSWE Educational Policies and Accreditation Standards—that are tied to specific learning outcomes at the end of each chapter.
• RESEARCH METHODS FOR GENERALIST SOCIAL WORK features international examples as well as an increased emphasis on global social work in the CSWE standards.
• The updated text provides new exercises at the end of each chapter, as well as expanded ethical discussions and diversity integration.
• RESEARCH METHODS FOR GENERALIST SOCIAL WORK includes strengthened participatory research content, as well as more detailed discussion of evidence-based practice throughout the text.

FEATURES

• RESEARCH METHODS FOR GENERALIST SOCIAL WORK consistently shows students the links between social work research and generalist social work practice.
• Marlow makes the methodology easy to grasp with clear learning objectives and outcomes, helping social work students see the relevance of research to social work practitioners.
• RESEARCH METHODS FOR GENERALIST SOCIAL WORK reflects CSWE requirements for a global perspective, including an increased discussion of evidence-based practice.
• The updated text is uniquely suited to meet CSWE Educational Policies and Accreditation Standards and draws examples from international social work literature.

CONTENTS


© 2011, 384pp, Paperback, 97808400033284
RESEARCH METHODS IN SOCIAL WORK, INTERNATIONAL EDITION, 6E
David Royse, University of Kentucky

RESEARCH METHODS IN SOCIAL WORK, International Edition introduces readers to the basic concepts of the research process, using examples and illustrations from social work journals. This text effectively “demystifies” research and helps students to see that research really is understandable. The author has deliberately avoided overuse of technical detail and has remained true to his goal of providing “all that is essential and nothing that doesn’t directly relate in a useful way.” Over the course of multiple editions, Royse’s text has received widespread praise for its clear explanations and unintimidating writing style.

NEW TO THIS EDITION

• The text has been updated to align with the Council on Social Work Education’s 2008 Educational Policy and Accreditation Standards.
• This edition includes coverage of research and the way it can inform evidence-based practice.
• All research and references have been updated to keep in step with the latest developments in the field.

FEATURES

• Assignment templates in each chapter enable students to experience research first-hand. Many projects require the students to use current social work literature.
• Each chapter contains a self-review quiz, questions for class discussion, and assignments to help students check their understanding of the material.
• The book thoroughly examines ethical issues that surround research and includes Internet resources, weblinks, and examples in social work literature.
• The author provides information on how to prepare a proposal for research and how to write a thesis proposal.

CONTENTS


© 2011, 416pp, Paperback, 9780840032287

SINGLE SUBJECT RESEARCH, 2E
Applications in Special Education, Community, and Clinical Settings, International Edition
Stephen B. Richards, University of Dayton; Ronald Taylor, Florida Atlantic University; Rangasamy Ramasamy, Winthrop University

This practical, user-friendly textbook provides background knowledge, basic concepts, and understanding of relevant issues related to applied behavior analysis and specifically to single subject research designs.

NEW TO THIS EDITION

• Completely updated and revised to reflect most current research.
• Vignettes have been added to each chapter to provide readers with illustrative scenarios that emphasize major concepts in the chapters.
• “Check It Out” boxes have been added throughout the text so that the reader can check their understanding of important concepts through critical thinking or practice questions.
• A website now accompanies the text to provide
students and instructors with additional resources.

FEATURES

• Focuses on issues in single-subject research, independent/dependent variables, and the four basic single-subject designs and their variations.
• Reviews current research literature and includes “how to” information for students.
• Offers a holistic approach to analyzing data that emphasizes visual, quantitative, and qualitative aspects.
• Numerous student-friendly features such as the reoccurring vignettes, “Check It Out” and “Summary Checklists” help keep students engaged.

CONTENTS


© 2014, 368pp, Paperback, 9781285049540

STATISTICS FOR EVIDENCE-BASED PRACTICE AND EVALUATION, INTERNATIONAL EDITION, 3E

Allen Rubin, University of Texas, Austin

Rubin's STATISTICS FOR EVIDENCE-BASED PRACTICE AND EVALUATION, 3E, International Edition has a proven ability to reach students and get them excited about—and see the relevance of—a course they often find intimidating. Presented in an authoritative yet humorous style, this text—designed specifically for statistics and evaluation courses in the helping professions—features cases, exercises, and many examples to bring the topic of statistics alive for student readers.

NEW TO THIS EDITION

• Chapter 8, titled “Types of Distributions,” now gives more attention to distributions that are not normal.
• More content was added on calculating Cohen’s d, including a new figure (with an illustration) in Chapter 13.
• More content was added to Chapter 14 regarding how to present t-Test results, including a lengthy illustration of t-Test results from a recently published study by the author.
• All SPSS material was updated to conform to the current version of SPSS.
• New appendices were added on conceptual overviews of Multilevel Modeling (also known as HLM) and of Structural Equation Modeling (SEM).
• The sections in the Appendix on conceptual overviews of additional multivariate procedures were made into separate appendices, with one appendix each on discriminant analysis, factor analysis, logistic regression, path analysis, and event history analysis (survival analysis).
• A separate workbook was developed to accompany
The discussion of effect sizes in Chapter 13 was expanded to cover odds ratios for dichotomous data, such as in logistic regression analysis.

FEATURES

- Practical examples provide students with the opportunity to see how and when data analysis and statistics are used in practice, with a clear and thorough description of evidence-based practice for social work students.

- “Selecting an Appropriate Significance Test,” a useful chart that appears on the text's endpapers, provides students with a quick and easy method to determine which test should be selected for the problem.

CONTENTS


© 2013, 368pp, Paperback, 9781133309390

THE PRACTICE OF SOCIAL RESEARCH WITH APLIA, 13E

Earl R. Babbie, Chapman University

Aplia, an online learning solution, is dedicated to improving learning by increasing student effort and engagement. All assignments are automatically graded, and there are detailed explanations for every question. Click here to find out more: www.cengage.com/aplia

A straightforward, comprehensive, and approachable guide to research as practiced by social scientists, the Thirteenth Edition of Babbie's “gold-standard” text gives you the tools you need to apply research concepts practically, as both a researcher and a consumer. Babbie emphasizes the process by showing you how to design and construct projects, introducing the various observation modes in use today, and answering critical questions about research methods—such as how to conduct online surveys and analyze both qualitative and quantitative data.

NEW TO THIS EDITION

- NEW The chapters on qualitative research methods have been comprehensively updated with new content and the latest research.

- NEW The “Keeping Humanity in Focus” and “Research Ethics” features are now called “Research in Real Life” and “Tips and Tools” (respectively). Content has been reframed to further emphasize multicultural considerations and importance in the social science research and understanding.

- NEW Aplia provides online homework with automatic grading and immediate feedback to reinforce key course concepts and help students focus on the topics that challenge them.

FEATURES

- The text introduces students to the sensitivities
around social research with a section on research ethics at the end of each chapter.

• Students prepare different sections of a proposal in each chapter while applying specific chapter concepts. Then, in Chapter 17, students review the full proposal pulled together in its final form. Skill-building exercises, presented in each chapter, demonstrate how to conduct a research proposal.

• Hands-on “How To Do It” boxes focus on practical research topics, including Framing a Hypothesis, Identifying the Unit of Analysis, How to Design a Research Project, Using a Table of Random Numbers, Conducting an Online Survey, Establishing Rapport, and Percentaging a Table.

• Numerous examples (both real-world and hypothetical), abundant figures and tables, sample research tools, and the author’s renowned sense of humor and compassion combine to make THE PRACTICE OF SOCIAL RESEARCH the most accessible text on social research methods available.

CONTENTS


© 2013, 424pp, Paperback, 9789814568951

THE PRACTICE OF SOCIAL RESEARCH WITH CB COURSESMART EBOOK, 13E

Earl R. Babbie, Chapman University

CB CourseSmart eBook – The ultimate eBook experience has arrived! Easily access our eBooks with features that will improve your reading experience, and tools to help you take notes and organize your studies. A straightforward, comprehensive, and approachable guide to research as practiced by social scientists, the Thirteenth Edition of Babbie’s “gold-standard” text gives you the tools you need to apply research concepts practically, as both a researcher and a consumer. Babbie emphasizes the process by showing you how to design and construct projects, introducing the various observation modes in use today, and answering critical questions about research methods—such as how to conduct online surveys and analyze both qualitative and quantitative data.

NEW TO THIS EDITION

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CONTENTS

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CONTENTS


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- Numerous examples (both real-world and hypothetical), abundant figures and tables, sample research tools, and the author’s renowned sense of humor and compassion combine to make THE PRACTICE OF SOCIAL RESEARCH, 13E, International Edition the most accessible text on social research methods available.
- End-of-chapter features such as point-by-point chapter summaries, a list of key terms, review questions and exercises, research proposal exercises, and an “Online Study Resources” section help students review concepts and prepare for exams. The text’s running glossary with in-chapter definitions also makes chapter reviews and exam preparation easier.
- Chapter-beginning overviews explain chapter objectives and how the material fits into the overall scheme of social research. A chapter table of contents also provides a roadmap for reviews and tests.

**CONTENTS**


© 2013, 608pp, Paperback, 9781133050094
information on two key topics students are likely to encounter as they read and write within the social work profession.

FEATURES

- Helpful tips printed on the inside front and back covers provide students with a convenient quick-reference guide they can easily consult while reading, studying, or writing.
- The authors point out many common writing mistakes and provide alternative solutions and advice to help students overcome these writing challenges.
- Integrated throughout the text, practical exercises offer students an opportunity to evaluate and improve their writing skills by applying the rules and techniques covered within the chapters.
- The modular structure of the text allows each chapter to stand alone as an individual learning unit or reference, allowing you to adapt the text easily to your unique syllabus, course calendar, and personal preferences.
- The authors’ popular “learning through modeling” approach tailors coverage of APA style specifically to the field of social work literature, and to the needs and goals of the professionals who read and write it.

CONTENTS


© 2011, 224pp, Paperback, 9780840031990
framework in a different visual format with concentric circles that depict movement from direct practice, policy-sensitive practice, policy-related practice, and policy advocacy at organizational, community, and legislative levels.

• To keep the text current, Jansson has incorporated examples from the presidency of Barack Obama, including the Affordable Care Act and the Great Recession of 2007 to 2009 and beyond. The book will also include examples drawn from the presidential election of 2012. Additionally, Jansson addresses timely topics such as the Occupy Wall Street Movement, the Arab Spring, and the use of social media in policy advocacy.

• The chapter on policy assessment has been completely revised and now includes discussion of the promises and limits of evidence-based policies.

• Chapter 1 features expanded use of the NASW Code of Ethics. This coverage is continued in subsequent chapters.

• An updated website leads to videoclips that are easy to use in each class session.

FEATURES

• This text presents a hands-on framework designed to help students become effective policy advocates. The framework identifies recurring policy tasks, policy advocacy skills, and an array of policy competencies that allow policy advocates to put their skills into action.

• Policy Advocacy Challenges illustrate how social workers from around the country have used policy-advocacy skills and competencies to achieve policy reforms in agency, community, and legislative settings. Some examples integrate video footage, websites, and/or Internet-based exercises, bringing the challenges to life and providing visual and hands-on inspiration for students.

• Case examples in every chapter show how social workers have obtained reforms in legislative and governmental settings, giving students a glimpse of what they can hope to accomplish in their own careers.

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© 2014, 544pp, Paperback, 9781285064116

BROOKS/COLE EMPOWERMENT SERIES:
SOCIAL WELFARE POLICY AND SOCIAL PROGRAMS, 3E
Elizabeth A. Segal, Arizona State University

Segal’s SOCIAL WELFARE POLICY AND SOCIAL PROGRAMS, Third Edition enables students to identify, describe, and analyze social welfare policies, but goes beyond this by drawing readers into an examination of the values and beliefs that drive our social welfare system. Segal demonstrates how the myriad values
of diverse groups in America have influenced current policies, and helps students recognize that analysis takes place through the lens of these often opposing values. The dual themes of critical thinking and critical evaluation provide the framework of the book, and Segal's unique attention to international perspectives on values around social welfare policies and social programs heightens students' awareness of the global implications of social work around the world.

**NEW TO THIS EDITION**

- This edition is thoroughly up to date with the most recent EPAS requirements. NEW Helping Hands icons within the chapters and end-of-chapter Competency Notes spotlight text coverage of the required Core Competencies and recommended Practice Behaviors detailed by CSWE's new EPAS 2008.
- The order of the chapters has been changed so that the skills and resources needed to conduct policy analysis are introduced earlier in the book. This will help students to more easily navigate the policy discussions on the arenas of critical concern and key social welfare policies and programs in the rest of the chapters.
- This edition includes detailed discussions of recent policies that have been passed such as health care reform and economic stimulus bills.
- Segal has added material on conducting policy analyses and guidance for influencing the policy arena.
- Coverage of policy practice is updated and expanded in the final chapter.

**FEATURES**

- By thoroughly covering such matters as social welfare history, analysis, and practice, Segal offers a comprehensive introduction to social welfare policy that builds a strong foundation for both undergraduate and graduate students.
- The values perspective further emphasizes the importance of values and ethics.
- Questions that appear in the “What do You Think?” features provoke students to think critically about how they might apply that chapter's material to situations they may encounter in the future.
- “More About” boxes focus additional attention on topics that readers may find especially intriguing or very pertinent to their careers.

- “Consider This” and “Controversial Perspectives” feature presentations of differing view points to demonstrate the complexity of social welfare policy and to help the student examine personal beliefs.

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**PART I: UNDERSTANDING SOCIAL WELFARE.**


© 2013, 416pp, Paperback, 9780840029126

**FOUNDATIONS OF SOCIAL POLICY, 4E**


Amanda S. Barusch, University of Otago

This innovative text provides a thorough grounding in policy analysis with extensive coverage of policy practice and a unique emphasis on the broad issues and human dilemmas inherent in the pursuit of social justice reflecting the emerging consensus that social justice is a primary mission of the social work profession. Part of the BROOKS/COLE EMPOWERMENT SERIES, this 4th
The new edition features expanded coverage of international policy issues with a focus on human rights recognizing the reality of an increasingly interconnected global society.

A new chapter on working people and labor policy in the United States addresses the importance of this topic for social workers, as well as recent developments in domestic and international labor markets.

CONTENTS


© 2012, 528pp, Paperback, 9780840034397
Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE).

NEW TO THIS EDITION

• This edition integrates the core competencies and practice behaviors outlined in the 2008 Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE).
• The relevance of history to the contemporary period has been reinforced by including the first 18 months of the Presidency of Barack Obama in Chapter 12.
• New section titled “What You Can Do Now” with bulleted items that review content in the chapter relevant to the 2008 EPAS Competencies and Practice Behaviors at the end of every chapter.
• NEW: Analysis of policy innovations in specific historical eras that could be revived or expanded in the contemporary period.
• NEW: Analysis of policy failures in specific historical eras, making students aware to ill-considered policies in contemporary society.

FEATURES

• This edition integrates the core competencies and practice behaviors outlined in the 2008 Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE).
• This edition contains new historical material, including the last four years of the administration of President George W. Bush up to the eve of the pivotal 2008 national election, and the first 18 months of the Presidency of Barack Obama.
• The text discusses six dimensions that make the American welfare state more “reluctant” than most European states, and identifies multiple factors that have contributed to this reluctance.
• The text more explicitly links historical events to contemporary issues and policies, and uses historical materials to motivate students to become policy advocates in contemporary society.
• Uniquely links social welfare policy to an empowerment perspective, showing how vulnerable populations, as well as social reformers, have achieved progressive reforms through policy advocacy.

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© 2012, 576pp, Paperback, 9780840034410

SPECIAL TOPICS

© 2012, 576pp, Paperback, 9780840034410

ADDITION TREATMENT, INTERNATIONAL EDITION, 3E

Katherine van Wormer, University of Northern Iowa; Diane Rae Davis, Eastern Washington University

Using the popular harm-reduction model, ADDICTION TREATMENT, 3E, International Edition covers the biological, psychological, and social aspects of alcoholism, eating disorders, compulsive gambling, and other addictions. Through a number of first-person narratives about the experience of addiction, students will discover a realism and depth not commonly found in textbooks. In addition, the authors include student-friendly topics, such as the case against so-called underage drinking laws, to draw students into the material and illustrate the importance of reducing
harm within the biopsychological framework that ties the text together.

**NEW TO THIS EDITION**

- NEW Chapter 1 offers a new diagram highlighting attributes of the strengths perspective. It also discusses the proposed changes in the DSM V and offers an updated and expanded section on treatment trends.
- NEW In Chapter 2, the section on the historical perspective has been updated with new material on Native Americans, Asian Americans, and Latinos as well as Europeans. The authors discuss cocaine control efforts along with alcohol control efforts, and they offer new material on the history of gambling treatment.
- NEW Chapter 3, which addresses biology, has been updated with a section on pharmaceutical interventions and holistic approaches (which previously appeared in Chapter 5).
- NEW Chapters 4 and 5 now include material on gender issues and behavioral addictions under the biological portion of the text. Case studies have been provided.
- NEW Chapter 6 offers new material on addiction across the life span. Case studies and an emphasis on gambling problems among the elderly have also been added.
- NEW Chapter 7, on assessments, discusses the diverse types of assessment tools available for use.
- NEW Chapter 8 on strengths-based interventions has been heavily revised and now focuses on practice interventions, including guidelines for group treatment. Case studies have been provided to illustrate each treatment modality described.
- NEW Additional material has been added to Chapter 9, with an emphasis on the treatment of veterans returning from the wars in the Middle East.
- NEW Chapter 13 on public policy has been revised to relate to the strengths perspective and discuss policies related to medical marijuana, the criminal justice system, and health care reform.

**FEATURES**

- Throughout the text, the authors emphasize the treatment of individuals with co-occurring disorders to illustrate the complexity of working with clients in a real-world setting.

**CONTENTS**


© 2013, 704pp, Paperback, 9781133371878

**BROOKS/COLE EMPOWERMENT SERIES:**

**PSYCHOPATHOLOGY: A COMPETENCY-BASED ASSESSMENT MODEL FOR SOCIAL WORKERS, 3E**

Susan W. Gray, Barry University; Marilyn R. Zide, Late of Barry University

Written by social workers, PSYCHOPATHOLOGY views mental disorders through the strengths-perspective. It is unique in its ability to summarize the current state of knowledge about mental disorders and applies a competency-based assessment model for understanding psychopathology. Complete with detailed and realistic vignettes that are unavailable in other texts for the course, PSYCHOPATHOLOGY presents strategies for building on clients’ strengths and resilience and offers insights to social workers regarding their role in working with the mentally ill. Additional resources
available to package with the text, including a DVD and CourseMate, further enhance the text with such helpful material as video illustrating clinician/client interaction, and study tools that reinforce learning. Part of the Brooks/Cole Empowerment Series, the third edition is completely up to date and thoroughly integrates the core competencies and recommended practice behaviors outlined in the 2008 Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE).

NEW TO THIS EDITION

• NEW This edition is thoroughly up to date with the most recent EPAS requirements. NEW Helping Hands icons within the chapters and end-of-chapter Competency Notes spotlight text coverage of the required Core Competencies and recommended Practice Behaviors detailed by CSWE’s new EPAS 2008.
• NEW The reorganized Table of Contents now parallels that of the Diagnostic and Statistical Manual of Mental Disorders.
• NEW The Strengths Perspective and The Social Worker’s Role have been addressed in more depth.
• NEW An entirely new Chapter 2 focuses on disorders of infancy, childhood, and adolescence.
• NEW The text now includes additional material on medications commonly associated with mood disorders.

FEATURES

• The DVD, available for packaging with the text, features interviews with real people talking about what it’s like for them to live with a particular disorder. This serves to make the text’s clinical case studies come to life even further.
• Each major diagnostic category is introduced by an in-depth discussion that delineates essential features as well as cause and prognosis. This is followed by an illustrative vignette and a differential assessment further distinguishing the essential features of a diagnosis.
• The authors draw on their practice experience by providing case vignettes social workers commonly encounter in clinical practice. Client stories are told in a style that helps social workers understand each client’s unique experience with psychopathology.
• Cases focus on issues around cultural diversity, ethical issues, and model standards of practice. They serve as a vehicle to look beyond signs and symptoms to understand human behavior in terms of biological, psychological, and social influences.
• Assessment questions give readers a place to start, while “practitioner reflections” introduce experiential activities aimed at fostering a deeper level of understanding client disorders.

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© 2013, 480pp, Paperback, 9780840029157

CLINICAL SUPERVISION
Theory and Practice
Lori Ann Russell-Chapin Ph.D, Bradley University; Ted Chapin, Ph.D.

CLINICAL SUPERVISION: THEORY AND PRACTICE is a comprehensive text on the theoretical and practical aspects of supervision. While the authors offer thorough coverage of supervision models and theory, ethics and supervision trends, they also include numerous self-assessment exercises at the end of each chapter, case studies and other applied activities. An optional companion DVD which uses 10 different cases to demonstrate various approaches to supervising helping professionals is available for use with this text.

www.cengageasia.com
FEATURES

- CLINICAL SUPERVISION: THEORY AND PRACTICE can be used as a “standalone text” because it deftly blends theory and practice.
- The authors explore the various models of supervision and offer practical self-assessment exercises at the end of each chapter. They cover current research on every chapter topic and each chapter section closes with questions for reflection.
- CLINICAL SUPERVISION: THEORY AND PRACTICE comes with a DVD featuring case studies that demonstrate each of the five supervision models and one group supervision session. The Five Practice Case Presentations illustrate “best-fit” supervision models.
- CLINICAL SUPERVISION: THEORY AND PRACTICE addresses contemporary issues and concerns with chapters on ethics, future supervision trends, blocks to successful supervision, and the importance of understanding diversity.

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© 2012, 256pp, Paperback, 9780495009153

CONCEPTS OF CHEMICAL DEPENDENCY, INTERNATIONAL EDITION, 8E
Harold E. Doweiko, Viterbo University

Completely rewritten from cover to cover, the contemporary new 8th edition of CONCEPTS OF CHEMICAL DEPENDENCY, International Edition provides comprehensive coverage and the latest information on a full spectrum of substance use disorders and the compounds commonly abused. Topics include: the abuse of and addiction to alcohol; how the active agent in marijuana, THC, affects neural growth and development; the emerging body of evidence suggesting a relationship between marijuana abuse and psychotic disorders; the emerging body of evidence suggesting that marijuana is not as benign as it was thought to be even a few years ago; and updated information on the abuse of cough syrups, a trend that has evolved in adolescent substance abusers in the past decade. Adding to the book’s usefulness and relevance, Doweiko also covers topics not usually discussed in other substance abuse texts, including: abuse of anabolic steroids; inhalants; many of the forms of infectious disease associated with substance abuse; how the “war on drugs” has actually contributed to the problem of substance abuse/addiction in this country; the relationship between substance abuse and many infectious diseases; and the latest information on the “medical marijuana” debate. Providing a comprehensive overview of the problems of substance abuse and addiction, students report that they appreciate the author’s balanced approach in contrast to a tendency to “preach” to the reader that “drugs are bad for you.” Student feedback indicates that they value the clear and detailed information provided, allowing the student to form their own opinion about the compound(s) being discussed in each chapter.
NEW TO THIS EDITION

- NEW! Newly revised and updated to deliver contemporary and relevant coverage, CONCEPTS OF CHEMICAL DEPENDENCY has been entirely re-written from cover to cover, and features over 600 new references, with a corresponding deletion of dated and obsolete reference materials.
- NEW! A new chapter, Substance Use Disorders in College Students (Chapter 21), reflects an emerging body of evidence that suggests that substance use disorders follow a different trajectory for persons who graduate from high school and then enter college, as opposed to those young adults who simply enter the work force.
- NEW! An Expanded “break out discussion” list in the instructor’s manual features topic areas that the instructor can use to expand upon material briefly discussed in the main text in order to spark student interest, provide suggested topics for supplemental lectures, possible student debates, etc.
- NEW! New material has been added to the Chronic Alcohol Use chapter (Chapter 5), and includes material and important insights on the so-called “high functioning” alcoholic, a topic that has been difficult to address since such persons also go to great lengths to hide their alcohol use disorder.

FEATURES

- Focuses on important issues to consider when working with clients, such as the effect of chemicals on neonates; the dually diagnosed client; chemical abuse by children and adolescents; codependency and enabling; and addiction and the family.
- Presents clear guidelines and strategies for human service workers - including evaluation, intervention techniques, treatment, recovery, and common problems in treatment to help students work effectively with clients.
- Enhances opportunities for students to review and expand their knowledge with Chapter-by-chapter online quizzes and an end-of-book glossary give.
- Features a new expanded chapter, “Women and Addiction” (Chapter 18).
- Includes expanded information about Dextromethorphan, which has emerged as a major drug of abuse in the past few years, in Chapter 36 “Crime and Drug Use”.

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© 2012, 640pp, Paperback, 9780840033918

CRISIS INTERVENTION STRATEGIES, INTERNATIONAL EDITION, 7E

Richard K. James, University of Memphis; Burl E. Gilliland, Late of University of Memphis

Authoritative and based on the authors’ extensive experience teaching crisis intervention courses, this best-selling text presents the latest skills and techniques for handling real crisis situations. The author's six-step model clearly illustrates and elucidates the process of dealing with people in crisis: Defining
the Problem, Ensuring Client Safety, Providing Support, Examining Alternatives, Making Plans, and Obtaining Commitment. Using this model, the author then builds specific strategies for handling a myriad of different crisis situations, accompanied in many cases with the dialogue that a practitioner might use when working with the individual in crisis. New videos, available through a DVD and through CourseMate (both of which are available for packaging with the text), correlate with the text and demonstrate crisis intervention techniques for students who must not only understand the theoretical underpinnings of crisis intervention theories, but also apply them in crisis situations.

**NEW TO THIS EDITION**

- New videos, available through a DVD and through CourseMate (both of which are available for packaging with the text), correlate with the text and demonstrate crisis intervention techniques for students who must not only understand the theoretical underpinnings of crisis intervention theories, but also apply them in crisis situations, thus illustrating how the theories play out in crisis scenarios.
- This updated edition includes references to seminal historical works, as well as new research.
- Chapter 1 now includes current and topical information relevant to the chapter’s discussion of the history of crisis intervention.
- Chapter 2 contains extensive new material, in particular the use of Brown’s social location theory – videos developed for the text include a live scenario using the new theory.
- Discussion of basic intervention skills is now divided into two chapters, in order to make the content easier for students to manage and to best deliver the material in from a task model.
- Chapter 4 now covers techniques, and includes the new triage assessment scale.
- Chapter 5’s discussion of case handling has been updated with more coverage of borderline personality disorders.
- Chapter 6, “Telephone and Online Crisis Counseling,” now offers much more discussion of Internet and tele-health applications.
- Chapter 7’s coverage of PTSD has been substantively updated and enhanced, with new content on military veterans as well as military programs, as well as discussion of traumagrams.
- Case material in Chapter 9 has been refined to better illuminate issues in all three segments discussed in the chapter: adult sexual assault, adult survivor of childhood sexual assault, and child assault.

**CONTENTS**


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**ELEMENTS OF CRISIS INTERVENTION, 3E**

_Crisis and How to Respond to Them, International Edition_

James L. Greenstone; Sharon C. Leviton, Texas Wesleyan University School of Law and private mediation practice

Designed to help in day-to-day, on-the-scene crisis intervention, ELEMENTS OF CRISIS INTERVENTION: CRISSES AND HOW TO RESPOND TO THEM, International Edition offers a nuts-and-bolts presentation of the most important information and concepts needed to be an effective crisis worker. Using a practical, hands-on approach, this one-of-a-kind text provides information, strategies, and guidelines in a quick-reference, outline format. The emotional equivalent of physical first aid, crisis intervention is the act of interrupting the downward spiral of maladaptive behavior as skillfully and as quickly as
possible—and returning the sufferer to a pre-crisis level of coping. Effective crisis intervention is about management, not resolution. The goal of this text is to present the basic elements of crisis intervention so that they can be applied to varying crisis situations. A concise handbook for helping professionals who work on the front lines of crisis intervention, it is perfect for crisis interveners, first responders, counselors, nurses, disaster responders, EMTs, law enforcement, human service workers, psychologists, social workers, teachers, agency directors, military, and any other professionals who encounter crisis situations.

NEW TO THIS EDITION
• New! The exciting new Third Edition of ELEMENTS OF CRISIS INTERVENTION: CRISES AND HOW TO RESPOND TO THEM emphasizes how critical the careful choice of words is to crisis communications.
• New! The book now includes even more vignettes and verbal transactions between intervener and victim, giving students practical insight through realistic examples.
• New! New and expanded information on crisis response to disasters is included.
• New! Expanded discussions highlight change, loss, and grief as the underpinning of crisis situations.

FEATURES
• Excellent as a stand-alone or supplemental text, the ELEMENTS OF CRISIS INTERVENTION: CRISES AND HOW TO RESPOND TO THEM, 3e offers a condensed and applied discussion of crisis intervention that allows instructors to teach the basic information on crisis intervention in a short amount of time. It is packed with examples and straightforward guidelines for effectively managing crisis situations.
• Succinct yet thorough, the text offers up-to-date coverage of what constitutes a crisis, differences between crisis work and counseling, ways to deal with burnout, how to work with children and families, procedures for intervening, mistaken assumptions, special issues and situations, communication techniques, and ethical and legal implications.
• Perception and its relevancy to identifying the real crisis situation are emphasized throughout.
• The text highlights the relationship between safety procedures and personal and situational awareness, the importance of “inklings”, checklists for immediate use and reference, as well as safety procedures in and out of the office.
• In addition to listing the areas covered in the chapters, the table of contents also serves as a step-by-step guide leading readers through the intervention process.
• Extremely well organized and user friendly, the text enables interveners to look up material according to the activity they want to perform as well as by the intervener’s role (such as, police officer or therapist). These listings are printed on the inside front and back cover of the book. In addition, the preface provides a helpful description on how to use the book effectively.

CONTENTS
1. Approach to Crisis Intervention.
2. Procedure for Effective Crisis Intervention.
4. Team Intervention.
5. Special Issues.
6. Intervener Survival.
7. Children’s Reactions to Crisis.
10. The Grief Factor.
11. Disaster Intervention.
11. Legal Implications of Crisis Intervention.
Appendix.
Bibliography.

© 2011, 160pp, Paperback, 9780840033154

NEW EDITION!

I NEVER KNEW I HAD A CHOICE, 10E
Explorations in Personal Growth, International Edition
Gerald Corey, California State University, Fullerton (Emeritus); Marianne Schneider Corey

Honest and inspiring, I NEVER KNEW I HAD A CHOICE: EXPLORATIONS IN PERSONAL GROWTH, International Edition, is an invitation to personal learning and growth—and a roadmap to lasting change. Written in a personal, encouraging tone, the book helps students examine the choices they’ve made and choose where to go next. Emphasizing the role of personal responsibility and choice in creating
a meaningful life, the text explores a wide variety of key topics, including personal style of learning, the effects of childhood and adolescence experiences on current behavior and choices, meeting the challenges of adulthood and autonomy, and many other issues related to personal growth and development. Through their warm yet thoroughly research-based discussion of significant dimensions of life, Corey and Corey help students expand their awareness of the choices available to them. As students work through the text’s self-inventories, exercises, and activities—and read the first-person accounts of difficult choices real people have made—they will gain invaluable insight into their lives, beliefs, and attitudes in a personally empowering way. Thousands of readers have been inspired by this book, gaining a renewed sense of the choices available to them and a clear direction of where they want to go.

NEW TO THIS EDITION

- New personal stories appear in many chapters, illustrating key themes in refreshing and current ways.
- Throughout the book, the authors present current research findings relevant to original and new topics for each chapter.
- The “Take Time to Reflect” exercises have been updated for timeliness.
- Chapter 1, “Invitation to Personal Learning and Growth,” presents different models of personal growth. The Corey’s have revised some of the choices leading to change and updated material on what constitutes happiness. They have also added a discussion of the stages of change and an individual’s readiness for making changes. Increased coverage is devoted to positive psychology and attaining a sense of well-being. They have updated the discussion of multiple intelligences and learning styles with an expanded discussion of emotional intelligence and social intelligence. There is also a new discussion of how our mindsets are shaped by messages we receive about success and failure.
- Chapter 2, “Reviewing Your Childhood and Adolescence,” contains an expanded discussion of the role of early childhood experiences on later personality development. This chapter continues to feature Erikson’s psychosocial model and the self-in-context theories as they deal with development throughout the life span. A new discussion of the concept of emotional competence and social competence is presented. New attention has been given to social networking as a way of connecting with peers in adolescence and the impact of cyberbullying on adolescents.
- In Chapter 3, “Adulthood and Autonomy,” the Corey’s continue the discussion of the life-span perspective by focusing on the psychosocial theory and the self-in-context perspective. This chapter has been streamlined to highlight choices we can make at each of the phases of life and the unique challenges facing the individual at each stage. There is increased coverage of common cognitive distortions and learning how to critically evaluate our self-defeating thinking.
- Chapter 4, “Your Body and Wellness,” has a revised discussion of wellness and life choices, as well as revised material on the topics of sleep, exercise, eating, and spirituality. The Corey’s continue to give attention to inviting readers to examine their lifestyle choices that can enhance their health.
- Chapter 5, “Managing Stress,” includes revised sections on the topics of the role of culture in our perception of stress; environmental sources of stress; the power of reliance in coping with stress; and a range of constructive practices for managing stress.
- Chapter 6, “Love,” contains new sections on theories of love and love in a changing world.
- In Chapter 7, “Relationships,” the section on gay and lesbian relationships has been updated and expanded, and there is a new discussion of hate crimes and sexual orientation. The chapters also include new sections on domestic violence and abuse, and on how technology affects relationships. As a part of the latter discussion, the authors address topics such as social networking, online dating, and infidelity in cyberspace.

CONTENTS


© 2014, 512pp, Paperback, 9781285089348
This book introduces students to the theory and practice of managerial and leadership functions, with a practical approach that provides important guidelines for working within agencies. The authors address important topics germane to management and administration, including evidence-based and empirically supported practice, challenges of management, environments of human service agencies, program design, organizational theory and design, human resources, supervisory relationships, finances, information systems, program evaluation, organizational change, leadership, and achieving and maintaining organizational excellence. To help illustrate specific issues, the authors have included case examples throughout the text. In addition, a new running case set at the Grandview Community Center helps students see each issue more clearly because it takes place against the backdrop of a single setting. Reflection questions encourage students to consider how they would handle the scenario.

NEW TO THIS EDITION

- NEW This edition has been thoroughly updated and expanded to include important issues facing today’s human service administrators and managers, including increased use of evidence-based practice as applied to program design and management processes.
- NEW The authors have added more real-life examples throughout the text, all based on ideas and suggestions provided by more than fifty practicing human service managers, and drawn from multicultural and international programs.

FEATURES

- Because the book’s authorship reflects the perspectives of both counselors and social workers, all human service managers and administrators will receive a broad introduction to management that is not limited to one point of view.
- More than fifty practicing human service managers have provided the ideas and suggestions for the text’s numerous cases and examples.
- The authors address topics central to the understanding of management, including the environments of human service agencies, program design, organizational theory and design, human resources, supervisory relationships, finances, information systems, program evaluation, organizational change, leadership, and achieving and maintaining organizational excellence.
- The authors use an ongoing case of the Grandview Community Center to apply concepts in every chapter.
- Chapter-ending discussion questions and chapter summaries help readers reflect on important issues raised in the chapter.
- Group activities, designed for use in classroom small group discussions, facilitate students’ ability to learn and understand concepts from their classmates’ points of view.

CONTENTS


© 2012, 386pp, Paperback, 9780840034281
Written for beginning level students, SUBSTANCE ABUSE COUNSELING, International Edition provides a good, practical overview of substance abuse counseling. Known for the way it addresses key issues early, including the designing of specialized treatments to fit the individual needs of a client. SUBSTANCE ABUSE COUNSELING, International Edition, also emphasizes the tendency of substance-abusing clients and their families to form a heterogeneous group that must be treated from an individualized perspective. Authors Lewis, Dana, and Blevins believe strongly that clients differ not only in the specific behaviors and consequences associated with their drug use but also in culture, gender, social environments, physical concerns, mental health and a host of other variables. Using an integrated approach, the authors describe innovative methods for meeting clients’ needs through personalized assessment, treatment planning, and behavior change strategies, showing students how to select the most effective treatment modalities for each client.

NEW TO THIS EDITION

- The section on “Drugs And Their Effects” has been reassessed and moved back to Chapter 2 for greater clarity. Additionally, the section features an informative new section on clinical implications.
- Updated Chapter 1, “The role of the Mental Health Professional in Prevention and Treatment,” includes more information on connecting research to practice.
- An entirely new chapter devoted to motivational enhancement and interviewing provides context for the following assessment chapter.
- More multicultural perspectives are infused throughout the new edition. Specifically, the Assessment chapter now features more information on multicultural assessment, thus reflecting the most current views on the subject.

FEATURES

- SUBSTANCE ABUSE COUNSELING, International Edition, provides counseling strategies and skills for working with clients, giving explanations and examples of personalized treatment plans and behavior change strategies.
- Useful assessment instruments, which appear in the appendices, are available for students to use and reproduce. Instruments include a guided interview for substance abuse histories, a behavioral assessment interview form, and several standardized questionnaires.
- The authors suggest a number of action strategies that students can use when working with individuals, groups, or families.
- Topics such as prevention, counseling and relapse issues within the continuum of care are discussed in great detail.

CONTENTS


© 2011, 304pp, Paperback, 9780495808749
THE SOCIAL WORKER AND PSYCHOTROPIC MEDICATION, 4E
Toward Effective Collaboration with Clients, Families, and Providers
Kia J. Bentley, Virginia Commonwealth University; Joseph Walsh, Virginia Commonwealth University

This up-to-date primer on psychopharmacology and psychosocial interventions serves as a useful resource for social work students and practitioners as they expand their daily roles in psychiatric medication management. Presenting material within a contemporary framework of “partnership” practice that is rich with case examples, Bentley and Walsh offer all the facts, myths, and relevant information about psychotropic medication in an easy-to-access manner. Content on a variety of topics, including coverage of children and adolescents, helps readers become more responsive to the medication-related concerns of mental health clients—and work more collaboratively on these issues with families and other mental health care providers. Data from the authors’ national survey of randomly selected NASW members provides information that helps readers be aware and active with respect to clients’ medication-related dilemmas, but also mindful of the sociopolitical context of prescription practice in psychiatry.

NEW TO THIS EDITION
• A new chapter, “Referrals, Decision-Making, and the Meaning of Psychiatric Medication,” provides extended coverage of material on interprofessional relationships and physician referral, including a scholarly discussion of the topics as well as specific “how-to” considerations.
• Each chapter includes new objectives, end-of-chapter questions, and class activities to promote and reinforce learning.
• The book has been revised throughout to reflect current thinking and practice. In particular, the main section on classes and types of medication is thoroughly updated to incorporate new discoveries of medications and new uses of medications across diagnostic categories.

FEATURES
• The authors stress the historical, political, and ethical context of psychopharmacological practice and consider the implications of future developments for social work. They also emphasize the need for social workers’ critical perspective on psychiatric medications.
• Using a minimum amount of jargon, the authors offer a clear presentation of psychopharmacology, and connect the material to the broader context of medication management in the interdisciplinary world of mental health service delivery.
• To help students understand and apply the material, each theory chapter contains an applications section that discusses a problem, evaluation, treatment, and follow-up—and offers a case example that addresses a real-life situation that a social worker may encounter.
• The text includes content on implications of managed care for psychopharmacology as well as coverage of the history of drug development and drug research. There’s also a discussion of measurement instruments that can be used to monitor the effects of medications. Other topics include the use of herbs and vitamins and how they relate to mental health treatment, and psychostimulants and other drugs used to treat ADHD.
• An extensive and detailed glossary provides students with a convenient reference guide to the topics and terminology discussed in the book.

CONTENTS

© 2014, 368pp, Paperback, 9781285419008
With CASE APPROACH TO COUNSELING AND PSYCHOTHERAPY, 8E, International Edition readers follow master teacher Gerald Corey and many of contemporary therapy's most highly respected founders and practitioners— including William Glasser, Arnold Lazarus, and Albert Ellis—as they apply eleven key counseling approaches to the needs of client Ruth. This focus on a single client demonstrates to readers how the various theories work, and also enables them to see exactly how these techniques differ.

NEW TO THIS EDITION

• NEW Every chapter of CASE APPROACH TO COUNSELING AND PSYCHOTHERAPY, 8E, International Edition has carefully been reviewed for ways to bring the previous discussions up to date and to refine existing ideas. Twenty-four of the guest contributors (consultants) updated and revised their selections in this edition to reflect current practices.

• NEW Corey has revised the sections in each of the chapters where he demonstrates and discusses his way of working with Ruth from each of the various theoretical perspectives. At the end of each chapter, he has also added a section called “Some Final Thoughts” to bring the topics addressed to some conclusion.

• NEW Chapter 10 has been revised to show how three feminist therapists work as a team with Ruth.

• NEW Chapter 11 includes a new major piece contributed by Dr. John Murphy on applying postmodern therapy to work with Ruth, as well as a new major contributed piece by Dr. John Winslade on the use of narrative therapy when working with Ruth.

• NEW In Chapter 12, Jim Bitter joins with Dr. Mary Moline to expand the application of family therapy to Ruth's case. The discussion now discusses the four phases in family therapy, and includes a new dialogue by Drs. Moline and Bitter in demonstrating family therapy with Ruth.

• NEW Chapter 13, “Counseling Ruth from Multicultural Perspectives,” now includes a new co-author for the section on “Ruth as a Latina,” as well as an expansion of understanding and respecting Ruth's unique experiences as a Chinese American woman. The chapter now offers more on Ruth's gender and relationship roles, and increased coverage of role of religion in working with Ruth as an African American woman.

• NEW In the greatly expanded Chapter 14, “Integrative Approaches and Developing Your Own Therapeutic Style,” Dr. John Norcross first discusses his perspective on integrative psychotherapy and then applies his ideas to his style of working with Ruth. Dr. Corey then follows his piece with his comprehensive discussion of integrative counseling.

FEATURES

• CASE APPROACH TO COUNSELING AND PSYCHOTHERAPY, 8E, International Edition brings together more than twenty outside practitioners who are experts in their fields to apply their particular theory to one single client—Ruth.

• By applying each theory to the same client, Dr. Corey helps readers conceptualize the differences among theoretical models. Case material and discussions by leading practitioners illustrate how they work with Ruth based on their theoretical model. Dialogue between the consulting therapist and the client offers a comprehensive picture of how consultants apply their theory to Ruth's case.

• The “DVD for Integrative Counseling: The Case of Ruth and Lectureettes” shows Gerald Corey working with Ruth, using various theoretical models and techniques. It includes discussion and commentary by Dr. Corey, explaining important concepts and incorporating a process dialogue discussing why a particular approach was used with Ruth in the session. It features the same content as the Integrative
Counseling CD-ROM (2005) reformatted for today's classroom. For students who prefer to access the same videos online, a Premium Website is available.

CONTENTS

© 2013, 368pp, Paperback, 9781111841775

FUNDAMENTALS OF CASE MANAGEMENT PRACTICE, 4E
Skills for the Human Services, International Edition
Nancy Summers, Harrisburg Community College

This text/workbook is a step-by-step guide through the case management process, from intake and assessment to referrals and termination. The 4th edition focuses on what is most important for students to consider, document, and pass along in each step of the human services process. Chapters walk through each step of the case management process, while realistic exercises drawn from active professionals expose students to a broad range of true-to-life circumstances and difficulties.

NEW TO THIS EDITION
• New! New DVD demonstrates the skills covered in the text providing students with a more robust understanding of case management.
• New! This edition now includes a discussion of the ethical considerations related to social networking.
• New! The section on consumer rights has been expanded.
• New! New section emphasizes advocacy as a case management tool.
• New! Content addressing resistance and handling resistance has been expanded.

FEATURES
• Latest information on critical topics: A new chapter on the change process (Chapter 20). A new chapter on burnout and stress (Chapter 28) keeps coverage up to date as the author delves into topics of growing importance in the field.
• Additional coverage of ethics: Expanded coverage of ethics and ethical issues, the wide range of case management applications, and the importance of the ecological model in assessment and planning give students a strong introduction to professional basics.
• Additional, detailed examples: New examples of contact notes as well as examples of cases and corresponding service plans within the appendix provide important reference materials for students to examine in-depth. Additional directions for dating forms in the appendix further your students' professional skills.
• More on the Recovery Model: Expanded information on the Recovery Model, including the use of self-determination methods and good peer support, better equips students to work with the most current concepts and practices.
• Focus on how to write: Detailed step-by-step information on how to record impressions and recommendations effectively as well as how to write brief social histories prepares students to produce clear, professional written communication.

CONTENTS

© 2012, 496pp, Paperback, 9780840033703

THE ART OF INTEGRATIVE COUNSELING, INTERNATIONAL EDITION, 3E
Gerald Corey, California State University, Fullerton (Emeritus)

Through THE ART OF INTEGRATIVE COUNSELING, 3E, International Edition students learn how to integrate the theories to develop an individualized counseling style. Using the cases of Ruth and Stan, Corey demonstrates how concepts and techniques from a variety of theoretical perspectives can be successfully incorporated into different phases of the counseling process. In Becoming the Client sections, students are invited to put themselves in the shoes of the client while Dr. Corey applies the topics of each chapter to them.

NEW TO THIS EDITION

• NEW All of the chapters have been carefully reviewed to determine how the topics fit with contemporary integrative approaches, with particular attention given to trends in the psychotherapy integration movement. Furthermore, chapters have been revised for increased clarity of reading.

• NEW Many new references update the discussion of key topics and provide avenues for further exploration. Corey has incorporated key findings from recent research on topics such as the central role of the therapeutic relationship, the role of client feedback on therapy outcomes, and the future of psychotherapy integration.

• NEW Additions to chapters include new material on solution-focused brief therapy and narrative therapy; an expanded treatment of diversity issues, especially the role of spirituality in counseling practice; new material and broadened discussion of the dynamics of resistance, along with the importance of respecting and reframing resistance; understanding the dynamics of transference and countertransference as it pertains to an integrative approach; and understanding the role of the past, present, and future as it pertains to counseling individuals.

• NEW A second case featuring Stan, incorporated throughout the text, provides a second illustrative example of techniques and practice.

FEATURES

• The first text on the market designed to help readers conceptualize the various dimensions of an integrative perspective, THE ART OF INTEGRATIVE COUNSELING, 3E, International Edition can be used as a supplement for theories or practicum courses. It is also an ideal resource for students who already have a basic knowledge of counseling theory.

• The book is integrated with the best-selling THEORY AND PRACTICE OF COUNSELING AND PSYCHOTHERAPY which includes enhanced references to THE ART OF INTEGRATIVE COUNSELING, 3E, International Edition for seamless integration.

• The book’s relevant examples and illustrations provide readers with an in-depth look at modern counseling while helping them develop their own personal counseling style.

CONTENTS


© 2013, 192pp, Paperback, 9781133308751

THEORIES OF PSYCHOTHERAPY & COUNSELING, 5E
Richard S. Sharf, University of Delaware

Comprehensive in scope yet succinct in its descriptions and explanations, THEORIES OF PSYCHOTHERAPY & COUNSELING, International Edition equips students with a solid understanding of the systematic theories of psychotherapy and counseling. Proven author and professor Dr. Sharf delivers a thorough explanation of concepts as well as insightful case summaries and therapist-client dialogue that illustrate techniques and treatment in practice. He demonstrates how theories can be applied to individual therapy or counseling for common psychological disorders—such as depression and generalized anxiety disorders—as well as how to apply them to group therapy. A final chapter compares and critiques each of the theories. For the major theories presented in the text, basic information about background, personality theory, and theory of psychotherapy provides a means for understanding the application of psychotherapy theory. Insight into the personal life and philosophical influences of a theorist also helps explain how the theorist views human behavior.

NEW TO THIS EDITION

• New! Designed to bolster student understanding, new chapter openers offer an overview of the personality theory and the techniques used for the theory chapters. These openers provide a detailed outline of the theory of psychotherapy and counseling -- equipping students with a handy reference for their work.
• New! The text includes four full new cases, while many existing cases have been completely updated. In addition, now the first case presented in the psychological disorders section is the longest and most thorough.
• New! Offering the latest material available, Chapter 1 and 16 include updated information about research supported psychological treatments.
• New! The new order of the final two chapters enables students to review and summarize the chapter on different therapies before integrating them. Chapter 16 is now “Comparison and Critique” and Chapter 17 is “Integrative Therapies”. Chapter 17 shows students how to make their own integrative therapy by demonstrating three methods of integrating theory: theoretical integration, the assimilative model, and technical eclecticism.
• The new edition is completely up to date with the CACREP standards passed in 2008.

FEATURES

• The first theories text to include comprehensive information about evidence-based psychotherapy, THEORIES OF PSYCHOTHERAPY & COUNSELING defines and discusses this key concept in the first and last chapters as well as other chapters when examples are given for treating a psychological disorder with an evidence-based treatment for a specific theory.
• Sharf divides Constructivist and Integrative approaches into two chapters: Chapter 11’s constructivist approaches include expansive coverage of solution-focused and narrative therapy. Chapter 16’s integrative approaches offer an expanded section on three integrative theories. In addition, full explanations are given for the transtheoretical approach (Prochaska and Norcross) as well as Wachtel's cyclical psychodynamics model.
• Offering the most up-to-date coverage available, Chapter 8 includes the latest information on virtual reality therapy, Chapter 10 offers increased coverage
of cognitive schemas and core belief systems, and Chapter 13 provides more emphasis on feminist therapy in different cultures across the world.

- The insightful Student Manual helps students maximize their study time and course success! It includes additional sample cases and multiple choice questions that put students in the role of therapist using the particular therapy under discussion. This hands-on application and practice helps learners more fully understand each theory.
- Reflecting the latest developments from the field, Sharf draws from more than 60 experts in a wide variety of theoretical approaches to psychotherapy and counseling. Each specialist provided suggestions for inclusion of specific content as well as reviews of chapters at various stages of the book's development.

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© 2012, 768pp, Paperback, 9780840034625

THEORY AND PRACTICE OF COUNSELING AND PSYCHOTHERAPY WITH COURSEMATE, 9E

Gerald Corey, California State University, Fullerton (Emeritus)

CourseMate: Engaging. Trackable. Affordable. Complement your text and course content with study and practice materials. CourseMate brings course concepts to life with interactive learning, study, and exam preparation tools that support the printed textbook. Click here to find out more: www.cengage.com/coursemate

Incorporating the thinking, feeling, and behaving dimensions of human experience, the ninth edition of Corey's best-selling text offers an easy-to-understand text that helps you compare and contrast the therapeutic models expressed in counseling theories. Corey introduces you to the major theories (psychoanalytic, Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist, and postmodern approaches) and demonstrates how each theory can be applied to a single case (“Stan”). With his trademark style, he shows you how to apply those theories in practice, and helps you learn to integrate the theories into an individualized counseling style. This book is the center of a suite of products that includes the Student Manual, Case Approach to Counseling and Psychotherapy (2013), The Art of Integrative Counseling (2013) and media resources such as “DVD for Theory and Practice of Counseling and Psychotherapy: The Case of Stan and Lecturettes” and “DVD for Integrative Counseling: The Case of Ruth and Lecturettes.”

NEW TO THIS EDITION

- NEW Updated annotated lists of reading suggestions and extensive references at the end of these chapters are offered to stimulate students to expand on the material and broaden their learning through further reading.
- NEW Chapter 4, “Psychoanalytic Therapy,” offers a broadened discussion of relational psychoanalysis, new material on role of countertransference in psychoanalytic therapy, and a revised and expanded section on brief psychodynamic therapy.
- NEW Chapter 5, “Adlerian Therapy,” presents revised material on the concept of lifestyle, an expanded discussion of social interest, and new material on early recollections.
- NEW Chapter 6, “Existential Therapy,” offers revised material on existential themes, more attention on international developments of existential therapy, a revised discussion of strengths of the approach from a diversity perspective, and a new discussion of integration of existential concepts in other therapies.
- NEW Chapter 7, “Person-Centered Therapy,” presents expanded coverage on the influence of Carl Rogers on the counseling profession, a broadened discussion
of clients as active self-healers, updated coverage of the therapeutic core conditions, and new material on the diversity of person-centered therapeutic styles.

- NEW Chapter 8, “Gestalt Therapy,” includes a revised discussion of the role of experiments in Gestalt therapy, more emphasis on therapist presence, and more attention to the relational approach to Gestalt practice.

- NEW Chapter 9, “Behavior Therapy,” features a broadened discussion of the role of the therapeutic relationship in behavior therapy, a revised section on dialectical behavior therapy, and new material on mindfulness-based cognitive therapy.

- NEW Chapter 10, “Cognitive Behavior Therapy,” offers revised and expanded coverage of Beck’s cognitive therapy, new material on Meichenbaum’s stress inoculation training, a revised section on Meichenbaum’s constructivist approach to CBT, and increased discussion of CBT from a multicultural perspective.

- NEW Chapter 11, “Reality Therapy,” includes a revised discussion of the relationship of choice theory to reality therapy, an expanded discussion of the role of questions in reality therapy, and additional material on reality therapy from a diversity perspective.

- NEW Chapter 12, “Feminist Therapy,” includes an updated treatment of principles of feminist therapy, updated discussion of the role of assessment and diagnosis in feminist therapy, and a revised and expanded discussion on therapeutic techniques and strategies.

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broadened discussion of relational psychoanalysis, new material on role of countertransference in psychoanalytic therapy, and a revised and expanded section on brief psychodynamic therapy.

- NEW Chapter 5, “Adlerian Therapy,” presents revised material on the concept of lifestyle, an expanded discussion of social interest, and new material on early recollections.
- NEW Chapter 6, “Existential Therapy,” offers revised material on existential themes, more attention on international developments of existential therapy, new material on the main aims of existential therapy, a revised discussion of strengths of the approach from a diversity perspective, and a new discussion of integration of existential concepts in other therapies.
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professionals prepares you for the realities of practice.

- A framework for creatively synthesising the therapeutic models, along with step-by-step guidelines, enhances the book's focus on helping you draw from the various theoretical models to develop a personalised counselling style.
- South African contextualisation of examples and cases.
- References to South African social problems requiring counselling and psychotherapy.

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16. Case Illustration: An Integrative Approach in Working with Graham

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**THEORY AND PRACTICE OF COUNSELLING AND PSYCHOTHERAPY WITH CB COURSESMART EBOOK, 9E**

*Gerald Corey, California State University, Fullerton (Emeritus)*

CB CourseSmart eBook – The ultimate eBook experience has arrived! Easily access our eBooks with features that will improve your reading experience, and tools to help you take notes and organize your studies. Incorporating the thinking, feeling, and behaving dimensions of human experience, the ninth edition of Corey’s best-selling text offers an easy-to-understand text that helps you compare and contrast the therapeutic models expressed in counseling theories. Corey introduces you to the major theories (psychoanalytic, Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist, and postmodern approaches) and demonstrates how each theory can be applied to a single case (“Stan”). With his trademark style, he shows you how to apply those theories in practice, and helps you learn to integrate the theories into an individualized counseling style. This book is the center of a suite of products that includes the Student Manual, Case Approach to Counseling and Psychotherapy (2013), The Art of Integrative Counseling (2013) and media resources such as “DVD for Theory and Practice of Counseling and Psychotherapy: The Case of Stan and Lecturettes” and “DVD for Integrative Counseling: The Case of Ruth and Lecturettes.”

**NEW TO THIS EDITION**

- NEW Updated annotated lists of reading suggestions and extensive references at the end of these chapters are offered to stimulate students to expand on the material and broaden their learning through further reading.
- NEW Chapter 4, “Psychoanalytic Therapy,” offers a broadened discussion of relational psychoanalysis, new material on role of countertransference in psychoanalytic therapy, and a revised and expanded section on brief psychodynamic therapy.
- NEW Chapter 5, “Adlerian Therapy,” presents revised material on the concept of lifestyle, an expanded discussion of social interest, and new material on early recollections.
- NEW Chapter 6, “Existential Therapy,” offers revised material on existential themes, more attention on international developments of existential therapy, new material on the main aims of existential therapy, a revised discussion of strengths of the approach from a diversity perspective, and a new discussion of integration of existential concepts in other therapies.
- NEW Chapter 7, “Person-Centered Therapy,” presents expanded coverage on the influence of Carl Rogers on the counseling profession, a broadened discussion of clients as active self-healers, updated coverage of the therapeutic core conditions, and new material on the diversity of person-centered therapeutic styles.
- NEW Chapter 8, “Gestalt Therapy,” includes a revised discussion of the role of experiments in Gestalt therapy, more emphasis on therapist presence, and
more attention to the relational approach to Gestalt practice.

- NEW Chapter 9, “Behavior Therapy,” features a broadened discussion of the role of the therapeutic relationship in behavior therapy, a revised section on dialectical behavior therapy, and new material on mindfulness-based cognitive therapy.

- NEW Chapter 10, “Cognitive Behavior Therapy,” offers revised and expanded coverage of Beck’s cognitive therapy, new material on Meichenbaum’s stress inoculation training, a revised section on Meichenbaum’s constructivist approach to CBT, and increased discussion of CBT from a multicultural perspective.

- NEW Chapter 11, “Reality Therapy,” includes a revised discussion of the relationship of choice theory to reality therapy, an expanded discussion of the role of questions in reality therapy, and additional material on reality therapy from a diversity perspective.

- NEW Chapter 12, “Feminist Therapy,” includes an updated treatment of principles of feminist therapy, updated discussion of the role of assessment and diagnosis in feminist therapy, and a revised and expanded discussion on therapeutic techniques and strategies.

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CourseMate breaks down concepts so you can apply them.

I am more of a hands-on learner, and the interactive tools on the site help me out tremendously when it comes to taking tests or just reviewing the chapter.

Students appreciate and use the CourseMate resources.

In a recent study, 94% of students said they were very satisfied with CourseMate.*

*Data is from a joint study in Fall 2010 hosted by Cengage Learning and O'Donnell & Associates to measure the effectiveness of CourseMate. 17 instructors and 584 students were surveyed, and their names were anonymous.
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